High Performance Supercapacitor Based on Activated Carbon Electrodes Prepared Using Microwave Temperature as Process Parameter

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ABSTRACT
The activated carbon (AC) electrodes were prepared by a two-step microwave-induced CO₂ activation of OPS using bed temperature as control parameter. The electrochemical properties of the AC electrodes were investigated at room temperature by cyclic voltammetry (CV), galvanostatic charge-discharge (GCD) and electrochemical impedance spectroscopy (EIS) in 1 M H₂SO₄. The morphology, textural and chemical composition of the AC electrodes were characterized using scanning electron microscopy (SEM), transmission electron microscopy (TEM), N₂ adsorption isotherm and X-ray diffraction (XRD). The specific surface area (S_BET), the total pore volume (V_t) and the micropore volume (V_m) were found to increase with increase in both bed temperature and activation time with AC900-40 having the highest BET surface area of 574.37 m² g⁻¹, total pore volume of 0.124 cm³ g⁻¹ and micropore volume of 0.116 cm³ g⁻¹. However, activation time was observed to have more profound effect as indicated by the values for AC800-40 being higher than that of AC900-20. The results of the electrochemical characterization show that the AC electrodes exhibit specific capacitance, power density and energy density of 134.68 F g⁻¹, 225 W kg⁻¹ and 4.68 Wh Kg⁻¹, respectively. Thus, the results indicated that using bed temperature as control parameter in microwave heating is a promising route to producing AC electrode with excellent performance.

Keywords: Oil palm shell, activated carbon, microwave activation, supercapacitor

1. INTRODUCTION
Solar and wind energy are two of the renewable energy sources with abundant natural supply capable of meeting the global energy demand. However, the intermittent nature of these energy sources demands the provision of an energy storage system for smoothing of the energy being generated and storage of the excess energy during peak period for use during the off-peak period. Batteries, supercapacitors and fuel cells belong to the system of electrochemical energy storage that form an integral part of renewable energy group. Although, the battery is the number one choice as storage device, nonetheless, much attention is currently being paid to supercapacitors due to high power density that is in multifold of that of batteries, high specific capacitance and extended cycle life [1]. Furthermore, supercapacitors are safe and almost maintenance free thus presenting a practical way out to energy problem in rural areas that are not connected to public grids [2]. A major challenge confronting the supercapacitors is the small energy density. To increase the energy density of supercapacitor there must be a corresponding increase in either the specific capacitance or potential window or both, since the energy density of the capacitor has a direct proportionality to the specific capacitance and square of the voltage. Addressing the problem require the use of electrode materials with high specific capacitance, electrolytes with wide voltage range and optimization of the structure of integrated system [2]. The electrochemical characteristics and behavior of supercapacitors are largely dependent on the electrode material used for their fabrication. The electrical double layer capacitors (EDLCs) are fabricated using carbon based electrode materials such activated carbon. The pseudocapacitors on the other hand are fabricated using either transition metal oxide or conducting polymer.

Activated carbons (AC) are usually prepared using physical or chemical activation process. Physical activation technique consists of the carbonization of the forerunner to obtain char and subsequent activation of the char using steam, carbon dioxide or air or a blend of these gasses as the activation agent [3]. Chemical activation technique on the other hand involves mixing of any
suitable activation/dehydration agents (e.g., ZnCl$_2$, H$_3$PO$_4$, KOH, K$_2$CO$_3$, NaOH) with either the carbonaceous material or biochar prior to activation. Thermal (conventional) and microwave heating are the two types of heating method usually employed to produce activated carbon. In thermal heating, carbonization and activation are commonly carried out in a tubular furnace which serves as the external heating source. Poor quality of the prepared activated carbon due to the thermal gradient from the surface to the interior of the particle and longer processing time are the bane of the conventional heating method. The increase in the use of microwave heating for the preparation of activated carbon by researchers currently being witness has been attributed to its shorter processing time and improved efficiency [4]. In microwave heating process, the heating is both internal and volumetric resulting in a rapid increase in the particle temperature which is uniformly propagated from the interior of the particle to the outer part of the particle [5].

Over the years, researchers in the area of microwave-induced preparation of activated carbons have used microwave power as a control parameter because, according to Guo and Luan [6], accurate measurement of the sample’s temperature in the microwave energy field is practically not possible. This study is aimed at preparing activated carbon from oil palm sheath via microwave-assisted CO$_2$ activation using bed temperature as process parameter for application as supercapacitor electrode.

2. METHODOLOGY

2.1. Production of Activated Carbon

Production of AC was carried out under microwave irradiation by physical activation that involved the carbonization of OPS to obtain biochar and subsequent activation of the biochar using CO$_2$ as activation agent. Modified domestic microwave (2.45GHz, 1kW) having a power of 800W was used for this study. The bed temperature of the char and AC was monitored and controlled using a PID controller that was equipped with a K-type thermocouple. Details of the microwave-induced carbonization and CO$_2$ activation adopted for the fabrication of the AC can be found in our earlier study [7]. The four AC samples were termed AC800-20, AC900-20, AC800-40 and AC900-40, where 800, 900 stand for bed temperature in degree Celsius and 20, 40 stand for activation time in minutes.

2.2. Physicochemical Characterizations

The morphological and structural characterizations of the AC sample were done by scanning electron microscopy (SEM) analysis (Philips XL40) and transmission electron micrograph (TEM) analysis (JEEM-ARM200F). Pore structure analysis of the AC samples was carried out using N$_2$ adsorption/desorption isotherm at -196 °C with Micromeritics 3Flex (Version 3.01). Data from the N$_2$ adsorption isotherm were fitted into Brunauer-Emmett-Teller (BET) equation for the estimation of the specific surface area. Measurement of the crystal phase was performed by X-ray diffraction (XRD) (Rigaku diffractometer) under Cu K$_\alpha$ radiation at 40 kV, 30 mA in the 2θ range of 20° to 90°.

2.2. Electrochemical Characterizations

Evaluation of the electrochemical properties of the as prepared electrode was carried out using a symmetrical supercapacitor cell having two identical electrode because of its ability to mimic practical supercapacitor. About 0.12 g of AC powder and 0.09 g of glycerin gel were mixed together and properly stirred to form an extrudable mass. Nickel foam with a thickness of 0.5 mm and 110 PPI was used as current collector and a 10 metric ton hydraulic press was used to compress the extrudable mass onto the nickel foam to form pellet having a thickness and diameter of about 0.7 mm and 20 mm, respectively. A 30 µm thick cellulose paper soaked in 1 M H$_2$SO$_4$ electrolyte was used as porous separator separating the two electrodes. The electrochemical tests were performed by cyclic voltammetry (CV), galvanostatic charge/discharge (GCD) and electrochemical impedance spectroscopy (EIS) on a Gamry Instrument (Interface 1000) at room temperature.

3. RESULTS AND DISCUSSION

3.1. Morphological Characteristics and Structural Analysis

The image from SEM exhibits pores and cavities of various sizes and shapes indicating a mixture of micropores and mesopores as depicted in Figure 1(a). As can be seen from Figure 1(a), micropores are more predominant. A major requirement for application of activated carbon as electrode material is a good pore size distribution. Figure 1(b) shows the parallelism of graphene layers that are associated with a graphitizeable carbon and the 3D lace-work which is structure in activated carbons [8]. The N$_2$ adsorption/desorption isotherms obtained are shown in Figure 1(c). All the AC samples exhibit a Type I (reversible) isotherm of the IUPAC classification of physisorption isotherms. As can be seen from Figure 1(c), there is a steep uptake at low P/Po for all the samples. This steep uptake can be attributed to improved adsorbent-adsorptive interactions in narrow micropores, thus signifying that the AC samples are predominantly microporous. Table 1 displays the characteristics of the AC samples. The data depicted in the table indicated that the specific surface area ($S_{BET}$), the total pore volume ($V_t$) and the micropore volume ($V_m$) all increased with increase in both activation time and bed temperature with AC900-40 having the highest values. However, activation time was observed to have more profound effect as indicated by the values for AC800-40 being higher than that of AC900-20. Activated carbon yield is one of the criteria for commercial viability, however, since there is no significant difference in the AC yield, the preparation conditions for AC900-40 was taken as the optimum preparation conditions and AC900-40 was used for other
analysis. The XRD curve of the AC900-40 depicted in Figure 1(d) shows broad diffraction peaks with low crystallinity indicating that the AC is in an amorphous state. The in-plane conductivity requirement of activated carbon for electrochemical application is indicated by the peak at 23°, which is ascribed to (002) graphitic plane.

Figure 1 (a) SEM micrograph and (b) TEM image of AC900-40, (c) N\textsubscript{2} adsorption/desorption isotherms of all the ACs at -196 °C and (d) XRD curve of AC900-40

Table 1 Characteristics of the AC samples [7]

<table>
<thead>
<tr>
<th>Sample</th>
<th>Temp (°C)</th>
<th>Time (min)</th>
<th>(S_{BET}) (m\textsuperscript{2}/g)</th>
<th>(V_t) (cm\textsuperscript{3}/g)</th>
<th>(V_{\mu}) (cm\textsuperscript{3}/g)</th>
<th>yield (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>AC800-20</td>
<td>800</td>
<td>20</td>
<td>326.68</td>
<td>0.124</td>
<td>0.116</td>
<td>74.34</td>
</tr>
<tr>
<td>AC900-20</td>
<td>900</td>
<td>20</td>
<td>379.81</td>
<td>0.147</td>
<td>0.131</td>
<td>74.60</td>
</tr>
<tr>
<td>AC800-40</td>
<td>800</td>
<td>40</td>
<td>465.99</td>
<td>0.183</td>
<td>0.161</td>
<td>71.86</td>
</tr>
<tr>
<td>AC900-40</td>
<td>900</td>
<td>40</td>
<td>574.37</td>
<td>0.244</td>
<td>0.198</td>
<td>74.06</td>
</tr>
</tbody>
</table>

3.2. Electrochemical Characteristics

The storage mechanism of charges in the constructed supercapacitor was studied using cyclic voltammetry. The CV curves of the AC900-40 electrode at scan rate of 2, 5 and 10 mV s\textsuperscript{-1} are presented in Figure 2(a). The shape of the CV curves are similar and nearly symmetrical but slightly distorted from the normal CV shape of electrochemical double-layer capacitor. The distortion from classic shape of EDLC could be attributed to pseudocapacitance caused by the quasi-reversible surface reactions and the limitation in the charge transfer imposed by the narrow micropores [9]. The estimation of the static specific capacitance from the cyclic voltammogram was carried out using the following equation:

\[
SC_{CV} = \frac{1}{V_2 - V_1} \int_{V_1}^{V_2} \frac{I(V) dV}{4 m}
\]

where \(V_1\) and \(V_2\) stand for lower and upper integral limits of the CV curve and \(I(V)\) represents the voltammetric current.
The graph of specific capacitance against scan rate for AC900-40 is depicted in Figure 2(d). As can be seen in the graph there is a substantial drop in the specific capacitance from 156.00 F g\(^{-1}\) at 2 mV s\(^{-1}\) to about 60 F g\(^{-1}\) at 10 mV s\(^{-1}\), thus signifying that when the scan rate was increased there was a significant decrease in the specific capacitance. The observed phenomenon is attributable to impaired diffusion within the pores of the AC electrodes [9], since the as prepared AC electrode was predominantly microporous.

The galvanostatic measurement of the supercapacitor cell was carried out at constant current of 10 mA. The voltage response from GCD test is shown in Figure 2(b). The GCD curve exhibits a triangular shape that is almost linear and symmetrical. Specific capacitance value of 134.68 F g\(^{-1}\) was obtained by the following equation:

\[
SC_g = \frac{I_d}{\Delta V/\Delta t} \times \frac{4}{m} \tag{2}
\]

where \(I_d\) stands for discharge current, \(\Delta V/\Delta t\) stands for discharging curve’s gradient and \(m\) for total mass of the electrode material. Although, the \(SC_g\) fell short of \(SC_{CV}\), however, the GCD is a more reliable method for the evaluation of the electrochemical performance of a practical supercapacitor cell. A key factor governing the performance of supercapacitor is the voltage drop \(V_{\text{drop}}\) corresponding to the equivalent series resistance, \(ESR_g\) (\(\Omega\)) of the supercapacitor. The relationship between the \(V_{\text{drop}}\) and \(ESR_g\) is given by eqn. 3 in accordance with Ohm’s law.

\[
ESR_g = \frac{V_{\text{drop}}}{\Delta I} \tag{3}
\]

where \(\Delta I\) is the current at the point of changing from charging to discharging.

From the galvanostatic charge-discharge measurement results the estimation of power density \(P\) (W/kg) was based on eqn. 4 while the estimation of energy density \(E\) (Wh/kg) was based on eqn. 5.

\[
P = \frac{V^2}{4ESR_g} \times \frac{1000}{m} \tag{4}
\]

\[
E = \frac{1}{2} CV^2 \times \frac{1}{36\times m} \tag{5}
\]

where \(V\) (V) represents the operating voltage window (exclusive of the voltage drop), \(C\) (F) represents the supercapacitor capacitance and \(m\) (g) represents the total mass of the electrode material.

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\]

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\]

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mass of the electrode material. The $V_{drop}$ value and the corresponding $ESR$, value were determined to be 0.100 and 5.0 $\Omega$, respectively. At power density of 225.0 W kg$^{-1}$, the AC900-40 electrode exhibits a practical energy density of 4.68 Wh kg$^{-1}$. The electrochemical impedance of the supercapacitor was demonstrated using Nyquist plot as shown in Figure 2(c). According to Figure 2(c), at the high frequency region the supercapacitor exhibits a small semicircle while at the low frequency region the supercapacitor exhibits near vertical line showing that the supercapacitor impedance behavior is near ideal electrochemical impedance behavior. The specific capacitance ($SC_{eis}$) of the supercapacitor was found to be 130.94 F g$^{-1}$ using the following equation:

$$SC_{eis} = \frac{1}{2\pi f \times 4 \times m}$$

(6)

Table 2 Comparison of $S_{BET}$ and specific capacitance (SC) of some porous carbons reported in literature

<table>
<thead>
<tr>
<th>Biomass precursor</th>
<th>Activating Method</th>
<th>Electrolyte</th>
<th>$S_{BET}$ (m$^2$ g$^{-1}$)</th>
<th>SC (F g$^{-1}$)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oil Palm Shell</td>
<td>MW-CO$_2$</td>
<td>1 M H$_2$SO$_4$</td>
<td>574.37</td>
<td>156</td>
<td>This study</td>
</tr>
<tr>
<td>Papaya seeds</td>
<td>ZnCl$_2$</td>
<td>1 M H$_2$SO$_4$</td>
<td>1213</td>
<td>472</td>
<td>[11]</td>
</tr>
<tr>
<td>Laver (seaweed)</td>
<td>Carbonization</td>
<td>6 M KOH</td>
<td>$\leq$ 2</td>
<td>116.9</td>
<td>[12]</td>
</tr>
<tr>
<td>Coconut shell</td>
<td>KOH</td>
<td>PVDF(HFP)-PMMA-NaSCN</td>
<td>1640</td>
<td>356.2</td>
<td>[13]</td>
</tr>
<tr>
<td>Cow dung</td>
<td>KOH</td>
<td>1 M Et$_3$NBf$_3$</td>
<td>1984</td>
<td>124</td>
<td>[14]</td>
</tr>
<tr>
<td>Rice Husks</td>
<td>MW-ZnCl$_2$</td>
<td>1 M Et$_3$NBf$_3$/PC</td>
<td>1527</td>
<td>194</td>
<td>[15]</td>
</tr>
<tr>
<td>Peanut shell</td>
<td>MW-ZnCl$_2$</td>
<td>1 M Et$_3$NBf$_3$/PC</td>
<td>1552</td>
<td>199</td>
<td>[15]</td>
</tr>
<tr>
<td>Oil palm EFB</td>
<td>KOH+CO$_2$</td>
<td>1 M H$_2$SO$_4$</td>
<td>1704</td>
<td>149</td>
<td>[9]</td>
</tr>
<tr>
<td>Sugarcane bagasse</td>
<td>MW-ZnCl$_3$</td>
<td>EMImBF$_3$</td>
<td>1416</td>
<td>138</td>
<td>[16]</td>
</tr>
<tr>
<td>Cassava peel waste</td>
<td>KOH+CO$_2$</td>
<td>0.5 M H$_2$SO$_4$</td>
<td>1352</td>
<td>153</td>
<td>[17]</td>
</tr>
<tr>
<td>Sugarcane bagasse</td>
<td>ZnCl$_2$</td>
<td>1 M H$_2$SO$_4$</td>
<td>1788</td>
<td>300</td>
<td>[18]</td>
</tr>
<tr>
<td>Apricot shell</td>
<td>NaOH</td>
<td>6 M NaOH</td>
<td>2335</td>
<td>339</td>
<td>[19]</td>
</tr>
<tr>
<td>Corn grains</td>
<td>KOH</td>
<td>6 M KOH</td>
<td>3199</td>
<td>257</td>
<td>[20]</td>
</tr>
<tr>
<td>Oil Palm Kernel Shell</td>
<td>Physical-Steam</td>
<td>1 M H$_2$SO$_4$</td>
<td>730</td>
<td>74.76</td>
<td>[10]</td>
</tr>
</tbody>
</table>

4. CONCLUSION

This study have shown that activated carbon electrode with high specific capacitance and power density can be produced using controlled bed temperature as process parameter. The BET surface area, which is an important determinant of AC electrode performance was found to vary directly with bed temperature and activation time, suggesting that a good control of the bed temperature could result in AC electrodes with superior electrochemical performance.

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