

Research on the Cultivation of Humanities Quality in College English Teaching

Zhengzhong Pan Wei Zhang

Jiangxi Teachers College, Jiangxi, Nanchang, 335000.

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Abstract As a compulsory course in higher education, college English is also a basic course. It is not only to help students improve their English ability, but also to help students broaden their horizons. It is also necessary for students to understand the world culture and improve their humanities quality. This paper also focuses on the analysis and research of humanity quality in college English teaching, and explores the reasons for the lack of humanistic quality education in English teaching.

1. Reasons for the lack of humanistic quality education in English teaching

At present, the teaching pressure of college English teaching is mainly the pressure brought by the college English 4-6. Most of the students pay more attention to mastering the language ability and coping with the English CET-6, but this also makes the students have English culture. The understanding is not deep enough. Although I have mastered the language ability, it is only a mechanical language cognition, instead of really learning the language culture and mastering cross-cultural communication skills. This will lead to this situation not only for students, but also for the inappropriate teaching methods of English teachers. Because teachers' teaching methods are not appropriate, it seriously hinders the development of students' imagination and creativity. This article also conducts a series of research and discussion around the way of English teaching, from the perspective of students, to improve students' interest in English learning.

1.1 Social inclination

For a long time, China's university education has focused on professional education, which means that students' professional skills are more important. However, there is a certain neglect of the students' humanistic qualities. At the same time, it is caused by the importance of students' career choices. Ignore the student's personality education. English is a language tool for most people, but English is widely used, so people are slowly realizing the importance of English ability.

1.2 School inclination

College English CET-6 has become an important basis for measuring students' English proficiency and teachers' English teaching. Therefore, teachers also use English test-oriented ability as the main teaching, and more focus on teaching students English knowledge instead of English. Culture and English are completely used as language tools in this way of teaching. Because exam-oriented education has been popular in China for many years, both students and teachers attach great importance to the results, which leads to the school's teaching content will be more focused on the corresponding test, but with the development of the times, the drawbacks of this model have also It is revealed, so now I am slowly adjusting the teaching content of the school.

1.3 personal inclination

Because students do not pay enough attention to the study of English courses, there is not enough humanity for English learning, and many students' English learning purposes are only through English 4-6, and some students are not only enthusiasm for English learning, but also for English learning. There is a rejection psychology, and the cultivation of humanistic qualities is not reflected in the students.

1.4 Teacher inclination

The professionalism and English knowledge of English teachers, as well as the ability to teach and

educate, need to be strengthened. Whether it is society, schools or students, it will have an impact on the teaching direction of teachers, and the personal qualities of teachers will affect the personal qualities of students.

2. Research on the Strategy of Humanities Cultivation in English Teaching

2.1 Infiltrating the content of humanistic quality education in English teaching

Classroom teaching objectives should be more diversified. English teachers should also actively cultivate students' humanistic qualities. At the same time, they should also guide students to understand the charm of culture through the cultivation of students' humanities quality, so that students can have reflective spirit and cultural awareness. It also enables students to increase their interest in English learning, while enhancing their aesthetic ability, so that students can learn English more actively. Of course, teachers can also strengthen communication with students in the process of cultivating students' humanities. To better understand the students.

2.2 Pay attention to general English teaching and enrich English related elective courses

Improving the comprehensive cultural quality of Chinese students is a requirement of English teaching in colleges and universities. Only by improving students' comprehensive cultural quality and cultivating students' humanistic qualities can students have a critical spirit and a better understanding of Western culture and students' understanding of Western culture. Understanding can actually help students improve their English ability, and also stimulate students' interest in English learning, guide students to explore the mystery of English, and feel the charm of English. At the same time, schools should also offer elective courses related to English culture. Being able to understand English more and improve the English ability in the process of learning English culture, because the improvement of English ability and the understanding of English culture are also related, and the process of students learning English culture is actually a student. The process of exploring English.

2.3 Improve the awareness of English teachers' humanistic quality teaching

Teachers are the guides of spiritual civilization and the disseminators of culture. The responsibility of teachers is to guide students to establish correct three concepts and improve students' professional ability. English learning is not just a language learning. English learning is also a culture. Learning, and English teachers are not only responsible for cultivating English talents, but also for English teachers to cultivate students' humanistic qualities and improve their humanities quality. At the same time, students can also improve their English ability in the process of improving their humanity quality. However, the problem now is that the teachers' awareness of humanistic quality teaching is not high, and only the students' English ability is cultivated. Therefore, teachers should also change their own educational and teaching concepts and strengthen the cultivation of students' humanities quality.

2.4 Enrich the teaching method of college English and increase the teaching space of humanities education

In order to cultivate students' humanistic quality and strengthen the education of students' humanities, it is necessary to create a good learning atmosphere and build a harmonious campus environment. College English teaching should not be limited to exam-oriented education, but should lead students to expand. Vision. The humanistic quality education of English teaching should be combined with English teaching. Teachers should also constantly update their educational and teaching concepts, enrich their teaching methods, and as people enter the information age, teachers can use more resources, teaching Efficiency can also be improved accordingly. In the information age, there are more and more ways for students to learn. Teachers only need to guide students to learn correctly and learn effectively, which can improve students' learning efficiency.

3. Conclusion:

In the new era, promoting quality education has become a top priority. Therefore, in the reform of college English teaching, the cultivation of students' quality is also very important. Humanistic quality can explore people's personality, enlighten people's thoughts, and develop people's potential. One of the essential qualities of a person, cultivating the humanistic quality of a student is not only of great significance to the student, but also of great significance to the society. Therefore, teachers should also update their education and teaching concepts in a timely manner, strengthen the cultivation of students' humanities quality, improve students' aesthetic level, strengthen students' critical spirit, and stimulate students' enthusiasm for English learning so that students can master English skills while also With humanistic qualities, we will become a new era talent that meets the needs of society.

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