



Evaluation of the Physical Condition of the PSK Pucuk Jambi

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Abstract. The people who live in the Pucuk Jambi area are predominantly female Commercial Sex Workers or Tunasusila who work every day serving guests from night to dawn and need good physical conditions as well. A person must be physically fit to carry out his basic daily tasks efficiently over a relatively long period of time, so that he has spare power for other activities without feeling tired of working from night to dawn with activities carried out every day. The purpose of this research is to reveal the shape and purpose of the physical condition of the people in the Jambi Pucuk Localization Area who are experiencing the process of viability. This research is a qualitative research. Techniques and tools for collecting data from observations, asking questions and making videos or making documentation. The research results are then processed. The results of this study reveal an evaluation of the Physical Condition of the Jambi Pucuk PSK which produces sweat which is moved by the PSK workers by doing Gymnastics, Volleyball, Karate, and taking Vitamin Drugs and Drinking Jamu. Pucuk Jambi PSK workers physically have a work intensity that is on average very different from people who work in general, because they also work with all their might and risk their lives, which can be compared to someone who works normally and is not a CSW. The work they do aims to support their children, take care of their parents, and instead want to be appreciated by the way they have a lot of money and luxurious vehicles even though they get a sustenance in a different way from ordinary people in general. Therefore, it is recommended for “brothers” who like sports activities to utilize and channel their sports abilities and be active in sports activities so that they can work well and not get sick easily.

Keywords: Evaluation · Physical Condition · PSK Pucuk Jambi

1 Introduction

Jambi Province has many places of entertainment for young people, as well as mashers who want to vent their lust. Because it can be proven by the existence of people living in the Rawasari Subdistrict, Alam Barajo Village, Jambi City area or an area that is already known from the tip of Jambi to the end of Jambi, also known as PUCUK JAMBI. Moreover, the majority of the people who work there are prostitutes or comfort women [1].

Many people outside did not agree with the existence of the localization place, so in 2015 the dissolution of the PUCUK JAMBI localization was carried out and led directly by the Mayor, Dr. H. Syarif Fasha, S.E., M.E., even though it has been disbanded [2], in 2022 PSK activities will still exist until now, in fact they have returned to being active as usual. What distinguishes the activities of current sex workers from the past, is that they are able to work from Night Start to Dawn and they are able to work with men with a number of more than 05 people from night to dawn, thus making the evaluation of physical condition very meaningful in terms of fitness. and body health.

Residents or PSK workers, the majority are young women and elderly women with status on their ID cards, some are widows and some are tricked by their friends to work as housemaids when they arrive at Pucuk Jambi, they are forced to work as prostitutes, which started out unwillingly but because the need for funds finally involved in the black world (prostitution) as overseas residents, the majority of whom were Javanese and Palembang [3]. As for the men who live there, they work as child nurses from prostitutes or participate in supporting the children of the workers and they assume that they are the fathers of the children and they also work at night as "pimps" or male customer seekers. who want to hire the services of female sex workers or comfort women, even if overnight until dawn the sex workers are able to serve with a total of 07 to 11 people who are served by only 01 sex workers. From the results of the work they do, they use it to support their daily lives, such as eating, smoking, paying for children's school, buying clothes and other luxury items such as gold, cellphones and motorbikes. From this activity, we actually think about why the physical sex workers are so strong that they are able to serve many guests and of course we think that there are no physical activities or that they use drugs such as doping or illegal strong drugs which can actually be dangerous. themselves.

In various cities in Jambi Province, the closure of the localization place seems ineffective in order to eradicate the practice of prostitution because of many reasons behind it, including the basic problems faced by sex workers are not resolved by closing the localization place, in fact the closure of the localization place makes the presence of sex workers can be distributed evenly in strategic places [4]. They can practice openly, or under the guise of various endeavors. Until now, no one has succeeded in completely eliminating all problems related to prostitution, several researchers have researched the Pucuk Jambi sex workers, but still no one has explained or said that there are Physical Condition Activities that they carry out in order to maintain their physical health. prostitutes.

The need for these physical conditions cannot be equated for each sport and for needs, because each sport has its own characteristics of needs as well as for the needs of carrying out any daily activities [5]. This will be related to the need to move for the purpose of sweating by doing regular sports activities so that they are not susceptible to disease or susceptible to disease [6]. The importance of physical conditions for commercial sex workers or CSWs when carrying out their activities or work theoretically and empirically cannot be denied. Physical conditions are seen as fundamental for humans in their daily lives, because without the support of excellent physical conditions, the achievement of healthy goals will be difficult to achieve [7]. Therefore, based on the description above, the author wishes to study more broadly about evaluating the physical condition of the

Pucuk Jambi sex workers, whether there are physical condition activities so that they can work with unusual work intensities such as serving guests who are considered unnatural to have sex. Is there any physical condition activity or taking illegal drugs in order to be able to work continuously without easily feeling tired, lethargic or young experiencing pain.

2 Method

In this study, the researcher used a qualitative method, because the researcher reasoned that he could easily get results with this type of qualitative research because the results conveyed were in the form of “words” where the data obtained were based on direct research to Pucuk Jambi PSK workers, and the validity of the data. or the data obtained can be validly and really used as additional material for scientific treasures [8].

Researchers carry out research activities in the area of Rt.04 Kec. Rawasari Kel. Alam Barajo, JAMBI CITY, Jambi Province. Which was carried out for 2 days starting from September 3 to September 4, 2022. The results obtained were sourced from the information “Chairman of Rt.04” or the Pucuk Jambi PSK Workers who were in the Jambi Pucuk Localization, in the Rt.04 Kec. Rawasari area Kel. Alam Barajo, JAMBI CITY itself has a “Chairman of Rt” or his Boss, totaling 1 person informants are used in selecting and determining research subjects using the Snowball Sampling technique. Data collection techniques used are participatory observation, unstructured interviews, and documentation.

The data analysis technique used in this study is based on Spradley’s theory. The technique of analyzing the qualitative data of the Spradley model as a whole consists of: descriptive observations, domain analysis, and focused observations. The validity of the data in qualitative research includes the credibility test (interbal validity), transferability (external validity), dependability (reliability), confirmability (objectivity).

3 Result and Discussion

1. Forms of Physical Condition of the Jambu Pucuk PSK

The form of physical conditions carried out by the Pucuk Jambi PSK workers consists of work activities carried out by making handicrafts that can be sold on the roadside or deposited in shops and there are those who participate to carry out the work of being housemaids and cleaners in the pool. swimming. The form of activities or activities to fill free time before they work at night is by carrying out playing volleyball activities, and afternoon gymnastics activities with Zumba gymnastics, then the children of the Pucuk Jambi PSK workers usually go to school in the morning, sell newspapers and before night time or before they are no longer allowed to leave the house, usually children play with their friends such as playing hide and seek, soccer, and playing chase. Then their form of activity in the morning, is to take their children while they make herbs that they will consume so that they can stay young and not get tired or sick easily.

All routine activities carried out have a purpose, namely to meet the needs of daily life. They must have good physique if they want to get food. Because to obtain the results

of the field and the fulfillment of other needs is done with good physical conditions. They do physical activities so that they can do their jobs in a fresh and fit condition and can support their families and send their children to school so that their children's future is good and does not imitate the work done by their mothers.

2. The meaning of the physical condition of the Pucuk Jambi PSK workers

All physical condition activities carried out by Pucuk Jambi PSK workers have the meaning that whatever they do is a way to fulfill their physical health so that they can live and support themselves and their families. This signifies and means that whatever their work or ours, the fulfillment of their life needs cannot be separated from the physical condition activities that they routinely do every evening before the night to work.

3. Supporting and Inhibiting Factors in the Physical Condition of the Jambi Pucuk PSK

There are several factors that support the Physical Condition activity as a lifestyle for the Pucuk Jambi PSK workers, namely external factors consisting of situational factors before they work to serve men who hire their services, opportunity/time factors, and equipment facilities. As well as internal factors consisting of community factors outside the Pucuk Jambi area and an external belief system towards residents living in the Pucuk Jambi area. While the inhibiting factors for the physical condition of the Pucuk Jambi PSK workers include the frequent raids carried out by the POL PP so that they are afraid to leave the house for up to 2 days and the influence of outside customers who force them to consume drugs such as doping, and the last factor is consuming liquor because at the time of serving guests must be required to consume the drink.

4 Conclusion

The results of this study reveal an evaluation of the Physical Condition of the Jambi Pucuk PSK which produces sweat which is moved by the PSK workers by doing Gymnastics, Volleyball, Karate, and taking Vitamin Drugs and Drinking Jamu. Pucuk Jambi PSK workers physically have a work intensity that is on average very different from people who work in general, because they also work with all their might and risk their lives, which can be compared to someone who works normally and is not a CSW. The work they do aims to support their children, take care of their parents, and instead want to be appreciated by the way they have a lot of money and luxurious vehicles even though they get a sustenance in a different way from ordinary people in general. Therefore, it is recommended for "brothers" who like sports activities to utilize and channel their sports abilities and be active in sports activities so that they can work well and not get sick easily.

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