

Models of Green Parks of Several Developed Cities in the World: Visionary Recommendations for Ho Chi Minh City

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ABSTRACT: Cited from several experienced lessons from developed countries all over the world, this paper proposes suggestions to upgrade, repair, and replace the green park models of Ho Chi Minh city that are environmentally friendly towards a Green-Clean-Beautiful Ho Chi Minh city in the future.

Keywords: Green park, Developed, Ho Chi Minh City, Environmentally friendly, International Experiences

1 INTRODUCTION

We are living in the twenty-first century of urbanization, globalization and in an age where humanity must face many challenges to search for the solutions of big changes and answer the question: In what way can we grasp the opportunities of modern science and technology, of the Artificial Intelligence while minimizing the risks of natural and social environments.

According to the 2018 estimation, urban areas in the world contributes two-thirds energy consumption and 70% of gas emissions that cause the Earth to rise in temperature, breeding climate change (www.sggp.org). Data from the Global Green Growth Institute (GGGI) showed that more than half of the 7 billion people in the world are currently living in urban areas. It is predicted that by 2050, this number will increase to 6.5 billion people, accounting for two-thirds of the human population.

The rapid rise of urban areas in developing countries, along with the growing number of migrants from rural to urban areas, has led to the explosion of megacities. In 1990, there were only 10 cities worldwide that have more than 10 million inhabitants, but in 2014, the number of megacities reached 28 with 453 million people; more than half of the

world's population lives in urban areas. Urbanites often suffer from health problems such as breathing difficulty, sedentary lifestyle, alarmingly high rates of obesity, cardiovascular disease, and many other diseases such as poor mental health and increasing stress levels. These unhealthy trends promote the need for solutions to contribute to building spiritual lives for the people through the implementation of sustainable models towards a healthy urban lifestyle.

Currently, in addition to the trend of urban development following the model of 'smart city' and 5.0 society, several developed countries in the world have been promoting the model of an ecological city, green city, green belt, green area, green office and green school, green villa, green factory, and so on. So, what are eco-city and green city? Why is it necessary to study the model of green parks and lighting systems of developed cities in the world? In this article, we try to draw some lessons from countries around the world about the problems that are being discussed with the hope that Ho Chi Minh City can refer and implement appropriate solutions, to realize the objectives of the Construction Resolution of Ho Chi Minh City, to build the city into a modern-civilized-sentimental city with good quality of life.

2 RESEARCH METHODS

2.1 *Ecological city, green city is one of the world's current sustainable development trends*

Cities in the twenty-first century aim to have a sustainable development that focuses on preserving the natural world in the artificial environment. Building a safe and sustainable urban area means ensuring that people have access to adequate, safe, and affordable housing and upgrading slums, neighborhoods, and urban fringe. The concept of "Sustainable Urban Development" was initially mentioned in the United Nations General Assembly in December 1983. In 1991, the concept of sustainable urban development was officially adopted as follows: "Sustainable urban development highlights the need for reform of market mechanisms to achieve environmental goals and the achievement of a balance with social and economic considerations" ([Http://aiesec.vn](http://aiesec.vn)).

Being the 2019 Association of Southeast Asian Nations' (ASEAN) rotating president, the Kingdom of Thailand has launched the slogan "Strengthening Partnerships for Sustainability" to promote the "Stability of Things". This shows the determination and effort that the ASEAN countries, including Vietnam, are putting into the implementation of the Millennium Development Goals. In his speech (Provided by Royal Thai Consulate-General), Mr. Don Pramudwinai – current Minister of Foreign Affairs of the Kingdom of Thailand, emphasizes that Sustainable development is an overarching concept that is directly related to "Sustainability of things". However, the first aspect of sustainability that usually comes to the mind of the public is environmental sustainability, which is a significant component of the concept and part of the United Nations 2030 Agenda for Sustainable Development and its Sustainable Development Goals (SDGs).

It is incontrovertible that the future of humanity lies in cities. Sustainable cities can be an essential factor for a country to be able to flourish in the global economy. The terms of Eco-city, green city, and garden city are increasingly mentioned in both developed countries and developing countries.

The concept of eco-city originated from the 80s of the twentieth century and was first presented to the public by German scholars. The "Eco-city" movement was indeed presented by Richard Register, an internationally recognized expert, who found Urban Ecology in Berkeley (USA) in 1975. Over the years, the movement of building green

cities and ecological cities has been growing rapidly all over the world.

According to the Global Green Growth Institute (GGGI), "Green city" is an urban area that navigates its ways towards long-term goals for environmental protection, creating social inclusion and developing a sustainable economy. Green city development is a process in which cities consume resources more efficiently, become more resilient to withstand climate change, reduce carbon emission, create social inclusion, and more social justice.

Green city and "Eco-city" are built on the principle of taking the environment as the foundation of development, minimizing carbon emission, using renewable energy, and integrating environmental factors (green trees, surface water, natural ecosystems) into urban activities. Economic growth, poverty reduction, increasing population density, and improving habitat are urban trends of adapting and mitigating climate change.

According to the Australian Research Centre for Urban Ecology, "An Eco-city is a city where landscape and built form are balanced". More specifically, ecological cities enable their residents to live a high quality of life while using minimal natural resources. In Richard Register's vision of ecological cities, sprawling, low-density cities are transformed into networks of high and medium density urban settlements of limited size separated by green space, with most people living within walking or cycling distance of their workplace (<http://yeumoitruong.vn>).

In European countries, green cities must ensure factors such as green space - urban areas with a high density of trees, high ratio of trees per person, and public space for people; green buildings - use of environmentally friendly, energy-saving materials; green transport - prioritize public transport using recycled gas. This also includes investment into public transportation, creating public green space, preserving historical and cultural landscapes, famous sights, environmentally-friendly sights, improving the planning and management of urban areas with the help of the residential community, thereby also creating social inclusion.

In developing countries, the process of industrialization, urbanization, and modernization often take place at the same time due to the direct development of obsolete socio-economic forms into modern forms that can integrate into the global

economy under the pressure of globalization. To solve urban environmental problems in such a complex context for developing countries, urban ecological planning is an appropriate solution. This is solution-oriented planning, which applies to the latest knowledge and experience of developed countries to directly form a modern city without encountering the problems of widespread industrialization and urbanization during the process (<http://yeumoitruong.vn>).

By the end of 2017, Ho Chi Minh City announced the Scheme of "Developing Ho Chi Minh City into a smart city in the period of 2017-2020, with a vision to 2025". This did not mean that the city government did not care about sustainable development and environmental protection. For instance, in March 2019 HCMC People's Committee and the Ministry of Foreign Affairs held the launching ceremony of the campaign "Clean up plastic waste day in 2019", with the desire to deploy the spirit of the G7 summit, to raise people's awareness, and call for practical actions for environmental protection. It is clear that humans' desire to conquer nature since the very beginning of their age has gradually shifted to a gentle mind rather than harmony and friendliness. Governments have launched many campaigns to encourage people to join hands, such as movements of planting trees, walking, jogging, and movements/bans against plastic waste, etc.

The University of Social Sciences and Humanities, VNU-HCM, launched the Green University program, inaugurating the USSH's garden on 11 May 2019, proving the National University of Ho Chi Minh City's spirit of innovation. Ho Chi Minh City has built a smart and creative city under the guidelines of the city government, which is also a global development trend. Green University is a trend of sustainable development that needs to be strongly promoted. Summary: The terms green city and ecological city refer to the urban planning and construction solutions to reach 60 – 70% green space coverage in an urban area. These are cities with a harmonious distribution between people, nature, and architectural landscape. In other words, the first criterion of forming an ecological city is planning urban land use in order to guarantee the harmony between technical and social infrastructure, "green" space and "surface water".

2.2 Assessment criteria for an Eco-city in the world

International Eco-city Standard (IES) is an assemblage from a group of eco-city builders coming from organizations all over the world. IES does not only estimate the status and progress of a city's new development to become an eco-city, but it also mentors the completion level on distinct models from subareas to regional areas which are based on principles of ecological health systems and designs.

Criteria for judging an eco-city followed by IES, including groups of:

- City structure: land usage and urban architectures
- Urban traffic with priority orders: pedestrian lines, bike lanes, elevators, escalators, public transportation for electric vehicles or subway train, public transportation for bus, then scooters.
- Energy: using renewable energy such as wind energy, solar energy, etc., restricting the use of non-renewable resources, using energy conservation solutions.
- Society: responding to social requirements through architecture and designing accommodation for residents, ensuring spaces for education, recreation, etc.

In Vietnam, a circular from the Ministry of Construction, No: 01/2018/TT- BXD, Ha Noi 5th January 2018 about "Regulations on targets of building green growth cities" stated the following:

- Green growth city: is a city that gains economic growth and improvement through regulations on city activities in order to restrain the effect of unfavorable impacts on the environment and natural resources.
- Building green growth city: is constructing, planning urban activities, setting up, and implementing developing urban programs, investing in urban development towards green growth city.

The circular above brought about the following priority activities to implement building green growth city: developing environmentally friendly green construction, applying green building materials and technology, using energy economically and effectively, encouraging the use of clean energy, and building ecologically green smart cities.

3 RESULT AND DISCUSSION

3.1 Singapore

According to *"Memoirs of Lee Kuan Yew: From Third World to First"*, the former prime minister Lee Kuan Yew shared about the national transforming progress into the Green Island from cultivation, against pollution and implementing civilized city, till now this green island has been established for not only the clean environment but also the density of green coverage on over the island. The planting process must be conducted by researching and adapting to natural conditions through Singaporean's studies about land status. This country is located within the belt of equatorial tropical rainforest with intense sunlight (intense heat from the sun) and heavy rain throughout the year that leads to the consequences of the forest tree devastation; heavy rains erode the topsoil and wash away the ground nutrients. In order to create mass grass plots, people usually exploit the features of the blend of anti-erosion fertilizer and use lime to solve the acidic soil.

Singapore has become a country with high coverage of greenery by designing green streets, green condominiums, green corridors, or bridges that are fully covered by vine plants. Singapore aims at urban planning in the direction of reducing environmental pollution in the streets with many trees, mixing trees along streets in high-rise buildings close to each other. The Singapore government has implemented the strategy of 'garden in the city, bulb gardens, green wall gardens, gardens anywhere', an essential element in environmental landscape planning when trees are highly prioritized. Not only that, but urban plans also aim at the thematic plant routes. These are wide green interlocking canopy roads that create green coverage, or alternating bougainvillea pathways as a highlight for tourism.

As a small country, Singapore has always effectively exploited resources to avoid waste, focusing on greenery to increase air circulation and reduce dust for vehicles. Singapore also aims to take advantage of the construction of large parks that function as the lungs of the city. Typically, Garden by The Bay is a green park with diverse ecosystems and rich landscapes, highlighted with a vast super-energy tree system and thousands of tropical plants, which are effective tourist spots.

Under the name of the most beautiful airport in the world, Singapore Changi Airport hosts a plentiful variety of biological garden systems with a multitude of different plants. Each terminal exhibits a distinct plant landscape, providing passengers with calming green spaces within the airport instead of unoriginal transit areas.

3.2 Malaysia

Malaysia is naturally bestowed with greenery. Three-quarters of its land is forest area; its planning and development are always consistent with urban ecological construction and smart ecology.

In the Great Kuala Lumpur 2010 plan, the Malaysian government decided to transform Kuala Lumpur into one in 20 worth-living cities with the highest economic growth rate in the world. Malaysia is extremely interested in the goal of "green development", strengthening the city's tree system, expanding green lungs, and re-creating a clean-living environment. Malaysia is determined to plant more 100,000 trees and 45km of trees for walking paths, thus linking symbolic and scenic buildings.

Along with Kuala Lumpur, Malaysia also expanded, developing Putrajaya as a new-age city - South-east Asia's most intelligent and modern administrative center of the country. Putrajaya is now known as a city with a young, modern, and civilized aesthetic in organizing human life, advanced technology, and improving the environment. The Malaysian government focuses on building a smart, green, clean, and beautiful city with clean air, replacing Kuala Lumpur's full image. Taking the green city image as a priority, Putrajaya uses 40% of the area for parks, lakes, and marshes, and creates a "city in jungle" image.

In recent years, a Malaysian project called Forest City located in Johor Baru state has attracted the attention of the international community. Forest City project is a beach encroaching city of Country Garden Group. Forest City is known as Asia's smart eco-city project with links between infrastructures, services, and unlimited people. The green areas are formed vertically, giving a natural environment to the areas. The modern transportation system is soundproof, dustproof, and possessing unique space for traveling without the vehicle on the city's surface. In addition, Forest City has elevated walking gardens, aerial gardens, and artificial rain systems.

When completed, the city will be operated by the technology of artificial intelligence. The city's use of greenery and artificial intelligence are two pivotal characteristics that make it unique to Malaysia (Xuan, 2019).

3.3 Japan

Japan is one of the most developed countries with sustainable navigation and attaches development to environmental protection. In order to limit urban expansion and focus on sustainable urban development, the Japanese government has set up plans to build urban systems that divide regions and harmonize with the environment. So far, Japan has made remarkable achievements in building a model of smart urban, green, and ecological cities. Japanese cities aim to develop and reduce the amount of carbon emitted by many actions such as pollution control, calling for reductions in gas, and reducing dependence on fossil fuels by establishing frameworks. This is suitable for renewable energy, energy conservation technology, and transportation system.

The particular case to look at is on the outskirts of Kanazawa, near the Japanese city of Yokohama. There, the government is in the process of planning the residential area and the project focuses on building a system of greenery covering residential areas and roads.

3.4 *The importance and the role of green space in urban life and the development of cities and the experience of some cities in the world*

In sustainable urban development, the directly proportional distribution of green space according to a balanced distribution of the population is one of the fundamental principles. Urban green space plays a pivotal role in helping to enhance the urban appearance and contributing to urban physical development, maintenance, and balance of the urban environment and air pollution reduction. Urban green space contributes to the physical and mental health of the people to escape from the stresses of modern life, enhance community cohesion, social interaction, reduce aggressive behavior, reduce the fear level, and promote better neighborly relations.

There are many famous green constructions in the world, such as the circular suburbs on the outskirts of Copenhagen, the capital city of Denmark, known as the greenest city on the planet. Stockholm, the

capital city of Sweden, is dubbed the "green capital of Europe," where more than 30% of the area in the city is a canal, and another 30% is green parks. In Britain, The Mayor of London, Sadiq Khan, announced the spending of over £6 million in grant funding for green space improvements, as part of his push to make London as the world's first National Park City. The Mayor also set a goal of turning the capital up to 50% green by 2050. The "National Park City" plan of the Mayor of London includes the improvements of the London Plan's policies in order to protect the green spaces and create new open spaces, especially in areas that have the least access to parks. This program will also help identify and promote the economic value of green infrastructure in London.

Going back to the development of Vietnam in general and Ho Chi Minh City in particular, we cannot apply stereotypes based on the model of the developed countries aforementioned because there are still many shortcomings in economic, political, and infrastructural concerns. According to M. Arch, Pham Hoang Phuong (National Institute of Architecture - Ministry of Construction) "We should not be too self-deprecating, but it will also be a pipe dream to assume that the future will have absolute green buildings. For the nature of construction activities is to improve the environment, it will certainly affect the environment, though much less. Green solutions only help minimize it but still prove difficult to achieve thoroughly. Do not just blindly follow the concept of general architecture that is beautiful and unusual but ignores other core values of urban life. Green architecture in Vietnam can only become known and useful to the people if it immediately meets the needs of the low-income and middle-income population. Vietnam needs to become a green architecture development point from its own needs and internal forces. It is time to identify and understand the gains and losses in the green architecture game to fully ascertain a green architecture development orientation in Vietnam, avoiding the long-term waste and negative impacts, contributing to the development of industrialization and modernization of the country" (<http://e4g.org>).

Agreeing with the above view, we believe that it should start with small actions but have a practical impact on each individual's concept in order to spread to the whole community. Korea is a country with small but effective initiatives such as *Korea's green growth policies* to encourage people to plant

and protect trees. In March 2015, about 1,220 Korean people hugged a forest of trees for more than one minute in Korea to express their love for trees and raise public awareness of tree protection in the community. Previously in 2013, 936 people from Portland city, Oregon (USA), simultaneously hugged trees in one minute and set up the first Guinness World Record for the most people hugging trees. Such evidence presented does not mean that we also must call for the people to engage in the tree-hugging movement, since it depends on the cultural characteristics, climate, and ecology of each country that launches the campaign accordingly. On the positive side, there are many aspects and ways to mobilize urbanites to understand the importance of planting and nurturing trees in the living space. Ho Chi Minh City has the right to hope for a green and ecological urban area because even South Korea in the previous industrial development period had been described by the term "black growth" for its destruction of the environment, the birth of industrial centers such as Seoul and Ulsan, the appearance of dead rivers and a sky covered by dust and smoke. However, after many years, there is a greater awareness of the importance of environmental protection, and this is widely acknowledged through the government's policies that promote "green growth", erasing the previous dark period and replacing it with the word "green". In Ho Chi Minh City, the government needs to have action programs to encourage people to plant trees in their own houses, office environments, buildings, community service centers, etc., especially fast-growing trees that are easy to grow. This can be easily applied because each tree will have different characteristics for *feng shui* of each place and each use. Asians are very fond of *Feng Shui* urbanites can be encouraged in this way (www.xaydung.gov.vn).

Lesson learned from Singapore: The Singapore government chose a date in the first week of November as the National Tree Planting Day. Besides, large buildings are required to have space to house a specific number of trees in order to be granted construction permits. Furthermore, according to NParks Regulations, trees in high traffic sites, such as expressways and major roads, are inspected once every 12 months.

The city of Vancouver, Canada, comes to realize the objectives of the Urban Agriculture Program is to comprehensively manage urban trees, make a precious contribution to the well-being of its citizens, as

well as ensure that the pressure of the need for trees for urban development will not come up. At the same time, we need to search for a certified arborist company (ISA Certified Arborist credential) to ensure proper maintenance, reduce future needs, and maintenance cost.

Lesson learned from Japan shows that: Under the Regulations, tree maintenance works such as insect prevention and pruning should be conducted regularly and that dead or decayed trees should be removed as soon as possible. Tree Management Regulations in Tokyo provided a legal basis for specific management strategies. The content of the regulations in Tokyo provides a legal basis for tree management strategies. They provide a clear delineation of responsibilities among different parties to ensure proper and effective tree management on both government and private land.

4 CONCLUSIONS

The National Urban Development Program 2012 – 2020 highlights that urban development ensures effective use of construction land funds, investment in synchronous construction of technical and social infrastructure, environmental quality control, harmony between conservation, renovation, and new construction. To build urban areas with the right living conditions and enhance regional and international urban competitiveness.

The solutions proposed for the policy mechanisms program are research and development of green cities to ensure rapid and sustainable urbanization to implement the National Strategy on green growth; on science, technology and environment: formulate policies to encourage the use of new and environmentally friendly construction materials; new technology in housing construction to ensure good quality and low cost for different income objects; and study energy-saving solutions in housing, public, works, and services.

The status of planning in Ho Chi Minh City shows that it has not ensured contemporary green spaces in urban areas linked together by streets with trees and tree rows to form a continuous green system. Nor have all the lakeside land, canals, and all possible spaces been used for trees. Not to mention where to plant scientifically and suitably with geography and soil.

In addition to the difficult problem of "urban greening", the construction of high-rise buildings and maintenance of internal activities also means that the state must spend a tremendous amount of electricity. In developed countries, the model of green buildings and ecological buildings has been applied in practice. These buildings are designed according to the "open" concept to take full advantage of nature using materials that absorb less heat, make the lake cool down inside the terrace; enhance the use of solar energy, etc. However, if compared with developing countries like Vietnam, the application of ecological urban and green urban models is a long-term process of private change, where actions start from individuals to communities.

The term "Smart City" began to appear in 2007 and is widely available in the network of countries around the world, bringing scientific and technological applications into managing and operating society. This condition requires stakeholders in society to continually innovate, apply smart technology to social activities, make new connections, and apply artificial intelligence.

These are factors that promote the formation and development of smart society. The IoT solutions (Internet of Things) provided in the Smart City area will address issues related to living activities of urban residents, including traffic congestion, air pollution, and noise, aiming to help cities safer. Ho Chi Minh City is currently in the construction phase to become a smart city, and it should refer to the successful lessons of previous countries, especially the ASEAN countries, concerning green parks and smart lighting systems.

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