

Exploration and Practice of the Systematic Educational Model of “Three Microelements in One” in Ideological and Political Courses in Colleges and Universities

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Abstract: The practice teaching system of "three micro-one" and "three all-round education" should be constructed, emphasizing the organic combination of micro-classroom education, Micro-Platform practice education and micro-environment education. With the coming of the new era, it is necessary to rely on the Internet + micro platform for educating people, strengthening and innovating the ideological and political education of college students. This research has made a lot of attempts, especially in the way and method of practical teaching. It has thoroughly changed the phenomena of "one-word-class" and "full-class-teaching" which have existed for a long time in teaching, and replaced them with various teaching methods such as participatory teaching, case-based teaching, situational teaching, simulation teaching and so on. Step by step, the teaching mode of "teaching and learning, learning and training, class, online and offline, off-campus" has been formed. The ideological and political work runs through the whole process of education and teaching, so that the students'ability of combining theory with practice can be exercised in an all-round way.

1. Introduction

Colleges and universities should run ideological and political work through the whole process of education and teaching, and realize the whole process and all-round education. The Red Heart Service Team set up in 2009 is to explore systematically and effectively the mode and practice of Ideological and political education for college students. This achievement is to explore the Micro-plus mode of Ideological and political education on the basis of this practice. Through the "three micro" education, namely, Micro-Platform education, micro-environment education, micro-classroom education, the "three micro" serves University thinking.

2. A Brief Introduction to the Systematic Educational Model of“Three Microsystems in One”

To explore and practice the systematic education model of "three micro-one" in political work.

First, Micro-Platform education, that is, through the full use of network Micro-Platform (micro-blog platform, Weixin public signal platform, micro-network platform, etc.) to explore and practice the mode of Ideological and political education education in Colleges and universities.

Secondly, micro-environment education is to strengthen the exploration and practical research of the mode of Ideological and political education education in Colleges and universities by making full use of micro-environment (ideological and political education integrated into the environment of professional courses, campus environment, second classroom environment and ideological and political work force).

Third, micro-classroom education is to strengthen the practice of Ideological and political education in Colleges and universities by teaching micro-ideological and political lessons and micro-party lessons before class.

This achievement has formulated a set of educational mechanism innovation, and made bold innovations in personnel training concept, remedy classroom teaching and other aspects. In particular,

a lot of attempts have been made in the way and method of practical teaching, which has completely changed the long-standing phenomena of teacher's "one-word-in-one" and "full-room-in-one" in teaching, replaced by various teaching methods such as participatory, case-in-one, situational, on-site and simulated teaching, and gradually formed. The teaching practice mode of "teaching and learning, learning and training, class, online and offline, off-campus" has been put into practice.^[1]The ideological and political work runs through the whole process of education and teaching, so that the students'ability of combining theory with practice can be exercised in an all-round way. At the same time, through the integration of in-school practice and off-campus practice, through the establishment of the Red Heart Service Team, the Love Counseling Room and the implementation of the "Three Three Three" Project and the "Micro+Project" of Party Construction, the ideological and political education practice place can be built, so as to form a classroom teaching center of Ideological and political education, Micro-Platform education, micro-environment education. People, micro-classroom education, three micro-integrated function of the systematic education model.

Since the application of the results, the quality of personnel training has been remarkable, which has been reported by provincial, municipal, central and provincial media for many times. Eight students have won national scholarships, eleven provincial first-class awards, ten second-class awards, one second-class award in the National University Challenge Cup, three good students in the whole province, nearly 200 students have been trained to become activists of Party membership, and nearly 40 students have become members of the Communist Party of China.

3. Teaching Problems Solved by the Systematic Educational Model of "Three Microsystems in One"

In the aspect of Micro-Platform education, the traditional ideological and political teaching is not effective and attractive. At present, the ideological and political classroom teaching in Colleges and universities has encountered unprecedented difficulties and challenges because of the network state of contemporary college students. The traditional methods of Ideological and political education are obsolete, dull and unattractive. The effect of Ideological and political education is not significant.

Micro-environment education is to educate students through campus cultural environment, to use campus culture to achieve the purpose of educating students, to write school history into the campus, to turn alumni into teaching materials, to turn the campus into classroom, to make up for the lack of all-round classroom education through environmental education.

In the aspect of micro-classroom education, the first is to make up for the deficiency of the whole process of classroom education, and to integrate ideological and political education into the environment of professional courses for the whole process of education. Secondly, it has changed the phenomena of "one-word-hall" and "full-hall-filling" which have existed for a long time in teaching. Micro-class education will be changed to students'pre-class teaching of micro-courses, which can take about five minutes, and can be long or short.

4. Solutions to Teaching Problems by Systematic Educational Model of "Three Microsystems in One"

Taking practical teaching as the core, we should make comprehensive use of case teaching, introducing inquiry teaching, heuristic teaching, seminar teaching, situational teaching, participatory teaching, on-site teaching and simulation teaching methods to highlight the students'principal position in the process of Ideological and political education teaching, mobilize students' autonomy in learning, and put ideological and political work into practice. It runs through the whole process of education and teaching.

The first method is to educate people both in practice and in class. Let students understand ideological and political education in practice, exercise professional skills, practice includes extracurricular practice and classroom practice.^[2] To adopt practical teaching methods and means is

to establish a practical teaching system of "combining theory with practice" and to improve students'ability of combining theory with practice. Various teaching methods such as inquiry, seminar, participation, case, situational, on-site and simulated teaching were introduced into the experimental course, and a teaching mode combining "teaching and learning, learning and training, under-class, off-stage, on-line and off-campus" was gradually formed to integrate ideological and political work. Throughout the whole process of education and teaching, students'ability to combine theory with practice is exercised in an all-round way.

The second method is to educate students in micro-environment by setting up the Red Heart Service Team and the Love Counseling Room, the "Three Three Three" Project of Party Construction and the "Micro+Project of Party Construction". Firstly, in 2009, the Department of Information Science set up the Red Heart Service Team to carry forward the spirit of volunteerism, strengthen the ideological and political education and capacity-building of College students, give full play to their professional expertise, and use their spare time to carry out voluntary services such as computer maintenance services, office automation services, multimedia courseware production services and micro-volunteers.^[3] Secondly, in 2012, the Department of Information Science set up a Party member's loving counseling room to provide ideological and political guidance, psychological counseling, employment counseling and learning counseling for students. According to statistics, over the past ten years, the Red Heart Service Team has participated in more than 500 voluntary services. The Party members'loving counseling room has conducted 212 counseling sessions for students. All 19 activists in the service team have developed into Party members.

Thirdly, in 2017, the school carried out the "333" project of Party building, with the help of more than 20 Party members and cadres in the Foreign Language Department. Over the past year, 21 students actively submitted applications for membership to the Party organizations. Four students became development targets, three students joined the Communist Party of China, 13 students received grants and four students received grants. Students have won various scholarships. Five students have actively participated in the national edition of teachers and the entrance examination for higher education. Through the Party building "333" project, students have made remarkable progress in ideology, learning and other aspects. Finally, in 2018, the Foreign Languages Institute implemented the "five micro-one" party building micro + activities. Through the teaching of micro-party lessons, devoting micro-love, making use of micro-community lottery, creating micro-platform, and carrying out micro-learning.

Third-party method, platform education, through the establishment of micro-blog platform, Wechat public signal platform (Yuzhang foreign language) and other micro-network platform, to guide the ideological and political positively, while training students'abilities in all aspects. Create a network platform, including Weixin, Weibo, website and QQ group, periodically publish the developments of Foreign Languages College, and establish a bilingual public number of Weixin - Yuzhang Foreign Languages.

5. Innovative Points of Systematic Educational Model of "Three Microsystems in One"

Firstly, the systematic education mode emphasizes the organic combination of micro-classroom education, Micro-Platform practice education and micro-environment education by constructing the practical teaching system of "three micro-one" and "three all-round education". With the coming of the new era, it is necessary to rely on the Internet + micro platform for educating people, strengthening and innovating the ideological and political education of college students.

Secondly, this mode of education has made a lot of attempts, especially in the way and method of practical teaching, which has completely changed the long-standing phenomenon of "one-word-in-one" and "full-room-in-one" of teachers in teaching, and replaced by various teaching methods such as participation, case-in-case, situational, on-site teaching, simulation teaching and so on. The teaching mode of "teaching and learning, learning and training, class and class, online and offline, off-campus" has been gradually formed. The ideological and political work runs through the

whole process of education and teaching, so that the students'ability of combining theory with practice can be exercised in an all-round way.^[4]

Thirdly, we should integrate in-school and out-of-school practice to create ideological and political education practice sites by establishing Red Heart Service Team (established in 2009), Love Counseling Room (established in 2012) and carrying out the "Three, Three, Three" Project of Party Construction (implemented in 2017) and the "Micro + Project of Party Construction" (started in 2018). It forms a systematic education mode with the functions of Ideological and political classroom teaching center, micro-platform, micro-environment and micro-classroom.

Fourth, students teach micro-ideological and political lessons. Micro-class is mainly for students to take the initiative to learn, actively find information to lecture, teachers guide students, assign tasks in advance for students to prepare for lectures. In fact, it is also a need for students to learn. Through the course of micro-ideological and political education, students have exercised courage, eloquence, psychological quality and the ability of students to appear on the stage. If what students learn is education, they will lay a solid foundation for future teachers.

Fifth, the second classroom environment education, that is, activity education, through the development of rich and colorful second classroom activities, students are invited out of the cell phone from the dormitory to the classroom, giving full play to the advantages of Ideological and political education in practice.

6. Conclusion

The exploration and practice of the "three micro-one" systematic education mode has been applied in the teaching practice of Ideological and political education in the nine majors since Grade 2009, and gradually improved. More than 500 students have benefited from it. Our college students'ideological and political education has achieved good results in personnel training.

As a ten-year voluntary service activity, the service of the Red Heart Service Team is not only a practical place for ideological and political education of College students, but also a platform for students'professional practical skills training. According to statistics, in the past ten years, the Red Heart Service Team has participated in more than 500 voluntary services, and the Party member's Love Counseling Room has provided more than 200 counseling services for students. Secondly, all 19 members of the service team of activists joined the Party developed into members of the Communist Party of China. Over the past year, 21 students have actively submitted applications for membership to Party organizations. Four students have become development targets. Three students have joined the Communist Party of China. Thirteen students have received grants. Four students have received various scholarships. Five students have actively participated in the national edition of teachers and the exam for higher education. Through the Party building "333" project, students have made remarkable progress in ideology, learning and other aspects.

Since the application of the results, the quality of personnel training has been remarkable, which has been reported by provincial and municipal TV stations and by the central and provincial media. Eight students have won national scholarships, eleven provincial first-class awards and ten second-class awards. They have participated in one of the second-class awards of the National College Students Challenge Cup. There are three good students in the whole province. Nearly 200 students have been trained to become active members of the Party and nearly 40 students have become members of the Communist Party of China.

6.1. The Teaching Effect of Ideological and Political Education Has Been Significantly Improved

To solve the practical problems of Ideological and political education teaching. Micro-class education will be replaced by students teaching micro-courses. Micro-class is mainly for students to take the initiative to learn, take the initiative to find information to lecture, teachers should guide students, assign tasks in advance so that students can prepare for lectures. In fact, it is also a need for students to teach micro-ideological and political lessons. Through micro-ideological and political

lessons, students have exercised courage, eloquence, psychological quality, and the ability of students to appear on the stage. If what students learn is education, they will lay a solid foundation for the future examination of teachers.

6.2. Significant Improvement of Students' Practical and Innovative Abilities

The students' practical ability has been continuously improved. In 2018, foreign language college students won 37 awards at or above the provincial level. In 2018, the first employment rate of foreign language college was 85.06% (the second in the whole school), and the passing rate of written examination of teacher qualification certificate was 63.5%, which was much higher than the average of 28.82% in Jiangxi Province. The passing rate of CET-4 and CET-6 was higher than the national level. On the basis of the average level, it has increased year by year. Students' scientific and technological innovation ability has been continuously trained and promoted, and has won outstanding achievements in the National Challenge Cup extracurricular academic science and technology works competition and the Chinese Internet + College Students' innovation and entrepreneurship competition.^[5] Among them, only the 2018 provincial "Challenge Cup" competition was awarded two provincial level 1 awards, and the fourth China Internet + college student innovation. The silver medal and the bronze medal of the national competition for entrepreneurship in Jiangxi Province are one. The 3rd National Constitution Learning Activity is the first prize in Jiangxi Competition Area.

6.3. It Has Been Affirmed by the State and Jiangxi Province

The application of this achievement has been affirmed by the state and Jiangxi Province. In 2017, it was supported by the National Social Science Foundation Project "Research on the Ontological Paradigm of Ideological and Political Education". In 2013, it was supported by the Ministry of Education Humanities and Social Science Project "Research on the Ontological Problem of Ideological and Political Education". In 2018, it was supported by the Ministry of Education Humanities and Social Science Project "Hand-in Research on Practical Innovation in the Construction of Party Branches for College Students in the New Era. 2010, 2016, 2017 and 2018 were supported by the humanities and social sciences research projects of colleges and universities in Jiangxi Province.

6.4. The Social Influence Has a Good Response and Can Be Used for Reference in the Development of Ideological and Political Education

This achievement has published 28 papers on Ideological and political education, including 10 papers on CSSCI or Chinese core journals, one academic monograph and one patent on Ideological and political education, which has had a good social impact and provided theoretical basis and practical experience for the establishment and improvement of Ideological and political practical education teaching system in similar universities. The "three micro-one" talent training mode pursued in this achievement attaches great importance to the cultivation of students' practical innovation spirit and comprehensive quality, attaches importance to practical links, forms an integrated mechanism of "teaching, learning and doing", and establishes a platform and place for practice. These measures are aimed at training talents in the new era, and are of the same kind to the whole country, especially in the central and Western regions. The establishment and improvement of practical teaching system in Colleges and universities has an important reference and demonstration role.

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2. Creation of Ideological and political work in Universities from the perspective of "politics and governance" in universities of Jiangxi Province in 2017 New Research (No. ZZ17201)

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