

Research on the Significance of Establishing College Students' Sports Archives

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Abstract—College students' sports archives are an important part of college students' archives. The establishment and improvement of college students' sports archives is the need of talent training. This paper uses the literature method, expert interview method, logic analysis and other research methods to explore the significance of the establishment of college students' sports archives, so as to improve the understanding of the archive department on the students' sports archives, enhance the college students' sports archive awareness, and fully excavate the utilization value of students' archives in school physical education, sports reform and sports research applications.

Keywords—colleges and universities; students' sports archives; necessity

I. INTRODUCTION

Since the implementation of the National Standards of Student Physical Health, it has played an important role in the evaluation, supervision, improvement and collaborative construction of college students' physical health. However, with the development of the world sports trend, the awareness of fitness has gradually increased, and the reform of physical education has become urgent. The scores of sports health test have been difficult to meet the actual needs. On August 20, 2008, the Ministry of Education issued the "Measures for the Management of Archives of Colleges and Universities" in the form of Order No. 27, which officially incorporated the student files into the archives category of colleges and universities for the first time, providing the guarantees for the colleges and universities to regulate the management of student files and improve the quality of students' files. As a further refinement of student files, college students' sport achieves is the only physical files of individual students as the sole custody unit. The importance of promoting the overall scientific development of college sports is increasingly prominent. Therefore, the scientific, effective and full exploitation and utilization of college students' sports archives is of far-reaching significance to the further development of various undertakings in colleges and universities.

II. STATUS QUO OF ESTABLISHING COLLEGE STUDENTS' SPORTS ARCHIVES

With the progress of society and the development of the economy, the college physical education has been further reformed, and new requirements have been put forward on the sports archives of college students. At present, the current situation of college students' sports archives is not optimistic, which is quite different from the requirements for the development of college students' sports archives.

A. The Falseness of College Students' Sports Archives

In order to make their graduates' employment smooth and win the social reputation of "high-quality source and high employment rate", individual colleges and universities generally improve the professional achievements of graduates, expand the coverage of student cadres and awards, reduce the assessment standards, and revoke student disposition materials. Such false phenomenon sometimes occurs. As an important part of the student file, the student sports achieve has many problems in the formulation of academic assessment and scoring standards. For example, the formation of grading criteria for sports skills is to improve the academic performance of students. The colleges and universities don't consider the space for students' improvement, and blindly lower the evaluation criteria to achieve high scores, which have completely loosen the meaning of academic evaluation, encouraged the ethos of not making progress, and violated the sports spirit of "being higher, faster and stronger".

B. The Lag of College Students' Sports Archives

With the development of China's market economy, the continuous deepening of personnel system reform and the introduction of new employment mechanism, employment work is advanced, and archival materials play an important role in the employment process of college students. Often, some colleges and universities do not pay attention to the collection of archival materials at the ordinary times, cope with these things, and sort and file the materials when graduates leave school. The sudden behavior of cramming at the last minute leads to human errors such as wrong loading, missing loading and delayed and inaccurate transmission of files. In colleges and universities, the phenomenon of "lost files", "abandoning files" and "dead files" is constantly

increasing in the student files. According to the estimation of the China Talent Exchange Association, about 20% of the people who work in the workplace do not carry their personal files, and there is the separation of the talents and their personal files within a certain period of time. As a result, the whole society's demand for the inquiry and utilization of college student files is increasing.

C. Incompleteness of College Students' Sports Archives

As a written record of students' abilities and conditions in school, college student files are the proof of students' various work after graduation, and have important reference value for their future life, employment and further study. In the detailed documentation of the student files, students' academic performances in the school years have an important proportion. In the current employment, the business units only concern about two simple records of physical examination certificates and qualified sports performances (the sports performance records are only the sports test items stipulated in the National Fitness Test Health Standards), as for other More detailed records will not be examined.

III. OVERVIEW OF COLLEGE STUDENTS' SPORTS ARCHIVES

A. The Connotation of College Students' Sports Archives

According to Article 2 of "Administrative Measures on Archives of Ordinary Colleges and Universities" issued by the State Education Commission, College students' sports archives refer to different forms of historical recordings of students, such as texts, images, sound, objects, computer software, etc., which are formed in sports learning, scientific research, competitions, and other activities related to college sports of higher education institutions.

B. Contents of College Students' Sports Archives

Under the new situation, the content of college students' sports archives is more and more abundant, and the application fields are more and more extensive. The sports archives of college students should cover all the contents of student sports. According to the analysis of literature, the standardized student sports archives should include the following aspects in addition to the special circumstances of students:

1) *Physiological file*: The students' physiological files are mainly reflected in the physical examination form, and the physical examination is the main reference for the recruitment of students and enterprises. Special groups need to specify the relevant files.

2) *Psychological file*: The students' psychological files generally include two aspects: one is the basic information that affects the students' psychological development; the other is the information that reflects the students' psychological situation and psychological characteristics. With the development of sports and the increase in the number of participants, the incidence of injuries in sports is

also increasing. Sports psychology researchers recognize that psychological factors, like physiological factors, can affect the occurrence and rehabilitation of sports injuries, and the role played in physical education can't be underestimated.

3) *Physical fitness test file*: In the traditional file content, the reflection of physical fitness test on the physical condition is only the physical examination scores and the physical examination table reflecting whether there is a disease. The physical fitness and physical fitness are not reflected. The modern employer should consider the physical fitness characteristics according to the different occupational types. The evaluation results in this regard are for reference by the employer. At present, the specific work implementation of the physical fitness test in China's colleges and universities is mainly based on the "National Standards of Student Physical Health", which is the specific implementation of the "National Physical Exercise Standards" in schools, and is the basic requirement of the state for students' physical health.

4) *Physical education archives*: Physical education is the foundation and an important part of school sports. Building the students' sports archives is an important means to promote effective physical education in schools. It can clearly show the learning situation of each class. The teachers can teach students in accordance with their aptitude, which has important guiding significance for further education and teaching. The physical education archives mainly include three major aspects: physical fitness, knowledge and skills, and emotion. The evaluation of these three records (teacher evaluation, self-evaluation, and mutual evaluation among students) is also an essential part of the physical education curriculum.

5) *Sports training and competition archives*: The sports archives of college students should cover all the contents of student sports. According to the analysis of literature, the student sports archives should include competition results, group activities and the related materials of the echelon construction of school sports team. Through looking through these materials, the colleges and universities can select young sports talents, so as to enrich the training team. The archives of group activities include various types of physical activity information on campus (such as school track and field games, school sports festival competitions, running competitions at school-level, school skipping competitions and various records of small sports activities, extracurricular activities, school competitions, performances and sports activity records, county-level, city-level and higher level activities such as city sports festivals, provincial sports games, etc.); The echelon construction materials of sports team include the training plans of training echelon in the schools, summary, lesson plans and players list. The colleges and universities should establish an electronic file of athletes (basic files, materials and training records, training records, training plans, training contents of each

training team; talent transmission records; awards and honorary materials; summary of competition results of other outstanding athletes of other schools and other competition materials), entry assessment results at each stage, and record the growth process of each athlete in detail, so as to provide assistance for reasonably guiding the sports training.

6) *Archives of sports participation in fitness*: Colleges and universities pay more attention to the collection of archives of teaching, group and competition, and often ignore the collection and arrangement of students' daily participation records. This is very unfavorable to record and reflect students' participation in sports activities in school. He Xiaoping, a member of the standing committee of the Chinese people's political consultative conference (CPPCC), proposed that physical exercise and health status should be taken as important contents of recording the growth of students in view of "the declining physical quality of current students in China, such as strength, speed and endurance" to be an important basis for the graduation and further education.

7) *Archives of sports interests*: The student sports archives also need to record the students' interest and hobbies in sports, laying a good foundation for the development of students' specialties and the development of students' comprehensive lifelong sports awareness.

IV. VALUE AND SIGNIFICANCE OF ESTABLISHING STUDENT SPORTS ARCHIVES IN COLLEGES AND UNIVERSITIES

According to a document published by the website of Ministry of Education on August 13, 2015, the Ministry of Education, the National Development and Reform Commission, the Ministry of Finance, the General Administration of Press, Publication, Radio, Film and Television, the General Administration of Sports, and the Central Committee of the Communist Youth League intend to incorporate football learning into student files as the reference for the comprehensive quality evaluation of students, which has shown that the role of student sports files is getting bigger and bigger, and it is imperative to establish and perfect sports archives.

A. *Providing a Basis for Preventing Sports Injuries*

Sports injury is a common problem in sports training and physical education. As the most serious safety problem facing sports, sports death is a great challenge to the development of college sports. Therefore, it is of great social and practical significance to improve the physical and mental health of college students, and to prevent or eliminate the occurrence of sudden death among college students while maximizing physical fitness.

To this end, the colleges and universities should deeply warn contemporary college students, do a good job in the physical examination of the mind and brain of college students, understand their situations, and implement medical supervision for students with such diseases, and do a good job in prevention and protection. A detailed student sports

file not only facilitates students to understand their physical conditions and physical changes, but also helps to choose fitness programs. It also provides reference for school physical education and training teams.

B. *Laying the Theoretical Foundation for Lifelong Sports*

Nowadays, the world has entered the era of sports and leisure. With the gradual improvement of material and cultural life and the advancement of urbanization, people's desire to achieve a relaxed and enjoyable enjoyment while participating in various sports activities is becoming more and more obvious. From the community to the unit, from primary school to university, it is necessary to create a good atmosphere for sports and physical fitness. The physical exercise should become the normal state of life, and it is necessary to ensure "one hour of exercise every day". The attention on TV, computers and mobile phones should be transferred to sports, so as to cultivate people's healthy lifestyles and concepts. It is necessary to deepen the reform of school sports mechanism, and the sports exercises become the norm in life. The sports archives of college students lay the foundation for students to enter the society to establish lifelong sports archives, which is the spiritual pillar for students to establish the consciousness of "lifelong sports".

C. *An Important Reference for the Development of Physical Education Programs*

The sports archives of college students reflect the "arteries" of college students' sports development, which can provide a reliable theoretical basis for the development of college sports. Establishing a sound physical education archives for college students is conducive to scientific decision-making and macro-control of college physical education teaching and training. First of all, it preserves the regulations, policies and requirements of physical education in various periods, which provides ideological guidance and policy basis for college students' physical education and training decision-making. Secondly, it stores the rich historical records of sports learning activities and students' physical quality, which provide reference and consulting materials for the development of college sports work. And the college physical education management departments can more comprehensively and profoundly understand the advantages and disadvantages of the sports work, formulate physical education work plan of the school in line with the actual situation, and carry out macro-control of school sports work, so as to improve the level of physical education and the quality of student sports.

D. *Basis for Differentiated Physical Education and Individual Evaluation*

"At present, China's evaluation of students' grades is basically qualified, and the effects of restraint and incentives are not obvious." He Xiaoping, a member of the Standing Committee of the National Committee of the Chinese People's Political Consultative Conference, proposed to sort out the concept of physical education and establish a set of sports evaluation system suitable for middle and primary schools and university in China. The project will be assessed

level by level and corresponding certificates will be issued to promote the reform of the school sports mechanism and continuously enhance the physical quality of students. Zhan Xiaolei (2007) suggested making the table tennis test for the students in the experiment. When stratifying students, they must be stratified strictly according to the students' level of table tennis skills. Then, according to different levels of students, different teaching objectives are set. Different requirements are put forward, different practice methods are adopted, and different test methods are set for the actual level of students at different levels. In the end, the goal of gradually mastering the special skills is achieved. It can also be reflected in the selection of personnel in ordinary college competitions, or in the development of college sports clubs.

E. Indispensable Conditions for Sports Research

School sports research is an important measure to improve the quality and management of physical education. With the reform and deepening of college sports, sports scientific research is increasingly valued by sports management departments and physical education teachers, and sports scientific research needs to utilize the large and reliable archives formed in the past. Sports scientific research is inseparable from the scientific use of sports archives. When looking at sports archives, it can extract important information materials needed for research topics, and provide powerful historical evidence for sports researchers to put forward new viewpoints and opinions. In particular, the status of students' physical fitness, the development of physical education and sports activities, and the record of various competitions in the archives are valuable first-hand materials for conducting sports research. Due to their geographical characteristics and individual characteristics, these materials are more accurate and persuasive than the general sports materials obtained from other channels.

F. Providing Reference for Selecting Talents

With the progress and development of the society, the standards of employers for talents are getting higher and higher, and the focus of attention on graduates is gradually turning to a comprehensive understanding of the comprehensive qualities of ability, body and psychology. Different types of work also put forward different requirements for the physical fitness of job seekers. As an important auxiliary reference material, the student sports archive is an important means for the employer to select people and colleges and universities to recommend university graduates to the talent market and the self-recommendation materials for college graduates. Establishing and improving the student sports archives facilitate the employment unit systematically understand the physical health of students, and make accurate evaluations of students according to archival materials, which is conducive to the selection of talents by employers.

G. Necessary Conditions for Evaluating College Physical Education Teaching

With the continuous improvement of the state's emphasis on school physical education, the position of college physical education in school education has been strengthened and consolidated. In the state's assessment of the conditions and quality of education in colleges and universities, sports have become one of the indispensable conditions for evaluation. The relevant departments inspect and evaluate the implementation of the Regulations on School Sports Work, which are inseparable from complete and systematic sports archives. In order to make the assessment conclusion objective, accurate and realistic, it is necessary to check the relevant historical records of the sports work of the school being inspected. The sports archives can provide real and specific original materials for this purpose, especially the students as the main objects. The student sports archives are the most basic, are the most important, and are the embodiment of school sports. Some colleges and universities have had profound lessons. They have achieved remarkable results in physical education, teaching reform, and scientific research. However, due to the lack of attention to the collection and filing of student sports materials, their sports work cannot be reflected in student files, and the performance can't get approval.

V. CONCLUSION

The construction of college students' sports archives is a necessary basic work for the development of college sports. It must be highly valued by college sports workers. From the perspective of law, the necessity of the construction of college students' sports archives should be understood from the perspective of development. The construction of college students' sports archives should adopt a unified management model. The Ministry of Sports should actively cooperate with the archive department to do a good job to ensure the scientific and continuous permanent construction of archives. The Ministry of Sports shall establish a sound sports archive construction system, which should be in charged by the leadership of the sports department. And the responsibility should be distributed to every people. At the same time, they should strengthen the inspection and assessment. The collection and arrangement of archives must strive for complete content and categories to ensure more objective, comprehensive and accurate recording and reflection of students' sports in school. The colleges and universities can actively use modern scientific and technological means such as computers to improve the construction of sports archives. At the same time, they should also strengthen the awareness of developing and utilizing the information resources of sports archives. And more people will benefit from the valuable student sports archives information resources.

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