

A Study on the Win-Win of Humanistic Quality Construction and Language Learning in College English Teaching

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Abstract—The essence of linguistics is the humanities, and humanity is one of the essential features of linguistics. Language expresses human life and embodies humanistic spirit, which is concerned about human value, dignity, morality, belief, individuality, etc. Paying attention to language and humanities in the field of education, it will be a must to pay full attention to the cultivation of humanistic spirit and the construction of humanistic quality in the process of language learning. This paper will take the two key words of "humanities" and "tools" from the perspective of college English teaching, and clarify the value orientation of college English teaching. On this basis, it analyzes the necessity and significance of the construction of humanistic quality in college English language learning, and puts forward feasible countermeasures to promote the construction of humanistic quality and language learning in college English teaching to achieve a win-win situation.

Keywords—college English; humanistic quality; necessity; countermeasures

I. INTRODUCTION

"Humanities" refer to various cultural phenomena in human society, while "quality" is the ability and cultivation acquired through training and training. In general, "humanistic quality" is the knowledge level and research ability of various cultural phenomena. It reflects the spiritual characteristics of people and the inner quality of people. In the field of education, the construction of humanistic quality is mainly based on the humanities science. The scientific spirit, the moral spirit and the artistic spirit are the meanings in humanistic quality. The humanistic quality directly reflects the students' cultural connotation and moral cultivation. The construction of humanistic quality is essential for cultivating correct values and good moral sentiments, and is also an important spiritual guarantee for social development and cultural progress. [1] The essence of linguistics is the humanities, and humanity is also one of the essential characteristics of linguistics. The discussion of the topic of linguistic humanity has a long history and diverse opinions. In general, the humanity of linguistic is that language represents human life, and embodies the humanistic spirit, which is related to human values, dignity,

morality, conviction, individuality, etc. Therefore, paying attention to language and humanities in the field of education will have the requirements on paying full attention to the cultivation of students' humanistic spirit and the construction of humanistic qualities in the process of language learning. Higher education is an important part of the framework of China's education system. With the development of globalization and the implementation of China's opening up strategy, in the teaching of college English, the cultivation of students' language ability and intercultural communication ability has received more and more attention. This paper will focus on the topic of humanistic quality construction and language learning in college English teaching. Based on the two keywords of "humanities" and "tools", the value orientation of college English teaching is clarified firstly. On this basis, the paper will analyze the necessity and significance of the construction of humanistic literacy in college English language learning, and propose feasible countermeasures from the aspects of updating teaching concept, developing teaching materials, enriching teaching methods, reforming evaluation and evaluation mechanism, and promoting college English teaching to promote the construction of humanistic quality and language learning in college English teaching to achieve a win-win situation.

II. "HUMANITY" AND "TOOLS": THE VALUE ORIENTATION OF COLLEGE ENGLISH TEACHING

Value orientation refers to the value position and value tendency in the process of dealing with relations and contradictions. The value orientation of college English teaching refers to the position, attitude and tendency expressed in the process of setting teaching objectives, designing teaching activities and dealing with the relationship between teaching elements. "College English Course Teaching Requirements" clearly states: "The College English Course is not only a language-based course, but also a quality education course that broadens knowledge and understands world culture, and has both instrumental and humanistic qualities." [2] The fundamental purpose of college English teaching is to train students with comprehensive language skills and intercultural communication skills. Starting from its fundamental purpose,

college English teaching must have the dual value orientation of "tools" and "humanity". From the perspective of subject teaching, college English teaching is a language teaching first. English vocabulary, grammar and other linguistic knowledge are the most basic content of college English teaching. In the teaching process, the teachers as the leaders of the teaching should pass the basic knowledge to the main body of the learning, that is, the students, so that the students have the ability to comprehensively use the "tools" of English on the basis of mastering the basic language knowledge. College English teaching is not only to cultivate students' comprehensive English application ability, but also to give humanistic care in the education of knowledge and skills from the perspective of "people-oriented", to highlight its "humanistic" value orientation, and to promote college students to become individuals with life dignity, sound personality and correct cultural values. On this basis, college students can achieve the growth of "being able to use English" to "using English well".

From the perspective of higher education, college English teaching also has two basic values of "tools" and "humanities". Higher education is the education to train high-level professionals. The so-called talents refer to the laborers with high ability and quality in human resources, which can contribute to the development of the country's society. The ability and quality of talents is not only to master one or more professional knowledge or skills, but also to have a high humanistic quality. In China, talent training, especially the training of higher education talents, pays attention to "moral education". As an important component of higher education, there are no exception in both English teaching in English majors and public English teaching in non-English majors. As an English teaching with strong universality in higher education, it will be a must to first complete the task of higher education, cultivate students' humanistic qualities, and enable students to have good moral qualities and values and to conduct professional and systematic language learning. The goal of cultivating talents in higher education is not only the professional talents who master English language skills, but also the cultivation of comprehensive talents that can make a positive contribution to the development of the country and society.

III. THE NECESSITY AND SIGNIFICANCE OF CONSTRUCTING HUMANISTIC QUALITY IN ENGLISH LANGUAGE LEARNING

In the traditional teaching concept, college English should first cultivate students' English language ability in listening, speaking, reading, writing and other aspects. From the teaching content to the teaching evaluation, the design of a series of teaching activities, teachers mostly use the relatively mechanical teaching methods to teach English vocabulary, English grammar, English reading, translation and writing. The main role of students in the teaching process cannot be effectively played, which not only is not conducive to the cultivation of English language comprehensive application ability, but also deviates from the value orientation of college English "humanity". In terms of the status quo of humanistic literacy in the process of college

English language learning, there are mainly the following problems: First, the content of college English teaching lacks humanity in the process of designing college English textbooks and teaching activities, and the content of humanistic teaching lacks systematic design, which makes the construction of humanistic quality in the process of English teaching lack content support. Second, although college English teachers pay attention to the study of professional knowledge and have high English professional ability, their own humanistic qualities need to be improved, and it is difficult to promote English language learning and humanistic quality at the same time. [3] Third, the evaluation system of college English teaching focuses on the effectiveness of language learning, and even simply evaluates the teaching effect through a paper test. Whether the comprehensive quality of students in the learning process has been effectively improved has not received enough attention yet. Faced with the status quo of humanistic quality in college English teaching, many experts and scholars have emphasized the importance of the return of "humanity". Language teaching is the humanities. Learning language and learning culture are inseparable. Strengthening the construction of humanistic quality in college English language learning is of great significance to improve students' self-learning ability and cultivate high-quality interdisciplinary talents. At the same time, effective humanistic literacy construction also has a positive role in building a good teacher-student relationship and better achieving English teaching goals.

A. *Improving Students' Self-learning Ability and Promoting the Cultivation of Inter-disciplinary Talents*

College English teaching is mainly based on classroom teaching. With the advancement of English teaching reform, the college English teaching class also adds some more interactive teaching methods such as task teaching method in the traditional mode of teacher teaching with students listening. However, as a whole, students still use passive listening and passive acceptance of tasks as the main learning methods, and their ability to learn independently needs to be improved. Strengthening the construction of humanistic literacy in English language learning can guide students to learn more cultural knowledge while learning basic language knowledge, implement humanistic ideas in the teaching process, explore the potential of students' independent learning, and mobilize the subjective initiative of students' independent learning. It can also give full play to the leading role of teachers and the main role of students, improve the quality of teaching, promote the overall development of students and improve the overall quality, and cultivate compound talents that meet the needs of social development.

B. *Highlighting the Student's Dominant Position in Teaching and Building a Good Teacher-student Relationship*

The essence of "humanity" lies in paying full attention to "human". In teaching activities, mutual respect and mutual understanding between teachers and students is undoubtedly

the embodiment of humanistic spirit. Humanistic quality is built not only for students, but also for teachers. Teachers with strong humanistic qualities can treat different students equally in teaching activities, fully respect the subjective status of students, give students sufficient humanistic care, create a harmonious teaching atmosphere and play a positive role in the process of students' healthy growth, ability improvement and overall development. At the same time, a good teacher-student relationship is conducive to the smooth implementation of various teaching activities, stimulating students' interest in learning, cultivating students' will to learn, and ensuring the realization of teaching objectives and the quality of classroom teaching to a large extent.

C. Promoting the Reform of College English Teaching and Better Achieving the Goal of English Teaching

"Cultivating students' comprehensive English application ability to enable students to use English for effective communication in learning work and social interaction, and improving students' comprehensive cultural accomplishment to satisfy China's social development and international communication needs" are clear teaching objectives proposed in the requirements of college English courses. With the advancement of college English teaching reform, the cultivation of comprehensive application ability and comprehensive cultural literacy has received more and more attention. [4] In fact, the cultivation of comprehensive English application ability is inseparable from the construction of comprehensive cultural literacy. In the process of cultivating English comprehensive application ability, the injection of positive emotions and humanistic feelings is an important way to improve the training efficiency. If the "humanities" was abandoned in the implementation of the capacity development, students will not be able to grow into "the whole person". "Professional" talents without positive emotions and sound character cannot adapt to the needs of national social development, and the ability cultivation without "morality" cannot truly achieve the teaching objectives.

IV. THE FEASIBILITY AND IMPLEMENTATION STRATEGY OF HUMANISTIC QUALITY CONSTRUCTION IN COLLEGE ENGLISH LANGUAGE LEARNING

College English teaching contains rich human resources. Language teaching itself is a kind of cultural teaching. At the same time, according to the teaching objectives and requirements of college English in China, "humanity" is also the connotation of college English language learning. Whether it is from the content of college English teaching or the design of teaching activities, college English teaching itself reflects the cultural support behind language learning. The development of its rich human resources will not only improve the quality of college English teaching, but also promote the win-win development of language learning and humanistic literacy.

A. Renewing the Teaching Concept and Paying Attention to the Humanity of College English Teaching

The traditional "cramming" teaching mode and the teaching philosophy of achievement theory have gradually been eliminated by history. Especially in higher education, college students already have a relatively complete self-awareness, and their exertive initiative has a great influence on teaching effectiveness. Therefore, in the relatively boring and universally necessary course teaching of college English, it will be a must to pay attention to humanity, and reflect humanistic care in the process of designing teaching content, teaching methods, teaching mode and teaching evaluation. It will also be necessary to enable university students to enhance their ability to learn independently in the process of learning knowledge, mastering skills, improve their abilities, give full play to the positive role of "interests", stimulate learning potential, expand knowledge, and enhance humanistic qualities. The current university campus construction pays great attention to the creation of humanistic atmosphere. In college English teaching, the human resources in the school should be fully used to create a relaxed and pleasant learning environment for students. On this basis, combined with the task of English language learning, it will be necessary to carry out the practice activities in the school, and pay attention to the knowledge and interest in the activity design to reflect the humanity of college English teaching.

B. Developing Teaching Materials with "Language Skills Plus Humanistic Quality" as the Core

The textbook is the main basis for systematic knowledge learning. The previous college English textbooks mainly focus on the cultivation of language skills such as listening, speaking, reading, writing and translating. The emphasis on cultural education behind the language is not enough. In particular, it rarely reflects the traditional Chinese culture and the mainstream content of contemporary Chinese values, which makes the construction of humanistic literacy in college English language learning lack the necessary foundation. [5] In the development of teaching materials based on textbooks, it will be necessary to add the content of cultural guides, celebrity quotes, classic articles, and recommended resources, add content in Chinese and Western history, philosophy, literature, social customs, etc., and guide students to pay attention to cultural education and humanistic quality construction. At the same time, in addition to the textbooks, it is recommended to learning materials such as comparisons of Chinese and Western cultures, classic reading, and literature appreciation and so on, to cultivate students' language perception and comprehensive application ability, and to build students' humanistic qualities and humanistic feelings.

C. Enriching Teaching Methods and Updating Teaching Mode

It will be important to reform the traditional teaching mode, while retaining the necessary teaching methods of "speaking-listening-remembering", enrich teaching methods, and use task teaching method, group discussion method,

situation simulation method, flipping classroom method, and discussing debate method for teaching. Through a variety of teaching methods, it will also be important to improve students' interest in classroom learning and even in the process of college English learning and subjective initiative. In the teaching process, the teachers need to have a sufficient space for the leading role of the teacher, so that the teachers can adjust the teaching progress in time according to different teaching contents and different teaching objects. In addition, it is necessary to fully adapt to the characteristics of the "Internet +" era, make full use of the online learning platform to promote the realization of a win-win situation in English language learning and humanistic literacy, and improve the quality of students' preparation, review and extracurricular learning.

V. CONCLUSION

From the perspective of the cultivation of higher education talents, or from the perspective of the development of college English teaching, it is of great and far-reaching significance to strengthen the construction of humanistic qualities in college English teaching. In the compulsory subject of college English, using the natural connection between language and culture, it will be important to constantly update the teaching concept, pay attention to the humanity of college English teaching, and develop the teaching materials with "language skills + humanistic quality" as the core. It will also be important to enrich the teaching methods, update the teaching mode, reform the evaluation and evaluation mechanism and promote the humanistic literacy construction and language learning in college English teaching to achieve a win-win situation. It not only has a direct positive effect on helping college students to establish a correct outlook on life, values, and world outlook, but also enhances their comprehensive ability and moral literacy. It will also have an indirect role in promoting the development of college English and even the reform and development of higher education.

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