

Discussion on University Learning difficulties, students Cause analysis and prevention and transformation measures

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Abstract: Colleges and universities are the cradle of talent cultivation, which is an important issue related to the future development of our country. Nowadays, the problem of learning difficulties is becoming more and more prominent in colleges and universities. Foreign educators have conducted relevant researches on the causes and main characteristics of learning difficulties. This paper is mainly based on the existing research results at home and abroad and combined with the actual situation in China. This paper analyzes the cause of formation, prevention and transformation measures of students with learning difficulties in colleges and universities.

1. Introduction

In a broad sense, students with learning difficulties refer to students with intellectual development deviation due to various reasons, that is, "some children with intellectual development deviation due to various reasons" as said by the famous psychologist of the former Soviet union. In the narrow sense, students with learning difficulties are those whose intelligence level is normal but whose academic performance fails to meet the requirements of teaching objectives. At present, all universities have a certain number of students with learning difficulties, which have some negative effects on the teaching of schools and the normal learning of other students, and also affect the overall constitution of talent cultivation in colleges and universities. The analysis of the causes of learning difficulties and the discussion of the prevention and transformation measures are the key problems that need to be solved urgently in universities.

2. Learning situation of students with learning difficulties

2.1 Poor foundation

When colleges and universities recruit students, they admit students from most areas of our country. So during the admission process, students come from different provinces. In the basic stage of learning, students in the study of learning methods and habits, can not effectively meet the university learning. At the same time, some colleges and universities in this province will slightly lower a grade when they apply for the examination in other provinces^[1]. Therefore, poor foundation is one of the main reasons for learning difficulties in colleges and universities. Some students with learning difficulties make efforts, but their foundation is poor, which is far from the standards set by the school. At the beginning of entering the university, students are full of expectations, but in the first year of university study, they find that their foundation is too weak, some public basic courses are very difficult to learn, there will be a lot of failures after the examination, and then become learning difficulties.

2.2 Lack of goals

At present, in colleges and universities, the main reason for students to become poor students is because they have no goal. On the one hand, in the process of learning, most students with learning difficulties do not have good plans for their future. I have been studying hard, but the direction is given by the teachers of various subjects and the rules and regulations of the school. Leading students to learning difficulties in the process of learning, it is not clear where to point to. The giant who eventually led the students to think, but became the dwarf of action. On the other hand, in the

students' minds, there is a blind phenomenon in learning. I want to learn but I don't know how to start. The teachers in the university are different from the teachers in the basic stage, so it will lead to the lack of teachers to guide the students in the colleges and universities, and become students with learning difficulties.

2.3 Lack of interest

Learning difficulties students in the university, most of the students because in the application for professional, by the transfer, or registered for their own interest is not professional. Then in the learning process, students have no interest in their own professional subjects, and even muddle through the four years in the university. As a result, students with learning difficulties can only be addicted to mobile phones in class due to lack of interest ^[2]. When teachers assign practical homework or homework, students with learning difficulties mostly learn from other students, or do not hand in the homework directly. At the same time, because in the classroom do not pay attention to the teacher, in the examination learning difficulties students will try to cheat. Over time, students will have a fluke psychology of learning, or even indulge in their own such destruction, into learning difficulties.

3. Analysis on the causes of learning difficulties

3.1 Family Factors

Among some college students, it is one of the main factors due to family reasons. On the one hand, the student family has undergone major changes, resulting in students not learning. If there is a contradiction between parents, students will also have unintentional learning in stages. Even if some students' families have major changes, students can't give them a part-time job because they can't give them a living expenses. This will make students unable to deploy in time. When the curriculum education is not normally accepted, the student's grades will inevitably plummet and eventually become a student with difficulties ^[3]. On the other hand, first of all, most of the students at this stage belong to the only child, so they are much loved in the family. For example, at the end of each semester, the counselor will relay the grades and performance of the students in the semester to the parents. Even if the students with learning difficulties have reached the warning of downgrade, parents will still love the students. Second, students are adults during college and have independent personality and ideas.

3.2 Student's own factors

Students can enter the university and prove that the student group in this university is not very different in intelligence and learning methods. Therefore, it is the main reason for students to become students with learning difficulties due to their own factors. The author believes that there are mainly the following points. First, the students' ideological problems, in the middle school stage, teachers and parents in order to encourage students to overcome difficulties, often said to students that "to the university management is loose, the learning pressure is not large." Then lead students to enter the university, will be secondary The learning attitude of the stage is abandoned, becomes sloppy during the learning process, and reduces the requirements of oneself. Second, students have poor self-discipline. In colleges and universities, student management is not the same as secondary school. The university is a platform that can provide students with a comprehensive development of a place where students can be fully developed in colleges and universities ^[4]. Therefore, some students with poor self-discipline ability will have problems such as skipping classes and indulging in games due to the lack of strict management of the school. Third, some schools have unreasonable professional settings. In the high school stage, students are divided into arts and sciences. After three years of study, students have formed a fixed mindset on thinking about problems. However, in the professional setting of colleges and universities, accounting is taken as an example. In the accounting discipline, students need to memorize a large amount of relevant knowledge in the learning process.

3.3 Teaching environment

In some colleges and universities, it is also one of the main factors that the teaching environment leads students to be learning difficulties. Then in the teaching environment, the author thinks that mainly because of the following points. First, the teaching model is rigid. In the classroom, the role of teachers is not particularly big. Especially after the introduction of information technology into teaching, students can learn professional knowledge through moocs. This leads to teachers in the course of lectures, the enthusiasm is not strong. Only through the demonstration document to carry on the explanation to the teaching material, in the classroom atmosphere is very dull. Students with learning difficulties and poor self-discipline, and do not have interest in learning, as time goes by will cause the phenomenon of laziness. Second, the school lacks management. In order to carry out the strategy of rejuvenating the country through science and education more effectively, our country implements the policy of expanding enrollment in colleges and universities. This policy has led to a sudden increase in the number of college students^[5]. As a result, only large classes can be used in teaching. It is a common phenomenon that the number of middle school students remains above 100.

4.Preventive and conversion measures

4.1 Improve comprehensive education and stimulate students' interest in learning

Students become students with learning difficulties due to various reasons, so the school should carry out comprehensive education for students, in order to improve students' learning interest, timely prevent students from becoming students with learning difficulties. Firstly, career planning education should be carried out at the entrance. Students should be able to set goals for the future in their minds when they first enter the university. Only in this way can students continue to work hard in college and not neglect their studies. Secondly, when students just enter the university, due to various aspects of the supervision is relatively loose. Therefore, schools should cooperate with counselors to carry out self-discipline education. Students should have a sense of self-discipline in their mind, and they should not abandon their studies just because of the loose supervision of universities.

4.2 Establish a teacher responsibility system to transform students with learning difficulties in a timely manner

In colleges and universities, student administration is divided into many departments. For example, for students with learning difficulties, they are managed by the Student Work Department, and counselors can only do ideological and political education. Under this mechanism, contradictions will arise. First, the student work department cannot make one-to-one conversions for students with learning difficulties. Second, the counselors do not have the authority. Therefore, it is necessary for colleges and universities to establish a teacher responsibility system. Through a professional teacher and mentor accountability system, a teacher is responsible for 8-10 students with learning difficulties. And for students of different academic years, there is a targeted guidance. Let the students with learning difficulties really have the guidance of professional teachers in their studies. In order to promote the transformation of students with learning difficulties.

4.3 Improve the multi-level linkage mechanism and transform students with learning difficulties

In colleges and universities, students with learning difficulties should establish a multi-level linkage mechanism and use a multi-angle approach. First of all, the counselor should communicate with the parents of students with learning difficulties in a timely manner. In colleges and universities, counselors usually face hundreds of people each, so they cannot effectively understand

each student. Then the counselor should communicate with the students through the parents to form a tripartite effect. Truly understand their own factors, in order to select better methods for targeted solutions. Secondly, students carry out the glorious tradition of helping and leading^[6]. In colleges and universities, dormitory as the second learning position, the transformation of learning difficulties students to give full play to the effect of this position. The effect of enlightening and communicating among students is greater than any other effect. Therefore, when transforming students with learning difficulties, colleges and universities should carry out the glorious tradition of helping and leading among classmates.

5. Conclusion

At present, there are many factors in the formation of colleges and universities in colleges and universities. Therefore, colleges and universities cannot ignore the important work of prevention and transformation of students with learning difficulties. The quality of teaching in colleges and universities cannot be reflected by outstanding students, but by students with learning difficulties. Therefore, colleges and universities should grasp the causes of learning difficulties, and improve the comprehensive education to stimulate students' interest in learning, starting with preventive students. Then we will establish a teacher responsibility system and improve the multi-layer linkage mechanism to quickly transform students with learning difficulties.

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