



Research on the integration of traditional Chinese medicine culture and moral education elements into the teaching measures of medical international students

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Abstract. The traditional Chinese medicine (TCM) culture contains the moral education elements of "benevolence and sincerity". This paper takes the international students of Chinese medicine as the research object, and mainly studies how to integrate the moral education elements of TCM culture into the teaching of medical international students. The specific contents include: 1. Exploring and analyzing the elements of moral education contained in TCM culture. 2. Exploring specific measures to integrate the moral elements of TCM culture into the teaching of medical students. 3. Analyze the value and significance of integrating the elements of TCM culture and moral education into Chinese teaching for international students. The main purpose of this paper is to integrate the moral education elements of "benevolence and sincerity" in TCM culture into the teaching of medical international students, enrich the teaching content of medical students, promote the learning of basic knowledge, improve professional quality, promote the dissemination of TCM culture in my country, and cultivate The Chinese medicine thinking of international students can improve the moral cultivation of international students, and improve the medical heart, medical ethics, medical skills and medical ethics of medical students.

Keywords: TCM culture; Moral Education; medical students abroad; measures

1 Introduction

With the rapid development of Chinese economy, Chinese international influence and education level are also increasing day by day, and the state pays more and more attention to the moral education of medical students coming to China. Relevant scholars in my country believe that doing a good job in ideological and political education for international students is a necessary condition to achieve the goal of cultivating international students who are knowledgeable and friendly in China (Guo Yaling, 2020). The quality of the education work of the international medical students' group has a certain influence on the final development level of the clinical medicine specialty teaching work in modern colleges and universities in my country (Wang Kai, 2017). It can be seen from this that my country pays more attention to the cultivation of their ideological

and moral level when they enter higher education for medical students. At present, domestic ideological education for international students is fragmented and lacks systematic. Therefore, strengthening the moral education of medical students and giving full play to the advantages of cultivating and educating people in the TCM culture are the important contents of this article.

2 Connotation Analysis of Moral Education Elements in TCM Culture

TCM culture is an important part of Chinese excellent traditional culture. It is based on the long-term thinking and practice of TCM on human life and health, disease treatment and prevention. It is a special culture that integrates the way and method of behavior, moral cultivation, humanistic thought and spirit, folk culture and the law of inheritance and development of TCM culture itself. It is the ideology and method system of the Chinese nation to understand life, maintain health, and prevent and treat diseases for thousands of years, and it is the inner spirit and ideological foundation of TCM services. The "Guidelines for the Construction of Traditional Chinese Medicine Culture in Traditional Chinese Medicine Hospitals" promulgated by the State Administration of Traditional Chinese Medicine in 2009 summarized the core values of TCM culture as "benevolence, harmony, refinement, and sincerity".

2.1 Medicine is "Benevolence"

"Benevolence" is the highest moral criterion of Confucianism, a moral emotion and a subjective cultivation state. TCM is deeply influenced by Confucian culture. The concept of "benevolence" in TCM culture is mainly reflected in the aspect of "medicine is the art of benevolence". This is the definition of the essence of medicine. It fully reflects the benevolence of doctors. The ethical thought of loving people and life first and the spirit of medical ethics for saving the world and saving people [1]. Tang Jie'an, a famous doctor in the Qing Dynasty, treated countless patients and showed great care for poor patients, showing the noble medical ethics of doctors who are benevolent and loving. It is an important part of the moral education of international medical students to improve the professional cultivation of international students and cultivate their love and feelings of practicing medicine to save people.

2.2 "Harmony" should be valued in medical practice

"Harmony" is a constituent element of Chinese traditional culture. The concept of "Harmony" manifests itself in all levels of TCM, mainly in the holistic view of the unity of man and nature, and in the healthy view of the Peace of yin and yang, the view of treatment in the mediation and the moral view of doctor-patient trust and condescension. Sun Simiao, a famous medicine king in the Tang Dynasty, loved TCM and regarded patients as his close relatives. In the education of foreign students, we should

cultivate their faith and gentle attitude, and realize the value concept of unity of body and spirit, mind and body, and harmony.

2.3 Excellent medical skills

"Essence" and "sincerity" are the two essential value requirements put forward by Sun Simiao, the king of medicine, to become a "great doctor". "Essence" is the requirement of medical skills [2], which reflects the essence of TCM culture. As a doctor, only by concentrating on medical knowledge, searching from top to bottom, inquiring and thinking carefully, and persevering, can we not be confused by clinical evidence, improve day by day, and move forward forever. Li Shizhen, a medical scientist in the Ming Dynasty, practiced it personally when he wrote "Compendium of Materia Medica", and visited all over the world, reflecting the rigorous attitude of scholarship. When teaching medical students, we should learn from the fine tradition of "sincere and striving for perfection" contained in the TCM culture and strive to cultivate the concept of the most refined and the smallest, and the character of assiduous study.

2.4 "Sincerity" of great doctors

"Sincerity" is the basic ethics of life. "Sincerity" is the general requirement for the ethics and code of conduct of practitioners of TCM. A doctor must be sincere, honest and trustworthy, and seek truth from facts. In the practice of medicine and science, we must be sincere, sincere, truth-seeking and pragmatic; in scientific research, falsification and counterfeiting are strictly prohibited. Qian Yi, a famous pediatrician in the Northern Song Dynasty, devoted himself to his career and laid a solid foundation for the development of pediatric medicine in my country. In the teaching of medical students, the training of international students to practice medicine should not forget the original intention, treat patients with sincerity, and strictly require their own moral cultivation.

3 Measures to integrate the elements of TCM culture and moral education into the teaching of medical students

3.1 Enrich classroom forms and integrate medical ethics video cases

Classroom teaching is one of the four major links in Chinese international education. When teaching medical students, the traditional "cramming" teaching mode is changed, and a variety of teaching methods and means are used to promote the improvement of students' Chinese performance and the edification of ideology and morality [3], to excavate the benevolent elements contained in the textbooks, vigorously promote the noble medical ethics of ancient doctors "the first to develop the heart of great compassion and side concealment", and let international students watch relevant videos, play an exemplary role, and learn about Chinese TCM masters, such as Hua Tuo, Sun Simiao's integrity and quality, as well as the spirit of Chinese medical staff saving lives and

helping the wounded, honesty-based, solidarity and mutual assistance during the epidemic.

3.2 To build up campus culture and increase extra-curricular activities with distinctive features

Campus culture refers to the specific spirit and cultural atmosphere of the school. Colleges and universities of TCM should maintain the characteristics of TCM, make full use of the unique resource advantages of TCM culture, and strengthen the construction of campus culture. The school should integrate the value orientation of advocating harmony into the campus environment of international students. Establish a good cultural environment for international students by carrying out beneficial and characteristic campus cultural activities; To carry out the fun sports meeting for medical students and establish the sense of solidarity of cooperation and mutual assistance; Sculptures of famous doctors such as Zhang Zhongjing and Li Shizhen are set up, and a medical ethics-themed cultural corridor of "Apricot-forest Spring warmth" is built to create a campus cultural atmosphere with traditional Chinese medicine cultural characteristics.

3.3 Improving the practice mechanism and cultivating professional quality

Practical teaching is a key link in improving the professional skills of international medical students, as well as a key link in the cultivation of medical ethics. In the practice teaching of international students, the thought of the precious essence of medicine should be integrated into it. In practical learning, a combination of Chinese and English can be used to improve the efficiency of treatment. Strengthen assessment and questioning and cultivate students' ability to think well. A TCM cultural festival will be set up to let international students understand the spirit of Chinese ancient famous doctors Hua Tuo, Sun Simiao, Zhang Zhongjing and other physicians who seek to learn from others and keep improving.

4 The significance of integrating the elements of TCM culture and moral education into the teaching of foreign students

The value connotation of "benevolence and sincerity" in TCM culture plays an important role in improving the medical literacy of international students. Incorporating the moral education elements of "benevolence and sincerity" in teaching can deepen their learning and understanding of professional language knowledge. On the one hand, they can improve their Chinese proficiency, and on the other hand, they can also gain a more direct understanding of TCM, allowing international students to adapt to the professional language. From the aspect of language, it lays a foundation for learning, can apply what they have learned, and better integrate into the teaching of professional language knowledge in a subtle way. The integration of language learning and

knowledge learning allows students to learn more professional knowledge content. Incorporating the "benevolence and sincerity" in TCM culture into the teaching of international students not only teaches Chinese language knowledge, but also promotes the study of Chinese traditional culture, pays attention to cultivating students' sound personality, and promotes students' all-round development. At the same time, it provides new teaching content for medical students, combines TCM culture teaching with knowledge teaching, creates an all-round three-dimensional medical ethics education classroom, and establishes the TCM thinking mode.

5 Conclusion

To sum up, from the perspective of strengthening the systematic teaching of medical international students, this paper explores specific measures to integrate the moral elements of TCM culture "benevolence and sincerity" into the education of medical international students. There are many philosophical and educational ideas in TCM culture. In the teaching of international students, the unique advantages of TCM culture can be brought into play, and the thinking mode of TCM can be cultivated for international students.

6 References

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