



Artery Research

ISSN (Online): 1876-4401

ISSN (Print): 1872-9312

Journal Home Page: <https://www.atlantis-press.com/journals/artres>

5.6: INDEPENDENT RELATION BETWEEN ETHNICITY, BASELINE HAEMOSTATIC VARIABLES, ARTERIAL STIFFNESS AND MORTALITY: A 22-YEAR FOLLOW-UP STUDY

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To cite this article: S.G. Anderson, A.H. Heald, J.K. Cruickshank (2011) 5.6: INDEPENDENT RELATION BETWEEN ETHNICITY, BASELINE HAEMOSTATIC VARIABLES, ARTERIAL STIFFNESS AND MORTALITY: A 22-YEAR FOLLOW-UP STUDY, Artery Research 5:4, 144–144, DOI: <https://doi.org/10.1016/j.artres.2011.10.224>

To link to this article: <https://doi.org/10.1016/j.artres.2011.10.224>

Published online: 14 December 2019

5.6

INDEPENDENT RELATION BETWEEN ETHNICITY, BASELINE HAEMOSTATIC VARIABLES, ARTERIAL STIFFNESS AND MORTALITY: A 22-YEAR FOLLOW-UP STUDY

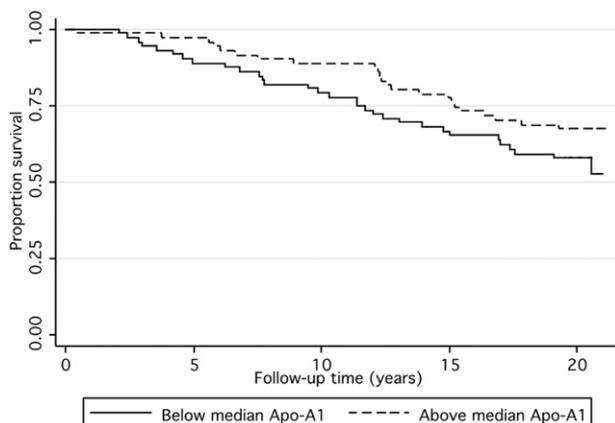
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Objectives: To examine the relationship between haemostatic factors, pulse wave velocity (PWV), blood pressure (BP) and mortality in British Europeans, African-Caribbeans (AfC) and Gujarati Indians.

Design and Methods: Prospective cohort study of 331 subjects (40-79 years), followed-up over 21 years for mortality. PWV, Apolipoprotein-A1 (Apo-A1), apolipoprotein-B (Apo-B), factor VIIc (FVIIc), fibrinogen and vWF were measured at baseline in 118 Europeans, 100 AfC and 113 Gujaratis.

Results: 113 (34%) subjects died during a mean of 16.8 years follow-up with 57 cardiovascular deaths. Women had significantly higher, and AfC males the lowest FVIIc and Apo-A1 levels. HDL levels were lowest ($F = 3.13$; $P = 0.04$) in Gujarati Indians. Baseline age-sex and ethnicity adjusted FVIIc levels were higher in those who died (133.9 vs. 117.6%; $P = 0.03$), with similar levels of the other haemostatic factors by mortality status. In similarly adjusted partial correlations, Apo-A1 was inversely related to PWV ($\rho = -0.23$, $P = 0.04$). No independent associations were found between fibrinogen, FVIIc, Apo-B, ApoB/Apo-A1 ratio, vWF and PWV. In Kaplan-Meier curves (Figure 1), those above, compared with those below the median of Apo-A1 levels, had reduced mortality. In Cox regressions, SBP (per 5mmHg) was associated with a 9%, PWV a 20% (per m/s), and FVIIc a 6% (per 10-unit; HR 1.06 (1.01, 1.10, $P = 0.016$)) increased risk of mortality.

Conclusions: The relationship between haemostatic variables with cardiovascular disease is well known, however few studies report their association with arterial stiffness. The results here are consistent with the independent effect of haemostatic variables influencing arterial stiffness and mortality.



Oral Session 6

Young Investigators' Presentations

6.1

UNSUPERVISED NON-INVASIVE MEASUREMENT OF AORTIC PULSE TRANSIT TIME BY MEANS OF ELECTRICAL IMPEDANCE TOMOGRAPHY

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Objectives: This study provides first experimental evidence on the feasibility of measuring Pulse Transit Time (PTT) values within the aorta by means

of non-invasive and non-obtrusive Electrical Impedance Tomography (EIT) technology.

Methods: A wide range of pulse wave velocity scenarios were obtained by administering noradrenalin and nitroglycerine to an anesthetized pig under mechanical ventilation. Two arterial lines were inserted into the ascending and the descending aorta for measuring reference PTT values. EIT images were generated from 32 impedance electrodes placed around the chest at the level of the axilla. Regions of Interest (ROI) such as the descending aorta were automatically identified by a novel time-based processing algorithm as the respective EIT pixels representing these structures [1]. Aortic EIT-PTT values were determined as the delay between the opening of the aortic valve (obtained from arterial line) and the arrival of pressure pulses at the aortic ROI within the EIT plane.

Results: For 9 experimental conditions, with mean BP ranging from 73 to 141 mmHg, strongly significant correlation ($r = 0.98$, $p < 0.00001$) between aortic EIT-PTT and arterial line PTT was observed (Figure 1).

Conclusion: EIT is a novel candidate technology for the unsupervised monitoring of arterial stiffness.

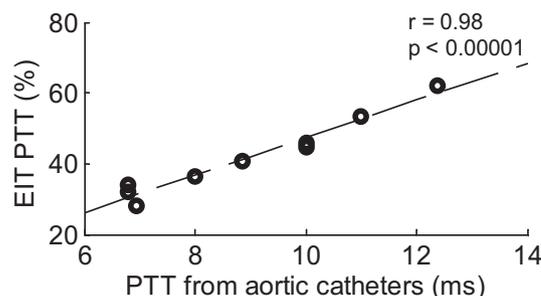


Figure 1 Correlation between aortic PTT as measured by arterial lines and EIT technology at different hemodynamic conditions

[1] Solà, J. et al, *Non-invasive monitoring of central blood pressure by Electrical Impedance Tomography (EIT): first experimental evidence*, Med Biol Eng Comput, Epub ahead of print, 15 Mars 2011.

6.2

PREDICTING THE FUNCTIONAL IMPACT OF RESIDUAL AORTIC COARCTATION LESIONS DURING EXERCISE USING ADVANCED COMPUTER MODEL SIMULATIONS

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Background: Exercise can be used to unmask the functional impact of a residual narrowing and/or stiffening following treatment of aortic coarctation. Measurements of the hemodynamic response during exercise are, however, difficult to perform and not very accurate, as suspension of exercise during imaging can be required or a low temporal resolution might be insufficient at the high heart rates present during exercise. This work aims to predict central aortic hemodynamics during exercise using advanced modeling tools.

Material and methods: The geometry and the flow boundary conditions, used in this model, are obtained from MRI data at rest (Figure 1). As model simulations with rigid walls fail to capture important physiological phenomena such as wave propagation and reflections, the fluid-structure interaction between the blood flow and the deformation of the arterial wall is taken into account.

Results: The numerical model is first calibrated to the resting conditions such that the predicted aortic distensions match the measured values. Predicted velocities throughout the aorta are compared to 4D velocity measurements. Next, exercise conditions are simulated, with blood flows obtained using an MRI-compatible bicycle type ergometer, in which motion is restricted to the lower legs. Model output includes pressure along the aorta and velocity fields during exercise conditions.

Conclusions: Advanced modelling techniques allow to simulate aortic hemodynamics in 3D and are capable to provide complementary data that are difficult to obtain in vivo.