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### **P6.20: EFFECTS OF DIFFERENT MEASUREMENT TECHNIQUES ON CAROTID STIFFNESS EVALUATION**

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**Conclusion:** Ageing influences observed arterial stiffness values at given blood pressures through underlying changes in the properties and mechanical loading of arterial wall constituents.

#### P6.18 CAROTID-FEMORAL PULSE WAVE VELOCITY ESTIMATED BY AN ULTRASOUND SYSTEM

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To date, regional aortic stiffness can be evaluated by the reference tonometric technique via the pulse wave velocity (PWV) measured in two points: the carotid and the femoral arteries. Based on a similar intersecting tangent algorithm, we have developed a new method for the determination of carotid-femoral PWV using a high-resolution echo tracking ultrasound system. Herein, PWV can be computed from the measurement of the transit time between the foot of the carotid diameter waveform and the foot of the femoral diameter waveform. The study was carried out on 50 consecutive patients at rest (29 men, mean age  $30 \pm 18$  yrs) recruited on the occasion of a vascular screening for atherosclerosis. Carotid-femoral PWV was determined by a trained operator using a tonometric technique, (PWVpp, PulsePen, Italy), and an echotracking ultrasound system, (PWVus, e-tracking Alpha 10, Aloka, Japan). Relationship between PWVpp and PWVus was evaluated by linear regression. A Pearson's correlation coefficient of  $r=0.95$  was found between both variables (95% confidence interval 0.90-0.99;  $P<0.0001$ ;  $PWVus = 0,91 \cdot PWVpp + 0,44$ ). The Bland-Altman plot comparing PWVpp and PWVus showed a systematic offset of  $-0.07$  m.s<sup>-1</sup> with a limit of agreement from  $-1,33$  to  $1,19$  m.s<sup>-1</sup>. Our results show an excellent and significant correlation between both techniques which confirms that ultrasound system can provide a reliable estimate of the regional aortic stiffness like the tonometric technique does. Additional studies are now needed to show the simplicity of the measurement using ultrasound system while maintaining reliability even in overweight patients.

#### P6.19 PHYSIOLOGICAL CORRELATES OF AORTIC RESERVOIR AND EXCESS PRESSURE IN MAN

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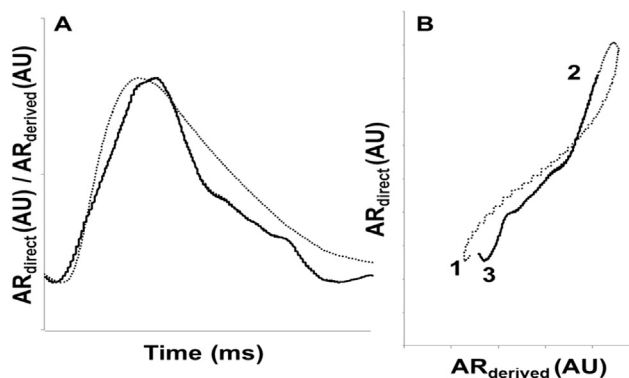
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**Background:** Central (aortic) blood pressure (BP) indices independently predict cardiovascular events and all-cause mortality, but the physiological mechanisms underlying aortic BP waveform morphology are subject to debate. The 'aortic reservoir' and 'excess pressure' are proposed as determinants of aortic BP, but this relationship has only been assessed using a mathematically-derived aortic reservoir-excess pressure model ( $AR_{derived}$  and  $XP_{derived}$ ). This study aimed to directly measure the aortic reservoir ( $AR_{direct}$ ; by cyclic change in aortic volume) and determine the relationship with  $AR_{derived}$  and aortic BP.

**Methods:** Ascending aortic BP and Doppler flow velocity were recorded via intra-arterial wire in 10 males (aged  $62 \pm 12$  years) during coronary artery bypass graft surgery. Simultaneous ascending aortic transesophageal echocardiography was used to measure  $AR_{direct}$ . Published mathematical formulae were used to determine  $AR_{derived}$  and  $XP_{derived}$ . A direct excess pressure ( $XP_{direct}$ ) was calculated by subtracting  $AR_{direct}$  from aortic BP.

**Results:** When normalised to the same scale (Figure A),  $AR_{direct}$  (solid line) was strongly and linearly related to  $AR_{derived}$  (broken line) during systole ( $r=0.980$ ,  $P<0.001$ , Figure B, point 1-2) and diastole ( $r=0.987$ ,  $P<0.001$  Figure B, point 2-3). The cyclic relationship between aortic BP and  $AR_{direct}$  was qualitatively and quantitatively ( $P>0.05$ ) similar to the cyclic relationship between aortic BP and  $AR_{derived}$ . Furthermore,  $XP_{direct}$  was linearly related to  $XP_{derived}$  during systole ( $r=0.909$ ,  $P<0.001$ ) and diastole ( $r=0.663$ ,  $P<0.001$ ).

**Conclusion:** Aortic reservoir and excess pressures are physiological phenomena highly related to mathematically-derived aortic reservoir, excess pressure and aortic BP.



#### P6.20 EFFECTS OF DIFFERENT MEASUREMENT TECHNIQUES ON CAROTID STIFFNESS EVALUATION

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In recent years, great attention has been placed on local carotid elasticity. Carotid pulse wave velocity (cPWV) can be considered a surrogate marker for carotid stiffness evaluation. Aim of this study was to compare four different techniques for carotid stiffness assessment.

Ten young healthy subjects ( $34.7 \pm 6.9$  years, 40% males, BMI  $21.6 \pm 2.2$  kg/m<sup>2</sup>) were enrolled. For each volunteer, four different carotid stiffness measurements were obtained: i) ultrasound carotid stiffness (CS) values were estimated from US diameter and tonometric pulse pressure measurements combined by Bramwell-Hill equation ii)  $cPWV_{loop}$  values were calculated from US simultaneous measurements of diameter and flow velocity using the lnD-V loop slope iii)  $cPWV_{MRI}$  values were obtained from velocity-encoded MRI images using QA method iv)  $cPWV_{Acc}$  values were achieved by means of a new accelerometric system which consists in two percutaneous accelerometers placed 2.4 cm apart on the subject's neck; PWV is calculated dividing the distance between the sensors for the time delay between the signals.

Table 1 shows the results of the comparisons between CS ( $5.39 \pm 0.76$  m/s),  $cPWV_{MRI}$  ( $5.81 \pm 0.77$  m/s),  $cPWV_{loop}$  ( $4.18 \pm 0.96$  m/s) and  $cPWV_{Acc}$  ( $5.12 \pm 1.25$  m/s) values. All the comparisons exhibit satisfying correlations. The only non-significant bias is shown by the comparison between CS values and  $cPWV_{Acc}$  ones while the comparison between CS measurements and  $cPWV_{loop}$  evaluations provides the lowest standard deviation of the difference.

In conclusion, this preliminary study suggests that attention should be placed when using different methods of carotid stiffness assessment, especially in case of comparison between values obtained with different methods.

Table 1

	Mean Difference $\pm$ SD of difference (m/s)	R <sup>2</sup>
CS vs $cPWV_{loop}$	$1.29 \pm 0.42$	0.81
CS vs $cPWV_{MRI}$	$-0.51 \pm 0.54$	0.55
CS vs $cPWV_{Acc}$	$0.27 \pm 0.75$	0.67
$cPWV_{loop}$ vs $cPWV_{MRI}$	$-1.77 \pm 0.56$	0.71
$cPWV_{loop}$ vs $cPWV_{Acc}$	$-1.16 \pm 0.57$	0.66
$cPWV_{MRI}$ vs $cPWV_{Acc}$	$-0.92 \pm 0.99$	0.39

#### P6.21 EFFECTS OF PHARMACOLOGICAL DRUGS ON THE AORTIC PRESSURE PULSE: UNDERSTANDING MECHANISMS THROUGH MODELLING

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Aortic pulse pressure and other pulsatile components of the aortic pressure pulse are important predictors of cardiovascular outcomes, however the