

Exploration of the Transformation Strategy for Backward-students

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Abstract. The transformation of backward-students small groups in junior high school is very important to teaching, management and healthy growth of students. In view of the present situation and dilemma of a junior high school class, the transformation strategies of the backward-students are explored and summarized: (1) To deal with their own emotions, (2) To tap into the advantages of the backward-students, (3) To encourage participation in class management, (4) To establish a good relationship between teachers and students. Through the practice of backward-students transformation, the original development of class management is realized, and the healthy growth of backward students is actively guided.

Introduction

While imparting knowledge, junior high school teachers should also solve the confusion of students' growth and correctly guide students to form a correct outlook on life, values and world view [1,2]. The transformation of small group of backward-students plays an important role in the education, teaching and management of classes and schools, and more importantly directly affects the physical and mental health of students in the process of growth [3,4].

The Present Situation and Dilemma of the Backward-students Small Group

Junior high school students personality characteristics are not mature, cognitive limited capacity, if encountered mid-flight change class teacher and other special reasons in the class will appear some small groups of students [5-7]. For example, there are "five kings" in a junior high school class, which forming a small group of troublemakers, their learning goals are not clear, poor behavior habits, lack of self-awareness, self-control, lack of positive energy, a fear of the world's undisturbed psychology. In the class, they are often in violation of discipline, and the rest of the students to watch and close to them. It leads to poor class discipline. The class comprehensive results ranked sixth in the whole grade of eight classes, and the English results ranked seventh.

On the first day of the new class teacher, the whole class was smoky, and she is exhausted and exhausted by the class students. After a few days of contact and groping, she found that all oral preaching, class rules and discipline are not binding for the "five kings" students, They've been doing whatever they want, all punishment measures are invalid, whether it's harsh criticism or punishment to write checks, whether harsh criticism or punishment to write inspection, whether please parents or give punishment. For this small group of students, the class teacher has been thinking: in the end how to play a binding role? How to turn this bad situation around? How to drive this class's class style? But for a long time it is not enough to solve. She deeply felt that "it is easy to be a teacher, but it is not so easy to be a good class teacher".

In the face of this class situation, she felt a lot of pressure, but the pressure comes under pressure, since took over the class, she do not complain, emotional thing, flinch, calm, she had to be brave enough to take on the challenge, she gradually find, analyze the problem, and look for ways to transform this small group. Slowly she found that the class appeared "five kings" and other small groups of students because of the lack of mistrust between some students and the class teacher, lack

of necessary understanding and communication. In order to reverse the situation, fully mobilize the enthusiasm and initiative of the later students is worth exploring.

The Exploration of the Transformation for the Backward-students Small Group

For junior high school students, blindly criticize and bitterly speak to them responsible, caring and good truth, listen to more oral preaching not only can not accept, but also will feel the teacher, even disgust, resentment [8,9].

Look at Every Student in Growth with an Appreciation

The class "five kings" in the leader Wang, height of 1.6 meters, he likes to play basketball, and play well, but also likes to watch the Chinese men's basketball game. Every day after school, he plays basketball on the school playground, I often to see him play basketball in the teaching building railings, and I found that he is honest, keep promise, talk about good faith, work more emotional, every fight is rushed in the front, no one dare to provoke him.

Once, they organized an after-school basketball game between the class and another class in the same grade, he was a little surprised when he saw the class teacher watching him play on the railing sits in the teaching building, but soon he was focused on his basketball game. When he returned to school the next morning, the class teacher praised him for playing basketball very well, with both technical and powerful, he embarrassed to scratch his head, red face whispered: "I did not expect the teacher also like basketball, and understand basketball." Since then, his attitude towards the class teacher has changed subtly, the previous hostility has disappeared, and his eyes have become a little kind. Later, the class teacher asked him to put the "five kings" organized to set up a class basketball team, once a week training.

Slowly, they are no longer so resistant to the class teacher, also began to talk to the class teacher about learning, family matters, with the class teacher to remove the defense.

Solve the Students' Confusion and Strive to Become the Students' "Own People"

Once just after class, the class teacher is ready to leave, "five kings" in Zhang suddenly appeared from behind, straight cut with the class teacher said: teacher can you help me a favor? Looking at his trust, sincere eyes, the class teacher did not hesitate to answer: "Of course, as long as I can help you within the range of my ability, I will do my best to help you", he single-handedly said: "Teacher, if a girl enter the stage of physical development, menstruation, physical discomfort, very difficult to do? In fact, the class teacher has heard other teachers said, your class who go to school on the way to school with a female classmate very close, and even hand in hand, suddenly this sensitive issue raised, the class teacher also know what is going on. But the class teacher is very calm, nothing else to say, do not ask, very sincere to know all he said: first of all, do not worry, this is a very normal phenomenon, it is a characteristic of the physiological phenomenon of girls, once in a month, usually we call it "big aunt", before it coming will be dizzy, stomach pain, no strength, mental state is not good, Drink more warm water, rest more, don't eat cold things; Secondly, as a friend, you have to guide her well, so that she does not have too much psychological pressure, so that slowly will be better. I don't know if it's going to work for her. He smiled and said, "Thank you teacher"! The class teacher suddenly open-minded, thinking of trying to become the students' "own people."

Let Students Dare to Speak Their Minds and Take the Initiative in Class Management

In the process of student education, the management and education of the class teacher are more or less some opinions and ideas, but they often afraid of the authority of the class teacher and they dare not say. The opportunity comes from a class, the class teacher allows everyone to speak freely, let everyone speak their hearts, as long as it is the heart, say anything. One of the "Five kings" students think: an early return to class, mouth is reading, writing homework, class discipline, people feel like living in a cage, no freedom, no fun, lack of vitality, too boring. After listening to the comments, the class teacher's mind flashed approval and took advantage of the proposal: Encourage them to

re-establish the class rules, in the class discussion to get the whole class through. Junior high school, has been the eyes of teachers nail, meat thorns, which has the opportunity to participate in class management, and they couldn't believe what they heard.

A student surnamed Tan said that since we can get the teacher's trust and appreciation, the first time for the class to do things we must do a good job, we can not let the teacher disappointed and students look down. The following week, whether before or after class, get together whenever there is time. After preliminary brewing and discussion they proposed the establishment of the class discipline committee composed of the "five kings" students, and they formulated a clear measure of reward and punishment, especially they put forward the punishment for disciplinary violations is to write a propositional composition, originally which this is the most fearful punishment!

The class teacher proposed that each student responsible for one day' the class discipline management in a week, we choose the weekly "discipline management star "by the whole class students, while clearly "discipline committee" students are also class cadres, you weekly to participate in class cadres meetings and training, she often give encouragement and guidance.

Through the measures to manage the class, they rarely again in violation of discipline, even if occasionally make small mistakes, they will be punished by the measures to govern the post, class discipline is getting better and better.

The Conversion Strategies for the Backward-students Small Group

There has been a period of exploration to transform the "five kings" and other small groups of students, changed the way and method of student education, and the class teacher become students trust, and the students like her. In this process after reflection and summary, the main results of the following strategies:

Improve Your Mental Quality and Deal with Your Emotions

Junior high school students thinking has independence and criticism, easy stubbornness, extreme, lonely and the emergence of closed psychology and other negative factors, and the reverse psychology is serious. Under the enormous pressure of work, the class teacher needs to improve the psychological quality, and she also can adjust her own emotions, so that she have a good mood with students.

Why do you need to adjust your emotions? Because the emotions are often the trigger, it determines the direction of the problem, and will cause you do not adjust the emotions, the truth is not heard in, the problem is not solved well. In the process of small group transformation, the class teacher should be especially aware of the importance of emotions, can not hear other teachers or classmates reflect how a certain classmate in the class, just follow so disobedient students, their own emotional excitement, easy to ignore the students' emotions, the more eager to close the problem, the result is often small things big, big things blow up, backfire, and even make themselves into a passive state, not to lead to mental health problems, affecting the management of the class.

Transform Management Concept, Be Good at Exploring the Advantages of Backward-students

Junior high school students are active in thought, pay great attention to self-image, care about the views of others [10].The class teacher should adhere to the main position of the students and change their management philosophy in time.

To be a thoughtful person, with the eyes of appreciation to look at growing students, later or small groups may be the eyes of teachers nail, meat, but the class teacher should be good at exploring the advantages of later life, each student as an independent individual, the class teacher should be encourage and create conditions for each student to play their own strengths, the class teacher should be also help and encourage him to integrate into the class in this process.

If they appear abnormal changes in mood by their thoughts or by the outside world's perception of their views, the class teacher should be timely psychological guidance, more said the advantages, enhance their self-confidence to cope with the process of growing confusion.

Change the Class Management Mode, Let the Students Participate in the Class Management

Affected by examination-oriented education, some class teachers will focus on class management on the students of good grades, and they ignore backward-students or small groups, they do not let them participate in class management, but they want them to abide by the class system, such a management style will stimulate the anti-psychology, and it will also prone to contradictions between teachers and students, It is extremely detrimental to their growth and development, and it will also affect the normal management of the class. We should actively mobilize the initiative of backward-students or small groups to participate in class management, We should also cultivate self-management awareness, self-management and control, can effectively help the class teacher to reduce the pressure.

Establish a Good Teacher-student Relationship with the Backward-students

Junior high school students will not be as obedient as elementary school students, nor as mature as high school students. Good to students, students to accept only, and then good they do not accept is also in vain, how to let students can accept your education and can perceive your love for them, good for them? For the backward-students, they need a certain guidance to grow up healthily, the class teacher should try to find common topics with students, she should also good at finding their confusion and try to help them solve their problems, so that they are willing to their inner thoughts to the class teacher, become their growing intimate friends, so as to more timely and comprehensive understanding of their learning, life and strengths. Only the teacher's heart and the students' hearts resonate with each other, which can help them form a good moral quality, perfect personality, and get comprehensive development.

Summary

This paper explores the transformation practice of backward-students small group of a class, and summarizes the transformation strategies for the small group of backward-students: to deal with their own emotions, to be good at exploring the advantages of backward-students, to encourage participation in class management and to establish a good relationship between teachers and students.

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