

# The Exploration and Practice of College English Teaching Model Under the Goal of Lide Shuren

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## ABSTRACT

Lide Shuren morality cultivation in "College English" ask for a renewing of the philosophy of university education, course model, teacher qualifications, etc., to fulfill the goal of holistic education. In practice, teachers should make full use of the characteristics of English curriculum to explore ideological and political elements, integrate teaching content and form a good course of morality cultivation teaching. To meet the new needs, this paper probes into the ideological and political teaching model of college English course, in order to provide some reference for the ideological and political teaching of college English curriculum.

**Keywords:** *Lide Shuren, College English, Ideological and political education in all courses, Course model.*

## 1. INTRODUCTION

Under the background of the new era when the fundamental task of higher education in China is to cultivate morality and cultivate people, the ideological and political construction of curriculum has become the central issue of the reform and innovation of universities. In the new historical orientation, foreign language education in universities has a new starting point and needs to shoulder new missions and responsibilities. College English courses, as an important part of general education, should shoulder the burden of ideological and political education. Based on the goal of Lide Shuren in College English, it asks for a resetting of the educational philosophy, learning contents, teaching modes and raising the teachers' morality cultivation awareness, to fulfill the goal of holistic education.

## 2. THE CONNOTATION OF LIDESHUREN

"Lide Shuren" is the basic task of higher education, morality cultivation is to carry out the "Lide Shuren" fundamental strategy, the College English Teaching Guide (2020) clearly put forward: college English teaching should be integrated into the school curriculum education teaching system, in the fundamental task of implementing Lide Shuren of institutions of higher learning play an important

role. In order to fully and profoundly understand the new requirements and new goals of teaching College English, we must first understand the basic connotation of "cultivating students by virtue". [1]

"De" refers to a person's virtue and conduct. Virtue is a person's practice, even more the individual existence in this world. To develop morality is to guide people, influence and encourage people to have good practice through positive education. To cultivate people is to adhere to the people-oriented principle and shape, develop people through appropriate education so as to adapt them to the needs of social development. To carry out the fundamental task of cultivating people by virtue, we must take cultivating people as the core and virtue as the fundamental.

What virtues to establish and what people to cultivate are the mission entrusted to higher education in the new era, which is the fundamental and core problem of how to cultivate talents. On May 4, 2014, General Secretary Xi Jinping explained at the symposium of teachers and students of Peking University that the socialist core values are a kind of morality, not only personal morality, but also a kind of great morality, which is the morality of the country and the society. A country cannot thrive without virtue, and a person cannot stand without virtue. This remarks fully explains the basic purpose of "Lide Shuren" to educate and guide students to cultivate and practice the core values of socialism, conscientiously improve

moral character, and become people with great love and great feelings.

The 24-character socialist core values illustrate the virtues of the Times and the foundation of educating people from the three levels of the country, society and individual, which make clearly the direction for us to cultivate people. Virtue requires us to train all-round builders and successors of socialism and to bear the responsibility of the rejuvenation of the Chinese nation.

### 3. THE ESSENCE OF IDEOLOGICAL AND POLITICAL COURSES

The practice of socialist core values is the quintessence of moral education, and the ethical curriculum is the main channel to implement moral education. In 2020, the Ministry of Education issued the Guidelines for Ideological and Political Construction of Higher Education Courses, point out that "the all-round education course construction, is to combine values in the knowledge and ability, help students to build correct world outlook, values, and this is the inherent talent cultivation, more essential content"[2]. The basic idea of morality cultivation is to integrate the elements of ideological and political education, including theoretical knowledge of morality cultivation, value concept and spiritual pursuit, into each course, so as to have a subtle effect on students' ideology and behavior.

The implementation of ideological and political in English course is to integrate the content, requirements and principles of education with the construction of curriculum knowledge in a systematic and scientific way, so as to cultivate students to establish a correct cultural view, possess intercultural communication ability, strengthen the socialist core values, and further enhance students' sense of mission and national pride. The goal requires English teaching to create opportunities and help students improve their knowledge level, ability and awareness, and to better understand Chinese and world civilization to get value shaping, knowledge transmission and ability cultivation, and achieve the ultimate goal of cultivating moral education.

### 4. CONSTRUCTING IDEOLOGICAL AND POLITICAL MODEL OF COLLEGE ENGLISH COURSE

College English teaching is an integral part of humanistic education in higher education in China, and it has important contemporary value in moral education. The Guide states: College English new teaching goal "is to cultivate the students' English application ability, strengthening the consciousness of cross-cultural communication and interpersonal skills,

at the same time, development of autonomous learning ability, improve the comprehensive cultural quality and cultivate humanistic spirit and ability, so that the students in the study, life and future work can properly use English effectively, meet the needs of the development of the state, society, schools and individuals". The new objectives, new requirements and new ideas proposed in the Guide urgently need to change the concept of college English teaching in the new era, take the reform of teaching content as the most practical starting point, promote the construction of teachers and curriculum, and fully implement the fundamental tasks of moral education and curriculum thinking and politics.

#### 4.1. Resetting the Educational Philosophy and Keeping Pace with the Times

Dewey, an important representative of American pragmatic philosophy, once said, "If we teach the students of the present as we teach the students of the past, we deprive them of their future." Nearly a century has passed, Dewey's idea that education must keep pace with The Times has enlighten significance to the present curriculum morality cultivation implementation. For a long time, foreign language learning has focused on the learning of forms and phenomena at the language level. The ultimate goal of foreign language learning is to satisfy students' exam-oriented needs by mastering the basic skills of listening, speaking, reading, writing and translation, or to be able to use the language in the major. Ignoring the deep cultural values hidden in the language, thinking pattern and so on humanities characteristic property, classroom teaching is still focus on the grammar translation method and vocabulary learning. It leads to students' autonomous learning, cultivating creative thinking lag. Therefore, the traditional teaching concept and method seriously hindered the foreign language teaching and curriculum education organic combination and unity.

"Lide Shuren" puts forward new requirements and new goals for talent training and course teaching in universities. To be specific, the teaching mode from knowledge, ability and quality promotion to a higher goal of "knowledge + ability + quality promotion + character shaping value" [3], which shape character at the head of the knowledge, ability cultivation and quality promotion, and combine of the four solid to build up holistic education goals. Therefore, foreign language teachers in universities should stick to Lide Shuren of beginner's mind, a systematic and in-depth mining the ideological elements in foreign language courses and philosophical thought, blend ideological and political course in the classroom teaching, and to further highlight the ability and quality promotion.

## 4.2. Integrating the Learning Content and Exploring the Ideological Elements

The ideological and political course is not a simple addition, but a method of integration in the teaching process, such as salt into water, moisten things silently. As a public basic course in universities, college English has more advantages in morality cultivation education than other basic courses and specialized courses. For example, based on the contrast between Chinese and Western cultures, foreign language courses can give students greater cultural confidence, greater respect for other civilizations, and a fresh and deeper understanding of mutual learning between civilizations and the building of a community with a shared future for mankind.

Integrating ideological and political elements in teaching content is the starting point for foreign language teachers to carry out ideological and political education in curriculum, and also the main focus of morality cultivation work in curriculum. Rich ideological and cultural value requires that foreign language teachers in-depth analysis of the teaching material content, choose from the existing teaching materials, integration, modify, supplement, and will blend morality cultivation course into college English teaching through flexible teaching methods. For example, for the theme of "Heroes of Our Time" in New Horizons College English Reading and Writing Course I, teachers can take advantage of the situation and grasp the current epidemic situation to carry out teaching in the teaching process, so that students can think about "Who are Heroes these days" in the epidemic. In class teaching, teachers can encourage students to discuss their heroes and deeds in groups, and introduce the deeds of Li Wenliang, Li Lanjuan and Zhong Nanshan into the class, so that students can know about the "heroes in harm's way" who supported Hubei province under the epidemic, learn their spirit, and promote students to develop noble qualities.

## 4.3. Innovating Classroom Teaching Model and Cultivating Cooperation Ability

"Blended learning" often appears in the recent documents related to talent cultivation of the Ministry of Education. Blended learning gives full play to the advantages of online and offline teaching to transform our traditional teaching, and changes the problems such as low learning initiative and insufficient cognitive participation of students caused by excessive use of teaching. The connotation of mixed teaching is the fusion of theoretical basis, the compatibility of the use environment and the recombination of knowledge. Blended learning is the organic integration of face-to-face learning and online learning

their respective advantages, the implementation of the curriculum design and teaching activities, reviewing and reconstructing the relationship of teaching and learning for students in the depth of the meaningful learning [4]. Its strong compatibility is designed to put in place the cultivation of autonomous learning and lifelong learning. For example, online and offline learning emotional communication, multi-directional learning experience, students' self-learning and self-management can be integrated into blended teaching. Blended learning advocates "task-based, cooperative, inquisition learning, flipped classroom and other teaching methods, guiding students to learn and reflect, and encouraging students to participate in and experience English learning team activities", as well as the cultivation of friendliness, tolerance, respect, equality and other personal virtues, etc. which are crucial for individual existence and the development of both individuals and the society.

Blended "flipped classroom" teaching enables learners and teachers to be in constant communication and interaction through online and offline learning. Especially group cooperative learning not only enables students to think independently and gain knowledge, but provides them with the experience of independent learning, independent exploration and innovation. It is great significance to cultivate students' cooperative learning ability, improve the quality of learning, and promote interpersonal communication, even train the student to have the big love greatness feelings of the socialist cause builders and successors.

## 5. IMPROVING IDEOLOGICAL AND POLITICAL QUALITY OF ENGLISH TEACHERS

### 5.1. Excellent Ethics.

The quality of teachers directly affects the shaping of students' three views, and also directly determines the existence, effect and orientation of ideological and political courses. Teachers should integrate patriotic spirit, dedication, sense of responsibility, team spirit, earnest and hard work into the classroom, and teach students with noble ethics, personality charm and learning style to guide students' healthy growth.

### 5.2. Be Firm in Ideals, Beliefs and Moral Sentiments

As teachers should always reflect on their own, whether they have the spirit of dedication to the country for the people, whether in front of the big right and wrong to be able to firm political stance, whether in the money, material desire, fame and wealth before can grasp their own, adhere to their own

moral standards and do not go with the flow. Although people's ideals, beliefs and moral sentiments are deep in their hearts, they can be externalized in words and actions [5].

### **5.3. Creating a Healthy Atmosphere between Teachers and Students**

Teachers need to be able to take on the responsibility of Lide Shuren, they should have the heart of love and strict, the love is embodied in teachers respect students, whether can treat all students equally. At the same time, Teachers' strict requirements for students are reflected in all aspects, such as attendance, assignment and attitude etc.. A healthy teacher-student relationship will promote the formation of a good class atmosphere, but also affect the attitude of students.

## **6. CONCLUSION**

Based on the brief description of the connotation of "Lide Shuren" and the new requirements of the New College English Teaching Guide, this paper discusses that college English teachers should give full play to the advantages of discipline education and implement ideological and political ideas in the course. Teachers should change their ideas, fully realize the importance of ideological and political courses, set up the concept of great ideological and political ideas. Through resetting teaching programs and objectives as well as integrating teaching contents, teachers should fully explore ideological and political elements in teaching materials, combining with the needs of cross-cultural communication and morality cultivation education content, and form a unique

English curriculum system with educational functions. Furthermore, college English teachers should make due contributions to the training of builders and successors of the socialist cause with all-round development of morality, intelligence, physique, aesthetics and labor.

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