Importance of Draft Practice in Art Education and Teaching in Universities

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ABSTRACT
Currently, Internet has exerted a huge impact on the art education and teaching of universities, and students have focused less on surrounding things. Since acute observation is the precondition for art education and teaching, the decrease in observation and aesthetics has largely affected the art education and teaching of universities. While draft practice can promote the development of art creation and teaching in universities, and can improve the acute observation of students, guide them to focus on surrounding things, cultivate observing habits, and help them set a positive outlook on life; Secondly, art teachers in universities should strengthen draft practice in art education and teaching, cultivate students' habits of draft practice, and further promote the development of art education and teaching in universities.

Keywords: Draft practice, Universities, art, Education and teaching, Value.

1. INTRODUCTION
Draft--Small draft, which works as a diary, to record surrounding life and objects by drawing. It's generally divided into single colour and full colour, and the form of colour includes: Gouache draft, watercolour draft, oil pastel draft, colour pencil draft, oil painting draft, acrylic draft, toner draft, crayon draft; single colour includes: Pencil draft, pen draft, and writing brush draft. Features of draft: Small size, completed in a short time; Draft can be classified into two types, in which the first type is made to show the overall effect or explore the overall effect, and no detailed portrayal is required for such draft [1-3], to show the conceived effect or explore the overall effect in a short time; The other type is local draft, which is made to explore uncertain factors locally. It's a method adopted by painters to record wonderful or touching things nearby in a short time, and help painters record sceneries and feelings that should be grasped instantly, and is an effective way to collect creation materials. So draft is the first material for painters to create, and also an effective way for teachers in universities to train students, with immeasurable value in the art education in universities.

In respect of the decrease in the observation and aesthetic capacity of students, teachers can weaken the impact on the art education and teaching by strengthening the draft practice of students, and further promote the development of art education and teaching.

2. DRAFT PRACTICE CAN HELP STUDENTS SET A POSITIVE OUTLOOK ON LIFE
With the fast development of network, art education and teaching has been largely affected, and since students have paid less attention to their surrounding things, most contemporary college students have been addicted to internet and games, playing games or browsing TikTok and short videos all the time, being indifferent to surrounding things, and deficiency in observation, which has become the pain spot of art teachers in universities; "Let things drift, if they do not affect one personally". Gradually, few people care and pay attention to their surrounding things, which has affected students' aesthetic cognition as well as the development of art education unconsciously. Teachers can promote the development of art education by strengthening the draft practice of students.

The basic quality of students under art education can be mainly reflected by positive outlook on life, and without it, there will be negative impact on the future comprehensive development of students. Draft practice can guide and promote students to focus on surrounding
things, cultivate their observation and aesthetic capacity, and help students set a positive outlook on life by art education [4-5]. Draft practice requires students to focus on surrounding life and objects, so by constant draft practices, students can find many wonderful things around them. Besides, it can also cultivate acute observation, and cultivate students' positive mental state, to overcome creation difficulties, and accumulate more creation materials, and further meet the objective of art education, while promoting the development of education.

3. DRAFT PRACTICE CAN HELP CULTIVATE STUDENTS' OBSERVATION AND AESTHETIC CAPACITY

The tenet of art education is to cultivate students' inner beauty, and their capacity to discover, demonstrate and create beauty. As internet is developing fast, students have lost their interest in surrounding things, and lack in the capacity to observe surrounding objects, resulting in the confusion of teachers in art education, and students also lack in the insight into things. Acute and insightful eyes are the foundation of art education, so the precondition of all art education is to discover beauty, and only by doing so can students know how to demonstrate and create beauty. Students lack in the capacity to observe surrounding objects, and are indifferent to them, without acute observation, and are also negative in life [6-8], making art education meaningless, so they can never create positive works. Thus, art education should be based on observant eyes, and the habit of draft practice can help cultivate students' capacity to discover beauty and think actively by recording surrounding things, becoming curious about things slowly, so gradually, something will touch their heart, and trigger their reflection on things, and cultivate the observation capacity gradually. In this regard, art teachers in universities can guide students to observe and pay attention to surrounding things through draft practice, to make them experience the vicissitudes of life, and motivate their inner beauty, to discover, demonstrate and create beauty. Therefore, the habit of draft practice is an effective way to cultivate students' observation and aesthetic capacity.

4. DRAFT PRACTICE CAN PROMOTE THE DEVELOPMENT OF ART CREATION TEACHING IN UNIVERSITIES

Art creation is a key approach for teachers to test their teaching achievements in art education and teaching, and also a key course in art education. The influence of the internet will result in the deficiency of students in observation, the material for art creation, and the "vitality" of art works. Draft can help students in art creation, and also exert a positive influence on art creation and teaching.

4.1. Draft practice can cultivate students to create vivid art works

4.1.1. Capture feelings timely

"Recently, I often drew late at night, and drew lots of memorable people and objects. At first, I was touched, and then drew them to strengthen my impression." (Van Gogh's Letters [U.S.A] H. Anna Suh) Van Gogh often made draft records when being touched by surrounding things, to strengthen impression. By analysing them from the psychological perspective, we can see that lots of things will be forgotten in our life as time goes on and our inner activities will also be faded along the way. We are touched by the instant idea generated under the simulation of a certain factor, and as the simulation conditions are gone gradually, our mood of creation will vanish with the passage of time. So in order to create vivid works, drafts can be made to timely record the current mental activity, i.e., feelings, and show the current conception. Therefore, teachers can guide students to record their mental activity by making draft records, when being touched by surrounding things, and then show their mental activity and feelings by making drafts based on its features of short time and fast effect.

4.1.2. Show the overall conception timely

"I think the massive sketching and perspective drawing practices I did before oil painting have made me better at organizing the things I observed into the picture" (Van Gogh's Letters [U.S.A] H. Anna Suh). Scenery sketching is a key link in landscape creation. Given the complicated sceneries and the difficulty in organizing the picture and perspective during scenery sketching, students have to change, adjust and compose constantly, to solve such series of problems, and this has affected the final effect of the picture, making the picture clumsy, and lifeless! Therefore, teachers can guide students to do draft practices and make records upon scenery sketching, and by doing so, students can have an overall reflection on the picture before landscape painting, including the feelings for the sceneries, the conception, light perception, colour as well as virtual & essence relations, which can be beneficial to scenery sketching.

No complicated details are required in drafts, to show the visual effect in a short time. Lots of painters think by making drafts, so teachers can guide students to show their instant feeling after being stimulated through making small drafts, including feelings, light perception, colour and perspective, to avoid repeated changes from affecting the picture effect in creation. Represent the
conception, and show the instant feelings by small drafts.

When creating figures or scenes, there are also uncertain factors in the creation of environment. When analyzing the background and space, all factors such as how to highlight the theme or create the inner feeling of the figures should be mutually supplemented, and how to express the theme idea is also largely related to the environment. Therefore, students can explore the art creation environment and better highlight the themed idea of creation through draft practices. For instance, each painting created by Xiaoming Tang has sketches and colour drafts in different sizes, ranging from 10CM to 1m, such as: Road of Spring, and Mr. Sun Yat-sen, and the background of each sketch has difference in both the environment and colour, to explore how to highlight his theme idea, show the overall conception, and give full play to the best effect of the picture.

4.2. Overcome difficulties in creation

In the letter to his brother, Van Gogh said “I'm planning to put a series of small pen sketches between other works” (Van Gogh's Letters [U.S.A] H. Anna Suh). We can see Van Gogh valued draft practices, and had done small draft practices constantly in creation. Besides, each creation involved lots of drafts, to solve the sketching difficulties by plenty of drafts.

During scenery sketching, perspective is one of the difficulties faced by beginners. Although they can understand the principle of perspective, they often face insufficient experience, and accurate control in practical application. In addition, they are often affected mentally by the picture effect damaged in several changes, but if they have drafts, draw repeatedly, and even ask teachers to explain the perspective principle before draft practices, until they can figure out and then create the formal draft, they can solve the problem of adjusting and changing the perspective repeatedly on the formal draft as well as the practical application of perspective principle, laying a solid foundation for their future scenery sketching. Drafts made by Xiaoming Tang also involve sketching, head portrait, chest portrait, single colour draft, and colour draft. In all the works he presented, almost all creations have 10-20 drafts.

DaVinci is known for its drafts, covering local hands, head, body, figures, animal anatomy, and motion state, indicating that drafts have been an important approach for painters to solve problems.

4.3. Collect more creation materials

Monet created Three Fishing Boats in his studio after drawing over fifty unfinished oil painting sketches within the three-month sketching at Etretat.

Without the habit of making draft records, creation teaching is often affected by insufficient materials. Although some students take pictures occasionally, they still lack in emotional fluctuations upon shooting, in terms of picture creation. While teachers can train students to do draft practices based on the features of collecting more creation materials in a short term fast, and by doing so, we can not only solve the insufficient creation material of students, but also solve their lack in emotional fluctuations upon shooting, in terms of picture creation; Draw on local resources, and apply drafts in creation.

5. CONCLUSIONS

From ancient times, draft practice has been the most effective way for art education and teaching in universities, and also an important approach to improve students' observation, aesthetics and creation capacity. Currently, under the influence of network modernization, art teachers in universities often neglect such effective and traditional teaching approach. Therefore, art teachers in universities should value draft practice in teaching, lay a good foundation for creation by doing draft practice, and overcome difficulties in creation. Art teachers in universities should focus on strengthening students' draft practice, to help them set a positive outlook on life, cultivate their observation and aesthetic capacity, give full play to the role of draft practice, and further promote the development of art creation teaching.

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