



Teacher's Effort in Improving Student Learning Discipline Post Covid-19

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Abstract. The purpose of this study is to evaluate teachers' attempts to enhance student learning discipline following covid-19. The methodology employed in this study is the literature review method, which adopts a qualitative approach. The study's findings show that teachers can take a number of steps to enhance their students' learning discipline, namely teachers can evaluate learning continuously, carry out group guidance and counseling services, make good habits such as reading prayers before and after learning, using the reward and punishment method, synergizing with parents and paying attention to student management. These efforts are proven to improve student learning discipline. In addition, there are obstacles experienced by teachers, namely students tend to repeat the same mistakes again even though they have been given warnings or sanctions. Based on this, the teacher must be selective in determining sanctions for violating the rules so as not to cause inconvenience to students.

Keywords: discipline · elementary school

1 Introduction

The worldwide Covid-19 has affected several nations, including Indonesia, has significantly influenced a number of fields, including the field of education. The spread of covid-19 must be stopped, therefore the government has imposed Large-Scale Social Restrictions (PSBB). In order to limit the spread of covid-19, learning in schools must temporarily be discontinued and replaced by online learning that is completed at home or remotely. Attempts have been made to halt the COVID-19 virus's transmission, the government is using online schooling, which is affecting several nations, including Indonesia [1].

There is little doubt that the covid-19 epidemic has had a tremendous impact on all aspects of life, particularly in the area of education when it comes to education, the government issued a distance learning policy which had not previously been implemented

simultaneously in Indonesia. The government has chosen distance learning to prepare for the growth of covid-19 in the educational sector, as well as a solution to overcome difficulties in implementing face-to-face learning [2].

Distance learning is not always good. Because of this distance learning, new issues have emerged. One of them is a decrease in the level of student learning discipline. This is consistent with claims that the amount of student discipline decreased as a result of online learning [3]. After covid-19, the level of student discipline has decreased. This is because kids are becoming accustomed to distance learning that takes place at home. So that when at school students tend to be indifferent, passive, less socialized and accustomed to procrastinating work when studying. Not only that, distance learning also causes teaching and learning activities to be not optimal. Low learning activities can certainly have an impact on student learning discipline. Low learning activities or learning patterns will greatly impact student learning discipline because learning activities are closely related to student learning discipline. If learning activities are not carried out properly, learning discipline will not be fully achieved. For example, when there are assignments given by educators, if students do not carry out learning activities, students do not understand what is being taught, then it will affect the student's learning discipline because there may be delays in the process of collecting the assignments given [4].

Teachers have a crucial role in putting learning into practice as educators. The teacher is someone who is able to provide a certain knowledge to someone or some people, while the teacher as an educator is someone who is instrumental to society and the country [5]. One of the teacher's roles is to guide students to stay on track. Such as guiding students to be disciplined in learning. But in reality, discipline is still rare in Indonesia. In fact, discipline is an absolute requirement to achieve success in the world of education. The success of an educational institution depends on discipline. Discipline is closely related to the ethics and behavior of a person in order to control himself to act and act as required and regulated by the norms that apply where he lives. As a result, discipline does not necessarily run without the attention and supervision of all parties. As the person who interacts the most with students, the teacher becomes the person who will pay attention to and supervise the attitude of students at school in order to create discipline. Therefore, teachers must have competence in guiding students to create real discipline.

2 Method

This study employs a qualitative methodology. The goal of qualitative research is to comprehend the phenomenon that the research subject encounters [6]. This study's methodology employs the literature review approach. A literature review is a research process that tries to gather and distill the key findings of prior research and evaluate numerous expert text summaries [7]. The main sources of this research are previous scientific papers that are closely related to literature reviews, such as research method books, journal articles, internet articles, and other related articles. The analytical technique we use is to collect various data sources from 12 scientific articles and we analyze these articles and draw a conclusion.

3 Result

The analysis of the 12 scholarly articles included in this study yielded the following findings (Table 1).

Table 1. Research Results of Researched Journal Articles

No	Name and Year	Research Result
1	(E. Novianti, Y. Firmansyah, and E. Susanto, 2020)	The results of this study in improving student learning discipline, Pancasila and Citizenship Education (PPKn) teachers as evaluators conduct continuous learning evaluations to see student success in learning and can improve student learning discipline if the results of student learning evaluations have not shown success.
2	(J. Simbolon, 2020)	Group guidance services can improve student discipline in SMK Negeri 1 Sidikalang. Process This group guidance service uses 4 types of techniques, such as: debate, role-playing, problem-solving, and sociodrama. Group guidance services can make students better in matters relating to learning discipline, including time management, orderly in learning activities and discipline in learning organize learning activities at home
3	(W. Wulandari, Zikra, and Yusri, 2017)	According to the study's findings, parents generally play a reasonably positive effect in their children's overall learning and discipline: 1) The role of parents in supervising children in learning tends to be in the fairly good category, 2) Parents' contributions to fostering children's independence typically fall into the "good enough" category, 3) The role of parents in recognizing children's learning techniques tends to be in the good category, 4) helping to eliminate anxiety and boredom of children in learning tends to be in the good enough category. It can be said that parents play a good enough part in helping students develop discipline.

(continued)

Table 1. (continued)

No	Name and Year	Research Result
4	(T. T. Dwiva and N. Y. Setyaputri, 2022)	Student group guidance services with modeling techniques are proven to improve student learning discipline. This is because students can learn through observation where behavior comes from an individual or group.
5	(A. M. Arzaq, S. Fatimah, and B. A. Murtopo, 2022)	Reward and punishment strategies can improve learning discipline in MTs Sarbini Alian's class VII students. Class I VIII MTs Sarbini Alian showed an increase in learning discipline using the reward and punishment learning approach from 63% in the first cycle to 85% in the second cycle.
6	(R. A. Firmanto, 2017)	Student achievement is realized through learning discipline, which has a favorable and significant impact on student management.
7	(Akmaluddin and B. Haqqi, 2019)	The teacher made several efforts in instilling learning discipline to students in class V, among others, namely, giving examples to students, implementing class rules, providing pupils who infringe with counsel and warnings as well as punishments or sanctions. The teachers are still constrained in instilling learning discipline in class V students, including, students repeating the same violation even though they have been reminded, and students do not heed the sanctions or punishments given.
8	(Kaminudin Telaumbanua, 2018)	From the findings, namely that group counseling services are effective in improving student discipline at SMA Negeri 1 Lahusa.
9	(R. D. U. Afifah Khonsa Nazari, 2022)	The teacher's role in implementing guidance and counseling to increase parental collaboration and effective communication in order to promote student learning discipline. This method is quite successful in some elementary schools in Klaten Regency.

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Table 1. (continued)

No	Name and Year	Research Result
10	(D. Pangestu and M. W. Djuhan, 2022)	The efforts of integrated social studies teachers in improving student discipline at SMP Ma'arif 1 Ponorogo are: Before starting the lesson, the teacher checks one by one whether the students are neat in their clothes, so that students are neat and comfortable when learning begins, the teacher also emphasizes the rules. While at school or in class, the teacher instructs the students to read a prayer before starting class VIII D, after praying all students will be absent because of the absence of the teacher can find out which students are not present, after attendance the teacher just started learning as usual and when it was time to go home the teacher also did not forget to give homework so that students could study at home.
11	(Dalfa, D. Pspitasari, F. Agustina, and D. Adela, 2021)	According to the study's findings, its deployment occurs in three stages, namely through the stages of preparation, implementation and evaluation. At the implementation stage, habituation is carried out with various activities from the school.
12	(F. Ainurrohmah and R. Handayani, 2020)	The effects of the have a look at concluded that there has been a high-quality impact of trainer motivation and competence on scholar educational achievement, however gaining knowledge of field and parental assist had a poor impact on scholar educational achievement.

4 Discussion

A. Student Learning Discipline After Covid-19

Discipline is a good attitude in obeying and complying with every regulation that has been set, specifically, the student's conscious compliance to carry out their educational responsibilities in order to get changes in him, whether in the form of information, behaviors, or attitudes while studying at home and in school. Discipline of learning is the most important thing to realize educational goals. Not only that, the standard of education in schools is intimately tied to learning discipline, which is influenced by whether or not students are disciplined at school which reflects the contribution of students in participating in learning. Students who are used to studying discipline will maximize their time at home and school to demonstrate their readiness for the educational

process, as opposed to those who are not disciplined in their studies, who display poor behavior during the educational process [8].

Student learning discipline can be measured by several indicators used to measure the level of student learning discipline, namely: (1) Time discipline, includes: being on time in carrying out learning activities, such as coming and returning to school on time, starting from studying at home and at school must be on time, do not leave class or skip class, complete assignments according to the time set. (2) Discipline of actions, including: Obeying and not violating applicable regulations such as not being lazy in studying, not telling others to work for him, not lying, pleasant behavior, including not cheating, not making a fuss, and not hindering friends who are study [9]. In the discipline of learning there is a contribution to learning where the indicators that reflect the contribution of students in participating in learning are as follows: (1) Good attention when studying (2) attendance of students (3) full involvement (4) maintaining the time/schedule (5) Disciplined behavior. In addition to the role that students play in contributing to the process of learning, the dimension of learning discipline also includes student discipline behavior. Indicators in disciplinary behavior include the following: (1) Self-discipline when studying in class (2) Obeying the rules (3) Politeness [10]. This indicator serves as a reference for teachers to be able to analyze the level of student learning discipline.

In relation to the era that society is currently experiencing, namely the covid-19 pandemic, of course it will affect the learning time for student actors both at school and at home. There is more time to study at home during the covid-19 pandemic because there is relatively little study time available at school. The covid-19 pandemic is a virus that is dangerous for everyone. This dangerous virus has hampered all work and daily activities of every group of people, both for the general public and students. Time spent learning by students has been severely impacted by the Covid-19 epidemic, especially when studying at school. The limited time students study at school makes the level of student learning discipline decreases. Not only students who lack discipline, sometimes parents are also less disciplined with time [11]. So there needs to be efforts that can improve student learning discipline again.

B. Teacher's Efforts in Improving Student Discipline

An essential player in the learning process is the teacher. There are several teacher roles proposed by Rince, namely: (1) As a facilitator (2) As a mentor (3) As a provider of the environment (4) As a communicator (5) As a model (6) As an evaluator (7) As an innovator (8) As a moral agent (9) As a cognitive agent. Judging from these several roles, in order to produce high-quality learning, the instructor also helps pupils develop a disciplined approach to learning [12].

There are several efforts that teachers can do to improve student learning discipline based on research that has been done previously. Efforts that teachers can do include evaluating learning continuously. This is evidenced by previous research that this effort can not only improve student learning outcomes but can also improve student learning discipline [13]. Furthermore, teachers can make efforts to provide group guidance services with various types of group guidance services. There are various types of group counseling services, include conversation, sociodrama, role playing, and resolving problems. This group guidance service can make students better in matters relating to learning discipline, including time management, orderly in learning activities and discipline

in regulating learning activities at home [14]. There is also a group guidance service with modeling techniques. It is established that group counseling services using modeling methods might enhance students' academic discipline because students can learn through observation where behavior comes from an individual or group, for example, functions as a catalyst for other people who are seeing the presented model to think, feel, or act in a certain way [15]. Group counseling services provide a significant difference between before and after group counseling services are implemented [16]. So that this group counseling service can be utilized by teachers to help students develop their academic discipline.

Teachers as innovators must be able to present new things in learning. It seeks to vary instruction so that pupils are not bored. Not only that, by varying learning such as using certain learning methods, it can also improve student learning discipline. The method that can be used to improve student learning discipline is the reward and punishment learning method. An earlier study with class VII pupils of MTs Sarbiini Alian found that Learning strategies that combine rewards and penalties can enhance discipline [17]. Giving reward and punishment can lead to competition between students so that students will always focus on what they want to achieve and will ignore things that are not desired. There are three stages in its implementation, namely through the stages of preparation, implementation and evaluation. At the implementation stage, it is done by habituation carried out with various activities from the school [18].

Habituation is no less important in the learning process. Good habituation in learning will instill good character for students. So that it can also affect student learning discipline. There are several effective habits in improving student learning discipline, namely: (1) The teacher checks the neatness of the students (2) The teacher emphasizes the rules while at school and in the classroom (3) The teacher instructs the students to read the prayer before start learning in class (4) Perform student attendance (5) The teacher also does not forget to give homework (PR) so that students can study at home [5]. It's not enough, the school should also pay attention to student management so that the rights and obligations of students can be fulfilled. This is because student management also affects student learning discipline [19].

Increasing student learning discipline will not be optimal if only the teacher implements it. Cooperation between teachers and parents is also very important to improve student learning discipline. Teachers as supervisors at school and parents as mentors at home can work together to create good learning discipline. The teacher's role in carrying out guidance and counseling can enhance student discipline by fostering effective parent- student interaction and communication [20]. In terms of a variety of characteristics, parents' contributions to student learning discipline are commonly categorized as "excellent.": (1) The responsibility of parents for guiding their children's education (2) The responsibility of parents in fostering children's independence (3) How parents can recognize their children's learning styles (4) assist in reducing the anxiety and boredom of studying in youngsters [21]. So it can be concluded that communication and cooperation between teachers and parents can affect student learning discipline.

C. Teacher Obstacles in Improving Student Discipline

The teacher's task in learning is not only limited to delivering material, but more than that. Teachers also play an important role in improving student learning discipline.

Therefore, the teacher must always supervise the behavior of students, especially during learning, so that there are no deviations in the behavior or actions of undisciplined students. In order to discipline these students, teachers must be able to become mentors, examples or role models, be firm, and control all student behavior. However, in reality, even though teachers have made various efforts to improve student learning discipline, there are still some obstacles experienced.

Obstacles that arise in an effort to improve student learning discipline do not just appear, but because of factors both internal and external factors. Factors from within are the lack of self-awareness of students, and the lack of students' knowledge of the importance of discipline. While external factors are lack of attention, supervision and habituation of discipline from parents, the influence of the living environment, and the influence of friends and associations.

Students tend to follow the rules when they have been warned and disciplined, which presents a challenge for professors trying to instill learning discipline. But after some time, students will repeat the same action again. For example, students who have been reprimanded and advised for making a fuss in the classroom again commit the same offense. By giving sanctions to students, it does not escape the teacher's efforts in instilling discipline in students. However, students do not heed the sanctions or punishments they receive [22]. Teachers must be selective in determining sanctions for violating the rules. Otherwise it will cause inconvenience to students. This not only affects student learning discipline but also affects student learning achievement [23].

5 Conclusion

Considering the findings and analysis given above, it might be said that the covid-19 epidemic has brought about a new issue because of online distance learning, namely a decrease in student learning discipline. There are efforts that teachers can do to improve student learning discipline after Covid-19, namely teachers can evaluate learning continuously, carry out group guidance and counseling services, make good habits such as reading prayers before and after studying, using Learning methods that vary, one of which is the method of reward and punishment, synergize with parents and pay attention to student management. These efforts are proven to improve student learning discipline. In addition, there are obstacles experienced by teachers, namely students tend to repeat the same mistakes again even though they have been given warnings or sanctions. Based on this, the teacher must be selective in determining sanctions for violating the rules so as not to cause inconvenience to students.

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