

Exploration and Practice of Carrying Out Humanistic Quality Education in College English Teaching

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ABSTRACT

To realize the goal of sustainable development, higher education must grasp the relationship between science education and humanistic quality-oriented education, and vigorously promote the integration of humanistic education and scientific education. Humanistic quality education is an important part of university education. College English teaching should not only improve students' language ability, but also inspire and improve the humanistic quality of contemporary college students through the study of English. On the basis of discussing the connotation of humanistic quality, this paper introduces the importance of humanistic quality education to students, analyzes the feasibility of integrating humanistic quality education into college English teaching, and then puts forward how to integrate humanistic quality education into college English teaching.

Keywords: *humanistic quality education, college English teaching, significance, practice*

1. INTRODUCTION

Looking at the process of English teaching reform and development, it is easy to see that it basically follows the path of "knowledge, ability, and quality". That is, from the beginning of the emphasis on the imparting of knowledge to gradually attach importance to the comprehensive skills training and development, to the present emphasis on the cultivation of quality in English teaching, especially the cultivation of cultural quality. Therefore, strengthening the cultivation of humanistic quality in college English teaching is not only a part of the reform of English teaching, but also a major problem that English teachers need to face.

2. THE CONNOTATION OF HUMANISTIC QUALITY

The so-called "humanistic quality" refers to the humanistic knowledge that people have and the personality, temperament and accomplishment expressed in people after the internalization and sublimation of these knowledge. The word "humanistic quality education" has been widely used. The essence of education is human education, but in the actual teaching activities, the most essential person is unconsciously ignored, and the importance of knowledge education and professional education is subconsciously emphasized. Education is not education in the strict sense if it leaves out people. As Karl Theodor Jaspers [1] said, "education is the education of the human soul, not the accumulation of intellectual knowledge and knowledge." It can be seen that humanistic education is the essence of education and plays an important role in the cultivation of college students.

Therefore, we call for humanistic quality education. So, what is humanistic quality education? "Humanity" refers to various cultural phenomena of human beings. Humanistic quality refers to the rational awareness and practical ethics of human beings. It includes the realistic moral norms of people's life and the sublimation of people's outlook on life and values, the education of human nature and the cultivation of humanistic spirit.

3. THE SIGNIFICANCE OF CULTIVATION COLLEGE STUDENTS' HUMANISTIC QUALITY

The Chinese nation has a fine tradition of attaching importance to the humanistic spirit. Confucius, the great educator in ancient China, believed that education is to teach students to learn how to be a man. Confucius taught his disciples the six arts of rites, music, calligraphy, numeracy, archery and imperial arts, forming an ancient Chinese educational system that comprehensively educated students from virtue, intelligence, physique and beauty. Mr. Cai Yuanpei, the modern educator, also believes that the purpose of education is to make people develop a sound personality [2]. It can be seen that Chinese traditional education theory is people-oriented. Nearly a century, however, with the historical process of industrialization and modernization, coupled with the global prevalence of pragmatism, utilitarianism is supreme, the higher education in the general value of modern science and technology education at the same time, gradually weakened the humanistic quality education, neglecting to college students' ideal, moral, cultivate sentiment and edify. Especially in our country, over the years, our basic education has not get rid of the bondage of "exam-oriented education", a considerable number of

college students come to the campus with innate deficiency of humanistic quality. In addition, higher education places more emphasis on specialty than foundation, more emphasis on practicality than humanities, more emphasis on success education than life education, more emphasis on science and technology education than humanities education, which turned the sacred institution of higher learning into a "talent crash course" and "higher vocational training institute". The imbalance between science education and humanities education leads to the imbalance between science quality and humanities quality of college students [3].

In college English teaching, English teachers mainly focus on the basic skills of English learning and regard English teaching as a pure language course, ignoring the cultivation of students' humanistic quality. In fact, only by truly establishing the humanistic education concept of "people-oriented" can teachers truly train students to become "talents" rather than simply train students to become "talents". In this way, English teaching has a strong vitality. As the carrier of culture, language gathers human civilization and wisdom and contains rich humanistic contents, which requires college English teachers to be good at exploring the humanistic connotation of English teaching, promoting students to develop cognition, enriching emotion and improving personality, and making foreign language learning a process of learners' personification. The process of English teaching should be an unforgettable and beautiful experience in the life of teachers and students. Through sincere communication, teachers and students can enhance their emotion, improve their humanistic quality, and improve the effect of college English teaching.

4. THE FEASIBILITY OF INTEGRATING HUMANISTIC QUALITY EDUCATION INTO COLLEGE ENGLISH TEACHING

4.1. The Guideline of the Ministry of Education Provides a Theoretical Basis for the Integration of College English Teaching and Humanistic Quality Education

College English curriculum requirements [4] issued by the department of higher education of the ministry of education points out: "college English curriculum is not only a basic language course, but also a quality-oriented education course to broaden knowledge and understand world culture, both instrumental and humanistic. College English teaching is not only a language teaching, but also a comprehensive study and understanding of the knowledge of English-speaking countries. The integration of humanistic quality education into college English teaching can cultivate students' sense of social responsibility through subtle influence, and finally lay a good foundation

for the cultivation and improvement of their comprehensive quality.

4.2. The Characteristics of College English Curriculum are Conducive to the Integration of Humanistic Quality Education

College English is a basic course. Compared with other courses, it has a long teaching cycle, usually two years, many classes, complicated teaching levels, and the most extensive influence. The teaching teachers generally change little and have good continuity. These are conducive to teachers in the process of teaching students to carry out humanistic quality education.

4.3. College English Textbooks have Advantages in the Process of Humanistic Quality Education

At present, English textbooks used in many colleges and universities cover a wide range of subjects, including history, cultural customs, politics, economy, science and technology, medical treatment, education, environment, society, family and so on. They contain rich humanistic knowledge and spirit, and are a good medium for humanistic quality education. In the process of learning language, students not only acquire the language of skills, but also acquire the knowledge of culture.

5. THE WAY TO INTEGRATE HUMANISTIC QUALITY EDUCATION INTO COLLEGE ENGLISH TEACHING

5.1. Renew the Idea and Establish the Education Idea of Humanism

"If you want to move the world, move the heart of the world first." The "heart" here refers to the concept of consciousness. We talk about taking action, but if we don't, we won't [5]. Teachers born out of the traditional education, if there is no ideological update and change, they can only continue to mislead the children. Therefore, the implementation of humanistic quality education in college English teaching must first have the educational concept of humanism. As English teachers, we must put people first. Above all, we must realize that the students are human beings, flesh and blood, full of emotion, not containers to receive knowledge. We must realize that the purpose of education is to train the builders and successors of socialism with moral, intellectual and physical development in an all-round way, and to train future people with a world consciousness and a global vision. While imparting knowledge, we should develop their comprehensive ability, improve their quality in all aspects,

and gradually cultivate individuals with innovative spirit and subject spirit. We should stimulate students' learning enthusiasm and team spirit, discard utilitarian thoughts such as examinations, passing grades and obtaining certificates, and combine the imparting of knowledge with educating people. We should respect students' personality, implements heuristic teaching, combines teaching with entertainment, constructs the teaching mode with students as the main body, and makes students change from passively receiving knowledge to actively acquiring knowledge. To cultivate a good relationship between teachers and students, to create a strong learning atmosphere, so that students soak in a full of humanity, rich warmth of the learning atmosphere.

5.2. Improve the Humanistic Quality of College English Teachers, Strengthen Education and Self-education

The humanistic quality of educators determines the success or failure of humanistic quality education. "A teacher himself is a textbook, his outlook on life, values, attitude towards learning and professional dedication is the most intuitive means of education. The social and cultural values and aesthetic feelings reflected by his personality charm are important references for students' individual cultural construction. Teachers' own ideological realm, moral cultivation, moral sentiment and so on will have a profound impact on the formation of students' ideological character [6]."

To improve the humanistic quality of teachers, teachers must do the following two points: one is the virtue of teachers. Virtue is the foundation of life. This moral code is higher and stricter for the teacher, because what he says and does has a rather profound effect on the students. So our teachers must be filled with enthusiasm, with the lofty sense of mission for the society and the country to cultivate the pillars of talent, students contain deep feeling, think what students think, anxious students Only in this way can he be full of energy and devote himself to teaching. At the same time also only such a teacher can also infect his students, let the students feel his personality charm. The other is the teacher's talent, including the professional knowledge and skills, other field knowledge, including politics, economics, science and technology, history, philosophy and so on, but also education and teaching management knowledge and skills. What needs to be pointed out here is that English teachers should not only be proficient in western cultural knowledge, but also should have a deeper study of Chinese culture, so as to be able to serve as communicators of eastern and western excellent cultures in this globalized world.

5.3. Teachers Should Emphasize the Combination of Chinese and Western Culture When Carrying out Humanistic Quality Education for Students

Chinese culture has a long history. In the process of college English teaching, teachers should guide students to absorb the essence of different cultures and accept the influence of dual cultures by comparing Chinese and western cultures. Let the long and splendid Oriental culture leave a deep imprint on their thoughts, and at the same time accept the excellent factors in the western culture, such as the sense of competition, the sense of independence, etc., to achieve the complementary effect and become innovative talents.

5.4. Give Full Play to the Subjective Initiative of College Students

On college campus, students are the main force. They should be active participants, bold performers, active thinkers and independent learners under the guidance of teachers in English teaching. Teachers should create a student-centered classroom teaching model in the classroom, encourage students to participate actively, stimulate their enthusiasm for learning, so that they no longer blindly rely on teachers, consciously and actively complete the role transformation, and become innovative talents [7].

5.5. Cooperative Learning

Cooperative learning refers to the mutual learning in which students have a clear division of responsibilities in order to accomplish common tasks [8]. Cooperative learning encourages students to work together for the benefit of the collective and individual, and to realize their own ideals in the process of completing common tasks. In the specific organization process, teachers should first clarify the significance and purpose of cooperative learning, encourage students to actively participate in group activities, and strengthen students' sense of autonomy. In the assignment of tasks, there should be a clear division of labor, strengthen the concept of time and sense of responsibility, require each student in the group to have the opportunity to exercise, guide students to establish and maintain a harmonious partnership, to achieve positive interaction; In group activities, to guide students to overcome difficulties, try to communicate in English, in order to achieve the ideal learning effect.

Through cooperative learning, can improve the students' learning efficiency, effective access to knowledge, developing thinking ability, promote knowledge, but also can promote the development of students' cooperation ability, cultivate their awareness of communication, organization and management ability, cooperation ability, cultivate their understanding others, respect for others,

tolerate their personality, which can achieve both learned knowledge and learned the purpose of life.

5.6. Carry out Rich and Colourful Campus Cultural Activities to Promote the Self-improvement of Students' Humanistic Quality

Campus culture full of humanistic spirit will always influence students' thinking and behavior. English teachers can purposefully guide students to carry out and actively participate in extracurricular activities. For example, cultural lectures, English speech contests, English drama, sketch performances, film and television appreciation, etc. Through reading, audiovisual, performance and other forms of activities, students experience the joy of learning English, but also experience the similarities and differences between Chinese and western cultures, thus optimizing their feelings, beliefs and values, and realizing the cultivation and improvement of humanistic quality [9]. The above points are only from the perspective of concept, teachers, textbooks and learning methods. In addition, teachers can optimize the psychological environment of classroom teaching, use multimedia technology for foreign language teaching, develop the second classroom activity dominated by humanistic quality education, and reform testing and evaluation methods to strengthen students' humanistic quality education. At the same time, schools should create a colorful campus culture atmosphere, so that students in the osmosis of education.

6. CONCLUSION

In summary, in deepening the reform of college English today, we should try to promote the transformation of English teaching from ability to quality, vigorously strengthen humanistic quality education, and comprehensively improve the humanistic quality of college students, which is in line with the requirements of social development and the progress of The Times. In college English teaching, we should fully recognize the significance of humanity quality education, changing the traditional education idea, improving teachers' humanities accomplishment, make full use of teaching material of human material and mining, the implementation of cooperative learning, from various aspects to strengthen the humanistic quality education of college students, enabling them to learn to learn, learning life, learning to do things, be good cognition, good feelings and perfect personality.

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