

### Research on the Cultivation of College Students' Struggle Spirit in the New Era

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**Abstract.** The spirit of struggle is an excellent traditional virtue of the Chinese nation, and the history of the Communist Party of China is a history of indomitable struggle. The spirit of struggle is an important magic weapon for the success of various undertakings of the Communist Party of China. As the successors of the socialist cause, college students must inherit and carry forward the spirit of struggle to achieve greater achievements in building socialism with Chinese characteristics. It is the year of deepening the "Fourteenth Five Year Plan". This paper mainly discusses the cultivation methods of college students' struggle spirit in the new era from the perspective of universities and individuals.

Keywords: new era; Struggle spirit; Cultivation

#### 1 Introduction

The spirit of struggle is the inherent excellent gene and distinctive political character of the Communist Party of China. Under its leadership, China has made great strides to catch up with the development of the times. Therefore, the spirit of struggle cannot be lost at any time, and must be better inherited and carried forward. At the national education conference, General Secretary Xi Jinping stressed that "we should work hard to cultivate the students' spirit of struggle, educate and guide students to set up lofty ideals, experience the spirit of being brave to take responsibility and unremitting struggle, have the spirit of being brave to struggle, and have an optimistic attitude towards life, so as to be vigorous, promising and self-improvement" [1]. Therefore, as an important successor in the new era of the rejuvenation of the Chinese nation, colleges and universities must instill the spirit of hard work in college students and encourage them to realize their self-worth and social value in their struggle.

### 2 The Necessity of Cultivating Struggle Spirit

At present, the world is facing great changes that have not occurred in a century. The international situation is complex and changeable, which is the key stage of the new journey to achieve the great rejuvenation of the Chinese nation. The comprehensive popularization of Internet mobile technology and ideological and cultural conflicts

occur from time to time. Only when the young generation has ideals and responsibilities can socialism be stable and far-reaching, and the country and nation can have successors.

On the new journey of the rejuvenation of the Chinese nation, there are all kinds of arduous tasks, difficulties and obstacles. What's more, we need to uphold the spirit of hard work, overcome difficulties and achieve high-quality goals. Struggle is not only a loud slogan, but also requires a spirit of commitment and action. We should fulfill our responsibilities and strive to complete everything and tasks with high quality. The new era is an era of strivers, and college students are practitioners of the great cause of socialism with Chinese characteristics. The report of the 19th National Congress of the Communist Party of China pointed out that if the young generation has ideals, skills and responsibilities, the country will have a future and the nation will have hope [2]. College students in the new era should always keep in mind the original intention and mission of "seeking happiness for the people and rejuvenation for the nation", and be good successors in building socialism with Chinese characteristics. To cultivate the spirit of struggle of college students in the new era, we will also use the spirit of struggle to overcome difficulties, overcome difficulties on the way to high-quality development, and contribute all our strength to the realization of the Chinese nation's rejuvenation dream.

Strengthening the cultivation of college students' spirit of struggle is also the requirement of the times in China's socialist construction. Only by cultivating college students' spirit of struggle can we cultivate qualified socialist builders and successors and realize the Chinese Dream of the great rejuvenation of the Chinese nation.

#### **3** Methods of Cultivating the Spirit of Struggle

The purpose of carrying out struggle spirit education in colleges and universities is to cultivate reliable successors with struggle spirit for the Party and the country, so that college students can raise their understanding of struggle spirit from perceptual knowledge to rational knowledge, take struggle spirit as the code of conduct, form and establish the will to struggle hard and forge ahead, internalize and externalize the struggle spirit, and then play an important role in the cause of socialism with Chinese characteristics [3].

# 3.1 From the perspective of colleges and universities: integrate the idea of struggle into the teaching system, strengthen the ethics of teachers and the construction of campus culture

Integrate the struggle thought into the teaching system and imperceptibly influence the students' struggle consciousness.

It is necessary to integrate the idea of struggle into the ideological and political education, build the main front of the ideological and political classroom in colleges and universities [4], build an education system based on the spirit of struggle to "educate people in three aspects", integrate the education content of the spirit of struggle into the

discipline education, enter the teaching materials, classroom, and mind, enhance college students' understanding of the profound connotation of the spirit of hard struggle and forge ahead, and form the corresponding methodology. Considering the college students' grade, area, major, family background, growth experience, etc., they should set up a suitable and professional level of the ideological and political education system from their grades, areas, major, etc; At the same time, considering the difference in personal circumstances such as college students' background, growth experience, etc., the head teacher or counselor would make a further division, and make a different training program of fighting spirit step by step.

The ideological and political education of college students' struggle spirit is organically combined with professional disciplines. The cultivation of college students' spirit of struggle is a comprehensive educational work, which requires the cooperation of all disciplines to effectively form a joint force. At present, the class hours of public basic courses of humanities in colleges and universities in China are generally less than those of professional courses. Therefore, it is necessary to consider the connotation and presentation form of struggle spirit from the aspect of professional skills or professional quality, and embed struggle spirit education in the teaching of professional courses in an appropriate form, so that college students can be imperceptibly influenced by struggle spirit while learning professional courses, and achieve the effect of moistening things silently. Actively carry out the cultivation of struggle spirit of professional skills and professional quality: cultivate students' patience and careful working attitude; Cultivate students' spirit of struggle to face difficulties and rise to the top, and actively exert their subjective initiative.

It plays an important role in cultivating college students' spirit of struggle by carrying forward the excellent traditional culture of the Chinese nation. The great national spirit with patriotism as the core formed by China's 5000 years of history and culture is also the primary task of cultivating college students' spirit of struggle at present. We can help college students establish a correct outlook on struggle and glorious values by offering cultural lectures, visiting revolutionary cultural sites and other ways. For example, students are organized to visit the local red education base and historical memorial hall, so that they can understand the spirit of Jinggangshan Mountain, the spirit of the Long March, the spirit of Zunyi Conference, the spirit of Yan'an and other great fighting spirits [5] during their visit and study, so that they can understand the hard way of the rise of the Chinese nation in modern times and the struggle history of building socialism with Chinese characteristics, and realize that the spirit of hard struggle is the great spiritual wealth of the Chinese nation, It is the source of power to achieve the "two centenary goals" and "four self-confidence", and an important magic weapon to overcome various difficulties and obstacles in building socialism with Chinese characteristics.

### Integrate the spirit of struggle into teachers' ethics and style to enhance teachers' sense of struggle.

Teachers are engineers of the human soul and undertake the important mission of cultivating qualified new people for the Party and the country in the era. General Secretary Xi Jinping made it clear at the national ideological and political work conference

that "college teachers should adhere to the unity of teaching and educating people, and adhere to the unity of words and deeds" [6]. In the new era, college teachers should first adhere to the ten norms of professional behavior of college teachers. In addition to devoting themselves to teaching and educating people, they also need to spread excellent culture. They should take the excellent culture such as unremitting struggle as the criterion of their behavior. They should teach students by words and deeds, guide students to establish lofty ideals, and have the courage to hone their will and experience their skills in hard work.

## Integrate the spirit of struggle into the campus culture, so that teachers and students can promote each other.

We should strengthen the construction of campus culture and optimize the cultivation environment of university's struggle spirit. Through a wide range of organizations to launch and publicize the spirit of struggle in the new era, college teachers and students can deeply understand the connotation, specific content and form of the spirit of struggle in the new era. The spirit of struggle is the spirit of facing difficulties, fighting with difficulties and overcoming difficulties. It is a powerful driving force for the great rejuvenation of the Chinese nation, and also an important code of conduct for our college teachers and students to learn theory and improve their skills. By carrying out campus cultural activities, skill competitions, labor education and other activities, teachers and students can enhance their ideological awareness of loving and advocating struggle.

#### 3.2 Personal perspective

The external cause is the condition for things to change, while the internal cause is the basis for things to change. The cultivation of college students' struggle spirit in the new era should be based on themselves, actively play their own subjective initiative, deeply understand the connotation of struggle, establish lofty ideals, practice the struggle spirit, strive to be the fighters in the new era, and contribute to the revitalization of the country.

# Deeply understand the connotation of struggle and abandon the spirit contrary to the struggle spirit.

Under the leadership of the Communist Party of China, China's economy has made remarkable achievements, and the living standard of the Chinese people has been greatly improved. As college students in the new era enjoy superior material conditions than their parents from birth, most college students lack the environment of hard struggle, further lack the objective external of the struggle spirit forced by difficulties, and thus have a weak understanding of the connotation of the struggle spirit. As college students have independent thinking ability, they need to explore, experience, comprehend and summarize the connotation of struggle spirit from life and learning.

#### Set up lofty ideals and practice the spirit of struggle.

As successors to the socialist cause, college students in the new era should have a correct world outlook and distinguish right from wrong. Strengthen the study of struggle theory and practice the struggle spirit advocated by the state and universities; Don't be content with the status quo in life, and use the spirit of struggle to run through the details of life: overcome the influence of negative thoughts such as hedonism, egoism, and money worship, and overcome the behavior of being vulnerable, avoiding competition, lacking morale, and easily bowing to fate.

Strengthening the cultivation of the spirit of hard struggle is conducive to shaping the correct values of contemporary college students and forming a positive spirit; It is conducive to improving ability, developing the sense of responsibility, facing various challenges, bearing hardships, bearing heavy burdens, growing up in struggle, sublimating in dedication, and writing the most beautiful chapter with my youth and struggle.

#### Diligent and pragmatic, striving to be a striver in the new era.

In the new era, college students need to apply the spirit of struggle to the construction of the motherland and become conscientious fighters in the new era. General Secretary Xi Jinping pointed out that "young people should keep in mind that 'empty talk will harm the country and hard work will rejuvenate the country',...." [7] To practice the spirit of struggle, college students need to adhere to the spirit of hard struggle, establish lofty ideals, cultivate the quality of perseverance, keep in mind the requirements of the new era of college students, and play an important role in the journey of realizing the Great Chinese Dream without false fame and hard work.

#### 4 Conclusion

Struggle spirit is the excellent traditional virtue of the Chinese nation, and the history of the CPC is a history of indomitable struggle. College students, as important successors in the new era of the rejuvenation of the Chinese nation, must be indoctrinated with the spirit of hard struggle to encourage them to realize their self-worth and social value in the struggle. Colleges and universities carry out struggle spirit education for college students from the perspective of colleges and individuals. Among them, colleges and universities mainly include the integration of struggle ideas into the teaching system, strengthening the ethics of teachers and the construction of campus culture; The personal aspects are mainly as follows: based on students themselves, we should actively mobilize the subjective initiative of college students, make them deeply understand the connotation of struggle, set up lofty ideals, practice the spirit of struggle, strive to be the fighters of the new era, and contribute to the revitalization of the country.

Through the cultivation of the spirit of struggle, colleges and universities can cultivate reliable successors with the spirit of struggle for the Party and the country, and thus play an important role in the cause of socialism with Chinese characteristics.

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