

Thanksgiving Education Against the Background of Vocational Education

Yongfen Xu
Yantai Gold College
Yantai, China

Abstract—Thanksgiving education is an important part of moral education. It plays a positive role in the establishment of correct moral beliefs and positive outlook on life and values of teenagers. Thanksgiving education can lay a good ideological background for the majority of vocational college students and light up their dreams. This paper discusses the importance of thanksgiving education and the main problems existing in students' thoughts in vocational colleges, and expounds the methods of strengthening thanksgiving education in vocational colleges.

Keywords—*vocational education; thanksgiving education; words and deeds; work carrier*

I. INTRODUCTION

China is an ancient country with a long history of civilization and is famous for its "land of etiquette". The ancients have always attached importance to moral cultivation and civilized manners. Since ancient times, there have been the creed of "people should be kind to others when dripping water, and report to each other when pouring water" and "people should not forget to dig wells when drinking water". There is "Thanksgiving Day" in the west. They think that all is given by God. Being thankful can make their life full of hope. Therefore, thanksgiving education has a long history in both the east and the west.

No matter who learns to be grateful, that is to say, they have learned to respect others, to give, to look at each life with equal eyes, to bring happiness to everyone who passes by them, to cherish happiness and to be grateful for everything around them. Anthony, a successful scientist, pointed out that the first step to success is to have a grateful heart. Always be grateful for your current situation, and at the same time, be respectful and grateful for what others have done for you. If you accept other people's favor, be it gifts, advice or help, you should take time to express your gratitude to the other party. Only when you are grateful for everything around you can you feel happy, help others who need it, enrich your life, and in turn get more help when you encounter difficulties. "Give roses to others, and your hands will have lingering fragrance". If you are always grateful, your life will be more full and happy. Practice has proved that gratitude education can effectively stimulate students' moral feelings, enhance students' ideals and beliefs, and light up students' dreams of struggle.

China is now in a period of rapid economic development. Social values are diversified. Some individualism and money worship concepts seriously affect the formation of young people's values. Most of the students in vocational colleges have just entered the university from the high school stage. The study in the high school stage is tense. The moral system of the students is not yet stable. In this special stage, students will inevitably suffer from ideological chaos. At present, most of the students in vocational colleges are only children. No matter what the family conditions are, their parents give their children what they think is best. A considerable number of students live at home with their mouths open and their clothes stretched out. What parents can do by themselves will never be done by their children, which results in children not being able to understand their parents' efforts and even less their hard work. Taking their parents' efforts for granted, children will not be able to understand the efforts of the society and the people around them. They do not know how to be grateful. They often complain about the unsatisfactory life and will not actively change their lives. Vocational colleges need to strengthen ideological education for students at this stage. Gratitude education is an important part of ideological education.

II. STRATEGIES THAT CAN STRENGTHEN THE THANKSGIVING EDUCATION AMONG VOCATIONAL COLLEGE STUDENTS

A. *Strengthening the Construction of Ideological and Moral System*

Schools should publicize ideological and moral models, establish a socialist concept of honor and disgrace among students, improve students' moral quality, and carry out all-round publicity and education on socialism with Chinese characteristics, the Chinese dream and socialist core values. Socialism with Chinese characteristics is a fundamental achievement achieved through hardships and great costs. The Chinese dream is not only a state dream, but also a national dream and a personal dream. Everyone has a historical opportunity to realize his dream. The socialist core values are the greatest common denominator supported by the values of realizing the great goals and dreams, which embodies the value pursuit of the country, society and individuals. Taking the personified values such as the model of the times, the model of morality, the most beautiful people, and the good people around as examples, and taking the construction of

civilized campus, the construction of honesty system, and the construction of voluntary service system as starting points and platforms, efforts are made to improve students' ideological awareness, moral standards, and civilized accomplishment. Thanksgiving education should take activities as a carrier, so that teenagers can experience gratitude from activities, return to real life, start from bits and pieces, and practice gratitude in life. It requires teachers in the process of education to "convince people with reason, with emotion, with emotion blending, touching the heart", so that students can be educated unconsciously, so that their knowledge, emotion, meaning and behavior can realize self-improvement in the blending of reason and emotion, and finally return to life.

B. Improving Teachers' Self-cultivation

Teachers should not only "teach", but more importantly "give love", and use "sincere love" to arouse "gratitude". Teachers can understand the importance of thanksgiving education through organizing learning activities or special meetings, and can also carry out thanksgiving education seminars to exchange models and experiences of thanksgiving education and continuously improve teachers' teaching level. Teachers' words and deeds will affect students virtually. Teachers require students to do what they should do first, and require students to learn to be grateful. Teachers should know how to be grateful first. It is often said that "the power of role models is endless". Although some students listen to the teacher's words, they may not follow the teacher's request, but when the teacher personally puts the words into action, it may lead to a large number of people. Teachers should optimize their own image, improve their behavior, temperament, accomplishment and even appearance, combine external image with internal quality, inspire and edify students with good teachers' ethics, influence students with their own words and deeds and personality charm, and truly teach by words and deeds and be exemplary.

C. Holding Thematic Class Meetings

By holding an educational class meeting with the theme of "gratitude", students can actively speak around the theme of "gratitude", listen to the voice of the students and feel what they think, so as to better educate and guide the students. You can also start by giving thanks to your parents. "Sheep have the grace to kneel and milk, crows have the grace to feed back". Without parents' efforts, students cannot come to the university campus. So what should students use to repay their filial piety to their parents? Educate students to be grateful to their parents with a sincere heart and cherish their closest relatives. Only when you know how to be grateful to your parents can you be grateful to others and society. At present, China provides interest-free student loans to students with family difficulties. Quite a number of students have enjoyed the support of this policy. They can take this as the topic at the class meeting, and let the students express gratitude to the country and repay the true feelings of the society in warm language through discussion or recitation. The author hopes this subsidy can become a strong support for their life, become their upward motivation and win a

more wonderful life. In this way, when he has the ability, he will thank the policy for allowing him to finish his studies and then give back to the society. His life will be fuller.

D. Paying Attention to the Construction of Campus Culture

Thanksgiving slogans can be set up in the campus so that students will be surrounded by thanksgiving culture as soon as they enter the campus. You can also set up a Thanksgiving education base. For example, Zibo Vocational College has set up a Thanksgiving education base with Jiao Bo's "My Dad and My Mom" photography as its theme, which has been well received by students. A person can only enjoy giving if he is grateful. Only when you understand love and return can you assume your personal responsibility. Through the construction of "My Dad and My Mom" Thanksgiving Education Base, students can start with their parents, be grateful to the society, the motherland, teachers and classmates, be a good citizen of the era with love, filial piety, tolerance, responsibility and public morality, let the flowers of traditional virtues take root in everyone's heart and bloom in the corners of the campus ... They can also guide students to express gratitude, discover the beauty of life, teach students to be frugal, study hard and repay the love of the country and society with actions in various forms such as songs, speeches, recitations and stories. You can also organize students to take part in public welfare activities. Through public welfare activities, students can discover beauty and kindness, thus burying the seeds of gratitude in their hearts. Yantai Gold College cultivates students' gratitude spirit through a variety of campus activities. For example, the "Fluorescent fun run Activity" enables students to strengthen their physique while enhancing friendship, "Entering senior apartments" cultivates students' love, "voluntary work by the sea" also cleans the sea, etc. The influence of this campus culture is subtle and can make students form an ideological centripetal force unconsciously.

E. Strengthening the Construction of Thanksgiving Work Carrier

Nowadays, with the rapid development of social network technology, mobile phones have become an indispensable communication tool in the society. Vocational college campuses have generally achieved full network coverage. While the network facilitates communication and communication among students, it also brings some negative effects. For example, some students indulge in network space and lack face-to-face communication. It is necessary to use the network technology for my own use, such as establishing student interactive communities, thematic education websites and strengthening the "two micro ends" construction of microblogs, WeChat and news clients, etc. It is necessary to promote and publicize typical examples of gratitude and use expressions that college students like to carry out gratitude education. In the service and assistance to vocational school students, thanksgiving education should be strengthened so as to combine solving ideological problems with solving practical problems. Only in this way can gratitude education be implemented and better results be achieved.

F. The School Should Inspect and Supervise Thanksgiving Education

Schools should master the development direction of thanksgiving education activities, find problems and solve them in time. Thanksgiving education should be implemented by selecting the "Top Ten Filial Stars" at the end of the semester. The Top Ten Filial Stars can be recommended by the class, investigated and visited by the head teacher, and other forms. Its typical deeds should be publicized through school media or social media, which can set vivid examples of gratitude for students and ensure the smooth development of thanksgiving education.

III. CONCLUSION

Thanksgiving education is a long-term project, which has played a positive and effective role in promoting the prosperity and enrichment of campus culture and enhancing the ideological and moral cultivation of students. Vocational colleges need to take Thanksgiving education as part of the moral education of students, to awaken students' gratitude consciousness, so that Thanksgiving education can become the most valuable precipitation in the construction of school culture and become the beautiful seeds left by education in students' hearts.

REFERENCES

- [1] Liu Lei, Thanksgiving Education Runs Through the Practical Exploration of Belief Education for College Students [J]. Journal of Hubei Open Vocational College, 2019, (11):12.
- [2] Jin Beibei, Gratitude Education for University Students in University Funding [J]. Think Tank Era, 2019, (11):18.