

# Trial Design of Sexual Education Module on Children

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## ABSTRACT

Safety behavior is an important development aspect to anticipate violence against children. This study aim to develop the sex education module for kids. The participants came from all the children in Surabaya. Through the R&D, this study has developed the module to protect children from the sexual abuse. Learning in the module includes knowing parts of the body that may be touched or parts of the body that cannot be touched by others, covering up the genitals and knowing who can hug and kiss the cheek of a child, know the behavior of abuse, abuse situations, and how to reject and report it, The material can develop aspects of child development, namely cognitive, motor, language, social emotional, and art. Used the experimental trial design for the dissemination revealed that significance difference between per and post test. The implications of this study are build the awareness for the parent and help children recognize their sensitive part of body. Therefore they can be assertive whether they face on the abuse problem.

**Keywords:** *Sexual Education, Safety Behavior Child Abuse.*

## 1. INTRODUCTION

Caring for children can be started from the family, both at home, or at school by providing protection and knowledge for the provision of children in the future. Provision of provisions is intended so that children can place themselves well in the community and children can also protect themselves from the rigors of the outside world, given the many irregularities that occur in the community and do not rule out the possibility of the target of these deviations are children.

The obvious impact is that the child will experience trauma caused by abuse received by the child. Responding to this, the need for equipping children so that children can avoid unpleasant treatment for children. The impact of trauma due to abuse experienced by children, including the loss of children's confidence in adults (betrayal); sexual trauma (traumatic sexual); and feel helpless (powerlessness) [3].

One of the knowledge that must be given to children from an early age is sexual education where proper education can lead children to become individuals who are able to protect themselves from dishonorable actions and actions that will threaten themselves. Basically sexual education for children is very important to give. It aims to prevent the conduct of improper behavior in early childhood.

According to [6] concerning the development of motor physical aspects there are three kinds, one of which is motor health and safety behavior. Health and safety behaviors which include weight, height, head circumference according to age and ability to live clean, healthy, and care for their safety.

Many foreign researchers who conduct research on sexual education in early childhood is useful for providing children in protecting themselves from deviations outside. This phenomenon shows the importance of understanding sexual education in childhood. One of the studies conducted abroad was research on sexual education [9]. He applied the concept of three "R" in his research, namely recognize (recognize), resist (reject), and report (report) [9].

The current obstacle is that there are no lessons about sexual education which is basic education that must be obtained from home. Parents who are busy with their work, as well as parents who do not understand how to provide sexual learning to children as a tool to start early. Even at school sexual education has not run optimally. The provision of sexual education to young children at school has not been carried out to the full. This is because the community considers that sexual education for early childhood is still taboo to do. Though it is important knowledge for the survival of children. Therefore the need for special teaching materials for the application of sexual education in early childhood in which there are elements of Islam so as not to eliminate the Islamic religious culture.

## 2. METHOD

### 2.1. Design of Study

This research is a research and development (R&D). It has method used to produce certain products, and test the effectiveness of these product (Sugiyono, 2015: 407).

This model uses the ADDIE approach (Analysis, Design, Development, Implementation, and Evaluation) adapted from Branch (2009: 10) who argues that "ADDIE is a product development concept. Make a product using the fixed ADDIE process being one of the most effective tools used at the time this. ADDIE is only used as a process serves to unify the framework in which situation complex. Development with the ADDIE model for developing an educational product and other learning resources".

This trial disseminate at the B Group of Kindergarten that expected to be feasible reference in learning related to sexual education in early childhood.

According to Pribadi(2014: 23) ADDIE research procedures consists of five stages of research which include Analysis,

Design, Development, Implementation, and Evaluation. the procedure for developing a trial module has been through the following stages.

**2.2. Trial Design**

The design of the ADDIE research test in this study was conducted with field trials using a class consisting of 15 children to be given activities through modules. Then use a questionnaire use two teachers as the participants. This trial will determine the next evaluation process. The trial design in this study was conducted with using one group pre-post test experimental design. This research was conducted through a pre-post test to find out the effective and efficient use of modules learning kindergarten safety behavior group B. In order to figure out the effectiveness and efficient use of modules learning kindergarten safety behavior group B.



Fig.1 Trial Design

Note:

O1: Pretest Results

X: Treatment the sexual education module

O2: Posttest results

**3. RESULTS AND DISCUSSIONS**

A module is a teaching material that contains relatively short and specific contents that are structured to achieve learning objectives. Modules usually have a series of activities related to the material available [4].

The program is a statement containing the conclusions of several hopes to achieve a common goal. Usually a program includes all activities with interdependent and complementary goals, all of which must be carried out simultaneously or in sequence [5].

The children' safety learning module has links to five aspects of child development, namely cognitive, motor, language, social emotional, and language. This module has a learning program where group B children will receive

learning about safety behavior, starting from the child knowing body parts that can be touched and body parts that cannot be touched by others, then also children are taught to cover their genitals and know who is may hug and kiss the child's cheek.

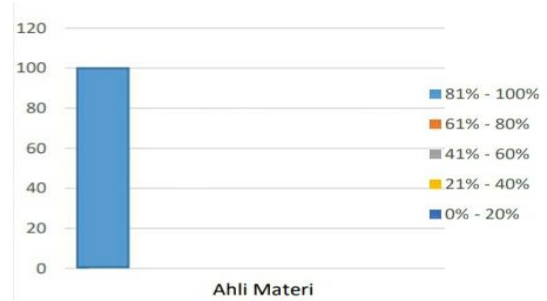


Fig 2. Percentage of Media Validity

The Group B Kindergarten safety behavior learning module was declared feasible after passing the material validation test aimed at the material expert. It was also seen from the results of a teacher questionnaire with two respondents. Based on the results of the material validation test that is 100% and the results of the combined feasibility of the two respondents in the questionnaire that is 83.75%, it can be concluded that the product development of the Kindergarten Kindergarten safety learning module is categorized as suitable for use in learning activities. The material in the development of the Kindergarten Kindergarten safety behavior learning module group B includes the introduction of one's own body, closing genitals, dangerous situations and dishonorable behavior, as well as rejecting and reporting dishonorable behavior. The learning in the module is structured and can develop aspects of development in children, such as physical motor, NAM, cognitive, language, social emotional, and art.

After validating the media experts and material experts, then conduct research through the learning process in class with 15 children. This study aims to see the effectiveness of learning modules in kindergarten through testing the ability of children. This research was conducted in Kindergarten Aisyiyah Bustanul Atfhal 39 Surabaya for 6 meetings. The first meeting the child is given a card that contains pictures and questions about safety behavior. From the activities at the first meeting a small number of children already knew about safety behavior, but most still did not know safety behavior.

**TABLE 1. Summary of Pre & Post-test Results**

Experiment	Total Score
Pre-Test	34%
Post-Test	93%

Based on the average results on the children's scores from the observation sheet results showed a pre-test percentage of 34%. Based on the results of the average value of children showed a percentage of post-test 93%. This percentage will be related to the effectiveness criteria of the product in children according to [2] which has shown that the safety behavior learning module is said to be effective "very good" and has the information "successful" which can be used to develop physical motor, NAM, cognitive, language, social emotional, and art in children.

A very significant difference in the study conducted obtained an average pre-test 34% > 93% post-test. This percentage shows that the use of safety behavior learning modules in Group B Kindergarten can achieve the learning goal of increasing children's knowledge.

#### **4. CONCLUSION**

Based on the content study and discussion described above, it can be concluded that the safety B learning model for kindergarten group B is a teaching material that can help teachers in structured sexual education for children. This learning module is very useful for children given that there is currently a lot of abuse in the community involving early childhood as the target. For this reason, it needs to be instilled in children how to recognize and anticipate abuse that could someday happen to children. The existence of the learning module of the group B children's kindergarten Islamic behavior is expected that the child can protect himself from people who have bad intentions.

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