Improving the Social Development of Early Children in the Pandemic Period Through the Application of Parenting Program

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ABSTRACT

The purpose of this study is to find out how the social development of children during a pandemic is based on the form of parenting given by parents.. This study will explore the importance of understanding social development in early childhood thoroughly and deeply. The social skill that should be developed in early childhood is building relationship and a good interaction with the surrounding environment, also adaptation ability to environment. Parenting patterns are needed during the pandemic in the process of developing early childhood social development, because parenting greatly determines the developmental aspects of children. This study formulates the application of parenting styles in children's social development during the Covid 19 pandemic. This research is a literature review that examines parenting styles and child social development, which collects relevant references, from journals, books and newspapers. The results in this study determine that social development in early childhood during a pandemic can be developed effectively through the understanding of parents in providing parenting patterns for children.

Keywords: *parenting style, social development, early childhood, covid-19*

1. INTRODUCTION

Children in early ages are in a period of rapid growth. At an early age is a very good time in the process of developing all aspects of its development. Since birth, children already have all aspects of development but stimulus is needed from adults therefore that children's development can grow optimally. In line with what was expressed by Berk [1] giving the opinion that early childhood is someone who is in a rapid development process and is also fundamental to the next child's life. It is also mentioned that children who are at the age from birth to 8 years, in this period - with growth techniques - and their development with all forms of development are undergoing rapid processes.

The types of development that already exist in children are language, physical motor skills, social emotional and moral development. Among these aspects of development children really need education that can provide children with a stimulus to develop aspects of development in children. Education that must be obtained by children is in the form of efforts from educators with the aim of facilitating children in the process of developing children various potency.

The fostered efforts provided by educational institutions - various forms of assistance - are dedicated to children. from infancy to 6 years, providing readiness for children in the growth process experienced by children by stimulating children through various forms of learning with the aim of growing effectively towards further education [2]. The learning given to children is a form of effort in stimulation which is an intervention effort that can develop aspects of growth in children who live around children, where at the early childhood stage learning to override has many issues involved in improving cognitive, language, motor, and social-emotional skills in children [3][4]. From the various forms of child growth that have been mentioned, what needs to be developed is the social development of children.

Social development includes developments that are very important to develop, because social development is a form of social relations between humans that can strengthen relationships between humans. According to [4], what is meant by social development is being able to collaborate and be able to make peace with the rules of tradition running with the given learning process.

Social development is the ability that must be possessed by children for socialization, responding or interacting with

friends, to get along with peers. Child social development can be observed, explored, maintained giving and receiving behavior at times [5].

Concluding from several opinions that reveal about social development that social development is a development that is already owned by children that must be developed through stimuli that can be provided by the closest people and the surrounding environment, social development is also very important for children to learn and develop because social development is very important. influence on how to interact well with fellow friends of the same age as well as with those who are more mature. Hurlock [6] said that the family as well as the external environment that can affect children's social abilities.

The social development of early childhood also requires support from outside the family such as the school environment, children need good stimulation with the education provided by teaching staff can help participate in developing social development for children. However, with the current situation, Covid-19 has to be faced by the people of Indonesia and abroad. The Covid-19 pandemic has certainly had an impact on everyone, especially educational institutions. At this time with the Covid-19 pandemic that has occurred, it can hamper all teaching and learning processes that occur in every educational institution so that the learning process requires children to go through the online learning process. Of course, the learning process carried out online is not the same as what is usually done face-to-face meeting directly with teaching staff or teachers. As stated by Who.int in [7] that the ongoing Covid-19 or also known as Corona Virus Disease 2019) is an ongoing pandemic which is a respiratory disorder that can be caused by coronavirus 2.

The impact of Covid-19 on education, the government decided to temporarily close all schools throughout Indonesia with the excuse of limiting the spread of Covid-19. From the impact of Covid-19, of course, it also has an impact on aspects of child development, especially social skills. In developing children's social development requires interaction at school, especially with teachers and their peers. The form of parenting applied by parents is also needed in the circumstances experienced by children who cannot attend school face-to-face with the teacher.

The way parents provide parenting to children is so needed in the process of developing social interaction in children. The parenting pattern referred to here is parenting formed by parents in the form of guiding and guiding children in their daily activities. According to Rosyadi [8] revealed that parenting is in the form of care given by parents to be able to help children and guide children so that they can live independently.

According to Jannah (2012), parenting is a form of bonding between parents and children where people know who are able to shape their behavior and attitudes in guiding and directing children's growth and being an example in

instilling attitudes. The conclusion from various opinions about parenting is that what is said to be parenting is a form of behavior from parents in the process of educating children to be able to shape the child's personality well.

Based on the explanation and background given above, therefore this library research will examine how children's social development develops well during the Covid-19 pandemic with parenting patterns. The purpose of this research is so that parents are able to understand how the form of parental action will be given to children in good parenting in developing children's social development during a pandemic.

2. METHOD

In this research to answer the problems that occur, this research uses a type of literature study. Through this type of literature study, this research is collecting references regarding social development and parenting patterns during the Covid-19 pandemic.

This research collects many references such as from books, journals, previous research, as well as newspapers and others related to the discussion. This library research also studies about the current and past phenomena.

3. RESULTS AND DISCUSSION

Children are the future generation that must be guided and stimulated by parents, family, and the school environment. The early childhood is a child aged from infancy to six years. It is said that early childhood is in the golden ages because it is a period where children are in a period of growth which is experiencing a very rapid process. Improving social skills in children from an early age is very effective to do. Early childhood has several aspects that need to be improved, at this time children are at a sensitive period in various aspects of development, namely language development, cognitive, physical motoric, and social emotional development. The aspect of development that is very important for children to develop is the social development of children. The social development that exists in children will have a good impact on children when socializing with their environment, and children will know how to interact well with their environment.

According to Osland [9] social skills are the ability to maintain relationships and build bonds based on expertise to create common ground and build good bonds. Through social skills possessed by humans can create good relationships between others. Early childhood must learn how to socialize well so that children can carry them into adulthood. Furthermore, according to Khaironi (2018) states that social development is an increase in a person's intelligence in interacting with other individuals.

Children's social development can also be called that children have good interactions with the family environment and also their peers, so they can be trained as expected. The

social skills that need to be mastered by children are: 1) having skills that can bond with others, 2) carrying out play activities and taking advantage of free time, 3) tackling the social atmosphere experienced [10]. How to train social development in children, which includes the way children talk with their peers while playing, not getting satisfied when they don't play with their friends. Children who play at home have different social developments from children who often interact with other people when playing outside, this happens because children who play and can interact outside the home can learn and also develop their social development. Learning to interact with early childhood is able to train children with manners and build confidence in children when interacting outside and meeting with their peers and children are able to build good relationships with each other.

Children's social development requires good stimulation for children, especially children getting social interaction and getting to know how to have good social interaction, namely from the school education factor. Education can shape early childhood social interactions effectively, around school institutions children can communicate with peers and teachers. Apart from educational factors, there are also family factors, the family is the first environment of children who before getting to know the outside environment. Social development in early childhood has been shaped by the family from an early age.

[11]) said that there are 3 main aspects that can affect a child's social abilities, namely aspects of the family area, external environmental factors, and the first experience factor gained by the child. Based on an explanation of children's social abilities in the current situation, namely the COVID-19 pandemic, it is not possible to carry out the process of improving children's social development at school. Due to the impact of the pandemic, education is temporarily closed with the aim of preventing the spread of the corona virus. Therefore, in developing social development in children, it is very necessary from the form of parenting so that social development in children will continue to develop effectively as usual.

According to Sujiono [12] that early childhood has characteristics in their social development, namely: 1) At the age of 3 years, it can be seen from the fact that children really enjoy making friends with their peers, can maintain involvement with other children, can share with others without having to persuaded, not satisfied in playing, can imitate the actions of their friends, and children are able to include themselves when playing, 2) 3-4 years old is seen when children will be more confident, have humility, understand racial and sexual differences, able to follow applicable rules, have stronger feelings towards family, show changes in feelings, need friends to play with, and 3) Age 5-6 years seen from children being able to express rigid ideas, children have good friends even with time who is short, occasionally fights with peers for a short time, can queue well, can follow every activity n in school to have

experience, always want to be the first, children become more possessive with their belongings.

[13] said that in the process of socializing within children, it can be influenced by the form of parenting actions given by parents, relationships with the family environment, as well as the situation in which the child lives and also the environment. Actions that parents will give to children play an important role in developing children's social skills. As stated by [12] that providing positive experiences for children that children get from their environment can help the growth of children's social interactions in adjusting to their environment, especially the family environment, namely parents because parents are the initial area to interact.

Developing social skills for children requires support from the closest people, especially parents and closest family, the school environment and the environment outside the home. At this time the school environment does not allow to effectively grow social skills in children, but the role of the family is very much needed and the family today is a very close role to the child. Families, especially parents, can apply actions in the form of effective parenting to the process of developing children's social abilities. The treatment given by parents can set an example for children, the harmonious relationship of parents also affects the development of children.

Parenting is a form of parental behavior in the process of developing aspects of development that exist in children. According to [14], what is meant by parenting is a number of forms or models of parental expressions that can influence the innate abilities attached to people in an effort to care for, maintain, guide, build young and immature children so that they become human beings who grow. more independent in the future.

Petranto [15] reveals that parenting is a pattern of attitudes given to children with a relative nature that does not change over time. This attitude pattern is experienced by children from the form given, namely positive or negative. All families who provide parenting in a different way because this depends on the parents' own thoughts. Furthermore, according to [16] parenting can be interpreted as a form of the way parents give to children to look after, care for, guide, educate, train, teach, which takes the form of teaching children discipline, giving examples to children, giving love, appropriate punishment, reward, and teach a sense of leadership in the family through the words and actions of parents.

Based on the explanation above, parenting can be concluded as a form of parental behavior given to children. can provide children with experiences and new knowledge. Hurlock [15] reveals the various types of parenting, namely permissive parenting, authoritarian parenting and democratic parenting. Permissive parenting is an action given by parents who are very involved in the child's life, but parenting given by parents provides little limits or ways

to control children. parents tend to give children a little freedom for children to do anything, thus making children unable to regulate behavior and cannot respect others [17]

Furthermore, according to Sunarty (2016), authoritarian parenting is a form of parenting shown by parents in a way that parents tend to set the wishes of parents to be obeyed, demand that children always obey, provide less warm relationships, and parents are too strict in educating. Dariyo [15]reveals that democratic parenting provided by parents tends to make children authority over their parents, because democratic parenting makes children consider something more than their parents.

From the various discussions discussed, the results of this study prove that parenting can improve social development in children. As has been proven by [18] that in their research regarding the impact of applying parenting patterns in improving social emotional development found the results that parenting is very influential so that there is an impact if given to children in improving social-emotional skills in children. child. However, every parent who provides a form of parenting with different actions.

Other studies examine whether parenting has an effect or not in improving social skills, the results are proven if there is an influence in parenting given by parents in social intelligence in children. The importance of social intelligence that must be possessed by children makes parents have to learn how to form an effective parenting pattern in applying to children with good goals. In this study, it was found that a more effective parenting style given by parents to children's social intelligence was to use a democratic and permissive type of parenting [6]

4. CONCLUSION

The current Covid-19 pandemic greatly affects education which causes the teaching and learning process to not be carried out properly and optimally. Especially in early childhood learning, it is certainly very impactful for teachers in dealing with problems that occur at this time towards implementing processes in improving aspects of child development, especially children's social abilities. Social skills include the type of development in children that currently teachers cannot control optimally, such as when attending face-to-face school.

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Parents should understand about the form of parenting to be applied properly to children. Through this research may be able to add insight to all parents. Parents expect the child's development to develop well, so parents should be more understanding in choosing actions that will be given to children with good intentions.

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