2nd Padang International Conference on Education, Economics, Business and Accounting (PICEEBA-2 2018)

A Literature Review on the Influence of Sales Promotion, Shopping Lifestyle, Store Atmosphere, and Hedonic Shopping Motivation toward Unplanned Purchase

Cetya Prima Nasrul¹, Yasri²

¹Universitas Negeri Padang, Padang, Indonesia, ⊠ <u>cetya prima@yahoo.com</u> ²Universitas Negeri Padang, Padang, Indonesia, ⊠ <u>vasri33@fe.unp.ac.id</u>

Abstract

This research was motivated by one of the goals of the development of the retail sector in Indonesia. This study aims to collect and analyze published articles about sales promotion, shopping lifestyle, store atmosphere, hedonic shopping motivation and unplanned purchases. Research design is a literature review. Articles published in the last 10 years that appear in management and business journals that are academically recognized have been reviewed in this study.

Keywords: sales promotion, shopping lifestyle, store atmosphere, hedonic shopping motivation, and unplanned purchase.

Introduction

In globalization era, competition in retail sector plays important role. (Sopiah, 2008) reveal that globalization is the main factor in creating demand and increasing demand for goods and retail services. Business is an activity or activities undertaken by a company to seek benefits. Government policy has results business opportunities for foreign business people. Government policy conducted by government itself is to encourage retail development led to the growth of modern retail rapidly, such as minimarket, supermarkets, department stores, shopping centers, malls, and Hypermarket. The rise of modern retail business in number is facing intense competition so it requires retail business to have deep understanding of customers in order to win the competition.

According to (Bhakat & Muruganantham, 2013), unplanned purchase is purchase experiencing sudden impulse, powerful, and irresistible to buy a product without preshopping intention formed before entering the store. (Beatty & Ferrell, 1998); (George, B. P., Yaoyuneyong, 2010); (Banerjee, S. and Saha, 2012) state unplanned purchase is defined as something that is out of plan, a place where purchase decision made as triggered by a stimulus. The stimulus given through sensory marketing or touching product, based on clear and visible information about special offers. This will help consumers to remember what they need. Impulsive purchase usually occurs within a short time because the purchasing decisions that are usually not balanced with considerations as well as information and alternatives selection (Tendai, Mariri dan Crispen, 2009). According to (Mowen & Minor, 2010) states that unplanned purchases is the act of buying anything without any trouble feeling before or intention to make purchase decision before entering the store.

There are several factors that influence unplanned purchases. According to (keller Kotler, 2009) that factors influencing unplanned purchases are sales promotion. A research discovered by (Fakthul & Surhayon, 2016) show that there are five factors making up unplanned purchase such as store atmosphere, shopping lifestyle, reference group, brand trust and motivation shopping hedonist. Behind of many factors, this study just focuses on four dominant factors of unplanned purchases as sales promotion, lifestyle shopping, store atmosphere, and hedonic shopping motivation.

The first factor affecting unplanned purchases is sales promotion. Sales promotion is the main ingredient in marketing campaign, consisting of a collection of incentive tools, mostly short-term designed to stimulate larger and faster purchase rather than particular product or



service by consumers through trade (Kotler, Philip., Keller, 2013), Meanwhile, according to (Ayimey K, Vitor, & Gayibor, 2013) sales promotion is achieved through informing and persuading consumers about an existing or new product. (Phillip Kotler & Amstrong, 2009) say that sales promotion consists of short-term incentives to encourage purchase or sales of products or service. This definition explains that sales promotion relating to short-term incentives to encourage purchase or sale of a product or service. These incentives associated with reward, whether it relates to refund in the form of discounts, collateral or may include product samples and the others.

Sales promotion is a collection of tools that have variety of incentives, mostly short-term, designed to encourage purchase of a particular product or service quickly and greatly by consumers. It can be clearly seen that modern retailers is now more and more promotional sales are made through discounts, point of purchase (POP), advertisements and posters on the shelf in store. According to (Philip Kotler & Keller, 2009) promotional activity in-store sales can lead to a desire, arousal, or thrill to buy even if consumers do not have intention to buy product before, thus encouraging purchases are not planned in advance (impulse). (Grewal & Levy, 2008) give a sense of sales promotion as a special incentive or interesting programs that encourage consumers to make purchases of products and certain services. Sales promotion is a persuasive action directly offering incentives or more value for product of sales force, distributors or consumers with primary objective of generating sales immediately. It concludes that promotional activities will help and to persuade prospective consumers to purchase products or services that we offer. Sales promotion describes incentives and prizes to make customers buy goods company directly. As a result, this is to require response quickly compared what be seen on advertisement.

The second factor affecting corporate value is shopping lifestyle. Shopping has become a tradition at the same lifestyle trends in the globalization era, consumers are not only can make purchase decision at mall or shops, but also make purchase online (Amiri, Jasour, Shirpour, & Alizadeh, 2012). (Zablocki & Kanter, 1976) state that lifestyle shopping show a way chosen by someone to allocate revenue, both in terms of funds allocation for variety of products and services, as well as certain alternatives.(Cobb & Hoyer, 1986) defines shopping lifestyle behavior as indicated by buyer in connection with a series of comments and personal opinions about purchase of lifestyle products from time to time and it has become most popular for customers. As a result people are willing to sacrifice anything in order to follow lifestyle and tend to lead on impulse buying. The development of lifestyle continues shopping activity as medium to satisfy customers' need. One of reasons is shopping lifestyle, when consumers go to the mall and see good stuffs, although unplanned purchase, consumers will definitely buy goods which is usually called impulse buying. Consumers will be willing to sacrifice something in order to meet the lifestyle and it will tend to lead to impulse buying behavior (Japariyanto & Sugiyono Sugiharto, 2011).

The third factor affecting unplanned purchases is store atmosphere. (Kotler, P., Wong, V., Saunders, J. and Armstrong, 2005) define store atmosphere effects sore designed that has the ability to influence consumers' behavior. Meanwhile, according to (Utami, 2010), atmosphere store is a combination of physical characteristics such store architecture, layout, lighting, display color, temperature, music, scents thoroughly that will create image in minds of consumers. According to (keller Kotler, 2009) atmosphere of the store is planned atmosphere in accordance with the target market and to attract consumers to buy. Store atmosphere can cause or influence purchase. The emotional state will create two dominant feelings that evoke feelings of pleasure and desire. (Yoo, Park, & MacInnis, 1998) said that list of design; lighting, decoration and music have a strong influence on the ability of consumers to buy impulsively. (Donovan, Robert J.; Rossiter, John R.; Marcoolyn, Gilian dan Nesdale, 1994) suppose that various ways of store atmosphere can affect consumer behavior, including the amount of money spent, time spent and interest of consumers to visit again.



Store atmosphere also became one of external factors that can affect impulse buying behavior of consumers. Varying tempo of music affect time spent in the store, for example, only music that later will lead to higher sales (Kotler, Phillip, & Keller, 2016). Atmosphere store affects emotional state buyers that cause or influence making purchase. The emotional state will create two dominant feelings that evoke feelings of pleasure and desire. According (Buedincho, 2003) that atmosphere of store is one of external factors that can affect a person's impulse buying behavior.

The fourth factor affecting unplanned purchases is hedonic shopping motivation. According (Utami, 2010) that defines motivation hedonic shopping is that shopping to get pleasure of senses, contentment, an excitement and feeling so that Shopping is something interesting. Shopping Motivation can be defined as driver behaviors that bring consumer to internal market in order to satisfy their needs (Jin & Kim, 2003). While, (Nita Paden, 2010) defines the hedonic shopping is because they feel happy when you make purchase with friend or family. According (Kosyu, Hidayat, & Abdillah, 2014) hedonic motives will be created by store while touring choose products based on taste. When shopping, someone will have positive emotion to buy the product without prior planning. Motivation is hedonic shopping where consumers who have high emotional arousal usually feeling frequent experience of hedonic shopping (Gültekin & Hacettepe, 2012). Consumers behavior will not be compelled strong hedonic motivation as stated by (Solomon, Marshall, & E.W, 2008) that consisting of social experience, sharing of common interest, interpersonal attraction, and instant status. That's why it is called hedonism motivation as notes shopping list.

Classification of the Literature

1. Sales Promotion influence to unplanned purchase

Research conducted by (Weerathunga & Pathmini, 2016) find that sales promotion effect to unplanned purchases. While, (Amanah, Dita dan Pelawi, 2015) mention some proofs of great significant of sales promotion to unplanned purchase.

2. Shopping Lifestyle influence to unplanned purchase

Other study conducted by (Deviana & I Gst Ayu Kt.Giantari, 2016) find that shopping lifestyle significantly influence unplanned purchase. (Chusniasari & Prijati, 2015) mention that lifestyle shopping give significant influence and positive impact on unplanned purchase. Further research conducted by (Cahyono, Khuzaini, & Hermono Widiarto, 2012) find that shopping lifestyle has a direct influence on unplanned purchase.

3. Store Atmosphere influence to unplanned purchase

(Tryastiti & Astiti, 2016) find significant effect on unplanned purchase of store atmosphere. Further research (Ukpabi, 2015) find positive correlation between unplanned purchase and four components of the atmosphere stores.

4. Hedonic Shopping Motivation influence to unplanned purchase

Research conducted by (Lumintang & Fenny Felicia, 2012) finds that hedonic shopping motivations significant effect on impulsive purchases, where the higher motivation of consumers who buy at shop with hedonic impulsive behavior happening. This is because when someone make shopping hedonist, then consumers would not consider a benefit of product so to increase likelihood of impulse purchases. In line with this, in a study conducted by (Paramita, 2015)also shows that the higher motivation hedonic owned by the customer in the shop in order to get pleasure, then the behavior of impulse purchases will occur so that consumers are more likely to engage in unplanned purchases when motivated by encouragement hedonic such as pleasure. (Chusniasari & Prijati, 2015)finds that hedonic shopping motivations give significant impact on unplanned purchase



Results and discussions

This article is analyzed by the year of publication, journal, topic and country. This analysis will provide to guidence for research on the influence of Unplanned Purchase. . The details are as follows:

Distribution by years of Publication

Where the published articles selected in 2009-2018 are shown in the figure. Research in the field of purchase decision on average has increased. Meanwhile since 2010 researchers published a total of 20 papers (95,2 percent of the total).

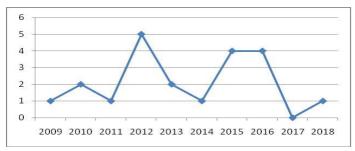


Figure 1 Articles distribution by year

Distribution of articles by Journal

There are a total of 21 different journals from various scientific disciplines (sales promotions, shopping lifestyle and others). Articles published about our topic. Table 1 shows a list of published Retail journals, scientific journals and business journals. Where the most articles according to business research are 3 pieces or 14.2 percent of the total.

Table 1 Distribution of articles by Journal

Journal	Number Of Articles
Journal of Basic and Applied Scientific Research	1
Journal Faculty of Economics and Business	1
British Journal of Economics, Management & Trade	1
Asia Pacific Journal of Marketing & Management Review	1
International Journal of Marketing Studies	1
Jurnal Ekonomi dan Keuangan	1
Jurnal Ilmu Dan Riset Manajemen,	1
E-Jurnal Manajemen Unud	1
Jurnal Administrasi Bisnis	3
Journal of Economics & Behavioral Studies	1
Jurnal Manajemen Pemasaran	1
Jurnal Universitas Katolik Widya Mandala Surabaya	
Jurnal ASBBS Annual Conference	
Jurnal International Research Symposium	1
Jurnal International Academic Conference for Sub-Sahara African Transformation & Development	1
Jurnal Psikologi Unud	1
African Journal of Marketing Management	1
Jurnal Of Retailing	1
International Journal of Management, Accounting and Economics 1	



Distribution of articles by country names

The distribution of articles with country names is shown in Figure 2. It can be seen that Indonesia ranks first with a total of 12 articles or 57.1 percent of the total of 21 articles used. So the Indonesian people research the most unplanned purchases, because Indonesian consumers who like to make purchases without planning it.

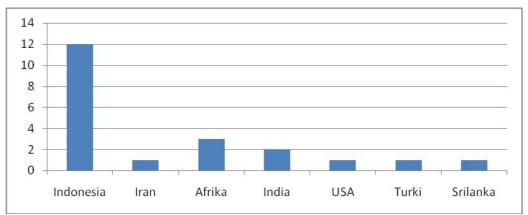


Figure 2 Distribution of articles by country names

Table 2 Classification of the reviewed articles

Tuble 2 classification of the reviewed afficies	
Topics	3
1. Sales Promotion	
1.1	(Ayimey K, Vitor, & Gayibor, 2013), (Weerathunga & Pathmini, 2016), (Amanah, Dita dan Pelawi, 2015)
2. :	Shopping Lifestyle
2.1	(Amiri, Jasour, Shirpour, & Alizadeh, 2012), (Japariyanto & Sugiyono Sugiharto, 2011), (Deviana & I Gst Ayu Kt.Giantari, 2016), (Chusniasari & Prijati, 2015), (Cahyono, Khuzaini, & Hermono Widiarto, 2012).
3. Store Atmosphere	
3.1	(Utami, 2010), (Tryastiti & Astiti, 2016), (Ukpabi, 2015)
4. Hedonic Shopping Motivation	
4.1	(Utami, 2010), (Nita Paden, 2010), (Kosyu, Hidayat, & Abdillah, 2014), (Lumintang & Fenny Felicia, 2012), (Paramita, 2015), (Chusniasari & Prijati, 2015), (Asnawati & Sri, 2018), (Gültekin & Hacettepe, 2012).

Conclusions

Based on the results of the literature review that sales promotion, shopping lifestyle, store atmosphere and hedonic shopping motivation have a significant influence on unplanned purchases made by customers. The purchase is not a problem before buying a formed before entering the store. Impulsive behavior of someone is influenced by the encouragement of themselves to meet their needs at this time as well. There is an encouragement from someone when looking at products offered by retailers allowing someone to impulse buying. The existence of unplanned purchases now will increase economic growth.

The results of this review are just a conceptual starting point for starting an integrated discipline. It is realized that this literature study has several weaknesses, including the minimum number of publication provider websites used as data sources. In addition to the three websites used as data sources in this literature review, there are actually more websites that provide scientific publications. However, the website cannot be included because of the limited access that the author has. Thus further studies need to be improved on a broader



literature source to gain an understanding of the implementation of concepts in more diverse case studies.

References

- Amanah, Dita dan Pelawi, S. P. (2015). Pengaruh promosi penjualan dan belanja hedonis terhadap impulsive buying produk matahari plaza medan fair. *Quanomic*, 3(2), 10–18. https://doi.org/10.17605/OSF.IO/SBDE3
- Amiri, F., Jasour, J., Shirpour, M., & Alizadeh, T. (2012). Evaluation of Effective Fashionism Involvement Factors Effects on Impulse Buying of Customers and Condition of Interrelation between These Factors. *J. Basic. Appl. Sci. Res*, 2(9), 9413–9419.
- Asnawati, & Sri, W. (2018). the influence of hedonic shopping motivation to the impulse buying of online-shopping consumer on instagram. *Faculty of Economics and Business, University of Mulawarman, Indonesia,* 2. https://doi.org/DOI https://doi.org/10.18551/rjoas.2018-02.11
- Ayimey K, E., Vitor, D. A., & Gayibor, R. A. (2013). Does Sales Promotion Influence Buyer Behaviour? A Study Of PZ Cussons Limited. *British Journal Of Economics, Management & Trade*.
- Banerjee, S. and Saha, S. (2012). No TitleImpulse buying behaviour in retail stores triggering the senses . Asia Pacific Journal of Marketing & Management Review, 1(2), 1–21.
- Beatty, S. E., & Ferrell, E. M. (1998). Impulse buying: Modeling its precursors. *Journal of Retailing*, 74(2), 169–191. https://doi.org/10.1016/S0022-4359(99)80092-X
- Bhakat, R. S., & Muruganantham, G. (2013). A Review of Impulse Buying Behavior. International Journal of Marketing Studies, 5(3). https://doi.org/10.5539/ijms.v5n3p149
- Buedincho. (2003). Impulse Purchasing: Trend or Trait. Orlando:UCF.
- Cahyono, K. E., Khuzaini, & Hermono Widiarto. (2012). Shopping Lifestyle Memediasi Hubungan Hedonic Dan Utilitarian Value Terhadap Impulse Buying. *Ekonomi Dan Keuangan*, (80).
- Chusniasari, & Prijati. (2015). Pengaruh Shopping Lifestyle, fashion involvement dan hedonic shopping terhadap impulse buying pelanggan. *Ilmu Dan Riset Manajemen*, *4*(12).
- Cobb, & Hoyer. (1986). Planned versus impulse purchase behavior". *Journal of Retailing*, 4(62), 67–81.
- Cochran, W. . (1991). Teknik Penarikan Sampel (3rd ed.). Universitas Indonesia: Depok.
- Deviana, N. P. S., & I Gst Ayu Kt.Giantari. (2016). Pengaruh shopping lifestyle dan fashion involvement terhadap impulse buying behaviour masyarakat di kota denpasar. *E-Jurnal Manajemen Unud*, 5(8), 5264–5273.
- Donovan, Robert J.; Rossiter, John R.; Marcoolyn, Gilian dan Nesdale, A. (1994). Store Atmosphere and Purchasing Behavior. *Journal of Retailing.*, 70(3), 283–294.
- Fakthul, M., & Surhayon, E. Y. (2016). Analisis Faktor-faktor yang berpengaruh terhadap pembelian impulsif. *Jurnal Administrasi Bisnis*, 36.
- George, B. P., Yaoyuneyong, G. (2010). Impulse buying and cognitive dissonance: A study conducted among the spring break student shoppers. Young Consumers, 11(4), 291–306.
- Grewal, & Levy. (2008). Marketing (p. 59). New York: Mc-Graw Hill.
- Gültekin, B., & Hacettepe, L. Ö. (2012). The Influence of Hedonic Motives and Browsing On Impulse Buying. *Journal of Economics & Behavioral Studies*, 4(3), 180–189. https://doi.org/2220-6140
- Japariyanto, & Sugiharto, S. (2011). Pengaruh Shopping Lifestyle dan Fashion Involvement Terhadap Impulse Buying Behaviour Mayarakat Hig Income Kota Surabaya. *Jurnal Manajemen Pemasaran*, 6(1).
- Jin, & Kim. (2003). A Typology of Korean Discount Shoppers: Shopping Motives, Store Attributes, Outcomes. *Internation Journal of Service Industry Management*.
- Kosyu, D. A., Hidayat, K., & Abdillah, Y. (2014). Pengaruh Hedonic Shopping Motives



- Terhadap Shopping Lifestyle dan Impulse Buying (Survei pada Pelanggan Outlet Stradivarius di Galaxy Mall Surabaya). *Jurnal Administrasi Bisnis (JAB)*, 14(2), 1–7.
- Kotler, P., Wong, V., Saunders, J. and Armstrong, G. (2005). *Principles of marketing* (4th ed.). Essex: Pearson Education.
- Kotler, Philip., Keller, K. L. (2013). Manajemen Pemasaran (Jilid 2). Jakarta: Erlangga.
- Kotler, keller. (2009). Manajemen pemasaran (13th ed., p. 219).
- Kotler, P., & Amstrong, G. (2009). Prinsip-prinsip pemasaran (12th ed.). Jakarta: Erlangga.
- Kotler, P., & Keller, K. L. (2009). *ManajemenPemasaran*. (B. Sabran, Ed.) (13th ed.). Jakarta : Erlangga.
- Kotler, Phillip, & Keller, K. L. (2016). *Marketing Management* (16th ed.). New Jersey: Pearson. Lumintang, & Fenny Felicia. (2012). Pengaruh Hedonic Motivates terhadap Impulse Buying Melalui Browsing Dan Shopping Lifestyle pada Online Shop. *Jurnal Universitas Katolik Widya Mandala Surabaya*, 1(6).
- Mowen, & Minor. (2010). Perilaku Konsumen. In L. Salim (Ed.). Jakarta: PT.Erlangga.
- Nita Paden. (2010). Virtual Cart Abandonment: Addressing Hedonic and Utilitarian Shopping Motives. *ASBBS Annual Conference*, 17(1).
- Paramita. (2015). Pengaruh motivasi belanja hedonik terhadap pembelian impulsif konsumen matahari Surabaya. *Jurnal Ilmu Dan Riset Manajemen*, 4(1).
- Solomon, Marshall, & E.W, S. (2008). Marketing: Real People, Real Choice. In *Marketing* (p. 351). New Jersey: Pearson Prentice Hall.
- Sopiah, S. (2008). Manajemen Bisnis Ritel (1st ed.). Yogyakarta: Andi.
- Tendai, Mariri dan Crispen, C. (2009). In-store environment and impulsive buying", *African Journal of Marketing Management*, 1(4), 102–108.
- Tryastiti, I. A., & Astiti, D. puri. (2016). Pengaruh motivasi hedonis dan atmosfer toko terhadap pembelian impulsif pada remaja putri denpasar. *Psikologi Udayana*, 3(2), 209–219.
- Ukpabi, D. (2015). Store Atmosphere and Impulse Buying: an Empirical Study of Shoppers in Port Harcourt. *The International Academic Conference for Sub-Sahara African Transformation & Development 2015*, (March 2015), 1–13.
- Utami, C. W. (2010). Manajemen Ritel (2nd ed., p. 255). Jakarta: Salemba Empat.
- Weerathunga, & Pathmini. (2016). Impact of Sales Promotion on Consumer ' S Impulse Buying Behaviour (Ibb); Study in ... Internat Ional Research Symposium Rajarata University of Sri Lanka, (January), 321. https://doi.org/10.13140/RG.2.1.2963.1123
- Yoo, C., Park, J., & MacInnis, D. J. (1998). Effects of Store Characteristics and In-Store Emotional Experiences on Store Attitude. *Journal of Business Research*, 42(3), 253–263. https://doi.org/10.1016/S0148-2963(97)00122-7
- Zablocki, & Kanter. (1976). The differentiation of life styles. *Annual Review of Sociology*, 2, 98–269.