

# Carbohydrate of the Brown Seaweed, *Saccharina latissima*: A Review

\*Saifullah and Yngvar Olsen

Department of Biology, Faculty of Natural Sciences  
Norwegian University of Science and Technology

N-7491 Trondheim, Norway

Mr.saifullah@ntnu.no

Dini Surilayani

Department of Fisheries, Faculty of Agriculture  
University of Sultan Ageng Tirtayasa

Jl. Raya Jakarta Km.4 Pakupatan, Serang-Banten 42118,  
Indonesia

dini.surilayani@untirta.ac.id.

Aleksander Handå

SINTEF Fisheries and Aquaculture, Department of Marine Resources Technology

Department of Marine Resources Technology

N-7465 Trondheim, Norway

Aleksander.Handa@sintef.no

**Abstract - *Saccharina latissima* is one of the potential seaweed sources because of its high carbohydrate content. The interest of farming of macroalgae has increased in European countries. Abundant research results have provided data for the biochemical composition of *S. latissima*. This paper collects and summarize data on carbohydrate content of *S. latissima* from scientific articles published all around the world. The content of polysaccharides in *S. latissima* range from 30 to 50% dw. These polysaccharides include alginate, fucoidan, laminarin and mannitol. Information of the carbohydrate content of *S. latissima* will be needed for further developments, such as use in biofuel, food or health industries. It may also increase the interest of cultivation of *S. latissima*. As a result, *S. latissima* may become an important commodity in aquaculture.**

**Keywords:** Carbohydrate, *Saccharina latissima*, seaweed

## I. INTRODUCTION

Seaweed farming mostly undertaken in Asian countries. Recently, it also conducted in some African, American and European countries. It is a relatively new industry in North America and Europe [1]. The production has grown by 119% since 1984 [2], showing an increased interest of seaweed cultivation. The large increase of seaweed production from 1984 to 1994 includes chlorophytes, rhodophytes and phaeophytes, with increase value of 376%, 167% and 97% respectively [2]. The global production of seaweed in 2016 dominated by *Eucheuma* spp, *Laminaria japonica*, *Gracilaria* spp., *Undaria pinnatifida*, *Kappaphycus alvarezii*, and *Porphyra* spp. [3].

Seaweed are cultivated both as a raw material for seaweed industries and for human food. Seaweed biomass has a potential as a source for producing biofuels [4]; nutraceuticals or functional food [5, 6]; pharmaceutical or medical [7-9] and food [2, 10-12]. The utilization of seaweed has also increased for environmental purpose. Studies on

macroalgae farming close to fish farms have revealed that seaweed has the potential for bioremediation services [13, 14].

The high use of seaweed inseparable from its nutritional content, which may up to 50% for the carbohydrate content [15]. Beside direct consumption, seaweed are also extracted for agars, carrageenans and alginates content. *Gracilaria* and *Gelidium* are the principal source of agar [16, 17], *Kappaphycus* and *Eucheuma* are the main sources of carrageenans [18], while brown seaweed (class Phaeophyceae and orders Laminariales and Fucales) have large contents of alginate (up to 55% dw) [19]. *Alaria esculenta* and *Saccharina latissima* are the potential brown seaweed species most suited for cultivation in Europe [13, 20] because they hold valuable nutritional content [21]. The objective of this paper is to provide detailed information on the carbohydrate composition of *S. latissima*. We believe that the information provided here will give the advantages for the industrial uses of this and other macroalgae.

## II. CARBOHYDRATE OF *Saccharina latissima*

Total carbohydrate of *S. latissima* range from 30 to 50% dw [22]. The most abundant carbohydrate in sugar kelp (*S. latissima*) is alginate that constitutes up to 40% [23]. Handå *et al.* found that the alginate content of sugar kelp was in the range between 6 and 27% [13]. Alginate content of *Laminaria saccharina* from Barents Sea were found to be 34.5±1.00% dw [24], and Shiener *et al.* notified an average alginate content of 28.5±3.9% of the dry weight for *S. latissima* from Scottish waters [25]. Alginic acid distributed universally among the Phaeophyta [26]. Jard *et al.* suggested that *S. latissima* is the best algae suited for alginate extraction [27]. It is also a key species for the food industries, and *S. latissima* is therefore a main candidate for seaweed aquaculture. Total alginate of *S. latissima* is lower than that of *Himanthalia elongata* (Table 1), but the thickening properties of alginate from *S. latissima* is better than that of other brown algae mentioned [27].

TABLE I  
TOTAL ALGINATE OF THE SELECTED BROWN SEAWEED\*

Brown seaweed species					
Total alginate (x1.18 uronic acid) (g/kg TS)	<i>Undaria pinnatifida</i>	<i>Saccorhiza polysaccharides</i>	<i>Sargassum muticum</i>	<i>Saccharina latissima</i>	<i>Himantalia elongata</i>
	222	192	160	243	350

\*[27]

\*\*total alginate contents were obtained from corresponding references.

Subsequent to alginate, laminaran comprise up to 35% dw of brown seaweed [15, 28]. Laminaran, together with fucoidan, are primarily found in species of *Laminaria* and *Fucus* [26]. Laminaran from *S. latissima* was found around 3%-9% in the vicinity of salmon farm in Norway [13]. The content of laminaran from the fronds of *L. saccharina* at sheltered area has been found to be below 26% dw [29]. Studies on the laminaran content of *L. saccharina* from Barents Sea showed that the content of Laminaran were 11.6±2.65% dw [24]. Comparison of laminaran content of *S. latissima* by Black (1950) suggested that laminaran was higher in plants grown in the sheltered zone than in more exposed plants [29].

Another commercial carbohydrate of brown seaweed is fucoidan, which may present contents up to 15% of dw [30]. The maximum and minimum fucoidan value of 6.2±0.06 and 2.3±0.04 % of DM, respectively, was observed in *S. latissima* grown in Danish waters [31]. The highest contents of fucoidan has been found in *L. saccharina* from the Barents Sea, with fucoidan contents of 8.8±0.9% dw [24].

*L. saccharina* also contains up to 14% of the polysaccharide mannitol [30]. Other study publish mannitol values of 15.04±2.03% dw were found in *L. saccharina* grown in the Barent Sea [24]. Values from the Island of Frøya in Norway has shown mannitol content of 2.05%-15.84% DM [32]. The average mannitol content *S. latissima* from Scottish waters of 18.6±4.7% are reported was [25]. The higher mannitol on *L. saccharina* are underneath 24% dw reported from British Laminariaceae [29]

### III. POTENCY OF COMMERCIAL PRODUCTION OF SEAWEED BIOMASS

The worldwide aquaculture production of aquatic plant dominated by macroalgae showed production yields above 30 million tonnes in 2016 [3]. The average world yield of macroalgae is higher than those of wheat, maize, sugar beet and sugar cane [33]. This makes seaweed available as an industrial raw material for commercial product, and it is suggested that marine sources has the largest biomass potential

compare to other sources [34]. In addition to that, huge biomass required for the industrialization of seaweed may reach through aquaculture.

*S. latissima*, as a potential species for seaweed aquaculture, is one of the fastest growing species of kelp in European waters [35, 36], and the species show good growth performance [37]. In Norway, the procedure for seedling production of *S. latissima* has been established through research activities [36], and further farming activities is initiated. Through the MACROSEA project (<https://www.sintef.no/projectweb/macrosea/>), we will also contribute to provide a knowledge platform for industrial macroalgae cultivation.

### IV. CONCLUSION

*S. latissima* has a relatively high content of total carbohydrates. The carbohydrate includes of alginate, fucoidan, laminarin and mannitol, components that can be used for production of biofuel, food and health products. Protocol for the aquaculture of *S. latissima* has also established in Norway.

### ACKNOWLEDGMENT

The work was a part of the Research Council of Norway project no.254883/E40 (MACROSEA) and funding from the Department of Biology, Norwegian University of Science and Technology.

### REFERENCES

- [1] J. K. Kim, C. Yarish, E. K. Hwang, M. Park, and Y. Kim, "Seaweed aquaculture: cultivation technologies, challenges and its ecosystem services," *Algae*, vol. 32, no. 1, pp. 1-13, 2017.
- [2] W. Lindsey Zemke-White, and M. Ohno, "World seaweed utilisation: An end-of-century summary," *Journal of Applied Phycology*, vol. 11, no. 4, pp. 369-376, 1999.
- [3] FAO, *The state of world fisheries and aquaculture 2018 - Meeting the sustainable development goals.*, Rome: Food and Agriculture Org. of the United Nations, 2018.
- [4] N. Wei, J. Quarterman, and Y. S. Jin, "Marine macroalgae: an untapped resource for producing fuels and chemicals," *Trends Biotechnol.*, vol. 31, no. 2, pp. 70-7, Feb, 2013.
- [5] M. L. Wells, P. Potin, J. S. Craigie, J. A. Raven, S. S. Merchant, K. E. Helliwell, A. G. Smith, M. E. Camire, and S. H. Brawley, "Algae as nutritional and functional food sources: revisiting our understanding," *J Appl Phycol*, vol. 29, no. 2, pp. 949-982, 2017.
- [6] A. Jiménez-Escrig, E. Gómez-Ordóñez, and P. Rupérez, "Brown and red seaweeds as potential sources of antioxidant nutraceuticals," *Journal of Applied Phycology*, vol. 24, no. 5, pp. 1123-1132, 2012/10/01, 2012.
- [7] Q. Shi, A. Wang, Z. Lu, C. Qin, J. Hu, and J. Yin, "Overview on the antiviral activities and mechanisms of marine polysaccharides from seaweeds," *Carbohydrate Research*, vol. 453-454, pp. 1-9, 2017/12/01, 2017.
- [8] S. L. Holdt, and S. Kraan, "Bioactive compounds in seaweed: functional food applications and legislation," *Journal of Applied Phycology*, vol. 23, no. 3, pp. 543-597, 2011.

- [9] M. Falkenberg, E. Nakano, L. Zambotti-Villela, G. A. Zatelli, A. C. Philippus, K. B. Imamura, A. M. A. Velasquez, R. P. Freitas, L. de Freitas Tallarico, P. Colepicolo, and M. A. S. Graminha, "Bioactive compounds against neglected diseases isolated from macroalgae: a review," *Journal of Applied Phycology*, 2018/09/11, 2018.
- [10] J. Fleurence, M. Moránçais, J. Dumay, P. Decottignies, V. Turpin, M. Munier, N. Garcia-Bueno, and P. Jaouen, "What are the prospects for using seaweed in human nutrition and for marine animals raised through aquaculture?," *Trends in Food Science & Technology*, vol. 27, no. 1, pp. 57-61, 2012.
- [11] T. Fujiwara-Arasaki, N. Mino, and M. Kuroda, "The protein value in human nutrition of edible marine algae in Japan," *The International Journal of Aquatic Sciences*, vol. 116, no. 1, pp. 513-516, 1984.
- [12] K. Nisizawa, H. Noda, R. Kikuchi, and T. Watanabe, "The main seaweed foods in Japan," *The International Journal of Aquatic Sciences*, vol. 151, no. 1, pp. 5-29, 1987.
- [13] A. Handå, S. Forbord, X. Wang, O. J. Broch, S. W. Dahle, T. R. Storseth, K. I. Reitan, Y. Olsen, and J. Skjermo, "Seasonal- and depth-dependent growth of cultivated kelp (*Saccharina latissima*) in close proximity to salmon (*Salmo salar*) aquaculture in Norway," *Aquaculture*, vol. 414-415, pp. 191-201, 2013.
- [14] T. Chopin, A. H. Buschmann, C. Halling, M. Troell, N. Kautsky, A. Neori, G. P. Kraemer, J. A. Zertuche-González, C. Yarish, and C. Neefus, "Integrating Seaweeds Into Marine Aquaculture Systems: A Key Toward Sustainability," 2001, pp. 975-986.
- [15] M. T. Cesário, M. M. R. da Fonseca, M. M. Marques, and M. C. M. D. de Almeida, "Marine algal carbohydrates as carbon sources for the production of biochemicals and biomaterials," *Biotechnology Advances*, vol. 36, no. 3, pp. 798-817, 2018.
- [16] C. Madhusudan, S. Manoj, K. Rahul, and C. M. Rishi, "Seaweeds: A diet with nutritional, Medicinal and Industrial value," *Research Journal of Medicinal Plant*, vol. 5, no. 2, pp. 153-157, 2011.
- [17] H. J. Bixler, and H. Porse, "A decade of change in the seaweed hydrocolloids industry," *Journal of Applied Phycology*, vol. 23, no. 3, pp. 321-335, 2010.
- [18] E. I. Ask, and R. V. Azanza, "Advances in cultivation technology of commercial eucheumatoid species: a review with suggestions for future research," *Aquaculture*, vol. 206, no. 3, pp. 257-277, 2002/04/22/, 2002.
- [19] C. Peteiro, "Alginate Production from Marine Macroalgae, with Emphasis on Kelp Farming," *Alginates and Their Biomedical Applications*, Springer Series in Biomaterials Science and Engineering. B. H. A. Rehm and M. F. Moradali, eds., pp. 27-66, Singapore: Springer, 2018.
- [20] S. Kraan, A. Verges Tramullas, and M. Guiry, "The edible brown seaweed *Alaria esculenta* (Phaeophyceae, Laminariales): hybridization, growth and genetic comparisons of six Irish populations," *Journal of Applied Phycology*, vol. 12, no. 6, pp. 577-583, 2000.
- [21] P. Stévant, H. Marfaing, T. Rustad, I. Sandbakken, J. Fleurence, and A. Chapman, "Nutritional value of the kelps *Alaria esculenta* and *Saccharina latissima* and effects of short-term storage on biomass quality," *Journal of Applied Phycology*, vol. 29, no. 5, pp. 2417-2426, 2017/10/01, 2017.
- [22] A. Jensen, "Present and future needs for algae and algal products," *Hydrobiologia*, vol. 260/261, pp. 15-23, 1993.
- [23] K. I. Draget, O. Smidsrød, and G. Skjåk-Bræk, "Alginates from algae," *Biopolymers online*, A. Steinbüchel, ed.: Wiley-VCH Verlag GmbH & Co. KGaA, 2005.
- [24] E. Obluchinskaya, "Comparative chemical composition of the Barents Sea brown algae," *Applied Biochemistry and Microbiology*, vol. 44, no. 3, pp. 305-309, 2008.
- [25] P. Schiener, K. D. Black, M. S. Stanley, and D. H. Green, "The seasonal variation in the chemical composition of the kelp species *Laminaria digitata*, *Laminaria hyperborea*, *Saccharina latissima* and *Alaria esculenta*," *Journal of Applied Phycology*, vol. 27, no. 1, pp. 363-373, 2014.
- [26] H. G. Mautner, "The chemistry of brown algae," *Economic Botany*, vol. 8, no. 2, pp. 174-192, 1954/04/01, 1954.
- [27] G. Jard, H. Marfaing, H. Carrère, J. P. Delgenes, J. P. Steyer, and C. Dumas, "French Brittany macroalgae screening: Composition and methane potential for potential alternative sources of energy and products," *Bioresource Technology*, vol. 144, pp. 492-498, 2013/09/01/, 2013.
- [28] S. M. Cardoso, L. G. Carvalho, P. J. Silva, M. S. Rodrigues, O. R. Pereira, and L. Pereira, "Bioproducts from Seaweeds: A Review with Special Focus on the Iberian Peninsula," *Current Organic Chemistry*, vol. 18, no. 7, pp. 896-917, //, 2014.
- [29] W. A. P. Black, "The seasonal variation in weight and chemical composition of the common British Laminariaceae," *Journal of the Marine Biological Association of the United Kingdom*, vol. 29, no. 1, pp. 45-72, 1950.
- [30] P. MacArtain, C. I. Gill, M. Brooks, R. Campbell, and I. R. Rowland, "Nutritional value of edible seaweeds," *Nutr Rev*, vol. 65, no. 12 Pt 1, pp. 535-43, Dec, 2007.
- [31] A. Bruhn, T. Janicek, D. Manns, M. M. Nielsen, T. J. S. Balsby, A. S. Meyer, M. B. Rasmussen, X. Hou, B. Saake, C. Göke, and A. B. Bjerre, "Crude fucoidan content in two North Atlantic kelp species, *Saccharina latissima* and *Laminaria digitata*—seasonal variation and impact of environmental factors," *Journal of Applied Phycology*, vol. 29, no. 6, pp. 3121-3137, 2017/12/01, 2017.
- [32] S. Sharma, L. Neves, J. Funderud, L. T. Mydland, M. Øverland, and S. J. Horn, "Seasonal and depth variations in the chemical composition of cultivated *Saccharina latissima*," *Algal Research*, vol. 32, pp. 107-112, 2018.
- [33] J. M. Adams, J. A. Gallagher, and I. S. Donnison, "Fermentation study on *Saccharina latissima* for bioethanol production considering variable pre-treatments," *Journal of Applied Phycology*, vol. 21, no. 5, pp. 569-574, 2008.
- [34] E. de Jong, and G. Jungmeier, "Chapter 1 - Biorefinery Concepts in Comparison to Petrochemical Refineries," *Industrial Biorefineries & White Biotechnology*, A. Pandey, R. Höfer, M. Taherzadeh, K. M. Nampoothiri and C. Larroche, eds., pp. 3-33, Amsterdam: Elsevier, 2015.
- [35] J. C. Sanderson, M. J. Dring, K. Davidson, and M. S. Kelly, "Culture, yield and bioremediation potential of *Palmaria palmata* (Linnaeus) Weber & Mohr and *Saccharina latissima* (Linnaeus) C.E. Lane, C. Mayes, Druehl & G.W. Saunders adjacent to fish farm cages in northwest Scotland," *Aquaculture*, vol. 354-355, no. C, pp. 128-135, 2012.
- [36] S. Forbord, J. Skjermo, J. Arff, A. Handå, K. I. Reitan, R. Bjerregaard, and K. Lüning, "Development of *Saccharina latissima* (Phaeophyceae) kelp hatcheries with year-round production of zoospores and juvenile sporophytes on culture ropes for kelp aquaculture," *Journal of Applied Phycology*, vol. 24, no. 3, pp. 393-399, 2012.
- [37] I. C. Azevedo, G. S. Marinho, D. M. Silva, and I. Sousa-Pinto, "Pilot scale land-based cultivation of *Saccharina latissima* Linnaeus at southern European climate conditions: Growth and nutrient uptake at high temperatures," *Aquaculture*, vol. 459, pp. 166-172, 2016.