

# Application of Motion and Song Learning in Early Childhood

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## ABSTRACT

The application of motion and song learning is one of the strategies implemented in Raudhatul Athfal institution. Motion is a process; an activity takes place in a process to achieve the goal of learning. Song learning, songs can stimulate children's development. In singing an early childhood song when heard in an audiasi way. The benefits of songs for early childhood development can make it easier for children to remember learning, and fun in the classroom. In the implementation of motion learning and song there are the first three stages are planning, both implementations in which there are initial activities, additional activities, development activities. There is also an evaluation of the application of motion and song learning.

**Keywords:** *learning, motion and songs, early childhood*

## 1. INTRODUCTION

Early childhood is the figure of an individual who is undergoing a rapid and fundamental development process for the next life [1]. Early childhood was at the age range of 0-8 years. At this time the process of growth and development in various aspects is experiencing a rapid time in the span of human life development [2].

Increased mobility in line with increased ability of hand and foot coordination [3]. The progression of motion can happen well if the child gains a chance large enough to carry out physical activity in the form of movements involving the entire part of the limbs. One of these movements trains motion and songs [4].

Motion and song activities are firmly attached and cannot be separated especially in giving lessons to early childhood children. Motion and song Learning is an activity in playing while learning and learning as you play. The activities performed through motion and songs are expected to delight the children as well as to touch the language development, the sensitivity of musical rhythm, development, confidence, and courage to take risks. Music experiences can improve children's ability to express their thoughts and feelings through music, through their own own and through his gestures. Music experiences in children are the basis for their mental development. Children need to be given the music experience according to their physical development [5]. This can make the child dare to perform and active in the activities of motion and songs.

Early childhood education is a coaching effort aimed at children from birth up to the age of 6 (six) years [6]. Coaching is done through the giving of educational stimuli to help the physical and spiritual growth and development so that children have readiness to enter further education [7].

Raudlatul Athfal is a form of early childhood education, which seeks to conduct coaching for children from the age of four to six years. This education is conducted through the giving of educational stimuli to help the physical and spiritual growth and development so that children have readiness to enter a further age. Raudlatul Athfal is a form of an early childhood education unit on a formal educational path that organizes general education programs and Islamic religious education for children aged four years to six years [8]

## 2. MOTION LEARNING AND SONGS

Motion learning is a series of processes connected with an exercise of experience that leads to relatively permanent changes in one's ability to display skilled movements [9]. In the study of motion, the physical God is involved also an element of emotion and feeling due to emotions and feelings of psychic elements that are the driving force in behavior [10]. A person will do certain movements when having a willingness to move and feel the need to make a move [9].

The song can stimulate the development of children, using the song, the religious values will be able to be stained in the child early on, this is a good start for the education of the nation's children to go to the next education. Children's songs are songs that are deliberately created for children, and the lyrics are also tailored to the children, the lyric song is sung about the child's world, which contains knowledge according to the age of the Child [11].

### **3. SONG CHARACTERISTICS FOR EARLY CHILDHOOD DEVELOPMENT**

Hearing is one of the faculties that plays an important role in the development of early childhood [12]. In line with child voice character that develops in line with plants and child development [13]. Child voice characteristics will also change. In general, the voices of children are beautiful, pure, light, and clear, singing a song of early childhood when heard by audio. For the voice of the daughter the form of a light voice, and for the voice of a boy (one type/similar) with the voice of a daughter up to the age of nine years [14]. Songs that make it easy for children to dance and move the body can also be a consideration for children. As children grow, it takes interesting and fun learning that is done with the game and the carefree atmosphere [11].

### **4. PRINCIPLES OF EARLY CHILDHOOD SONGS**

In creating Songs for Early Childhood education (ECE), there are a few things to be considered, such as: theme song, help child to reach the next stage of development, music melody in Early Childhood song and lyrics/song text. In creating Songs for Early Childhood education (ECE), there are a few things to be considered, such as: theme song, help child to reach the next stage of development, music melody in Early Childhood song and lyrics/song text

#### ***4.1. Theme song***

The songs that were made or sung adapted to the theme that was discussed in the center or the establishment. For example butterfly song for insect animal theme. A useful tree song for a crop theme or a jungle theme. My daughter's song for my School theme. As well as songs about God's gratitude and majesty.

#### ***4.2. Helping children reach the next stage of development***

On songs sung by children, it is necessary to choose a range of the tone according to their development. For an early age, the child would be optimal to sing in a span of an octave, more than it would generally be difficult for them to sing.

#### ***4.3 Music melodies in early childhood songs***

Music melodies in early childhood songs must be considered. The influence of lyrics content and the characters in the song can be the basis of ideas for the type of music to be used. Idea factor is a fundamental force for the creation of music works, because a song based on the

idea will have a stronger sense of power for the listening, in other words the authenticity of the idea has a high value among factors that can determine the strength of the song. The types of melodies used in ECE songs can use the up and down tone graphs contained in the song, such as stepping melody or jumping melody. The types of keystrokes often used are notes with a single tap, two taps and three taps, as children's songs are generally cheerful, while the type of note that four beats are rarely used [15]. Lyrics/Song text. The text or lyrics of the song in ECE children are TFP (term, fact, principle) for children, so that every word and sentence they sing to be knowledge for the child. In each "song" is more focused to the social relationships of saying friends, gratitude, hard work, and others. So in addition to being a TFP, songs can also build children's characters/attitudes. The text of the song depicts the nature and way of thinking children. It is based on the way of thinking children who are innocent, clear, straightforward, exploiting, familiarity, and full of spontaneity. The use of simple language in accordance with the level of children's language proficiency, which is the Indonesian language that is often used in children's environment or in educational institutions [15].

### **5. IMPLEMENTATION OF MOTION LEARNING AND SONGS IN EARLY CHILDHOOD**

Some of the activities performed on motion and song Learning are:

#### ***5.1 Motion learning Planning and song***

Planning is the basic process used to select objectives and determine the scope of achievement [16]. Planning is a series to establish activities that will be undertaken by regulating human utilization, methods, and time to achieve maximum objectives (Halimah, 2016). Learning planning is the earliest step in learning management. According to Sanjaya (2008) There are several benefits of learning planning activities, namely: Through a mature planning process, it will be spared from the chance of success. This means that with a mature and accurate planning, it will be able to predict how much success that will be achieved. As a tool for solving problems, with the mature planning the teacher will easily anticipate the various problems that may arise. To utilize the appropriate learning resources. Through planning, teachers can determine which sources are appropriate to learn a learning ingredient. Planning will be able to make learning happen systematically, meaning that the learning process will not be as-is, but will be directed and organized. According to Sanjaya (2008) Learning planning has several functions including creative function, innovative functions, selective function, communicative function, predictive function, accuracy function and goal achievement function. To make good and ideal learning planning, every teacher should know the

elements of learning planning. Elements of motion learning planning and songs according to Bowo (2015) consist of setting learning objectives [17], determination of learning materials, assigning learning methods and techniques and establishing the evaluation of learning

## **5.2. Implementation of motion learning and song**

The implementation of learning is the core activity of the entire learning process. In this section, the teacher plays a role to carry out the planned meaning of delivering messages, materials, and other important information that must be received by students [17].

At the stage of implementation and developed learning activities according to the plans that have been compiled. During the process, observation of the learning process conducted by the child [18]. The implementation of learning is geared towards empowering all potential learners to master the competencies that are expected [19]. The implementation of motion learning and songs according to Barnawi (2013) is the implementation of what has been planned, consisting of:

### **5.2.1. Initial activity**

The teacher introduces the song and the movement to be sung together and gives an example of how the song should be sung as well as giving instructions on how to sound and move the body that surrounds it.

### **5.2.2. Additional activity**

The child is invited to dramatize the song, for example the song "I Have a cage", that is by pointing the movements of the body organs that are in the song lyrics.

### **5.2.3. Development activities**

Teachers help children recognize high and low tones with musical instruments, such as pianics

## **5.3 Assessment of motion and song learning**

Assessment is the process of collecting, reporting, using information about student learning outcomes by applying the principles of judgment, ongoing implementation, authentic and consistent evidence [20]. Assessment is a process of making decisions based on information obtained from the measurement of the study results both through test and non-test instruments [21] It can be a feedback for them to change their teaching activities better than before [22].

Assessment of the ECE learning must fulfill several principles according to Fauzi (2015):

### **5.3.1 Systematic**

Assessment should be conducted systematically, meaning that the assessment activities are conducted regularly and programmatically, according to the plans that have been

drafted, real needs in the field, and or the characteristics of the use of instruments to be used.

### **5.3.2 Thorough**

The assessment covers all aspects of child development which include: religious values and moral, motor, cognitive, language and social emotional.

### **5.3.3 Sustainably**

Assessments are done in a planned, gradual and continuous manner to gain insight into the growth and development of learners.

### **5.3.4 Objectives**

Processes and assessment results are carried out in accordance with the actual child's condition and solely for the benefit of child growth and development.

### **5.3.5 .Educating**

Processing and results can be used as the basis for cultivating, developing and nurturing children to grow and develop optimally.

### **5.3.6 Meaninglessness.**

Judgment results must have a beneficial meaning for students, parents, teachers, and other relevant parties.

Evaluation in early childhood studies based on Permendiknas No. 58 year 2009, where child assessment based on the level of achievement of child development, namely religious and moral values, Physical motor, cognitive, language, social emotional [15].

In the evaluation of Early Childhood Education there are several things that the teacher can do, among others: direct observation (observation), recording activities conducted and the main stages of the children, record phrases, questions (FAQs), children's statements, read the children's work, documenting all the children's natural language into each child's portfolio.

## **6. CONCLUSION**

Motion and song activities are firmly attached and cannot be separated especially in giving lessons to early childhood children. Motion and song Learning is an activity in playing while learning and learning as you play. The activities performed through motion and songs are expected to delight the children as well as to touch the language development, the sensitivity of musical rhythm, development, confidence, and courage to take risks. In the application of movement and song learning in children to create/create songs in Early childhood education, it is necessary to pay attention to the theme of the song, help the child to reach the next stage of development, music melody in Early childhood song and lyrics/song text.

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