Research and Analysis on the Development of Express Industry and Living Conditions of Couriers in SC City*

Shijun Yuan Hunan Modern Logistics College Changsha, China

Abstract—At present, China's express industry is developing at a high speed, but couriers generally have low life quality and a heavy work intensity and pressure, and their social support and self-identity need to be further improved. This paper analyzes the development of express industry and problems existing in the working environment and development of couriers, and makes some countermeasure to effectively improve couriers' living conditions.

Keywords—express industry; courier; survey analysis

I. INTRODUCTION

In 2018, China's express service companies handled 50.71 billion parcels in total, up 26.6% year on year, and business revenue reached 603.84 billion yuan, up 21.8% year on year. A total of 11.41 billion intra-city parcels were handled, with a year-on-year growth of 23.1%. The rapid development of express industry is inseparable from couriers' hard work.

II. ANALYSIS OF THE SURVIVAL AND SOCIAL IDENTITY STATUS OF COURIERS

The first-line couriers from 11 express companies, such as SF express, YTO express, ZTO express, STO express, BEST express, Yunda express, etc, in SC city were interviewed by means of questionnaire and interview. A total of 150 questionnaires were sent out and 124 valid questionnaires were recovered. Among the 124 couriers randomly surveyed, 110 of them (accounting for 89%) are male and 14 of them (accounting for 11%) are female. 94 of them (76%) are under 30 years old and 94 of them (76%) have high school and technical secondary school degree or below.

A. Low Life Quality

Now, couriers' life quality is generally low, which can be mainly reflected in diet, living and income, and rest and vacation:

1) Irregular life and diet: 55% of couriers say that their

meal time is irregular. 31% of couriers reflect that they can eat on time in the off-season, but have no time to eat during the e-commerce promotion season. 14% of them hold the opinion that the body is the capital of revolution, and they take a meal on time even no matter how busy or tired they are.

2) No stable place to live: According to the survey, couriers complain about poor dormitory conditions, and only 10% of them are willing to live in the company's dormitories, and most of them rent a house outside the company. Worse still, due to Changsha's high housing prices and strict purchase restrictions, many couriers deem that they can not afford a house at all in Changsha.

3) Economic income slightly higher than migrant workers' wages: The survey finds that most couriers have a monthly income of 3000-5000 yuan. The distribution proportion of the number of people in different monthly income ranges is shown in the figure below:

The survey on 11 express companies finds that couriers of SF express company make more money than those of other express companies every month.

The reason for the rumor that couriers earn over 10,000 yuan a month is that observer neither have a deep understanding of the operation of express industry, nor make an in-depth investigation on couriers' wage payment mechanism. In the opinion of many couriers, it is possible to have a monthly wage of more than 10,000 yuan in a certain month, but this is only limited to special festivals such as "Double Eleven". However, the company usually does not allow couriers to earn more than 10,000 yuan for two consecutive months, because "if you do two people's work, you will pay a lot, and there will be a lot of troubles for you". In addition, according to the data from National Bureau of Statistics of the People's Republic of China, the monthly income of migrant workers was 3,485 yuan in 2013 (2017 National Migrant Workers Inspection Survey Report by National Bureau of Statistics). The data of this survey shows that the minimum wage for couriers is less than 3,000 yuan, and most couriers earn between 3,000 and 5,000 yuan a month. On the whole, the monthly wage of couriers is not too low compared with the overall average wage of migrant workers.

^{*}Fund: The 2018 Hunan Provincial Philosophy and Social Science Foundation Base Project "Research on the Construction of Hunan Rural Logistics System Based on Rural Revitalization Strategy" (18JD43); Hunan Provincial Social Science Achievement Evaluation Committee's project "Research on Rural Logistics Development Countermeasures System Based on Rural Revitalization Strategy" (XSP19YBC277).

4) No guaranteed rest and vacation: 70% of couriers show that they have no statutory holiday. 71% of couriers say there is no subsidy for legal holidays.

B. High Working Intensity and Pressure

1) Years of working: The survey also finds that the mobility of couriers is relatively high, and couriers within three years of working account for more than 80%.

2) Daily working hours: Only 24 couriers of the surveyed 124 couriers work within 8 hours a day, and 57% of them work more than 10 hours a day.

3) Pre-post training: According to survey statistics, 92% of couriers have received pre-post training provided by express companies.

4) *Customer attitude:* When receiving and delivering packages, nearly 70% of couriers deem that customers are polite, and 2% of couriers believe that customers are rude.

5) Punishment methods for the loss of deliveries: All the surveyed couriers show that the company has a corresponding punishment system for the loss of deliveries. Of the 124 couriers, 114 of them say that their company requires them to compensate for the lost delivery, accounting for 92%. 26 of them indicate that their company will deduct a certain proportion of their wages and commissions. 20 of them say that their company will deduct the corresponding scores in the performance appraisal. Some of them reflect that their express companies take multiple measures to punish them.

6) *Injuries at work:* Of the 124 couriers, only 20 have been injured during working hours, accounting for 20% of the total. 70% of the 20 couriers who have been injured during their working hours reflect that all treatment costs are borne by themselves.

7) Labour contract: Of the 124 couriers, 110 of them have singed labor contracts with the express company, accounting for 89% of the total. Among the couriers who have singed labor contracts, 13% of them consider that the express companies do not strictly perform the labor contract.

8) Social insurance: Only 50% of couriers show that the express company has purchased five insurances for them, and 31% of couriers do not enjoy social insurance.

C. Social Support and Self-identity to Be Further Improved

1) Family members' help and support for their work : The survey finds that only 56 of the 124 couriers can get help and support from their family members, accounting for 45% of the total. 38 of them say that family members withhold their opinions, accounting for 31% of the total. 30 of them indicate that family members do not support them to work as couriers, accounting for 24%.

2) Relationship between colleagues : 84% of the couriers who takes part in the survey think that they get along with their colleagues and their relationship is harmonious, and no one thinks it is bad.

3) Helpers for work problems: The couriers who participate in the survey have a good relationship with their

colleagues. When faced with problems at work, 71% of couriers seek help from colleagues and their superior.

4) Helpers for emotional problems: Emotional problems involve personal privacy, so the majority of couriers say that they will not talk about them with colleagues. 63% of couriers confide in their friends and 34% of them ask their family members for help.

5) Social satisfaction: Of the 124 couriers surveyed, only 2 of them demonstrate they are dissatisfied with their social status, and 62% of them are satisfied.

In the survey of occupation identity, 98% of them believe that couriers exert an important role in social development, and 100% of them consider that couriers are of great significance to the convenience of people's lives.

However, only 50% of them deem that they can realize their life value by working as a courier, and 53% of them are proud of being a courier. 82% of them feel insulted when someone censures couriers and brings shame on them for no reason.

15% of them reflect that there exists theft in the express industry, and 37% of them say they do not know it clearly.

Of the 124 couriers surveyed, only 34 of them intend to continue working as couriers, accounting for 27% of the total. 56 of them are not sure about this question, accounting for 45% of the total.

III. PROBLEMS IN THE DEVELOPMENT OF EXPRESS SERVICE INDUSTRY IN SC CITY

A. Small Company Scale

There are 188 express service companies in SC city, with an annual sales revenue of 2949.51 million yuan and a net profit of 30.86 million yuan. Main problems in the development process are as follows:

a) Small in number: At present, there are 188 express companies in SC City, only accounting for 0.83% of the national total, with a small proportion.

b) Small annual income scale: The annual income scale of express service companies in SC city is generally small. Companies with an annual income of less than 20 million yuan account for 94.15%, and only one company has an annual income of exceeding 1 billion yuan.

c) Small asset scale: The assets scale of express service companies in SC city is generally small. 185 companies have assets of less than 50 million yuan, accounting for 98.4%.

d) Short operating period: Express service companies in SC city generally have a short operating period. 127 companies are operating for less than 5 years, accounting for 67.55%. Only 2 companies have more than 15 years of operation, accounting for 1.06%.

e) Small scale of employees in a single company: In SC city, 145 express service companies have less than 20 employees, accounting for 77.13%. Only 16 express service



companies have a employee scale of exceeding 50, accounting for 9.51%.

B. Obvious Contradiction Between the Safety Supervision and Force of Supervision of Express Market

The self-regulation mechanism and supervision mechanism of the express market in SC city are not perfect. Compared with security supervision and force of supervision on express companies in SC city and their rapid development in recent years, the force of supervision on express companies has a very distinct weakness, and there is still a long way to go.

The postal administration coordinates the administration of the whole city and performs its supervisory functions, but the county has no subordinate institutions. Therefore, the contradiction between the strength of security supervision on express companies and people's demand for security supervision on companies is salient.

C. Backward Management

Some companies have low awareness of operation and management, and still have the concept of individual management. In the early stage of development, most express companies assume sole responsibility for their profits or losses in the way of joining and contracting. They take their own service point as the profit center, and have some problems of inadequate management, low technical level and poor service awareness. Worse still, in case of damage or loss of deliveries, companies are unable to bear the corresponding compensation and have poor anti-risk capability, and interests of customers are hard to protect.

Beyond that, low cultural quality of employees makes it difficult to adapt to the development of express industry. Among the 124 couriers randomly surveyed, only 30 couriers have junior college degree or above, accounting for 24% of the total; those with a high school degree or below account for 47%. Low overall cultural quality and lack of professional skill training have greatly affected the improvement of service level and quality.

IV. ANALYSIS ON THE LIVING ENVIRONMENT AND DEVELOPMENT OF COURIERS

A. Vulnerable Rights and Interests

1) Labor contract signing rate needs to be further improved: As a new type of business with rapid development, the express industry is competitive. Couriers work hard every day, and work outdoors for a long time, and often face traffic hazards. Conversely, couriers often suffer from infringement of labor rights, and have no place to complain.

2) Couriers lack social insurance: In general, directlyoperated express companies provide a clear "five social insurance and one housing fund" guarantee when recruiting couriers. In contrast, express companies in the franchise mode do not provide the same treatment. Paying social insurance for couriers will increase the cost of express companies. However, when paying "five social insurance and one housing fund" for couriers, directly-operated companies will also give them greater work pressure, and their delivery volume will also be increased.

3) It is hard for couriers to identify their industrial injury: Most express companies pay salaries according to couriers' delivery volume. Many couriers are eager to delivery parcels, and tt is very easy to for them have accidents when the traffic conditions are complex. In addition, it is easy for them to get tired after repeated work for a long time. There are some health and safety risks in their work. However, due to the lack of labor contract and work-related injury insurance, it is difficult to identify the work-related injury and protect their legitimate rights and interests after the accident.

B. Couriers' Difficulties in Judicial Proceedings

Couriers will face such problems as lack of professional knowledge of law, high lawyer fees, difficulty in evidence collection, high time cost, and risk of losing the lawsuit when filing a labor lawsuit. In case of the situation that express companies do not conclude labor contracts or pay social insurance, couriers often cannot protect their legitimate rights and interests through litigation. Therefore, it is urgent to establish a litigation mechanism and legal aid system for the protection of the rights and interests of couriers.

V. CONCLUSION

In order to effectively improve the quality of survival and life of couriers, it can adopt some measures from the following aspects:

First, it is necessary to clearly define the supervision authority of the express industry supervision department, regularly organize joint inspection team to carry out joint inspections, adopt measures including fines, forfeitures and bans to punish illegal express companies, so as to ensure that the supervision activities are practical and effective.

Second, the relevant departments should give full play to the role of industry associations and regulate market competition. They should also strictly formulate, implement some standards, such as price openness and fairness, advocate signing a self-discipline convention of market competition to regulate the express market, and are committed to standardizing the express delivery market, so as to avoid cutthroat competition in the industry and promote the healthy and sustainable development of the express industry.

Third, the relevant departments should establish "credit archives" for express companies and couriers as soon as possible, and increase the force of supervision on key matters. Based on some factors, such as the service attitude, delivery speed, miss rate of goods, and consumer complaint rate of the express companies, the postal department shall establish "credit archives" for express companies as soon as possible, and classify the express companies into "integrity, lack of integrity and serious dishonesty" and implement the credit classification supervisory system.



REFERENCES

- Bian Zhiyun. Investigation on the Labor Conditions of Couriers in Beijing [J]. Journal of Beijing Vocational College of Labour and Social Security. 2016 (04) (in Chinese)
- [2] Shan Chunlei. Analysis and Protection of Rights and Interests of Couriers [J]. Journal of Sichuan College of Education. 2014(08). (in Chinese)
- [3] Chen Juanjuan, You Liyang, Shi Yi, Wang Zhu, Fan Kewei. Research and Analysis of Happiness Status of Suzhou Couriers based on Questionnaire Survey [J]. Science & Technology Vision. 2018 (04). (in Chinese)