

## Research on the Moral Problems of Adolescents' Network Anomie in China

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**Abstract.** Nowadays, we have to admit that the Internet is gradually becoming indispensable to human beings. Almost all people use the Internet. While it brings convenience to people, it undoubtedly brings many problems as well. Adults already have the ability to judge right and wrong from the Internet, but for teenagers, the network is a double-edged sword. A few teenagers get better use of the network to promote their own learning, but most of the teenagers will be used by the network to indulge in games, swearing, spreading false information, and even some unruly behavior. This paper uses the method of literature review to study the causes of this phenomenon from different perspectives (like individual family school government) and try to find effective solutions. It is not only of great value and significance to analyze the causes of teenagers' network moral anomie and find effective solutions, but also the realistic demand to lead teenagers' healthy growth. Solving the problem of adolescents' online moral anomie requires the joint efforts of adolescents, families, schools and society in order to achieve significant results.

Keywords: Chinese adolescent; Network moral; Ethics countermeasure; Solutions

## 1 Introduction

Around 2000, the Internet entered the vision of the Chinese people. At first, only a few qualified people can use the network. After more than 20 years of development, the network has become readily accessible. Network in the field of greatly expand human survival, for the human progress and people's comprehensive and free development provide historical opportunity at the same time, the network is lower and lower the threshold of the immoral, such as viruses wreak havoc, hacker, yellow garbage pollution, such as information overload "although the government has published many related legislation, the content is not comprehensive, lack of supervision and unrewarding. In particular, there are few laws that deal with the Internet for young people. As an important subject of using the Internet, the problem of Internet morality is worrying, and the phenomenon of moral anomic occurs frequently. Establish and improve a comprehensive network management system, strengthen and innovate the construction of Internet content, implement the main responsibility of Internet enter-

prise information management, comprehensively improve the ability of network governance, and create a clean cyberspace." It is of great practical value to study the problem of teenagers' network moral anomy, which can guide all parties to make corresponding efforts to improve the network environment of teenagers and help them grow up more healthily. This paper uses the literature review method, through reading, analyzing, summarizing and sorting out relevant academic journals, according to my own understanding and opinions to make a comprehensive exposition. The research topic of this paper is the problem of teenagers' online moral anomie. This paper will introduce what online moral anomie is and the harm of online moral anomie to teenagers, and mainly explore the causes and solutions of teenagers' online moral anomie.

## 2 The expression of adolescent network moral anomie

Network moral anomie behavior refers to some rigid moral norms or regulations in real life [1], which can not effectively control and guide People's Daily behavior in the network environment, so that people make some moral deviation behavior in the network. As of December 2020, the scale of Chinese netizens has reached 989 million, among which young people are the main groups active in cyberspace, and the phenomenon of network moral anomie is particularly prominent among young people [2]. They have strong curiosity but poor self-control, relatively weak ability to identify and resist bad information, and easy to lose themselves in the complicated Internet world. A comprehensive analysis of all kinds of network moral anomie among teenagers can be concluded in the following three aspects.

#### 2.1 Distortion of network behavior

The illusion and novelty of the network world attract the majority of teenagers, especially the unreal network role and virtual network world make some teenagers deeply involved, escapism, spiritual decadence and weariness of school drop out and other phenomena occur frequently, serious Internet addiction teenagers are transferred to special schools for compulsory treatment by their parents. What's more, some teenagers even go on the road of breaking the law and committing crimes because they are tempted by the negative factors in the Internet. For example, some teenagers engage in online fraud to gain economic benefits; some teenagers use networks to spread rumors and negative information, slander others, expose privacy, and so on; and online pornography is also very dangerous to the harm of teenagers. Teenagers are in a critical period of physical and emotional development, and it is easy to produce longing for the opposite sex [3]; What is more, the use of the Internet to create and spread pornographic videos, or some illegal trade, greatly distorting the values of young people, love view. 1044 S. Yang

#### 2.2 Moral indifference

Sociality is the most basic attribute of human beings, which requires interpersonal communication and emotional interaction. Nowadays, due to the unitization of residence and the closure of space, the communication between young people and others and society is gradually weakened, and they are often submerged in the virtual and hidden network world [4]. They are often more willing to meet people online than in the real world. Through the Internet, teenagers can communicate with more different people and experience the novelty that they don't have in reality. As time goes by, they will become more dependent on the Internet and find it difficult to adapt to normal interpersonal communication in real society. Due to the decrease in social attributes and the indifference to moral emotion, some teenagers are self-centered in the virtual network world and often have multiple personalities. Once they encounter difficulties and setbacks in the real world, they will be passive and decadent, or self-enclosed, withdrawn, indifferent to the relatives around them, and a little dissatisfaction will blow up.

#### 2.3 Dislocation of moral cognition

Teenagers are in the critical period of forming their world outlook, outlook on life and values [5]. In the face of complicated and complex network culture, on the one hand, they feel the cultural charm with their own characteristics, on the other hand, they are easy to be induced and impacted by vulgar and bad information. Because teenagers are not strong enough self-discipline, self-awareness development is not sound, it is easy to occur in the illusory network world moral cognition dislocation. Some teenagers mistakenly believe that the Internet is a place outside the law and act recklessly, ignoring social ethics and laws and regulations [6]. They often show disdain for positive energy such as success and progress and disregard people and things around them.

## 3 The causes of teenagers' network moral anomie

At present, the phenomenon of teenagers' network moral anomie is a social problem that cannot be ignored. The formation of this phenomenon is caused not only by the social level, the family level, the school level, but also by the teenagers themselves.

#### 3.1 The influence of social environment

Marxism holds that: "Man creates the environment, and likewise, the environment creates man [7]." At present, there are still corruption, lack of integrity, drug abuse, money worship and other phenomena in the society, which will subtly affect the moral development of young people. The propaganda and popularization of network morality is not in place, which makes teenagers' cognition of society one-sided and narrow, and is not conducive to their healthy growth. In addition, the relevant laws and regulations of Internet cafes are not perfect, and the state supervision is not enough. In order to pursue the maximization of economic benefits, some Internet cafes allow teenagers to enter regardless of age and identity, which violates commercial rules and social morals, and has great social harm. Some local governments fail to supervise online platforms, which is highlighted by lax filtering of bad information and frequent illegal and other bad information on the Internet, causing serious pollution to young people who observe society through the Internet. In the Internet world, there are also some teenagers who think that the Internet is a place outside the law and they are not responsible for their words and deeds. In such a state of anti-real life, it is easy for teenagers to act against traditional social morality.

#### 3.2 The influence of family environment

At present, computers and mobile phones have entered every household, the popularity rate is very high, however, some parents do not take computers and mobile phones as tools for study, work and communication, but used to watch TV, play games, long time immersed in the network world, these behaviors will undoubtedly bring bad "demonstration" to children. Especially now most families live in buildings, which are relatively enclosed [8]. Teenagers seldom have the opportunity to contact with peers outside the school when they grow up, which makes them lack of people to communicate, communicate and talk to when they grow up from immature to mature. At the same time, now that most children are only children, some parents tend to focus on meeting their children's material needs while neglecting their education, particularly network moral education; parents are frequently busy with work and have no time to communicate with their children, resulting in a large generation gap between parents and children [9]. The helplessness of reality forces teenagers to look for the object of communication and talk on the Internet, and to find a group with a sense of belonging, so they have excessive dependence on the Internet.

#### 3.3 The weakening of network moral education in schools

School is in the forefront of teenagers accept education and important channel [10], but some schools education idea appeared deviation, the focus is often on how to improve academic performance, and the cultivation of comprehensive quality of the youth, and some schools especially one-sided pursuit of graduation rates, poor students lack of attention to the result, and even can be give up. Students addicted to the Internet get less attention, their grades are getting worse and worse, forming a vicious circle. The school does not pay attention to, the parents neglects the management, causes the youth in the network moral behavior anomy problem to become more and more serious.

#### 3.4 The influence of adolescent puberty characteristics

Adolescents are physically immature and psychologically unstable, which is manifested as the interweaving and conflict of contradictions: bold, active and extreme thinking [11]; Suspicious of the adult world, but eager to accelerate integration; Not only seek independent self-consciousness, but also can't get rid of dependence psychology; Curiosity is strong, self-control is weak; In terms of behavior, they like to go their own way and act willfully, but they do not consciously imitate and yearn for recognition. The Internet just provides such a relatively free environment beyond time and space. Under the impulse of instinct, teenagers enter the virtual environment of the Internet and indulge in the Internet world for a long time, so they are easy to lose the most basic moral bottom line. In fact, poor moral judgment in adolescents is more often due to low cognitive level than low moral level.

# 4 The regulation and treatment path of teenagers' network moral anomie

The healthy growth of teenagers is related to the future of the country and the nation. Therefore, it is very necessary to regulate the online moral anomy of teenagers and build a healthy and safe online space for them [12]. Teenagers' network moral anomie is not a unilateral responsibility, but a common responsibility of society, family, school and teenagers themselves. From multiple perspectives, we can effectively control the network moral anomia of teenagers by optimizing the social environment, creating a good network moral environment, strengthening network moral education in schools, giving families an effective supervision role, and improving network moral aliteracy of teenagers.

#### 4.1 Improving the social environment for online supervision

The social environment of caring and good is the soil for adolescents to form healthy network behaviors [13]. We should jointly abide by the network code of ethics, supervise each other and assume our social responsibilities, so as to create a healthy and high-quality Internet environment for young people.

Firstly, grasp the media direction. Compared with traditional media, network media has the characteristics of decentralization, and everyone can become a media through the amplification effect of network communication. The media must take responsibility, distinguish between right and wrong, carry forward positive energy and create positive effects.

Secondly, it is necessary to purify the network from multiple channels and angles, educate teenagers with positive and correct moral standards and values, parents should do a good job of correct misconduct, schools should strengthen education supervision, the government should improve laws and regulations, and strengthen the construction of network rule of law. The network rule of law is the ultimate guarantee of network moral education and the bottom line for society to create a good network moral environment. The chaotic network environment must be rectified by perfecting laws and regulations. It is necessary to strengthen the government's supervision of network platform companies, strengthen the filtering of all kinds of bad information,

eradicate and curb the soil of network moral anomy, so as to create and maintain a civilized and positive network moral environment.

#### 4.2 Give play to the role of family supervision and guidance

Family education plays a profound and long-term role in the formation of young people's character. Parents are the "permanent teachers" to ensure the healthy growth of young people, but also the first "checkpoint" to ensure their online safety [14]. In the aspect of network moral education, parents should set an example, strengthen supervision and guidance, cultivate teenagers' correct moral cognition ability, and prevent them from going astray.

First of all, parents should improve their own network moral literacy. The adolescent stage has a sensitive period known as "the imitate sensitive period." Children imitate their parents all the time, from the beginning of self-awareness. Some children to parents' words and deeds of right and wrong lack basic cognition and judgment, or in the subconscious that parents do everything right, often according to their interests and preferences to follow parents' words and deeds no matter right or wrong. Therefore, parents should set an example for their children, start from the self, play an exemplary role, teach their children how to healthy Internet, how to refuse negative information, guide their children to use the Internet correctly.

Secondly, parents should do a good job of communication and guidance. Nowadays, with the rapid development of social software, communication is no longer an obstacle. Parents should make full use of these tools to strengthen the contact with schools, listen to teachers' suggestions on adolescent education, and actively cooperate with schools to do a good job in adolescent education. In the process of growing up, teenagers will have a lot of psychological and physiological confusion. If they can't find a good way to guide them, it is very easy to have problems, which will lead to behavior anomie. Network anomie is one of the manifestations. Parents must improve their ability to communicate with their children, help them to clear up doubts and guide them to distinguish right from wrong.

Finally, play the role of family supervision and management. Many measures should be taken to solve the problem of teenagers' network moral anomie. In terms of family, education guidance and supervision should be combined. Parents can not ignore the young people's online behavior, laissez-faire, must carry on the effective supervision and management. In view of the poor self-control of young people, parents must do a good job of guidance, reasonable arrangement of young people with the Internet time, pay attention to the content of the Internet, in order to ensure the pertinence and effectiveness of young people with the Internet. Of course, parents should pay attention to methods in the process of supervision, do not use violent means, pay attention to protect the privacy of teenagers.

#### 4.3 Strengthen the school education of network ethics

School education plays a vital role in the healthy growth of teenagers. The school moral culture construction standard influences the teenagers' moral standard imper-

ceptibly. Therefore, the school should strengthen the network moral thought education through multiple channels and in an all-round way.

First of all, change education idea, update education way. Due to the strong interactive and participatory nature of network moral education, we must reform, innovate and break through the educational methods, investigate the real needs of teenagers, and design effective and easy to operate moral education activities. From exam-oriented education to "students' all-round development as the fundamental," schools should not only impart to teenagers scientific and cultural knowledge, but also impart to them the truth of life, as well as the right and wrong standards.

Secondly, enrich the campus cultural life, enrich the second class. Through the network moral education special courses to enrich the content of moral education, the curriculum design should not be rigid, rigid, cliche. "In addition, a variety of ideological and moral education activities will be held to improve teenagers' cognitive ability and moral level while entertaining them, so that they can gradually recognize and accept the correct world outlook, outlook on life and values to guide their thinking, words and deeds.

Thirdly, teachers should strive to master information technology and improve communication skills. Teachers should keep pace with The Times, focus on network development, research and analysis related to network hotspot issues, to master the latest network hot words, communicating with the discourse system of teenagers are easy to accept, grasp the youth in the interactive dynamic trajectory and network behavior, targeted to carry out ideological education, make a scientific guide.

Finally, establish the network psychological counseling system for teenagers. The adolescent stage is a transition period from immature to mature psychology. Most of the teenagers with moral anomy make mistakes because their psychological characteristics and psychological problems can not be solved, so they go astray.

#### 4.4 Improve the moral accomplishment of teenagers

In the face of all kinds of network moral anomic phenomenon, it is urgent to improve the moral cultivation of teenagers. To improve teenagers' moral development, it is necessary to give full play to their own subjective initiative [15], which is the fundamental solution to network moral anomie.

First of all, we should help teenagers to strengthen their self-reflection consciousness and develop good self-discipline habits. Although the external conditions are very important to the moral cultivation of teenagers, the improvement of the moral cultivation of teenagers fundamentally depends on the teenagers themselves. Through active introspection and introspection, examine their own shortcomings and shortcomings, correct mistakes, correct the behavior of using the net, develop a good habit of using the net.

Secondly, it is necessary to enhance the teenagers' network cognitive ability and enhance their action consciousness to resist adverse effects. Facing the complicated network world, teenagers must improve their ability to distinguish information. All aspects of society should make joint efforts to take effective measures to help teenagers develop a good ability to use the Internet and media literacy, constantly improve their ability to distinguish right from wrong and moral quality, enhance teenagers' concept of the rule of law, and enhance their consciousness to resist the influence of all kinds of bad information.

Finally, we should strengthen the education of ideals and beliefs to help teenagers set up lofty aspirations. Without lofty goals to strive for, young people will be muddled in life, easily lost in the network, and sink. Young people have a strong heart, will work hard for lofty goals, and will not deviate from basic network moral norms in network activities. Therefore, it is necessary to carry out the education of socialist core values, ideals and beliefs and moral sentiments among teenagers, so as to help them set up lofty aspirations and build the ideological foundation to prevent the network moral anomie.

## 5 Conclusion

Virtual world is the real reflection of the real world, teenagers moral anomie is also reality teenagers bad idea in the virtual world show, the network itself is a good tool, the key lies in how to use it, teenagers' network moral anomie undoubtedly can cause bad influence to the national society, the network moral anomie teenagers have illicit close sex, immediacy, symbolic. It is generally difficult to find, which makes government supervision, family guidance, and social supervision more difficult, so we must fully recognize the complexity and long-term nature of this work. Each of us should work together to create a positive and healthy social environment, improve the moral accomplishment of the entire population, and improve the ideological and moral education of society, schools, and families for teenagers in order to guide the majority of teenagers away from the network moral demonstration

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