# The Relationship of Spiritual Intelligence with Changes to the Present Administration

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# Abstract

In the development of the quality of human life, a person does not only need the intelligence and emotional sensitivity. There is another thing that is very important to do with the meaning of life which is the spiritual side. For people who understand the meaning of life will be a motivation for themselves and encourage themselves to do something useful activity. Intelligence and emotion without spiritual are very frightening. This means that when someone wants to get success, they tend to pretend to be good. And when success is obtained, then he will turn back from reality. That is why spiritual intelligence is also referred to as intelligence of conscience in which it sharpens aspects of morality. Spiritual intelligence is the internal potential of an individual that is used to deal with existential problems, namely: When someone personally feels down, trapped by habits, worries and past problems. Spiritual intelligence makes a person aware, that he has an existential problem and makes him able to overcome it or at least make peace with the problem. Spiritual intelligence is considered to be one of the solutions to overcome adolescent negative behavior which at this time is often a problem for the family environment, the community environment and for the youth themselves.

Keywords: spiritual intelligence, changing behavior, adolescents

# Introduction

There are several things behind this topic, namely: First, there is a tendency from the community to prioritize academic achievement but ignore spiritual values. Children tend to be directed to have high achievements in various sciences without regard to changes in behavior and spirituality. For example, many parents tend to prepare their intellect to be able to achieve or enter favorite schools, but it is unfortunate that parents do not direct their children to participate in spiritual activities.

Second, there is a paradigm shift mostly among adolescents that spiritual matters or religious education are considered not important and are no longer relevant. Teenage tendencies neglect spiritual things and prioritize knowledge, resulting in humans who tend to rely on logic and forget faith. Until finally there were many deviations of behavior, student harassment and moral deterioration and crimes committed

The few things that will be achieved in this article are: First, explain the nature of intelligence both Intellectual intelligence, Emotional Intelligence and Spiritual Intelligence. Second, to show spiritual intelligence produces behavioral changes in adolescents so that they have a purpose in life and believe in having potential in themselves. Third, describe the program to increase spiritual intelligence

# Discussion of the nature of intelligence

Intelligence is one of the great gifts from God to humans. Intelligence is the ability of individuals related to cognitive aspects or can be called a single Intellectual Intelligence.

Over the years Intelligence Quotient has been believed to be a standard measure of intelligence but in line with the challenges and atmosphere of modern life which is complex, this standard Intelligence Quotient has sparked fierce debate and at the same time exciting among academics, educators, business practitioners and even the general public, especially if associated with the level of success or achievement of one's life.

Emotional intelligence related to attitudes, motivation, sociability, and other emotional aspects, are very important factors for achieving one's success. In contrast to Intellectual Intelligence which tends to be permanent, Emotional Intelligence is even more likely to be learned and modified at any time and by anyone who wishes to achieve success or life achievement.



# The Nature of General Education

Every human being needs education in his life, because education is used as a human foundation to achieve a better civilization. Education should shape intellectually, emotionally and spiritually whole human beings to form good character

Thus it can be damaged that education should be able to instill religious moral values, which take place both within the environment, family, community and nation for the future. Therefore, the education process must be able to develop its ability to competently collaborate in an innovative way and to improve the quality of students. Likewise, the new educational paradigm, is not concerned with diversity but develops diversity towards the creation of students who are whole and have intellectual, emotional and spiritual.

So, based on the nature of this general education, with advances in science and technology that are sophisticated and increasingly developing affect students in changing their character. But with the advancement of technology science has a negative impact that is not in accordance with the desires achieved to create jobs. Education today, only makes students intellectually intelligent without understanding the purpose and actually utilizing education.

# Intellectual Intelligence (Intelligence Quotient)

Raven also classifies intelligence into two categories. The first category is the cognitive abilities that individuals have in general, for example the ability to remember and think. The second category is the special abilities that individuals have. cognitive ability is more a basic potential possessed by everyone to learn and adapt. This intelligence is influenced by innate factors. Special abilities are intelligences that are influenced by the environment so that special abilities possessed by one person will be different from other people. Every cognitive ability must contain special abilities. The term intelligence is used in a broad and varied sense, not only by the general public but also by members of various disciplines.

The measurement of intellectual intelligence cannot be measured with only one single measurement. The researchers found that tests to measure cognitive abilities, the main thing is to use three measurements, namely: verbal ability, mathematical ability, and space ability. Other measurements that are considered important such as mechanical, motor and artistic abilities are not measured by the same test, but by using other measuring devices. This also applies in measuring motivation, emotions and attitudes.

## **Emotional Intelligence (Emotional Quotient)**

Emotional intelligence is the ability to use emotions effectively in managing oneself and positively influencing relationships with others. Emotional intelligence is the ability to feel emotions, accept and build emotions well, understand emotions and emotional knowledge so as to enhance emotional and intellectual development.

Salovey also provides a basic definition of emotional intelligence in five main areas, namely: the ability to recognize emotions, manage emotions,

motivate yourself, recognize the emotions of others, and the ability to build relationships with others.

## **Spiritual Intelligence**

Basically, humans are spiritual beings, because they are always driven by the need for fundamental or basic questions, among others Why was I born? what is the meaning of my life? what makes something valuable? Humans are directed, even determined by a very human longing to find the meaning and value of what they do and experience.

Zohar and Marshall formulated spiritual intelligence as intelligence to face and solve problems of meaning and value, namely intelligence to place behavior and life in the context of a broader and richer meaning, intelligence to judge that one's actions or way of life are more meaningful than others. Spiritual intelligence is something that is used to develop abilities and longings for meaning, vision, and values. Underlying the things that are trusted and the role played by beliefs and values in the actions to be taken. Spiritual Quotient is human's highest intelligence.

From the above explanation it can be concluded that spiritual intelligence is the potential ability of every human being who makes himself able to determine the meaning, values, morals, purpose of life and love of great powers (God) and fellow living creatures as well as intelligence to face and solve problems namely intelligence to place behavior and live in the context of a broader and richer meaning because they feel part of the whole, so that they can place themselves and eternal happiness.



Intelligence Quotient is indeed important presence in human life, namely so that humans can use technology for efficiency and effectiveness.

#### **Characteristics of Spiritual Intelligence**

A spiritually intelligent person does not solve life's problems rationally or emotionally, but someone who is spiritually high tends to be a rational person who is a dedicated leader, that is someone who is responsible for bringing a higher value vision to others and can provide

# Conscience as a Center for Spiritual Intelligence

The dynamic climate of modern life and increasingly complex, often makes many people slip in various problems and models of the wrong modern life. A life model that tends to deify worldly success, by ignoring the truth values of conscience. This is what causes moral decline in individuals and society, and gives birth to various irregularities in the behavior and order of life.

The heart becomes an important element in spiritual intelligence. Where spiritual intelligence lies in the conscience. This is a voice that is relatively clear in the hustle and bustle of human life, which cannot be deceived by anyone, including yourself. True truth actually lies in the voice of conscience, which becomes a true cry of Spiritual Intelligence. Because, spiritual intelligence reveals true truths that are more often hidden in the midst of life scenes that are completely false and deceptive. Spiritual intelligence teaches and guides a person into a true and authentic self.

#### The Nature of Teens

Teenagers are the next generation of the nation, psychologically, teenagers are in a transition period. Called the transition because adolescents are in a transition period from children to adulthood. Adolescence is a time of turmoil and problems because that's when physical changes begin to occur in a person. Here, many people do not understand the problems of adolescents and think they are okay, but one thing to know that teenagers have broad characteristics. Lack of understanding of the general public towards adolescents, making teens closed and ultimately doing things that are not good in the community environment.

Then development in adolescence is a stage of development that needs attention. Because adolescence is a transition from childhood into adulthood, where in this case they are looking for his true identity. Viewed from the point of time adolescent self-development is growing and developing both psychologically, socially, mentally, and emotionally.

#### **Youth Physical Mining**

Teenage physical growth is the most rapid growth. Teenagers not only grow in terms of size (higher or bigger), but also experience functional progress. In adolescence is characterized by rapid physical growth. Physical condition in adolescence is seen as an important thing, but when the physical condition is not in accordance with expectations can cause dissatisfaction and lack of confidence. Especially for women whose problem is marked by menstruation, menstruation is not the same for all young women. There are young women who come too fast, but some also come very slowly. Whereas for young men, voice changes are heavier than women. Voice changes that are too early for a young man, often become a joke of other young men who have not experienced a change in voice.

Physical changes are almost always accompanied by changes in behavior and attitudes. This situation often becomes a little worse because of the attitudes of different people around him and his own attitude in response to physical changes. Consistent with the basic concept that the individual is a psychophysical entity that cannot be separated, physical growth has an influence on behavior. In adolescence, the changes that occur are so striking and clear that parents need direction.

# **Adolescent Social Development**

Social development in adolescence (puderty) is a unique period, the search for self-identity and is characterized by physical and psychological development of children. At this time wider child socialization. Children are more concerned with friends than family and many conflicts arise with parents.

Social development during puberty can be seen from two characteristics, namely the formation of peer groups either with the same sex or with different sexes and begin to separate themselves from parents. Before entering adolescence usually children are able to establish close relationships with peers. Along with that also arises groups of children to play together or make plans together. The characteristic of a group of children



## **Adolescent Mental Development**

Physically, the body undergoes changes in order to function as an adult. Socially arises a natural urge from adolescents to independence, which creates the possibility for them to stay alive in the adult world. When definitive changes in the physical and social fields occur, adolescents also experience in the intellectual field. It is in fundamental structural differences and in adolescence that one begins to develop thoughts towards maturity.

# **Development of Teenage Emotions**

Emotional adolescents are totally unexpected and very strong. They can be so passionate at one time, but soon it can turn into lackluster. This happened for no apparent reason. Adolescent emotional development that develops with developments in other fields such as; Physical, social and mental. Emotional development is actually a phenomenon / characteristic secondary to primary characteristics

# **Spiritual Intelligence Produces Changes in Behavior**

Spiritual intelligence means the potential abilities in human beings that make a person able to understand and determine the meaning, values, morals and love for the power greater than other living things. Spiritual intelligence brings humans to be able to carry themselves and go towards the more positive with more wisdom, more peace, and get the ultimate happiness.

Spiritual intelligence can help humans to strengthen their lives. Self-actualization or fulfillment of life goals, which is the highest achievement of motivation. High spiritual intelligence is characterized by growth and transformation in a person, achieving a balanced life with a better life then humans can become humane human beings. Spiritual intelligence views humans as creatures of God Almighty.

# Have a Purpose in Life

God created humans with the aim of creating humans in God's plan to take part in God's work (Ephesians 2:10). Having a life purpose that can reach all potential and help someone find true treasure. Because the purpose of life is to move people active, creative, and disciplined in taking steps to expand. In other words, the purpose of life is to make one's energy and vitality increase in an effort to achieve something far better. The purpose of life will also help

#### **Believe in Potential in Yourself**

God produces humans with their own strengths and weaknesses. On the contrary, on the contrary. Every person has self potential, this is the ability possessed by humans. Self potential will emerge if someone practices his own self potential. In God's eyes and throughout the Bible it also states that humans are valued because 'man was made in the image and likeness of God' (Genesis 1: 26-27), and also God also supports and supports His people as 'the apple of His eye' (Deuteronomy 32): 10).

Service to youth is very important, an effort to help young people find the right personality, and accept responsibility for the meaning and value that becomes clear to them when they identify themselves and increase their spiritual intelligence.

#### Conclusion

In an effort to improve the quality of human life, a person does not only need the intelligence and emotional sensitivity, but also intellectual skills do not determine the success of one's life. There is another thing that is very important to do with the meaningfulness of life that is the spiritual side. Spiritual intelligence is the internal potential of an individual that is used to deal with existential problems, namely: When someone personally feels down, trapped by habits, worries and past problems. Spiritual intelligence is considered to be one of the solutions to overcome adolescent negative behavior which at this time is often a problem for the family environment, the community environment and for the youth themselves.

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