

The Analysis of the Management and Coaching Basketball Sports Extracurricular Activities in High School of Karo Regency in the Year 2019

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Abstract—This research is qualitative that means the problem discussed aimed, to be able to illustrate or elaborate on the circumstances or the existing phenomenon or process studies to understand human or social problems, based on the the order complex, holistic picture, arranged with words, reporting the detail view of informants and executed on a natural background or natural. The subject of this research is the people involved in the construction of the extracurricular activities in high school basketball of Karo Regency. The respondent is a group of subjects that provides the response to the research questions. The Respondent or the subject of the research involved to participate actively from the discovery and formulation of the problem, process research, data analysis to make decision. In this research, who became the respondent or the subjects of the research was physical education teachers who extracurricular activities in high schools coached in Karo Regency, students who joined the extracurricular activities and the headmasters. The main data source in the qualitative research were: the words and actions and the rest were additional data such as documents and others. Data collection techniques can be done with 1) observation 2) interview 3) document 4) combination/triangulation. Analysis on the model of interacting components, namely data collection, data presentation, data reduction and withdrawal and verification of conclusions, the four components of the cycle that is in progress on an ongoing basis between data collection data reduction, the presentation of the data and the conclusion and withdrawal verifikasi data.

Keywords: *basketball, accomplishments, coaching*

I. INTRODUCTION

The school is one of the places where someone can use it to search for or demanding science either theoretical or practical. In the school environment the process of education and the learning knowledge are given by teachers to students or pupils. Learning is the process of granting knowledge, learning experiences and gain life experience for students to travel the next life will be taken by the students. Whereas

education is a process to enhance thoughts or feelings of the learners to be able to tell which is good/right by where the bad/wrong in accordance with ethics, aesthetics, norms or rules that apply [1].

In school subjects that are communicated to students during the process of teaching and learning activities taking place are very tailored to the curriculum used by the school, the allocation of time, the ability and good condition of the school or teacher. In the world of education, the number of subjects and materials that must be mastered students cause schools to work extra weight. One of the subjects taught in school is subjects of physical education which was the delivery of the material must be carried out in two forms, namely learning practice and theory. "Physical education is implemented in order to achieve the goals of national education which includes aspects of physical, emotional, social and moral [2] "through physical activity or sports activities a person had the opportunity to hang out, and oriented between one another [3].

Attitude and behavior of students can be built through the physical education environment. The abundance of material on the subjects of physical education of sports and health that exist in the curriculum, as well as the wishes and expectations of the students hold enrichment, expression, to develop talents, interests, physical freshness, as well as to realize his achievements in the sport will encourage schools to re-think in adding allocation of time available.

One way is by adding a time outside of school hours lessons intracurricular i.e. by holding extracurricular activities. One of the extracurricular activities that are highly sought after by students is the extracurricular activities of sports. Through extracurricular activities beside sports students deepen and broaden knowledge, can also be utilized as an attempt to do the construction, establishment, and the establishment of the student's personality, values, which

include: cooperation, appreciate each other, sportsmanship, enthusiasm and confidence. In fact the current extracurricular activities conducted in the institution of education or schools ranging from elementary, junior high, HIGH SCHOOL or equal only a few schools have gone well and the vast majority can not be run in accordance as expected.

A lot of schools that only prioritizes the activities of extracurricular are more supportive in the development of the cognitive domain only or field subjects in National Final Exam Ination (course or National Final Examination Tutoring). Many of the schools that rule out extracurricular arts, praja muda karana (Scouts), and in particular extracurricular sports because it is considered less important and less contribute significantly to the progress of the school. Many schools that only prioritizes the activities of estrakurikuler are more supportive in the development of the cognitive domain only or field subjects in National Final Examination (Course or subjects tutoring). Many of the schools that rule out extracurricular arts, praja muda karana (Scouts), and in particular extracurricular sports because it is considered less important and less contribute significantly to the progress of the school.

One of the goals in the activities of extracurricular sports is developing talent and interest of students towards the achievement of sporting achievements. Based on the level of formal education, secondary school (HIGH SCHOOL) or equal is the school who could create the most athletes or sportspeople, because in reality in the field is the age of specialization and the age of sports kecabangan Gold is a sportsman occurs at the age range 15-19 years of age and the age-the age is age-age at the time of SMA/SMK/MAN/equal.

Based on the results of interviews and observations conducted by the early researchers to the teacher of physical education of sports and health as well as to a small percentage of high school students/SMK/MAN/equal Karo Regency in early January 2019, retrieved data the information that the barriers in extracurricular activities in high school sports/equal among others are: one, there is no limit or the number of people or personnel Manager (teacher or coach) who is experienced in coaching and developing extracurricular activities sports especially basketball. However the construction of the branch of the sport of athletics is precisely many of Karo Regency.

Then there is no limit or the amount of capital or financial resources to progress and the construction of the extracurricular activities especially sports. There is no or a limited number of tools and infrastructure that will be used and developed for progress in extracurricular activities especially sports.

The existence of a picture of the future that is less fun for athletes/sportspeople, which after retirement or not be athletes again have not appreciated by other people or organizations. The fifth is not there or a limited considerate and coaching, either of the parents (over protective or would like to pass their children pas the National Final Examination so directed at other extracurricular activities), or from the Government

and society against organizing sports tournaments or Championships age group (especially school-age).

From the data obtained also in Karo regency extracurricular coaching more on athletic sport especially running and football, while basketball is very rarely exercised in Karo district high school. From some of the teachers of physical education provides information that the basketball enthusiasts are less expert personnel and also less. So it is inferred that the basketball sports enthusiasts are more interested by the domicile in the city of Berastagi. Because of the extracurricular sports coaching basketball there are only in high school which is located in the town of Berastagi Karo Regency.

Management and preparation of the facility or program of short term and long term for students and extracurricular sports Manager especially basketball is very important because it can realize success and goals or expectations of the desired as well as going to get satisfaction and wellbeing both for managers or students during extracurricular activities or manage to follow the sport.

Through learning and training activities of extracurricular sports basketball expected a trainer can also play a role as a teacher, where such activities are also taught how to behave, controlling emotions, discipline, work hard, physical, sportsmanship, respect others, cooperation and build a better character as it does in the world of education that teach how to form one's character, comply with regulations, accept circumstances, establish personal a tough, resilient, industrious and disciplined.

Maintaining the performance, quality and the number of enthusiasts of the sport of basketball extracurricular activities so that the number remained relatively a lot is not an easy thing, but it is a series of business and performance conducted by the Manager, coach principal, teacher, or civitas Academica educational world are structured and programmed through process management.

According to [4] "management is all activities to deploy a group of human beings and moves all the amenities in an effort of cooperation of a group of human beings to achieve a particular goal." Without prejudice to other aspects that, in their success and the success of the implementation and achievement of sport through extracurricular activities in school sports then this research aimed to identify the management management and coaching basketball sports extracurricular activities in school, especially in high school level in Karo district. Based on the fact that there are at present success and the success of a management activity depends very much on the ability of administrators and those involved in conducting a management management.

With the identification of the management management is expected to help one particular teachers, school administrators, coaches, headmasters, students, parents, civitas akademika education and those involved in it, in composing and designing work programs, exercise programs, as well as other policies associated with organizing extracurricular activities sports at school so that the expected objectives can be achieved with a good, smooth, safe, effective, and efficient.

Based on some related explanation of the background of the problem above, then made things very interesting for researchers to conduct research on how the management and coaching basketball sports extracurricular activities in especially in high school level school/MAN in Karo Regency.

II. RESEARCH METHODS

The qualitative research methodology states qualitative methodology as the procedure research that generates descriptive data in the form of the written word or spoken of people and behavior that can be observed [5] according to them. This approach is directed at specific individuals or background in holistic or whole [6]. So in this case should not be isolated individual or organization into variables or hypothetical, but viewed it as part of a single unit.

III. RESEARCH RESULTS AND DISCUSSION

In this qualitative research, the setting (setting) and the man who became the objects of research are viewable (holistic), human behavior cannot be separated in the setting in which they are living. This method provides an opportunity to study to know personally the object of his research. Research can experience his own, digging research objects in everyday life. In this study the techniques of data collection with the supported methods of interviewing, observation, and documentation in order to obtain valid data.

This research was conducted in high schools of Karo Regency where the Implementation of Teachers Professional Development Forum in Karo Regency

The subject of this research was the people involved in the construction of the basketball extracurricular activities in high schools of Karo Regency. The respondent is a group of subjects that provides the response to the research questions. Respondent or subject matter of the research involved to participate actively from the discovery and formulation of the problem, process research, data analysis to make decision. In this research, which became the respondent or the subject of the research was physical education teachers who did extracurricular activities in high school coaching of Karo Regency, students who joined the extracurricular activities and the headmasters.

The definition of the object of research, is the target of research. The object of the research was the subject matter examined to get the data in a more directional. As for the object of study in this paper include: managing and coaching basketball sports extracurricular activities in high school of Karo Regency.

The design of this research is qualitative research approach to management of the organization. Where the implementation of research based on the four components of the POAC [7] namely: planning, organizing, controlling and actuating include:

1) Planning

Is one of the principal functions in management coaching and sports achievements are absolute for the implementation of the work programme for the management, to make a good planning.

2) Organizing

Organizing (organizing), however the best planning drawn up by the Executive Board, but when its execution without a wellorganized, then the planning will not be able to reach targets specified, therefore the organizing function of management is generally recognized as the second principal.

3) Actuating

A good planning and organizing means less when it is not followed by the execution of the work organization is responsible. For that then all the existing HUMAN RESOURCES should be optimized to achieve the vision, mission and work program of physical education teacher/coach, principal and student/athletes.

4) Controlling

(Governing/Supervisory) Controlling is not only controlling program execution coach, managing facilities and infrastructure and other activities, but also keep an eye on so that when needed can hold a correction.

IV. CONCLUSIONS AND SUGGESTIONS

Analysis on the model of interacting components, namely data collection, data presentation, data reduction and withdrawal and verification of conclusions, the four components of the cycle that is in progress on an ongoing basis between data collection data reduction, the presentation of the data and the conclusion and withdrawal verifikasi data.

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