



# A Case Study of the Humanistic Quality Cultivation in Music Education at Chinese Higher Education

Qiong Wei<sup>1,2(✉)</sup> and Guangjian Zhang<sup>3</sup>

<sup>1</sup> Institute of Science Innovation and Culture, Rajamangala University of Technology  
Krungthep, Bangkok, Thailand

659240200025@mail.rmutk.ac.th

<sup>2</sup> Guangxi University of the Arts, Nanning, China

<sup>3</sup> Wuzhou University, Guangxi, China

**Abstract.** Music education has a far-reaching impact on people's quality cultivation. Music is both a means and an end in the cultivation of man. Under the Chinese liberal education system, music education involves many aspects, including teacher strength, teaching content, teaching methods, and society's attitude toward music teaching. Music is an art. We should teach students according to their psychological characteristics so that students can learn more through music and mold a solid spiritual drive. Furthermore, it can promote and cultivate people's souls and promote spiritual and other development. Therefore, teachers should consciously strive to provide some guidance for cultivating students' humanistic qualities to cultivate students' comprehensive quality and realize the value of music education in colleges and universities.

**Keywords:** University · Music Education · Humanistic quality · Cultivation

## 1 The Connotation of Humanistic Quality

The definition of humanistic literacy has been expounded in many pieces of literature, some focusing on humanistic knowledge (such as literature, philosophy, political science, and history). Some personal qualities, such as moral cultivation, mode of thinking, ideological taste, and value orientation, focus on people's outlook on life and the world. The author holds that humanistic accomplishment is based on humanistic knowledge, which is internalized into personal qualities such as moral cultivation, mode of thinking, ideological taste, value orientation, and a strong sense of social responsibility. The core of externalization is a human's outlook on life and worldview.

Improving students' humanistic quality in college music education is very important. In the university education stage, students' essential qualities can be summarized as follows: students' ideological and moral, cultural and professional skills, and physical and mental qualities. Among these essential qualities, it can be said that humanistic quality is the most important and basic one in developing students' essential qualities.

Therefore, the development of humanistic literacy lays a solid foundation for students' future growth and has a far-reaching impact on cultivating all aspects of their quality in the future.

### **1.1 An Analysis of the Present Situation of the Humanistic Quality of Music Education in Colleges and Universities**

Music education students in colleges and universities lack a profound cultural foundation. The most important reason is that music major students lack a profound cultural foundation in music education in colleges and universities. The professional characteristics of art students determine the reality of their weak cultural foundation. First, as an art examinee, the requirements for cultural courses in the entrance examination are lower than those for general culture majors. Therefore, students only pay attention to studying professional skills, so the cultural foundation is relatively weak. Second, the music major's specialized course task is relatively heavy, and the specialized course request is high, which causes the student to spend the most time on the specialized course study. Under the circumstance, the General Cultural Foundation is low since cultural accomplishment promotion has been neglected and lacks humanities knowledge.

### **1.2 The Traditional Teaching Concept of Music Teachers is Single**

In professional music education, most music teachers have traditional teaching ideas, focusing on professional education and neglecting to cultivate students' humanistic qualities. When training students, many music teachers only focus on training their specialized and professional skills and taking professional skills and professional knowledge as the focus of music teaching while neglecting the humanistic and artistic value of music itself, neglecting the cultivation of students' humanistic quality. In the long-term teaching concept, students often only master a kind of musical skill but lack a certain humanistic quality. Such music education is difficult to cultivate an all-round development of musical talents.

## **2 The Importance of Cultivating Humanistic Quality in College Music Education**

### **2.1 Good Humanistic Quality is the Mission that the Times Entrust to the Students of Music Education Major at University**

The ultimate goal of music education is to enable students to understand music, grasp music, appreciate music in a real sense, and improve their musical literacy significantly. The biggest goal of music education in colleges and universities is to train more talents in music education and performance. Therefore, the ultimate form of music education in colleges and universities is to impart the artistic idea and ideological value beyond the music form itself and to cultivate students' humanistic quality. In the music education of colleges and universities, we should not only pay attention to teaching all kinds of music knowledge and skills but also pay more attention to the vital role of music education in cultivating humanistic quality.

## **2.2 Strengthening the Function of Cultivating Humanistic Quality is the Inevitable Requirement of the Reform of Music Education in Colleges and Universities**

The progress of the times promotes the continuous reform of education and teaching. In the construction of music education in colleges and universities, the educational mechanism is constantly reformed. To meet social development needs, modern society needs not only “Singers and dancers” who can only sing and dance but also music education talents who can give the moral standards and value orientations given by music. Therefore, we must change the past single-education model in college music education. In music education, we should combine the cultivation of students’ humanistic qualities with the cultivation of musical talents so that students can learn music better and integrate future music into the development of society based on their understanding of humanistic quality and personal morality, can also better train the next generation of the motherland.

## **3 The Effective Strategy to Strengthen the Cultivation of Humanistic Quality of Music Education in Colleges and Universities**

### **3.1 Strengthen the Development of the Teaching Staff**

To improve students’ ideological and moral levels and humanistic qualities, we must improve teachers’ ideological and moral levels and humanistic qualities. In the construction of the teaching staff, teachers are not only required to have good professional quality but also to bear specific humanistic education responsibilities to provide a good example for students to promote students in the teaching of overall development. Teachers themselves should adjust their professional knowledge and skills. We can also improve teachers’ personal quality and teaching experience through further study by listening to each other’s lectures, teaching “Help and help,” and young teachers’ “Comparison with learning”. Teachers should show students high professional knowledge, high musical literacy, and good personal charm. In addition, in the process of education and teaching, teachers should reflect on the content of their timely induction through constant reflection to improve their theoretical teaching level. The improvement of teachers’ humanistic quality should be carried out in their occupation, education, and teaching from beginning to end.

### **3.2 Strengthen the Diversified Development of Music Education**

The core aim of music education is to cultivate music majors’ humanistic quality and aesthetic ability. In music education, we should proceed from the actual teaching situation and constantly improve the aesthetic ability of music majors. In music education and teaching, we should strengthen the integration with other subjects, increase subject knowledge, and pay more attention to the mutual complement and combination of professional music skills and humanistic accomplishment, the original lack of humanistic literacy and content enrichment. Let the teaching content become more concrete

and practical. The teaching effect is more prominent, and students' classroom activity improves. Let the music art infection and vivid infection everybody. Organic Music Art and other arts blend to promote music students' humanistic literacy to be comprehensive and improve development.

### 3.3 The Humanities Liberal Education Through Social Practice

We should carry out various social practice activities among music education students, organize them to visit communities, villages, and museums in a planned and purposeful way, and improve their humanistic quality. It also allows students to go to primary and secondary schools in poverty-stricken areas to support teaching, to apply the teacher-training skills they have learned to the podium, and to test the level of professional skills and humanistic literacy in practice. It can also be carried out through social surveys to promote students' in-depth social understanding of reality, self-awareness, and self-exercise. In practice, we should carry out activities such as red education, patriotism education, ideal and belief education, improve moral cultivation, and set up ideal goals to improve students' humanistic quality.

## 4 Conclusion

Strengthening the cultivation of humanistic quality in music education is conducive to improving the quality of music education, which can effectively cultivate students' sense of responsibility and moral sense. Furthermore, music is an art, so it is necessary to cultivate students' professional skills in music and to cultivate students' comprehensive quality to realize music education.

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