

Resilience of Female Bullying Victims in *Orang-Orang Biasa* and *Guru Aini* by Andrea Hirata

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ABSTRACT

This study aims to obtain the resilience of female characters who are victims of bullying in the novel *Orang-Orang Biasa* and *Guru Aini*. This is because the novel ends with the success of one of the female characters who are victims of bullying in achieving their goals. The approach used in this research is literary psychology, namely character psychology. The theory used in this research is the concept of psychology, resilience, and feminism. Data analysis is done by analyzing every word, sentence, and paragraph, which is a narration, dialogue, monologue, and the characters' behavior related to the concept of resilience and feminism with psychological and social interpretation techniques. The results of the study show that female characters who are victims of bullying are resilient because of pressure from several parties. Of the seven basic abilities of resilience, most of the female characters have. Even a female figure has all the basic competencies of resilience, namely the character Aini. In addition, the novel explains how some characters also develop resilience for reasons related to characters of the opposite sex, namely being bullied and dumped by male characters. This is interesting, because it shows that there is a gender intersection in the novel. The conclusion of this research is that the novel explains that female characters have good resilience abilities so that they can survive psychologically and socially stressful situations.

Keywords: Resilience, Female, Bullying, Novel

1. INTRODUCTION

Roberts [1] cites some experts who define resilience as the presence or presence of good outcomes and the ability to overcome threats in order to support this ability of individuals to adapt and develop positively. Thus it can be said that resilience is the ability in a person to recover from the pressure they get. It can also be said that resilience ability is able to make individuals adapt and survive from that pressure. The pressure experienced is mostly in the form of bullying, either bullying in a small scope such as between groups of friendships or even large scopes such as between groups and groups.

Not only in the real world, in many literary works that raise the event of bullying especially and also resilience. Literary works that raise the event of bullying can be said quite a lot. In the 21st century there are several literary works related to bullying, such as *Dimensi Ketiga*, *Sang Pemimpi*, *Pasung Jiwa*, *Orang-Orang Biasa*, *Guru Aini*, and so on. In this literary work, victims of bullying are told that some are able to rise from the pressure caused by the bullying and some are even mired in their self-destruction.

If it is associated with the phenomenon of gender, it can be said that having a picture of a weak and often dogged figure is a female figure. It certainly has a very close relationship. Women are so easily bullied by both men and women themselves.

This can be proven by the existence of government regulations, one of which contains the protection of women, such as the following, Regulation of the Minister of Women Empowerment and Child Protection of the Republic of Indonesia Number 1 of 2010 concerning Minimum Service Standards in the Field of Integrated Services for Women and Children Victims of Violence, East Java Provincial Regulation No. 16 of 2012 concerning the Implementation of Protection of Women and Children victims of violence, and Bojonegoro Regency Regional Regulation No. 10 of 2011 concerning Services to Women and Children Victims of Violence in Bojonegoro Regency. Some of the regulations show how vulnerable women are subject to bullying so they need to get protection.

Of the several novels related to the above bullying, the novels of *Orang-Orang Biasa* and *Guru Aini* were taken in this study. This is because those novels seem to tell the story of the victim of bullying who is a female

figure. In both novels there appears to be nothing to do with gender issues. However, after being traced deeply, gender issues also had a part in the bullying.

The female figures in both novels are also made very special, which is far from weak. The female figure is able to rise up and do resilience well against the bullying that she gets. Even indirectly it can be said that the female figures in the level are able to do resilience beyond male figures.

This makes this research focused on two things, namely (1) the form of bullying experienced by female characters in the novel *Orang-Orang Biasa* and *Guru Aini*, (2) the resilience of female characters victims of bullying in the novels *Orang-Orang Biasa* and *Guru Aini*. This discussion is very interesting because of the relationship of feminism with resilience. The relationship between these two studies can be said to be a new thing in literary studies because previously there has not been found this similar study.

Meanwhile, this discussion is important considering the rife phenomenon and can even be associated with the impact experienced by victims can be very bad, namely suicide. Female figures, especially those known for their more lema and taste, will be very dangerous if they get actions like this. This is an important resilience done by them. With the picture and analysis of this study is expected to be an example for readers and teachers to choose readings that can strengthen students or people in general to be able to rise from the pressures of bullying, especially experienced by women.

2. LITERATURE REVIEW

The first theory taken is the concept of literary psychology. This needs to be done as a strengthening of this research in order to run well. In addition, this concept is also an approach that will be useful in data analysis.

With regard to the term literary psychology, there are four possibilities in its sense. The first is the study of the author's psychology as a type or as a person. The second is the study of the creative process. The three types and laws of psychology are applied to literary works. Next, the fourth is to study the impact of literature on the reader (reader psychology). [2] Wellek & Warren added that the most related to the field of literature is the third understanding of the study of the types and laws of psychology applied to literary works. In addition, according to Endraswara [3] literary psychology can reveal the other side of literary works proportionally. This can be found from literary psychology research related to literary works that include a drive, daydream, dream, sex drive, or other.

Based on the above opinion, it can be concluded that assumptions related to literary psychology can be studied through the psychology of authors, readers, and

figures in literary works. However, there are also those who argue that literary psychology research is more likely to be a figure in literary works. Therefore, this study refers to the presumption of literary psychology according to Wellek and Warren [2] which states that the most related to the field of literature is the study of the types and laws of psychology applied to literary works. The types and laws of psychology can be related to various types of psychology, namely functional psychology, behaviorism psychology, gestalt psychology, psychoanalysis, humanistic psychology, and cognitive psychology. Then, strengthened by the opinion of Ratna [4] which is to first determine the work of literature as the object of research, then determined psychological theories that are considered relevant to conduct analysis. In this study used resilience theory that can be categorized into cognitive psychology and behaviorism.

In this study psychology is associated with sociology. This is as presented by Endraswara [3]. Research in literary psychology incorporated with literary sociology is called literary psychosocio. This is considered reasonable because the three fields pay attention to human phenomena.

Next is the concept of bullying, which is understanding and a form of bullying. This needs to be discussed in this study. This is expected as a limiting of which actions are categorized in the act of bullying. Bullying is an aggressive act, causing hostility or even harm to the victim who gets the behavior. Meanwhile, aggressiveness itself is a habitual tendency to show off hostility, social dominance, or even social power to the extreme [5]. According to Coloroso [5], forms of bullying include verbal, physical, relational, and electronic bullying.

The next concept discussed is resilience. Resilience is a psychological construct proposed by behavioral experts in an effort to know, define, and measure an individual's capacity to survive and thrive on *adverse conditions* and to know an individual's ability to recover from a stressful condition [6]. On the other hand, Cicchetti and Toth assume that resilience is not a trait that a person has since birth and is static, which when an individual experiences stress will automatically become resilient [7]. Similarly, Perkins and Caldwell, and Garmezy [7] say that resilience is not a property that resides in a person, but is the result of a dynamic transaction between outside forces and forces from within the individual. Thus, that man cannot automatically become a resilient person, but a dynamic process that develops within a person.

Reivich and Shatte [8] suggest that there are seven main components of resilience and that almost none of the individuals who overall have the ability to do so are: emotion regulation, impulse control, optimism,

casual analysis, empathy, self-efficacy, and reaching out.

Next up in this study is feminist studies. Goefe argues that feminists are a theory of institutionalization between men and women in economic, political, and social fields or organized activities that fight for women's rights and interests [9]. Meanwhile, according to Ilyas [10], feminism is an awareness of gender injustice that afflicts women, both in the family and society, as well as conscious actions by women and men to change the situation.

3. METHODS

The approach used in this research is a qualitative approach. Qualitative research approach is a scientific activity to collect data systematically, sort it according to certain categories, describe and interpret data obtained from interviews or ordinary conversations, observations and documentation. In this study focused on collecting documentation data i.e. concrete data of literary texts.

This research is included in descriptive research. Descriptive research is a research method that seeks to describe and interpret objects according to what they are.

This research data source is a written data source that includes primary and secondary data sources. The primary data source in this study is the novel text of *Orang-Orang Biasa* and *Guru Aini* by Andrea Hirata published by PT Benteng Pustaka in Yogyakarta in February 2019 and 2020. The novel *Orang-Orang Biasa* consists of 262 pages and *Guru Aini* consists of 336 pages. Secondary data sources of this study are several writings obtained from various online and print references related to the study of the phenomenon of resilience to bullying. This research data is in the form of words, phrases, sentences, or paragraphs related to narrative, dialogue, monologues, and character behavior as a form of bullying and resilience to natural bullying.

Data collection in this study is done by creating a data table. Then searched for the indicated data including forms of bullying and resilience of victims of bullying. After that, the data is sorted into the form of bullying experienced by female figures, then the data is entered into the data table in accordance with the classification of bullying that has been determined. Once determined the form of bullying, the next determined basic competence of resilience and associated with feminists.

The data analysis used in this study is a psychological interpretation. Refers to Luxemburg's opinion (in Endraswara, 2008) that interpretation is the process of reading and explaining a more systematic

and complete text. The literary system will be included in both activities. Completeness in interpretation is very relative because literary works have multi-interpretation.

Here are the steps to the analysis using psychological interpretation.

1. Looking for psychological facts in predetermined literary works. This is done to obtain an interpretation of literary works in depth and with clear data.
2. Based on the psychological facts that have been found in literary works, it will be obtained a form of whole meaning.
3. The found meaning is used to interpret forms of bullying and resilience in novels.

4. RESULTS AND DISCUSSION

4.1 A Form of Bullying against Female Figures in the Novels of *Orang-Orang Biasa* and *Guru Aini*

In the novel *Orang-Orang Biasa* and *Guru Aini* some female characters get bullied both by male characters and by other female characters. Discussion of the form of bullying is important because it is to explain that the figure who is said to be a victim of bullying. Meanwhile, the form of bullying in accordance with what Coloroso describes includes verbal, relational, physical, and electronic.

The female characters told in the novel *Orang-Orang Biasa* and *Guru Aini* are Dinah, Nihe, Junilah, Aini, Enun, Sa'idah, and Djumiaturun. These figures get bullied by other men and women. The first is verbal bullying. This can be proven by the following quote.

"There's no guarantee of this loan, Ma'am?"
"Sorry, sir, nothing. However, I promise to pay it off on time every month." The father chuckled. "Just from selling children's toys at five feet, until the apocalypse three times you won't be able to pay off this loan, Ma'am."
Laugh at the people around it again. Dinah is getting embarrassed. "What's that kind of money for, Mom?" "For the registration money and the down payment on my son's college, sir." "Jeh, what kind of college is that expensive?" (Hirata, 2019: 69-70)"

Based on the quote, it appears that there was verbal bullying carried out by Dinah. Dinah was insulted for her ignorance of borrowing money in the bank without any guarantees. The bullying is called verbal bullying because it is included in ridicule. The phrase "Until the apocalypse three times You will not be able to pay off this loan." indicates that the statement is a mockery. The people around him also underestimated Dinah. As quoted: "The father and the people around

him laughed. Laughing disparagingly more precisely. Dinah was embarrassed. What can he do, he is ready to bear shame for the sake of his son. (Hirata, 2019: 70)[11]"

This shows that there is verbal bullying by the surrounding residents on the female characters found in the novel *Orang-Orang Biasa*. Disparaging is included in insulting and is a form of verbal bullying. As seen in the quote there is laughter which means insults. In the citation also indicated another bullying of female characters in the novel *Orang-Orang Biasa*, namely relational. Relational bullying can be a waiver. The woman was ignored while taking out a loan. It changed to a few places, but it was ignored. In the novel *Guru Aini* is also found verbal bullying of female characters. That's as the following quote.

"You said you wanted to be a doctor! Jeh! It's just a matter of triviality you can't, Aini!" said Antonidin. Aini swallowed bittersweetly that he increasingly heard from his new classmates. "It's only natural that you don't go to class, Nuraini bint Syafrudin!" said Muhatdin. My compatriot Antonidin. (Hirata, 2020: 136)[12]"

Based on the quote it can be seen that Aini's character experienced ridicule from other friends. The taunts were verbal bullying. The quote explains that there are questions about Aini's ideals and also about the frequentness of Aini not going to class.

In addition to taunts there is also relational bullying, namely ignoring. It was found algebraic trio, namely Aini, Enun, and Sa'idah when they sang in public. Men exclude them by plucking the mic from the speaker when they get a singing turn. It's like the following quote.

"The organizers always show them at the end of the show when the audience is home. Usually they are only watched by one or two people, or watched by people who clean up chairs and tents because the show is finished. Often when they were singing, the man, not removing the cigarette from his mouth, pulled the mik cable from the speaker. Even so, the strange Algebraic Trio remained excited to sing while singling tambourines, performing the song Atomic Bomb Explosion. (Hirata, 2020: 74)"

Based on the quote, the man committed relational bullying to three female figures, namely Aini, Sa'idah, and Enun. The act of men unplugging the mic cable is an act of exclusion. That makes Aini, Sa'idah, and Enun not get the same opportunity as the others to sing in public.

4.2 Resilience of Female Victims of Bullying in Novels of *Orang-Orang Biasa* and *Guru Aini*

In both novels, female victims of bullying are told to have basic resilience skills. The first ability is emotional control. This can be seen from the following quote.

"Every day after coming home from school and taking turns with her mother looking after her sick father and selling children's toys, Aini went straight to Teacher Desi's house. No matter the heat, cloud, rain, thunder flood, lightning, he must have gone to Teacher Desi's house to study mathematics, and must have been damprated. (Hirata, 2020: 169)"

Based on these quotes it can be seen that the female character Aini is able to control her emotions. It doesn't matter if you get bullied like anything. He remains firm with his purpose. He knows how he gets treatment from his teacher, but he stays calm in order to achieve his goals without being provoked by emotions. Next the basic ability of resilience possessed by female characters victims of bullying in both novels is impulse control. This is evident from the following quote.

"Aini's heart was rumbling. Since last night, since deciding to move into Master Desi's class to be exact, he has promised not to insult himself by being dishonest with Master Desi. Ready he admits that he has memorized 2 questions and answers. Then he accidentally benefited from the error of Master issuing the same question as the question of last year's birthday. Aini had already opened her mouth to uncover her secret, but Master cut off." (Hirata, 2020: 148)"

Based on the data it can be seen that Aini is able to try to do impulse control. When he tried to do his desire to tell him that there was an irregularity in his replay question was the same as last year. When the teacher cut Aini also harbored that desire. His heart's feelings didn't change. He keeps working on the things he gets. The basic ability of the third resilience possessed by female figures victims of bullying in both novels is casual analysis. It is seen in the following quote.

"We should have been compact for a long time, Boi!" said Nihe. "Yes, we should have been compact for a long time, Boi!" continued Junilah. "Yes, Boi, so that we don't become bastardin and boron months, Boi!" continued Junilah. (Hirata, 2019: 17)"

Based on these quotes it can be seen that the problem recognition analysis belongs to Nihe and Junilah. They recognize what caused them to get bullied by two school gangs: their incompetence. They try to be strong in order to be strong. The next basic ability is optimism. It is also owned by female victims of bullying in both novels. The following quote can explain this ability.

*"There's no guarantee of this loan, Ma'am?"
"Sorry, sir, nothing. But I promise to pay it off on time every month" The father chuckled.
"Just from selling children's toys at five feet, until the apocalypse three times you will not be able to pay off this loan, Ma'am" (Hirata, 2019: 69-70)"*

Based on the flilted quote appears to be an optimistic attitude shown by Dinah. Although he only worked as a traveling toy trader he was sure to be able to pay off his loan at the Bank. He was not discouraged for his clear purpose. The next basic ability of resilience possessed by female characters victims of bullying in both novels is empathy. This ability is seen in some of the female characters in both novels.

"We have agreed to raise money, sell anything that can be sold, borrow from anywhere, protest, hunger strike, whatever origin your child can enter the Medical School Dinah, We do not want the money," nihe said. Dinah moved." (Hirata, 2019: 224)"

Based on the quote it is seen that ten friends have empathy for Dinah who was ridiculed by bank employees and cooperatives because his desire to borrow money is so large. Dinah's friends also felt Dinah's sadness, so they were willing to help even though it was very difficult for them to go on hunger strike and sell their belongings. Self-efficacy is the next basic ability of resilience possessed by female characters victims of bullying in the novels *Orang-Orang Biasa* and *Guru Aini*. It was exposed in the following quote.

"If you want to be good at math in this school, there is no other way, you have to learn from Mrs. Desi. I know he's fierce, I know he doesn't like students, but I'm ready to take the risk, as long as I'm good at math. The physician just said my father should be able to treat modern medicine." (Hirata, 2020: 82)

Based on these quotes, there is clearly a belief in Aini's figures in order to solve the problems faced. It looks like he dares to take risks so as to solve the problems faced. He also dared to take on the challenge with that confidence even though many people did not dare to face it. The basic ability of the last resilience

possessed by female characters in both novels is reaching out. It was exposed in the following quote.

"The next day they took Aini to the port, until they were on the ship, until the ship departed, to wave to her mother and sisters in tears, Aini was speechless. Just yesterday he worked in a coffee shop and felt that for the rest of his life would be a coffee shop waitress, now he is on his way to study at the Faculty of Medicine at a renowned public university. Until far away the ship left the port, until no longer visible mother and sisters, Aini still could not believe what was happening to her. (Hirata, 2019: 254)"

The quote explains that there are great ideals of women towards their children. They don't want their children to be left behind like they are so easily insulted. It shows that they are improving the positive aspects of themselves.

4.3 Resilience and Feminism by Female Victims of Bullying in The Novel of *Orang-Orang Biasa* and *Guru Aini*

After being presented about the resilience of female figures victims of bullying. It turns out that she has a high attitude of feminism. The relationship of resilience can be said to be their effort to become an independent female figure and have degrees like a man. First there is the june statement. She has the desire to be able to stand in line with her husband it can be described in the following quote: "Another reason junilah maui joined in robbing the bank is because, she said, her third ex-husband who likes to look at her used to work in a bank. (Hirata, 2019: 85)."

Based on the quote, Junilah is a figure who does not want to lose to her husband. She wants revenge on her husband. That's what he did consciously. That's the feminist thing she has.

Next there is the feminist nature that can also be seen from other figures, namely Nihe. When he wants to practice copying the car he shows a sense of not wanting to lose to men. This can be seen from the following quote: "In the action there are always beautiful women, I can take a course first," Nihe said as she dyed her hair. (Hirata, 2019: 143)."

Based on the quote it appears that Nihe is a figure who does not want to lose to men. He wants to learn to drive when many other men should learn to drive. Even when he was driving the car he didn't want to be replaced. It's like the following quote: "It's better for our driver to just change Sobri, Boss!" suggested Handai Tolani. "Step first at my ex's body! Nihe said while looking dasyat without calculation (Hirata, 2019: 194)."

Based on the quote it can be seen that Nihe consciously does not want to lose to men. He showed that women can. Women will not be defeated by circumstances. Dinah can be said to have a feminist nature. He was consciously able to establish himself as the head of the family. In fact, she was willing to pay all her school fees even though there was no husband. Independence and unyielding attitude is a feminist act committed by Dinah. This can be seen from the following quote.

*"There's no guarantee of this loan, Ma'am?"
"Sorry, sir, nothing. But I promise to pay it off on time every month" The father chuckled.
"Just from selling children's toys at five feet, until the apocalypse three times you will not be able to pay off this loan, Ma'am" (Hirata, 2019: 69-70)"*

Based on the quote exposed that Dinah tried hard to meet the needs of her child's school. He continued to try without any shame. Despite frequent bullying, he continues to strive to realize his ideals. Meanwhile, Aini's feminist attitude is her effort to achieve her goals to help everyone. He is independent and always wants to move forward. It's like the following quote.

"If you want to be good at math in this school, there is no other way, you have to learn from Mrs. Desi. I know he's fierce, I know he doesn't like students, but I'm ready to take the risk, as long as I'm good at math. The physician just said my father should be treatable to modern medicine (Hirata, 2020: 82)."

From the statement, Aini has great ideals no matter his situation; however, he will still achieve his goals.

4.4 Discussion

From the results of the study it can be seen that in the novel *Ordinary People* and *Guru Aini* female characters have a defense against strong bullying. It turns out that the reasons they have resilience are quite varied, ranging from the demands of circumstances, pain presented by a male figure, determination, and high ideals. However, it turns out that the person who has a resilient attitude is also seen to have a feminist attitude. Thus, it can be said that feminist attitudes can also make a woman become resilient in the face of bullying that she gets, especially those obtained from a male figure.

5. CONCLUSION

Based on the discussion, it is concluded that the female character is portrayed very well in both novels. They are strong figures. They have good resilience capabilities so that it can survive all the

pressures that befall them. This shows that both novels are novels that explain that women deserve to have a position that is equal to men.

AUTHORS' CONTRIBUTION

The author's contributions in this study include, (1) collecting data, (2) analyzing data, (3) exposing data analysis in the form of articles. The authors also asked the other party to discuss the study.

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