

The Enlightenment of the Ideological and Moral Cultivation and the Legal Basis Curriculum in Colleges and Universities on the Reform of Educational Methods

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Abstract—The main solution of the article is how the ideological and moral cultivation and legal foundation courses in colleges, and universities should influence the reform of educational methods. In the process of growing up, contemporary college students are inevitably faced with ideological and moral problems and legal problems. Through the reform of ideological and moral cultivation and legal foundation courses in colleges and universities, it has influence and enlightenment on the teacher-student relationship, teaching methods and teaching approaches in Chinese universities. In this way, we will promote the reform of our education methods. The innovation of the article lies in the entry point starts from the ideological and moral cultivation and the legal foundation course, and explores in depth to provide strong support for the reform of the education model. Therefore, the reform of educational methods has sufficient theoretical and practical basis.

Keywords—Moral Cultivation; Legal basis; Educational methods; Inspiration

I. INTRODUCTION

The all-round development of man is the unremitting pursuit of mankind. The development of human society also depends on the development of each individual as a "person". Marx stood on the background of his time, a scientific and comprehensive interpretation of the theory of human all-round development, it is believed that the all-round development of human beings is a historical process that is constantly advancing and never ending, the more the era develops, the more it requires the full development of people. The ultimate goal that higher education has been pursuing is to cultivate the all-round development of college students. In the realization of this goal, the course of ideological and moral cultivation and legal basis occupies an important seat, the goal of this course is to cultivate a good political awareness and moral and legal awareness of college students, provide scientific guidance for contemporary college students to establish a correct world outlook [1-3], outlook on life and values. Strengthening the education of college students' ideological and moral cultivation and legal awareness, it is of great significance to the development of society and the all-round development of people. At the same time, how to strengthen the education of college students' ideological and moral cultivation and legal basis also provides some enlightenment for the reform of China's educational methods.

II. BACKGROUND OF COLLEGE IDEOLOGICAL AND MORAL CULTIVATION AND LEGAL FOUNDATION COURSES

A. Theoretical background

In 2017, the party's 19th National Congress pointed out that China's latest education policy is: give priority to the development of education, fully implement the party's education policy, take fostering integrity and promoting rounded development of people as the fundamental task of education. Develop quality education, promote education equity, cultivate socialist builders and successors who are fully developed in morality, intelligence, and beauty.1

After the party's 19th National Congress, the latest edition of the ideological and moral cultivation and legal basic textbook published by the Higher Education Press was also published. The newly published ideological and moral cultivation and legal basic textbooks follow the latest education policy of the 19th National Congress. Fostering integrity and promoting rounded development of people as the fundamental task of education. In order to make college students clearly understand their own position in the times, the textbook has added relevant content in the new era, it is necessary for contemporary college students to be new people who have ideals, skills, and responsibilities. They must improve their ideological and moral qualities and the rule of law [4].

B. Practice background

Ideological and moral cultivation and legal foundation courses as part of university culture education, it has an important guiding role in the development direction of university culture. University culture as the cultural foundation for building a harmonious socialist society, also part of the advanced socialist culture, the radiation of university culture not only affects college students who study at university, it also plays an important role for graduates who have already left the school and are going to the society. By strengthening the education of college students' ideological and moral cultivation and legal basis, thereby continuously

strengthening the power of university culture, guide college students to improve their ideological and moral qualities and the rule of law in their daily lives, growing up to be a newcomer to the socialist era who volunteered to take on the responsibility of national rejuvenation.

III. HOW SHOULD COLLEGES AND UNIVERSITIES IMPROVE THEIR IDEOLOGICAL AND MORAL CULTIVATION AND LEGAL FOUNDATION COURSES

Contemporary college students shoulder the historical responsibility given by the new era, in the new era, how to strengthen the cultivation of college students' ideological and moral cultivation and legal awareness education for colleges and universities, it is especially important to achieve the ultimate goal of lifelong education more effectively.

A. *Teachers must correctly handle the contradiction between excessive knowledge of books and insufficient time in class*

The ultimate goal of lifelong education is to cultivate outstanding talents who are fully developed in moral, intellectual, and artistic terms, in this end, the university has carried out a variety of college students' courses, but at the limited learning time of the school, it is very difficult for teachers to give a comprehensive explanation of the knowledge of teaching materials, so many teachers have to filter and prepare lessons, that is, only the contents of the key chapters, for the non-key chapters of the exam, there is even a word that is not mentioned, this has undoubtedly had a very serious impact on the integrity of the student's knowledge system, at the same time, it also causes contemporary college students not only incomplete theoretical knowledge chain, and important reasons for poor practical ability. This shows that, The current state of education in the actual teaching environment is contrary to the goal of the new curriculum reform of the Ministry of Education. Therefore, the teacher is in the process of teaching, the textbook should be fully interpreted, distinguish between theoretical focus and practical focus. A chapter that belongs to theoretical knowledge, teachers should give students a focused explanation and logical combing in the classroom, and the chapters that are the focus of practice, teachers can use homework assignments, let students use the extracurricular time to complete their own work in the form of a group. This combination of in-class and extra-curricular teaching methods can not only solve the contradiction between too much knowledge of books and time. at the same time, it can strengthen students' practical ability. And in the context of group cooperation and extracurricular activities, it can also enhance the improvement of students' ideological and moral qualities and legal awareness.

B. *Teachers must correctly handle the relationship between ideological and moral cultivation and legal foundation courses and other courses*

Strengthening the ideological and moral cultivation and legal awareness of contemporary college students, this problem can be solved not only by opening a course at the university. Although China's current education method has a lot of reforms than before, the teaching content and form are also enriched a lot. However, the impact of exam-oriented education is still very heavy. Ideological and moral cultivation

and legal basis is university public course has not received the attention of students. In comparison, students are more willing to put their energy into the study of professional courses. In order to better solve the contradiction between the school curriculum and the student's thinking, it is necessary to correctly handle the relationship between the course of ideological and moral cultivation and legal basis and other courses. Strengthen the ideological and moral cultivation of contemporary college students, raise awareness of the law, not only in this course, at the same time in other courses, teachers should also integrate moral cultivation and legal awareness. How to strengthen the moral cultivation of college students and improve their legal awareness, not only the teacher who teaches this course has to study, teachers of each course should study it. Only in this way can the knowledge of each subject be fully opened, organically combined, in order to achieve an overall improvement in the quality and ability of students.

C. *Improve the teaching level of teachers and promote students' comprehensive understanding of curriculum knowledge*

Guided by the new curriculum reform and teacher competency training, the teaching level and ability of university teachers in our country have been significantly improved. However, in the process of teaching, most teachers are still too "academic." Even at the university, the students are already adult, but after all, it is still a scholar who has not stepped into the society, if the teacher is in the process of lectures, just blindly retelling the knowledge reserves in your mind through language, regardless of the way students think and understand, going to the exam by focusing on the teaching method, it is an irresponsible attitude not only for teachers but also for students. In the process of teaching, you should not just tell the students how to strengthen their ideological and moral cultivation, just for the content written in the book, how to improve legal awareness, this is not only boring for the students, but also has no effect on the improvement of their thoughts. Therefore, teachers should combine theory with actual cases, let students explore independently with vivid examples. self-discussion analysis, finally, the teacher added, let students have a comprehensive and profound understanding of what is ideological and moral cultivation and how to improve legal awareness.

D. *Schools and parents should correctly handle the relationship between school education and family and social education*

Students' study time at school is limited and short-lived, more time is spent with family and with society. Therefore, family education and social education are also very important, with the ups and downs of the 40 years of reform and opening up and the victory of the party's 19th National Congress, China's socialist construction has entered a new era, the quality of our country has also been greatly improved, the concept of socialist concept of honor and disgrace and the core value system of socialism, the society also has a profound understanding of the new style of the tree, the morality, and the understanding of the law. But reform is always on the road, doing it well now does not mean doing well in the future. Things are constantly evolving in sports, schools, families, and society should keep up with the times, handle the relationship

between each other. To achieve the same integration, the improvement of students' ideological and moral literacy and the enhancement of legal awareness, it is not just a matter of school education, but family education and social education are shouldering a great responsibility. The family should form a good family style from an early age, give your child a good family atmosphere, the society should clarify the responsibility of social propaganda and social supervision, actively promote the socialist core value system, let students establish a correct world view, outlook on life and values. Positive criticism should be given to uncivilized and non-compliance in society, rather than the attitude of hanging high. Improve students' moral awareness and legal awareness in education and correction. The integration of multi-educational resources in schools, families and society offers the possibility of achieving the goals of lifelong education.

E. Colleges and universities should give full play to the role of multimedia, so that college students rooted in moral quality and legal awareness

The education method to achieve lifelong education must also keep pace with the times, the development of multimedia has led to profound changes in our production methods, lifestyles and educational methods. Modern education is not only limited to book education, but also to the combination of books and multimedia, designed to promote a better understanding of knowledge. Then ideological and moral cultivation and legal awareness education should also be actively integrated into modern technology, the regulatory authorities strengthen the supervision of online media and create an active and healthy network environment for young people. Ideological and moral cultivation and legal basis as a basic general education course, students should also be actively used to educate students on the Internet. For example, teachers can not have too much education in theoretical knowledge, it is possible to arrange a class to give students videos, movies, etc. related to morality and the rule of law, let the students speak after self-speaking or write a small essay to explain their opinions, through the combination of books and multimedia, the purpose of improving college students' ideological and moral cultivation and legal awareness is achieved.

IV. ENLIGHTENMENT OF THE IDEOLOGICAL AND MORAL CULTIVATION AND LEGAL BASIS COURSES IN COLLEGES AND UNIVERSITIES ON THE REFORM OF CHINA'S EDUCATIONAL METHODS

A. Realizing the "student-centered" teaching method and working hard to build a new type of teacher-student relationship

The current educational situation in China's colleges and universities is still based on traditional educational methods. That is, the teacher said on the podium, and the students listened under the podium. In the course of ideological and moral cultivation and legal basis, in order to enable students to consciously and independently transform the ideological and moral cultivation and the rule of law into their own moral qualities, teachers transform traditional education methods, change "student as the main body", teachers play a leading role in the entire teaching process. Use a variety of teaching

methods such as group discussions and team practice. It not only strengthens the team's solidarity, but also fully exerts the students' autonomy. It is also able to make students feel the important role of ideological and moral cultivation and rule of law in their study and social life. Radical teaching methods of ideological and moral cultivation and legal foundation are radiated to other courses to realize the "student-centered" teaching method, building a new type of teacher-student relationship has played an important role in promoting the reform of China's educational methods.

B. Clarify the relationship between research and teaching and promote the coordinated development of the two

As an important organization for the realization of higher education, colleges and universities are also the main positions for the export of talents in China. The basic functions of modern universities are teaching and research, but in many modern universities, there is such a common phenomenon: Focus on scientific research and light teaching. Teaching has thus become a vassal of the school-running model of higher education. However, the main goal of the school is to train the country to develop high-quality talents with all-round development of morality, intelligence, beauty and beauty. How to cultivate such a full-faced development of talents is mainly achieved through teaching. Therefore, teaching should always be the main content of school work. As Newman said: "If the purpose of the university is scientific invention and philosophical discovery, then I don't understand what the university wants students to do." Therefore, we should inspire from the teaching model of ideological and moral cultivation and legal basis, and clarify the relationship between the two. (1) Teaching must be regarded as the main activity of the university, in the primary position. (2) According to the personality characteristics, age differences, and research direction of teachers, colleges and universities should put forward different requirements for teachers in teaching and scientific research, so that they can give full play to their own characteristics and effectively educate students. (3) Colleges and universities should establish a scientific evaluation mechanism for teaching and research, regularly check the teaching content and progress of teachers, and feedback from students, in order to influence the school's education and teachers' behavior.

C. Integrating multi-party resources and building a diversified education method

The traditional education of colleges and universities in China is mainly concentrated in the classroom of the school, this way of educating students in the same teaching place. Although it can effectively convey to the students what the teacher wants to teach, this teaching model also has considerable drawbacks: We cannot make full use of the favorable resources around us to carry out more in-depth education for students and improve teaching efficiency. The reform of ideological and moral quality cultivation and the legal foundation course. By improving teaching methods, expanding the scope of education, optimizing teaching locations, etc., we can effectively integrate multi-party resources, integrate traditional classrooms, books with modern multimedia technology, and favorable social environment

around us, and build a diversified education system for China. It is an important revelation.

V. CONCLUSION

In summary, being good with people is a positive moral value and the ultimate trend of lifelong education. Human nature is good, the purpose of carrying out the course of college students' ideological and moral education and legal basis is to improve the moral realm of college students and promote the truth, goodness and beauty of human nature. Only through the education of morality, the morality of the students is guided by noble morality; through the education of the concept of the rule of law, the law-abiding behavior guides the social life of college students, can provide a realistic way to achieve lifelong education. Therefore, guiding students to "be good" is the main content of improving college students' ideological and moral education and legal awareness. Improve the personality quality of college students by reforming the educational methods of this course. It not only plays an important role in the healthy development of college students' physical and mental health, but also provides positive enlightenment for promoting the reform of modern education methods in colleges and universities to better realize the goal of lifelong education for college students.

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