

Research on the Penetration of Ideological and Political Theory Courses and the Strengthening of College Students' Life Education

Han Lu

School of Marxism
Wuhan University of Technology
Wuhan, China
597584281@qq.com

Lijuan Chen

School of Marxism
Wuhan University of Technology
Wuhan, China
2633658332@qq.com

Jiaming Zhang*

School of Entrepreneurship
Wuhan University of Technology
Wuhan, China
*zjiaming@whut.edu.cn

Abstract—Ideological and political theory course in colleges and universities is the main channel and position for ideological and political education and moral education for college students. In the course of "ideological and moral cultivation and legal basis", the idea of life education runs through. To penetrate and strengthen life education is the bounden duty of ideological and political educators. Life education and ideological and political education are consistent in nature. They both emphasize that life is the logical starting point and final destination of education, and that life is the effective carrier and premise guarantee for the development of education. Therefore, this paper will explore the internal correlation between the two, seek the entry point of life education into the ideological and political theory course in colleges and universities, and focus on the concrete measures to penetrate the ideological and political theory course and strengthen the life education.

Keywords: *life education, Marxist view of life, multi-dimensional education, educational means*

At present, ideological and political educators in colleges and universities are reflecting more and more on a series of educational deficiencies such as disregard for life, lack of emotion and loss of the meaning of life. In this context, strengthening the education of college students' life values is conducive to guiding college students to reinterpret the connotation of life values, to guide college students to establish correct life goals, and to cultivate college students to form scientific life value beliefs, so as to grow into talents healthily. How to infiltrate and strengthen the life education of college students in the course of "ideological and moral cultivation and legal basis" and further cultivate the Marxist view of life of college students is an important practice of ideological and political theory education in colleges and universities.

I. GUIDE STUDENTS TO PRODUCE A CORRECT LIFE COGNITION

Lack of understanding of life must lead to indifference to life. The first lesson of life view education for college students should be to tell students the true meaning of life value. Marxist pioneers also thought deeply about life. Marxist view

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of life is an important part of Marxist theory of man. It not only pays attention to the essential significance of life, but also attaches more importance to the value after the end of life. What it advocates is a positive attitude towards life. In a sense, the origin of ideological and political education is Marxist life philosophy. The course of "ideological and moral cultivation and legal basis" in colleges and universities should guide students to grasp the basic connotation of the Marxist view of life, and take it as the theoretical basis for carrying out the education of the view of life, so that college students can have a correct cognition of the view of scientific life.

A. Marxist View of Life Reveals the Essence of Life

Marxism emphasizes that the essence of human life lies in the embodiment of social attributes based on natural attributes. In the sense of "Man is the most veritable social animal"[1], Marxism holds that human life is not only a natural phenomenon, more importantly, human life is embodied in communication and cooperation with others, and the most essential thing is to build a comprehensive production relationship in the process of practice and labor. Therefore, when revealing the essence of human life, Marxism thinks from the perspective of individual, society and others. Marxist view of life points out that the value of human life can only depend on the social relationship between individuals and society and others, which is determined by the social nature of human beings.

B. Marxist View of Life Reveals the Value of Life

"If we choose the profession which will work best for the welfare of mankind, the burden will not fall upon us, and our happiness will belong to millions. In the face of our ashes, noble people will shed tears."[2] This is Marx as a middle school student on the value of life and the meaning of thinking: we should take the relationship between people and I as a yardstick to measure the value of life. The social nature of human beings determines that dedication to society is the greatest embodiment of the value of life. Marxism emphasizes that the development of human history is, in the final analysis, the overall progress of individuals and society on the basis and premise of the development of productive forces. Therefore, according to the Marxist view of life, the meaning of human life is manifested in the high unity of contributing to society

and improving oneself. On the other hand, it manifests to improve oneself constantly in social practice. Marxist view of life emphasizes that life does not end with the death of the body, and the manifestation of the spirit will make life eternal.

C. Affirmation of Marxist Life View on Life Attitude

Just as Marx said, "man as an object of perceptual existence...Is a passionate being. Passion is the essence of the strong pursuit of their own object.[3] According to the Marxist view of life, only by maintaining revolutionary optimism can people in the society constantly develop and improve themselves; The revolutionary's unremitting pursuit of truth, after the end of his physical life, will be called the spirit of the eternal state of motivation for the future generations. Therefore, as an individual of life, only adhere to the struggle of life attitude, in order to adhere to the relentless pursuit of truth.

"Thought morals tutelage and legal foundation" class in colleges and universities should deeply analyze the basic connotation of life view of Marxism, in the perspective of human life existence value, combined with the teaching contents, training college students set up the correct world outlook, the outlook on life and values, to improve college students' ideological and moral, legal quality, sound personality, guide students with scientific attitude deal with all kinds of life situation, fully comprehend the true meaning of life, to realize the value of life.

II. CONSTRUCT A MULTI-DIMENSIONAL LIFE EDUCATION FRAMEWORK

On the basis of propaganda department of the central committee of the communist party of China, the ministry of education on "further strengthening and improving the opinions of the higher school ideological and political theory course" implementation of the regulations, "thought morals tutelage and legal foundation" class is through moral education and legal education in order to improve the students' political quality, moral quality and legal literacy for the purpose, to shape and improve college students' personality. The determination of this educational goal further indicates that life view education is an integral part of the teaching content and task of "ideological and moral cultivation and legal basis" course. The contents of each chapter of this course, in fact, is from different dimensions and from the perspective of humanistic care, have constructed a relatively complete framework for penetrating and strengthening college students' life education.

A. Permeate and Strengthen Life Education in Responsibility Education

The existence of responsibility is the most important external motivation for everyone to love and cherish life. In the opening part of the course "ideological and moral cultivation and legal basis", on the one hand, through introducing the new characteristics of college life, students can make clear the specific requirements put forward by the society for college students and fully realize their historical mission. On the other hand, through the development of patriotism education,

cultivate college students' sense of identity and responsibility towards the country. In the course teaching, whether to help complete the role transformation of college students, shape a new image of college students, or to stimulate the patriotic enthusiasm of college students, cultivate the spirit of China, is to strengthen the sense of responsibility and mission of college students. As Marx said, "as a definite and practical man, you have rules, a mission, and a task. Whether you are aware of it or not is irrelevant." [4] The life view education of "ideological and moral cultivation and legal basis" takes humanistic care as the angle of view and responsibility education as the entry point. Firstly, it teaches students to accept life and learn to affirm life: in life responsibility, the most basic responsibility is to live well. Only by living fast and fully can we fulfill our destiny.

B. Permeate and Strengthen Life Education in the "Three Views" Education

Cultivating college students to establish a correct world view, outlook on life and values is the most basic teaching content and teaching goal of "ideological and moral cultivation and legal basis" course. The purpose of "three views" education is to educate college students not only to embrace lofty ideals, but also to be down-to-earth, to correctly understand the relationship between ideals and reality, and to develop a strong will to life. From the perspective of humanistic care, combined with ideal and belief education, life view education enables students to have a perception of the finiteness and unique performance of life, so as to think about the existence value of individual life, and make students clear that the realization of life goals cannot be achieved without a strong will to life. [5] Through life view education, to inspire students to think about personal growth standards: a person's growth, must have a clear life goal; In the journey of self-realization, even if you can't dash into the sea at last, you still have to go all the way to find a beautiful spiritual home and try to accumulate the thickness of life and expand the width of life.

C. Permeate and Strengthen Life Education in "Three Virtues" Education

The most fundamental attribute of human is sociality. Everyone's life activities exist in the family, career and public sphere of society.[6] "Thought morals tutelage and legal foundation" class for students to carry out the social morality education, professional ethics education and family virtue education, and make the college students in the life is a series of social activities consciously take the initiative to good moral habits, advocate the college students in the moral practice further to cognitive world, truth, kindness, beauty and ugliness, to form noble aesthetic temperament and interest. To infiltrate and strengthen the life view education in the "three virtues" education is to educate college students to cherish family affection, love and friendship with gratitude from the perspective of humanistic care, and to cultivate college students to care about life with noble moral sentiment, so as to be full of gratitude for life.

D. Infiltrate and Strengthen Life Education in Legal Education

Legal education is an important part of "ideological and moral cultivation and legal basis". Integrating life education into legal education is not only a continuation of legal education for students, but also can urge students to cultivate their sense of awe towards the law in the process of understanding the rule of law in the society and clarifying legal responsibilities, so as to strengthen their sense of awe towards life and gain life perception.[7] The infiltration of life education in legal education is an important manifestation of respecting the main body of students and strengthening humanistic care for students. Through teaching legal knowledge, students should strengthen their concepts of rights and obligations consciously, and inspire students to face up to their own value from the perspective of national masters and social citizens. By improving the legal literacy of college students and cultivating their sense of trust in the social justice system, the scientific concept of abiding by rules and respecting human rights can be established.

III. PENETRATION AND STRENGTHEN THE EDUCATION MEANS AND MODE OF LIFE EDUCATION

In general, the life education of college students has been paid more and more attention, but there is still a big gap between its educational effect and educational goal. In campus, college students should be full of vigor and vitality, the general attitude towards life is negative, vacant, numb, more frequently appear disregard for life, it is sad at the same time, more people worry.[8] "Thought morals tutelage and legal foundation" class in colleges and universities as a public course, its teaching object is facing different disciplines of professional college students, therefore, in the limited class teaching time, to constantly improve the effect of life education, reshape the political theory of life education function, it is necessary to fully grasp the students' individual differences, to respect students' individual practice as the starting point, to improve teaching methods and means.

A. Explore and Integrate Educational Resources

Facing the difference of teaching objects, we must fully explore and integrate educational resources to make life education produce good teaching effect. "Thought morals tutelage and legal foundation" class in the process of osmosis and strengthen the life education, to actively explore the life values of the Chinese traditional culture and red culture, undertake to the student positive ideological guidance, even can be combined with the current international affairs and global issues such as expansion of life education, the classroom teaching of the theory of knowledge and people's around, things' around instance of the close relation, do support theory with examples, with theoretical analysis as an example, let the students through a variety of information level, perceived a rich and colorful life.

B. Set Up a Variety of Interactive Teaching Links

First, organize thematic discussions actively. Class discussion close to the students, close to the life of social focus and hotspot issues in a planned way, to answer the students'

ideological confusion "key" problem, to encourage students with independent spirit and strong sense of social responsibility to participate in the discussion topics, explore problems, students are encouraged to contribute their abilities to the greatest extent, put forward the measures to solve the problem, thus promotes the student individual socialization. The second is to develop and set up emotional communication and experience links. Another important goal of life education is to promote students' physical and mental health. For the common psychological confusion and ideological barriers among college students, we can conduct centralized communication through equal dialogue between teachers and students, information communication between students and students, etc., to encourage students to face up to life and experience the joys and sorrows of life in the process of life narration, so that students can gain life perception.

C. To Perfect the Education Mode

The growth process of human life should not only reflect the accumulation of knowledge, but also reflect the forging of personality. Therefore, the development of life education must promote and realize the integration of science education and humanities education. From the teaching content of "ideological and moral cultivation and legal basis", the development of life education is an important embodiment of the implementation of humanistic education, focusing on improving students' spiritual life. In the face of different professional education object, to incorporate science education among them, the life philosophy, psychology and so on basic subject knowledge to students, can not only broaden the students' vision, arousing students' interest in learning, more can improve the students' knowledge structure, helps to cultivate students to pursue the scientific spirit of truth, highlights the science contained in the education of humanistic spirit and humanistic value.

At present, life education for college students is an important part of ideological and political education in colleges. The course of "ideological and moral cultivation and legal basis" is student-oriented, returning to the "value of life" -- the logical starting point of this education, continuing to strengthen life education, there is still a long way to go. We must adhere to the Marxist view of life as the guiding ideology of life education, from the content, strive to build a multi-dimensional life education framework, actively explore effective life education model, do our best to clear the ideological obstacles for the growth of students, and finally achieve the goal of students' comprehensive development.

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