



Practice And Research on Online and Offline Mixed Teaching of "Dancing Grass Dragon" in Songjiang

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Abstract

By using the methods of literature, case analysis, questionnaire survey, induction and summary, through the practical exploration of the integration of Songjiang "grass dragon dance" and physical education in higher vocational colleges, the purpose of improving the national sports cultural literacy of higher vocational students is achieved. Taking a higher vocational college in Shanghai as the research object, Songjiang "dancing grass dragon" element is integrated into the curriculum thought and politics, classroom practice and campus culture construction. The research shows that: the teaching pattern of dragon dance course in Higher Vocational Colleges: online and offline mixed teaching is conducive to inheriting and carrying forward Songjiang "grass dragon dance" culture, and enhancing students' sense of identity with national culture; The characteristics of Ideological and political education of dragon dance course: Songjiang "grass dragon dance" is a national intangible cultural heritage, and its course characteristics have a subtle educational function. The theory, practice and culture of the course itself enhance the development goal of "all-round development" education; Action plan for the construction of traditional sports culture: it has built a trinity online and offline mixed mode of dragon dance courses, associations and permanent teams, improved the teaching effect of dragon dance, strengthened the development of online teaching resource platform, and created a brand of dragon dance culture on campus.

Keywords: Grass dragon dance; Online and offline; Cultural confidence; Blended teaching.

1 INTRODUCTION

Since the 18th National Congress of the Communist Party of China, the general secretary pointed out that cultural self-confidence is a more basic, deeper and lasting force in the development of a country and a nation ([7] Publicity Department of CCCPC, 2019). As an important position for cultural development and prosperity, the school has arduous responsibilities and bears the historical mission of inheriting excellent culture. School education plays an important role in improving young students' cultural self-confidence ([1] He Tao, 2019). Under the educational background of "Building Morality and cultivating people", higher vocational colleges have an unshirkable educational mission to promote the cultural self-confidence of young students.

However, at present, the unbalanced development of excellent national traditional sports on campus still exists. Some vocational colleges are few or even some schools do not carry out it, which makes some students do not even know what traditional sports are. Excellent national traditional culture is the spiritual lifeline of the Chinese

nation, an important source of cultivating the core socialist values, and a solid foundation for us to stand firm in the agitation of world culture. Therefore, the research on the online and offline hybrid practical teaching of Songjiang "grass dragon dance" in higher vocational colleges is not only conducive to promoting the excellent traditional Chinese culture through the network, but also effectively promoting the traditional Chinese sports culture into the campus, and can effectively implement the fundamental task of Songjiang "grass dragon dance" education, which provides a theoretical basis for the future research on inheriting the traditional Chinese culture.

2 BASIS FOR ONLINE AND OFFLINE HYBRID TEACHING OF SONGJIANG "GRASS DRAGON DANCE"

Affected by the sudden outbreak of COVID-19, various schools across the country have entered the online teaching mode, and teaching has changed from school classrooms to online and "cloud". Higher vocational colleges must adhere to the mission of

Building Morality and cultivating people, focus on the fundamental issue of what kind of people to cultivate and how to cultivate people, and effectively promote the education of socialist core values for college students ([9] Zhou Jiansong, 2016). The goal of "building virtue and cultivating people" has never wavered in the important role of vocational education. The charm of national traditional sports is not only in fitness, but also in the "heart". Under the background of cultural self-confidence, higher vocational colleges carry out dragon dance culture on campus to promote students' physical and mental health and cultivate students' all-round development. As a collective and high-intensity sport, dragon dance has a positive impact on "cultivating teenagers' comprehensive physical and mental quality and teamwork spirit, and Strengthening Teenagers' national feelings, national cohesion and Chinese national spirit" in long-term practice ([3] Lv Shaojun, 2013). As a national intangible cultural heritage, Songjiang "grass dragon dance" is currently facing a real dilemma that no one can pass on, especially adults are unwilling to participate in it. Therefore, this study takes Songjiang "grass dragon dance" classroom teaching as the starting point to carry out Songjiang "grass dragon dance" online and offline hybrid teaching, and carry forward and inherit excellent national traditional culture through its online and offline hybrid teaching. Carrying forward and inheriting the excellent national traditional culture in the online and offline Hybrid Teaching of Songjiang "grass dragon dance" is a new attempt of physical education in local colleges and universities. Its significance is not only to carry forward Songjiang "grass dragon dance" and establish national cultural confidence, but also to innovate and develop the living farming culture in the campus culture.

3 SONGJIANG "GRASS DRAGON DANCE" ONLINE AND OFFLINE MIXED TEACHING PRACTICE CASE SHARING

Taking the opportunity of establishing a national first-class agricultural and Forestry University, the University attaches great importance to the construction of the national intangible cultural heritage Songjiang "grass dragon dance" network teaching resource platform system, and "has important significance and value for carrying forward national culture, helping healthy China, inheriting intangible cultural heritage projects in a living way, and innovating and developing the sports industry ([2] Jiang Fengyun, 2020).

3.1 Online and offline teaching design of Songjiang "grass dragon dance"

The construction of network teaching resource platform is to build an organization chart of network teaching platform, including system management, teacher service and student service, based on modern education concepts and educational technology principles and methods, and by using information, networking and other technical means, ([5] Li Ping etc. 2022). (see Figure 1)

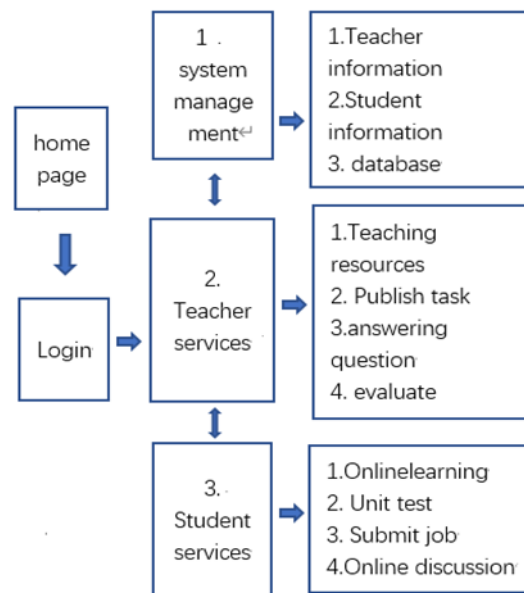


Figure 1: Organization chart of network teaching platform

3.2 Online and offline teaching design of "dancing grass dragon" in Songjiang

The online and offline teaching design of Songjiang "grass dragon dance" is aimed at the first grade of higher vocational education, with the theme of inheriting "national intangible cultural heritage", to carry out the teaching of relevant knowledge (Figure 2) and technical actions (Figure 3) of Songjiang "grass dragon dance", through the design of contents from different angles such as "origin", "development", "ceremony", "technology" and "Curriculum Ideology", to deeply tap the value of online learning resource platform and improve the understanding of online and offline mixed teaching ([6] Mo Shuangyuan, 2021), Teaching reflection is carried out through dragon dance classroom practice, and teaching content design is carried out in Songjiang "grass dragon dance" course (Table 1), so as to guide students to take the initiative to express dragon dance actions, create artistic conception, show themes, and penetrate the unity of people and dragons, so as to cultivate students' innovative comprehensive ability.

Table 1: Teaching content design of Songjiang "grass dragon dance" course

N	modular	Teaching objectives	form	class hour
1	"Grass dragon dance" culture	Learn about the history of the grass dragon rolling lantern in Ye Xie, the origin of the grass dragon rolling lantern, and the process and significance of the grass dragon ceremony.	theory	two
2	"Grass dragon dance" Art	Understand the scene layout of the grass dragon ceremony, other accessories in the ceremony and the skill of weaving grass dragons.	theory	two
3	"Grass dragon dance" technology	Master the worship and entry and exit of Songjiang "grass dragon" incense worship team; Draw dragons and play with pearls; Grass dragon "clouds", "rolling dragon" and "praying for rain"; Worship the incense team for rain; The end of the Dragon drill is connected with the reverse "moving cloud" and "rolling dragon"; The grass dragon "clouds", "rolling dragon" and "water" returned to the palace.	practice	fourteen



Figure 2 Songjiang "Grass dragon dance" ceremony



Figure 3 Songjiang "grass dragon dance" basic technology

3.3 Enrich the online teaching resources of Songjiang "grass dragon dance"

Songjiang "grass dragon dance", as a national intangible cultural heritage, is a course with strong characteristics of national traditional culture. The course content covers the origin, history, customs and development of dragon dance, basic techniques of dragon dance and other related knowledge. The syllabus, multimedia courseware, electronic teaching plans and lecture notes for teaching, problem sets, teaching videos, micro class videos, dragon dance performance videos, and course Ideological and political demonstration videos, Assessment methods, reference materials and other materials are all uploaded and updated in time. Due to the lack of professional knowledge of students, it is difficult for teachers to make students have a deep understanding of the excellent traditional culture of the nation through a single explanation. The unique interactive function of network teaching makes the communication channel between teachers and students more smooth. Students can view the courses they are learning and the knowledge and technical actions they have learned in the early stage anytime and anywhere, Make it easier for them to understand relevant

professional knowledge and skills, which is of great help to understand knowledge and master skills. At the same time, the construction of course network teaching resources is more conducive to inheriting and carrying forward Songjiang "grass dragon dance" culture, and also conducive to flipping classroom teaching and improving the teaching effect of Songjiang "grass dragon dance".

3.4 Teaching design of ideological politics in Songjiang "dancing grass dragon" course

Give full play to the unique advantages of the school's farming culture, integrate the development of traditional culture and regional culture, carry out the dragon dance culture into the campus and classroom, and cultivate and practice the socialist core values of "self-improvement, loyalty, worship of ceremony" ([8] Wang Jina, 2021). By taking advantage of the opportunity to participate in the campus culture and Science Festival, the joint construction of spiritual civilization, the Shanghai Dragon and lion culture all-round competition and other activities and events, we can encourage students to train hard, work hard, establish national cultural self-confidence, cultivate students' unity and cooperation and collective sense of honor in fighting for honor, strengthen cultural self-confidence in moistening things silently, cultivate family and country feelings, and implement the fundamental task of Building Morality and cultivating people. In the ideological and political teaching of Songjiang "grass dragon dance" course, let students feel the connotation and charm of Chinese excellent traditional culture, ignite students' patriotic enthusiasm, play its educational role, and make the special moral education more distinctive.

3.5 Songjiang Campus "grass dragon dance" cultural activities

Songjiang "Grassy Dragon Dance" has ethnic and agricultural cultural characteristics. In carrying forward and inheriting its culture, the school adopts the Trinity inheritance mode of dragon dance courses, associations and permanent teams. In order to ensure the rational use and full absorption of valuable teaching resources, teachers have established "SHAFC Dragon Dance Association" and "Grass dragon dance" associations, established SHAFC dragon dance teams, carried out colorful campus cultural activities, actively participated in Shanghai Dragon and lion all-round cultural competition and Shanghai Dragon and lion championship, and cultivated students' unity, cooperation and collective sense of honor in striving for honor. At the same time, it also actively participates in the joint construction of spiritual civilization between schools and villages, schools and schools. Among the many cultural and sports activities in the school, the wonderful display of the SHAFC dragon dance team has become a beautiful scenery of the school. According to the investigation and

Research (150 students), 86% of the students think that Songjiang "grass dragon dance" has effectively promoted the construction of campus sports culture (Table 2).

Table 2: Influence of inheriting Songjiang "dancing grass dragon" culture on Higher Vocational Colleges

N	option	Number of persons	proportion
1	Promote the construction of campus sports culture	129	86.0%
2	Promote The development of "dragon and lion entering the classroom of 100 schools"	100	66.7%
3	Drive the development of National Traditional Sports	108	72.0%
4	Enhance the influence of local grass dragon dance	83	55.3%
5	Enhance National cultural identity and pride	80	55.3%

4 IMPLEMENTATION EFFECT ANALYSIS

Songjiang's "grass dragon dance" has its unique educational value. It contains rich national cultural spirit, which is conducive to improving students' sense of national cultural identity and pride, promoting the development of "hundreds of schools' dragon and lion into the classroom", thus effectively promoting the construction of campus sports culture, effectively enhancing the influence of Songjiang's "grass dragon dance" in the region, implementing the fundamental task of building virtue and cultivating people in the inheritance and development, and improving students' comprehensive quality. Promote the all-round development of students.

In the process of establishing a national first-class agricultural and Forestry Vocational College, students of Shanghai Agricultural and Forestry Vocational and Technical College (2022) actively participated in various cultural and sports achievements both inside and outside the college. Through classroom study and hard training, the dragon dance performance won the first place in the Shanghai Dragon and lion culture all-round competition, which improved the students' team spirit and mental outlook. The school has listed Songjiang "grass dragon dance" as a characteristic course, produced teaching videos of the ideological and political demonstration course of Songjiang "grass dragon dance" course, compiled "grass dragon dance" teaching materials, recorded "grass dragon dance" teaching videos, and improved the teachers' online and offline mixed teaching ability of Songjiang "grass dragon dance" and the school's influence and popularity in this field.

Songjiang "grass dragon dance" online and offline hybrid teaching has improved the ability of physical education teachers to think and solve problems independently, developed teaching resources in multiple directions, strengthened online courses, practical courses and campus traditional sports culture, and continuously optimized the content of teaching materials. In carrying out the integration of national traditional culture into the campus, we will create the Songjiang "grass dragon dance" excellent course and jointly promote the inheritance of grass dragon dance culture. This will not only build the school's characteristic courses, condense the sense of belonging of the whole school's teachers and students, but also carry forward the excellent national traditional sports culture.

5 CONCLUSION

The application of network information technology in teaching realizes the sharing of high-quality teaching resources ([4] Luo Zhengmao, 2013), and serves teachers' classroom teaching and students' autonomous learning, which is conducive to improving the development and construction of physical education curriculum; The development and utilization of network resources promote the teaching reform of physical education courses in higher vocational colleges, improve teachers' online curriculum development ability, and enhance the social service function of Songjiang "dancing grass dragon". The practice research of Songjiang "wucaolong" online and offline hybrid teaching serves teaching, meets teaching needs, provides teachers with professional network teaching resources services, and fully integrates classroom teaching with modern information technology, so as to finally achieve the perfect combination of teaching and learning.

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