

# Islamic Parenting Paradigm

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**Abstract**—Sometimes Muslim families do not realize that they are taking care of their children by applying concepts or theories that come from a secularistic paradigm. Whereas religious teachings provide a paradigm that can guide parents in raising their children as religious individuals. Related to this, this study is intended to explore the principles of parenting from sources of Islamic teachings that can be a reference for Muslim families in the upbringing of their children. Fundamentally, Islam positions children as a gift as well as a mandate from God. Meanwhile, parents have the responsibility to make their children become pious servants of God, children who are devoted to their parents, members of the community who contribute as much as possible and become good citizens. To achieve these goals, every parent must at least adhere to several principles in the upbringing of their children. Through a theological normative interpretation approach, some parenting principles are obtained, namely: believing that children are born in a pure state, realizing deeply that parents have a responsibility to form the foundation of their children's lives, practice parenting with love, understand that parenting is to introduce and instill a value system and lead children to become independent, mature and responsible individuals by their general stages of development and uniqueness as an individual.

**Keywords**—*Islamic, parenting, paradigm*

## I. INTRODUCTION

Along with the very rapid development of technology, today's children face various challenges and very serious threats [1-3], in addition to obtaining various facilities [4,5]. On the other hand, parents need to make every effort to protect their children [6,7], providing them with mentoring and mentoring to grow and develop in a good value system in all environments and various aspects of their lives [8,9]. For Muslim families, carrying out this noble task is the implementation of Allah's commandment, which is to protect them from the fires of hell (Al Qur'an Surah At-Tahrim 6) [10]. This is one of the starting points for the parenting paradigm in Islamic teachings. This verse emphasizes that childcare is a great responsibility [11,12]. Parents must prepare and deliver their children safely and happily to eternal life (heaven).

In Islam, preparation for the presence of children has begun since the selection of a life partner [13,14] accompanied by prayers for obtaining good offspring (Al-Qur'an Surah Ali

Imran 38; Al-Qur'an a Surah Al Furqan 74; [15]. Then proceed with a blessed marriage as the beginning of building a good family for the birth of a child [16]. During pregnancy, Islamic teachings provide instructions regarding what good things are done by the father and mother of the baby in the womb [17]. Similarly, when and after the child is born [18,19].

Many Muslim families are alienated from Islamic teachings [20,21] regarding childcare. They realize it or not adopt secularistic conceptions and habits and ways of raising their children, even that applies to non-Islamic families [22,23]. This certainly deviates from the philosophy and theological norms of Islamic teachings regarding marriage and family. Thus, the goals of Islamic marriage and descent [24,25] are not supported by their practice in caring for, nurturing, and educating children. The question then is, which paradigms or principles in Islamic teachings can be referred to implementing childcare.

## II. METHODS

This research includes library research by making texts or texts of the verses of the Qur'an and al-hadith as a source of research. By its target, research is descriptive-analytical by taking existing information, constructing it, describing it according to the selected thematic framework, then analysing it. As basic research, it is hoped that the results of this research can develop science. The primary sources used are the Qur'an and Hadith. The secondary sources used are literature related to the sources of the study of the Qur'an on education or childcare.

Data collection is done by the documentation method, namely collecting data from documents or literature. In this study, the documentation method will be used to collect data about the parenting paradigm. The process of collecting data is carried out in several ways, including reading, taking notes, then describing and compiling it systematically. The data analysis technique in this study uses the interpretation method or text interpretation, namely by expressing, telling, and saying something that is its essence.

## III. RESULTS AND DISCUSSION

Based on a study of several al-Quran texts and al-Hadith texts, obtained some instructions regarding the treatment of

children that describe the paradigms and principles of parenting in Islamic teachings. Among these treatments are:

- Giving a meaningful name and giving a good influence on the child [26-30],
- Breastfeeding which strengthens the first physical and psychological bond between the child and his mother, and has an impact on the child's physical and mental health (Al-Qur'an Surah Al Baqarah 233),
- Sufficient funding so that children are cared for, cared for, raised and educated properly, neglecting this is considered a sin in the view of religion (Hadith Abu Dawood, 1692),
- Fair treatment of all children, both boys and girls (Hadith al-Bukhaari 2447 and Hadith Muslim 1623) [12],
- Develop a good and loving relationship between parents and children [31,32], both in words, attitudes and actions (illustrated in the Qur'an Surah Luqman 13),
- Establish good communication [33] as the basis for forming the child's personality [34-39],
- Provide comprehensive education both physically, emotionally, spiritually, and intellectually,
- Instilling faith as the highest responsibility and noblest task,
- Teach the rights of others, both within the family lineage environment and beyond (Al-Qur'an Surah An-Nisa 36),
- Provide direction on who deserves to be role models, besides presenting themselves as role models for their children,
- Develop independence in various matters, including financial matters [40-50],
- Development of noble character and morality,
- Creating a positive environment in the family as a stimulus and conditioning children's attitudes and behaviour,
- Always pray for the good for their children, and the prayers of parents for their children include prayers that are not rejected by God,
- Choosing friends to hang out with for children because they can influence children's behaviour,
- Fostering a sense of brotherhood with fellow Muslims regardless of nationality,
- Foster pride as a Muslim.

The main principle of parenting for Muslim families is comprehensive starting from choosing a husband or wife, giving a good name to the baby, building a close physical and

psychological relationship between mother and child, treating children with love and affection and appreciation. Islam forbids ignoring children's rights to grow and develop according to their unique potential. Islam provides guidance in developing all aspects of a child's personality including: physical-motor, intellectual, emotional, social, moral, language and language ethics, spiritual by maintaining purity of heart/qalb. Islam emphasizes the importance of guiding children to choose role models, and parents must be role models for children in all aspects of their lives. All educational efforts are theocentric on the basis of faith in Allah SWT.

Education and nurturing in Islam is carried out by example, habituation, training for independence, fostering a sense of brotherhood between Muslims and between humans, as well as self-confidence as a Muslim.

#### IV. CONCLUSION

Parenting is the biggest part of parental responsibility. The greater the challenges and threats in life that will be faced by children, the harder it is, and the greater the effort that must be made by parents. Parenting is an effort to prepare them in various aspects of their lives comprehensively, from the most fundamental aspects to the practical aspects. For all these aspects, the teachings of Islam provide instructions as a reference that needs to be studied, understood, addressed, and applied. For parents and children, parenting based on the paradigm of Islamic teachings can be a source of their safety and togetherness in the hereafter in true happiness.

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