

The Relationship Between Family Communication Patterns with Spiritual Intelligence in Adolescents

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ABSTRACT

Spiritual intelligence must be possessed by every Adolescents. Adolescents with good spiritual intelligence will be able to solve problems, and are able to make correct and positive decisions. One of the factors that can affect spiritual intelligence in adolescents is the communication factor of the teenager's family. The purpose of this study was to determine whether or not there is a relationship between family communication and adolescent spiritual intelligence. The sample of this study consisted of 250 respondents, namely 79 male respondents and 171 female respondents aged 13-19 years. In this study, data collection techniques used two scales, namely family communication using the Revised Family Communication Patterns (RFCP) scale by Koener and Fitzpatrick (2002) and spiritual intelligence using The Spiritual Intelligence Self-Report Inventory (SISRI-24) by King and Deccio (2009). The data processing method in this study uses quantitative correlation analysis techniques. Based on the correlation test, the results obtained $r = 0.615$ and $p = 0.000 (< 0.005)$. This shows that there is a significant positive relationship between family communication and spiritual intelligence in adolescents.

Keywords: *Spiritual Intelligence, Family Communication Patterns, Adolescents*

1. INTRODUCTION

Many teenagers try to avoid the problems they face in a negative direction, such as doing trouble, skipping school, getting drunk, speeding on the streets, fighting between groups or gangs, falling into illegal drugs (drugs), and free sex [1].

Adolescents with a high level of spirituality can overcome problems related to developmental tasks and decision-making problems related to their future, and they can see problems more deeply [2].

Spiritual Intelligence can be used when a person is faced with a crisis situation that makes a person lose his or her challenge and can face the choices and realities that exist and reach personal maturity [3].

The low spirituality that adolescents lack is certainly closely related to family factors, especially regarding the intensity of communication (parents - children) in the family. their children in decision making, as a control system, facilitator, providing advice, and directing children to make their choices [4].

This is reinforced by the results of research which shows that there is a significant positive relationship between parent-child communication and problem solving, which means that the better communication that occurs between parents and their teenagers, the teenagers will be able to develop problem solving attitude [5]. And the results of previous research shows that the conversational dimension of

family communication has a significant relationship with difficulty in decision making and the conformity dimension of family communication has a significant relationship with difficulty in decision making [4].

The results of research [6], show that the lack of intensive communication between parents and children affects children in determining social attitudes in the form of honesty, discipline, love of peace and courtesy, meaning that there is an influence of the intensity of communication between parents and children on the social attitudes of children and adolescents. The quality of good parent-child communication has a significant positive relationship with deviant behavior carried out by adolescents and can prevent deviant behavior in adolescents [7].

Interpersonal communication in the family is a way to create meaning and identity for adolescents [8]. In this study, the meaning is generated through effective direct conversation until it develops into a discussion if the conversation becomes more interesting in a friendly and informal atmosphere.

Adolescents who have high family communication will have high spiritual intelligence such as seeing themselves as valuable, always positive thinking, full of confidence, responsibility, initiative, critical thinking, and always more grateful for what they already have. So it can be said that family communication is very related to the level of spiritual intelligence in adolescents. This is in line with the results of research [9], found that there is a significant

positive relationship between parent-child communication and the frequency of adolescent spirituality. In this study, compared with several parenting methods.

Based on the description above, the purpose of this study is to determine whether or not there is a relationship between Family Communication and Spiritual Intelligence in Adolescents.

2. METHODS

This study uses a quantitative approach. And Sampling using incidental sampling technique. Data collection is done by distributing questionnaires in the form of Google Form, which contains statements about family communication patterns and spiritual intelligence. The participants in this study were teenagers aged 13-19 years consisting of 250 respondents, 79 male respondents and 171 female respondents who were on the island of Java.

In this study, family communication patterns were measured by Revised Family Communication Patterns (RFCP) by Koener and Fitzpatrick (2002) [10]. It has Cronbach's Alpha of 0.930 (>0.70).

Furthermore, spiritual intelligence is measured by The Spiritual Intelligence Self-Report Inventory (SISRI-24) by D.B King (2008) [11]. It has Cronbach's Alpha of 0.926 (> 0.70).

3. RESULT

The results of the correlation test using the IBM SPSS for Windows 26.0 show that there is a significant positive relationship to Spiritual Intelligence with Pearson correlation (r) of 0.615 and a significant probability value of 0.000 (< 0.005). This shows that the higher and open the pattern of communication in the family, the better the spiritual intelligence possessed by adolescents.

Table 1 Correlation Family communication patterns and Spiritual Intelligence results

| | Pearson Correlation | Sign. (2-tailed) | N |
|--------------------------------------|----------------------------|-------------------------|----------|
| Family Communication Patterns | .615 | .000 | 250 |
| Spiritual Intelligence | .615 | .000 | 250 |

4. DISCUSSION

This study was conducted to determine whether or not there is a relationship between family communication and spiritual intelligence in adolescents. Based on the results of research analysis that has been obtained, this shows that there is a significant positive relationship with a correlation value of 0.615 with a significance level of 0.000.

This shows that the alternative hypothesis (H_a) is accepted and the null hypothesis (H_0) is rejected, meaning that there is a significant positive relationship between family communication and spiritual intelligence, namely the higher or open communication within the family, the higher the spiritual intelligence possessed by the family teenager. This is in line with the results of research [9], it was found that there was a significant positive strong relationship between parent-child communication and the frequency of adolescent spirituality. In this study, compared with several parenting methods.

Many teenagers try to avoid the problems they face in a negative direction, such as doing trouble, skipping school, getting drunk, speeding on the streets, fighting between groups or gangs, falling into illegal drugs (drugs), and free sex (Mawengkang, 2018)

Adolescents with a high level of spirituality can overcome problems related to developmental tasks and decision-making problems related to their future, and they can see problems more deeply [2]. In addition, teenagers who have good spirituality will not solve problems in their lives in a

visible and emotional way for a moment, they will see the whole of the problem, then integrate it with the meaning of life and be able to get meaning or wisdom from the life problems they face so that teenagers they can rise up in the suffering of life's problems they face.

When facing a crisis situation that makes us experience a loss of self order and able to face the choices and realities that exist and to achieve personal maturity, spiritual intelligence is needed [3]. Meanwhile, according to the character Mike George [12] spiritual intelligence is very important to cultivate a steady & passionate individuality wisdom, earnest use of deepest resources, recognize & harmonize individual morals from one's individual self.

Talking about the low spiritual values possessed by teenagers, of course, it is closely related to family factors, especially regarding the intensity of communication (parents - children) in the family. Because the family is the first environment for a child obtained from the beginning of life, the family has a role in developing their children's decision-making abilities, the family as a control, facilitator, providing advice, and directing children to make their choices [4]

Reinforced by the results of previous research, namely, the results of research [5] which showed that there was a significant positive relationship between parent-child communication and problem solving, which means that the better the communication between parents and their teenagers, the teenagers will be able to develop a problem solving attitude. and results of research [4] shows that the

conversational dimension of family communication has a significant relationship with difficulty in decision making and the conformity dimension of family communication has a significant relationship with difficulty in decision making.

Interpersonal communication in the family is a way to create meaning and identity for adolescents [8]. In this study, the meaning is generated through effective direct conversation until it develops into a discussion, if the conversation becomes more interesting in a friendly and informal atmosphere. The results of research [6], show that the lack of intensive communication between parents and children affects children in determining social attitudes in the form of honesty, discipline, love of peace and courtesy, meaning that there is an influence of the intensity of communication between parents and children on the social attitudes of children and adolescents. The quality of good parent-child communication has a significant positive relationship with the prevention of deviant behavior by adolescents. [7]

So, it can be said that family communication is very related to the level of spiritual intelligence in adolescents.

5. SUGGESTION

5.1. Theoretical Suggestion

For further research that is interested in researching the same topic, it is recommended to pay attention to other variables such as: community environment (peers, neighbors, socialization in the community), school (teachers, school friends), and others.

5.2. Practical Suggestion

In the study, it is suggested that family members can communicate more openly about spiritual values, in order to increase spiritual intelligence in adolescents who can help adolescents to solve their problems properly, and for teenagers who commit juvenile delinquency such as drugs, brawls, etc. to better familiarize themselves in solving their problems by using spiritual values in themselves when solving problems in order to avoid deviant behavior that can destroy their future.

6. CONCLUSIONS

This study aims to determine whether there is a relationship between family communication patterns and spiritual intelligence in adolescents. Based on the result of the research analysis that has been carried out, the results show that there is a significant positive relationship with a correlation value of 0.615 with a significance level of probability value of 0.000 (< 0.005). This shows that the alternative hypothesis (H_a) is accepted and the null

hypothesis (H_0) is rejected. Thus the conclusion that researchers get from this study is the higher and open communication patterns owned by the family, the higher the spiritual intelligence of adolescents

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