

Read Fast Through Skimming Techniques on Class 3 MI Hamzanwadi No. 1 Pancor Lombok Timur

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ABSTRACT

This study aims to determine the effect of skimming techniques in improving speed reading in grade 3 MI No 1 Pancor students in East Lombok. The method used in this study is the Classroom Action Research (CAR) method. This Classroom Action Research was carried out in two cycles, each cycle consisting of four stages, namely planning, action, observation, and reflection. The tool used to measure and find out data is to use observation sheets, tests and field notes. Observation sheet is used to find out the reading activities of students in the textbook provided, the test is conducted at the end of each cycle to find out the improvement of the ability to read quickly with skimming techniques. Based on the results of observations of learning both in cycle I and cycle II students are already able to read quickly. Test results from the first cycle of learning are known to 8 of 30 students have not read fast. In the learning outcomes of cycle II 30 out of 30 people can all read quickly. It can be concluded that the ability to read quickly can be improved through skimming techniques.

Keywords: *Speed Reading, Skimming Techniques*

1. INTRODUCTION

Reading is the source of knowledge that is most easily felt by humans, because through reading someone can have experience and information about the knowledge contained in textbooks delivered by the author [1], [2] Ideas and ideas can inspire every reader when what is read is text that can be understood and interpreted. At school when we are in school, we are taught by mothers and fathers of the teacher to understand about speed reading by providing direct practice with their classmates. But in the past we only only knew and practiced because of the teacher's direction. Here what I want, we not only know, but must understand for what the speed reading technique is practiced, so that we are able to apply speed reading when we need it. Speed reading is a skill or proficiency in reading and understanding high-level reading texts [3], [4]. This means that in speed reading, a person must read by prioritizing speed and at the same time be able to understand the text he reads at least 70%. So if someone is able to read more words in a short amount of time, it means that the speed reading technique is getting better. In speed reading will be adjusted to one's age / intellectual level. The most dominant speed reading process conducted by the teacher is in class 3, so this study will focus on the process of reading with skimming techniques in grade 3 MI No. 1 Pancor Timur Lombok, because the researchers want to know the extent of the

influence of the level of students' ability to read quickly through the method skimming.

Reading as one of the four aspects of language skills, plays an important role in teaching Indonesian. Said to be important because, in addition to listening, speaking, and writing lessons. Reading skills are one very powerful tool for obtaining various kinds of specific information, including science and technology [5], [6]. Therefore, reading is a basic need for advanced society. Similarly, in the world of education, the role of reading is very influential on student achievement. This can be proven that the higher the understanding of students, the higher the knowledge they have [7], [8]. Thus the interest in reading and reading ability of students needs to be grown as early as possible, so students can understand the role and function of reading [9], [10]. Both communication tools and learning tools to develop knowledge and broaden the horizons of his skills. It can be said that students who have a higher level of reading ability will more easily obtain knowledge and technology contained in print or written media. Based on this, the government has made efforts to cultivate reading habits among students and outside the community, for example by establishing school libraries and public libraries, holding book fairs, and seminars aimed at stimulating the reading interest of students and the community at large.

In primary school-age classes, there are many things that teachers must master in facilitating students in reading, including methods or strategies that teachers do

to students. Students will be motivated to read if the method is right, in elementary schools around East Lombok there are some students whose reading ability is very low when compared to their peers, so researchers try to use the skimming method in completing the low ability to read quickly in elementary school children. The skimming method is the ability to skim through speed to find the main ideas or ideas throughout the text.[11], [12].

Speed reading is a technique in reading to be able to get information by going directly to the problem or fact sought. This speed reading is one method of speed reading that is done by reading in the heart. With this speed reading you will get maximum information in the shortest possible time and also with a high level of reading comprehension as well. The things that need to be considered in this speed reading are: Don't read word for word [13], [14]. Get used to reading it by word group by word group, Do not repeat words or sentences that have been read, Do not stop too long at the beginning of a line or sentence because it will break the relationship between meanings and between paragraphs, Look for keywords that are the first sign of the existence of a main idea in a sentence, also ignore those straightforward words that are repetitive, for example to, who, in, from, and so on.

Speed reading certainly has a purpose, the purpose of speed reading is to minimize the use of time so that the time to read is relatively short and we are still able to get results and also understand the readings we read. Why is speed reading important? Because almost all of the information that we are looking for or that we get comes from books, newspapers, magazines and even the internet that uses text in conveying information. Skimming speed reading technique is a technique to be able to find the main ideas or other important things that is in the reading[15], [16]. Skimming can or can be done if: Want to recognize the topic of reading, Want to do a refresher of what has been read, Want to get an important part of a reading without reading the whole, Want to know someone's opinion with an outline or general course.

Some situations that require the use of skimming include: examining a chapter in a book, before studying it seriously in order to get an idea about the general scope of the chapter, sampling a few pages of novels or other types of writing to determine whether the work write it is valuable reading,[17];[18] check quickly an article on a controversial issue in finding the views of the author, without having to pay attention to the specific author's arguments, also check the reading material in assessing whether the reading contains the type of information being sought, also examine the reading material in determine whether the reading can be understood or whether it is too difficult. Steps to read skimming: make a question about what we are looking for from a book,

browse through the table of contents or preface, whether the information we need is in the reading, focus, browse at high speed for each paragraph or also a section. , stop when you already feel you find what you are looking for, read at normal speed, and also understand well what you are looking for.

2. METHOD

The research method used in this study is classroom action research intended to improve learning in the classroom. This research is one of the efforts of the teacher or practitioner in the form of various activities carried out to improve and or improve the quality of learning in the classroom [19], [20]. CAR can be interpreted as a process of studying learning problems in the classroom through self-reflection in an effort to solve these problems by carrying out various planned actions in real situations and analyzing each effect of the treatment. PTK is one of the scientific publications in the context of continuing teacher professional development aimed at improving and improving the quality of the learning process and the results or quality of education in general [21], [22] This CAR is suitable for teachers because the process is practical. In this class action research, the researcher plans the implementation through two cycles, namely cycle I and cycle II. Each cycle consists of four stages, namely planning, action, observation, and reflection. This research was conducted in grade 3 MI no. 1 arm wrestling. The subjects in this study were students in grade 3 MI No. 1 Pancor Lombok Timur, which amounted to 30 students. Class teachers are involved in this research as observers (observers) the course of research. In addition, the observer also observes, evaluates the reading process.

Data collection techniques in this research process are observation sheets, reading tests, field notes, and data analysis techniques using: analyzing observational data on the implementation of the actions of each cycle with qualitative descriptive analysis techniques, namely analyzes that only use simple exposure. Determine the average of all students taking the test. Student success rates based on test scores obtained are determined in grades using the following formula:

$$NILAI = \frac{SKOR\ SISWA}{SKOR\ MAKSIMAL} \times 100 \text{ [23], [24]}$$

3. RESULT AND DISCUSSION

After the teacher's student guidance in carrying out the reading process by using skimming techniques by running through two cycles as a tool to find out the extent to which the skimming technique in improving reading skills in grade 3 MI No. 1 Pancor, East Lombok. Reading as one of the four aspects of language skills, plays an important role in teaching Indonesian. Said to be

important because, in addition to listening, speaking, and writing lessons. Reading skills are one very powerful tool for obtaining various kinds of specific information, including science and technology. Therefore, reading is a basic need for advanced society. Likewise in the world of education, the role of reading is very influential on student achievement [25], [26]. This can be proven that the higher the students 'understanding, the higher the knowledge they have. Thus, students' interest in reading and reading needs to be developed as early as possible, so students can understand the role and function of reading. Both communication tools and learning tools to develop knowledge and broaden the horizons of his skills. It can be said that students who have a higher level of reading ability will more easily obtain knowledge and technology contained in print or written media. Based on this, the government has made efforts to cultivate reading habits among students and outside the community, for example by establishing school libraries and public libraries, holding book fairs, and seminars aimed at stimulating the reading interest of students and the community at large.

Students in grade 3 MI No. 1 Pancor, East Lombok, have the ability to read fast with skimming techniques in the learning process can improve speed reading skills. Increasing the ability to read fast in teaching and learning activities of the subject of reading lessons with skimming techniques can provide new experiences to students in learning to read. The process of learning to read quickly can eliminate the boredom of reading to students because by using skimming techniques students can obtain the knowledge and information needed quickly and precisely, so it does not cause boredom when learning, then students can use their time well to read because by reading a lot, then a lot of knowledge and information are obtained quickly, it can increase the desire of students to read. The effect of increasing speed reading skills with skimming techniques on the ability to read fast students grade 3 MI No. 1 Pancor Lombok Timur is very influential, this can be proven by the results of reading tests on speed reading with skimming techniques that always increase from an average score of 67.75 on cycle I and 87.57 in cycle II Increased speed reading skills with skimming techniques in teaching and learning activities can improve students' reading skills, this is evidenced by the increased activity of grade 3 students MI No. 1 Pancor Lombok Timur starting from cycle I to cycle II measured through observation sheets of student activities and test results for each cycle. Based on the results of the test the ability to read quickly with skimming techniques in class 3 MI No. 1 Pancor Lombok Timur look 80% of students can read quickly without stammer.

4. CONCLUSION

Based on the discussion above it can be said that students in grade 3 MI No. 1 Pancor Lombok Timur, have the ability to read quickly with skimming techniques in the learning process can improve speed reading skills. Increasing the ability to read fast in teaching and learning activities of the subject of reading lessons with skimming techniques can provide new experiences to students in learning to read. The process of learning to read quickly can eliminate the boredom of reading to students because by using skimming techniques students can obtain the knowledge and information needed quickly and precisely, so it does not cause boredom when learning, then students can use their time well to read because by reading a lot, then a lot of knowledge and information are obtained quickly, it can increase the desire of students to read. The effect of increasing speed reading skills with skimming techniques on the ability to read fast students grade 3 MI No. 1 Pancor Lombok Timur is very influential, this can be proven by the results of reading tests on speed reading with skimming techniques that always increase from an average score of 67.75 on cycle I and 87.57 in cycle II.

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