



Christian Education in the Family Efforts to Build Children's Faith Resilience in the Era of Disruption

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Abstract. The resilience of children's faith is very crucial in the current era of disruption considering the changes that occur bring various serious challenges due to the increasingly high complexity of life. Facing this problem, parents, as educators in the family, are required to consciously develop efforts so that children's faith resilience is built to be strong so that they are able to face all life difficulties and solve problems according to the truth of God's word. This research aims to describe the importance of children's faith resilience in this era of disruption and provide analysis results on how to develop children's faith resilience and the impact it has. The research has a qualitative descriptive method by choosing a literature study approach. The results of the research found: first, to be able to face it properly and bring eternal salvation is to stick to and study the Scriptures. Second, experience. This pillar becomes the second principle for growing children's faith resilience -- after knowledge -- that must be applied in family Christian education. Third, practice. This pillar is a chance for children to apply or practice the experiences they have gone through in dealing with life's problems. Through this pillar, children will learn to live with others, build a social community to learn to put the interests of others above their own.

Keywords: Christian education, Faith resilience, Child's faith, Era of disruption, Faith disruption

1 Introduction

Today's technological civilization gave rise to a new era called the era of disruption. The basic and fundamental changes of this era occurred in all spheres of human life. These changes have an effect on humans, one of which is in the socio-emotional realm. In this case, children as a group that is vulnerable to the effects of change, making it a challenge for each family to anticipate. In this era of disruption, religious education in the family is needed to prepare for the fulfillment of the requirements of ongoing changes in shaping the moral and spiritual formation of children. [1] In this time of disruption, children face a variety of powerful influences that have the potential to interfere with their socio-emotional development, requiring the presence of parents

through faith education in the family. Faith education will be able to be the steady foundation of children's strength or resilience in living life in this era.

The era of disruption affects the lifestyle of most Christian families who are increasingly inclined to adopt values and patterns conformed by society in general. Today's family and home have changed their function from what was originally a recreational function, a place to relieve fatigue and problems, now replaced and moved to "comfortable" places outside the home with free *wi-fi* facilities [2, pp. 13–24]. Family function is weakened, which has an impact on family resilience. This state will form a weak generation. [3] At this time there has been a decadence of morals at the age of the child as a modernizing effect including spitefulness, hate speech, rudeness, deception and indignity. [4] Suicides among children increased with a variety of causes, ranging from simple reasons to complex problems [5], [6]. According to Leu, today's conditions encourage the weakening of the Christian family faith due to various social problems [7]. These facts need to be addressed immediately so that children have resilience or resilience of faith so that they can survive this increasingly difficult life based on the guidance of the Bible or God's will.

The topic of children's faith education in the midst of the current of disruption has been widely compiled in many studies. Simamora and Hasugian conducted a study on the internalization of Christian values in the family in the era of disruption. It was stated in the study that families are vulnerable because of the disruption that occurs in the present, so it is necessary to internalize Christian values in family life to be strong in facing all changes. The results of the study found that the internalization of Christian values so that family resilience is created is through the teaching of the fruit of the spirit in everyday life [2]. Another study was conducted by Tafonao regarding the formation of child behavior through the role of religious education in the family [8]. It is explained in this study that children need to be taught about the purpose of life. Therefore, the role of the family in educating is vital so that children can learn and grow in faith, while all members can support and learn from each other. Here it took the example of parents. Meilani and Fernando discussed education in times of disruption for early childhood according to 2 Timothy 3:15-17. This study declared the Bible to be the best guide for human life, and concluded that early Bible study is a solution to overcome the influence of the times on the resilience of children's faith.[9] Building the character of children in this era of disruption through Christian education was discussed by Christimoty and Siathen [10, pp. 10–18] The result of the research is that in this era of disruption there are four points of education in the family for the formation of children's character, namely education of believing in the Lord Jesus, education of heart that fear of God, education of holiness and education of living according to the Bible [9].

This article was arranged with the aim of providing an overview of efforts to build resilience of faith in children, especially in this era of disruption. From the results of previous research literature searches with the same theme, this discussion has never been carried out, therefore this study was conducted in order to provide theoretical and practical benefits for how children's faith resilience can be formed through Christian education in the family. Establishing the resilience of children's faith based on the Bible is very important considering that this era of disruption has had a devastating impact

on spiritual life. This is a demand for every family or parent as the holder of the mandate of Christian faith education in the first scope for children.

2 Methods

The descriptive qualitative is the method chosen to study the topic in this article [10]. The approach used is a literature review from various sources such as books, online literatures, journal articles and others that contains same content or theme as the study. The discussion began by describing the meaning and situation of the era of disruption and the importance of individual resilience, then focused on the role of family Christian education and an understanding of the resilience of the children's faith. The discussion continues on concrete efforts that allow the growth of children's faith resilience based on the teachings of the Bible. The results of the research were obtained through a narrative analysis of biblical texts relevant to the content and the impact of the topic.

3 Finding and Discussion

3.1 Disruption Era and Resilience of Faith

The disruption era is a time when circumstances occur major and fundamental changes in various spheres of life. The changes are leading to shift the older order or system to the new one. The current era of disruption occurs as a result of advances in information technology that have been increasing sharply in recent years. A time when there is an unexpected change, fundamental and regarding almost all lines of life is a picture of the disruption era. The old system that was not in line with the needs of era was replaced by the new [11]. In Indonesia, the era of disruption has accelerated due to the emergence of the Covid-19 pandemic. Disruption due to technological developments has an effect on fundamental changes in governance and human life culture. Disruption has both positive and negative effects in civilization. Related to this, parents ideally play an important role in shaping character and leadership in children [12].

The negative impacts of disruptive conditions include: bullying, pornography, hate speech, disruption of children's socio-emotional development, and many other negative things. According to Godlif, the era of disruption has negative impacts on society through changes in social behavior. The impact are the emergence of SARA (Ethnic, Religion, Race and Intergroup)-nuanced hoaxes, acts of violence, worsening of mutual respect, inhibition of communication, and weakening of social interactions [12]. Deviant behavior that occurs in the era of disruption is possible as a result of uncontrolled access to information. Thus, education should play an important role in keeping the younger generation from being influenced by negative behavior. Socially, the life in the disruption era has a tendency to apply modern values by ignoring old values, and adolescents, in this situation, are more easily influenced by deviant behaviors [13, pp. 156–167]. Facing this situation requires the resilience of children's faith in order to be

able to face the bad influences in this era of disruption and be able to build their future lives according to the truth of God's words.

The term resilience according to the Merriam Webster Dictionary is "derives from the present participle of the Latin verb *resilire*, meaning "to jump back" or "to recoil." The base of *resilire* is *salire*, a verb meaning "to leap" that also pops up in the etymologies of such sprightly words as *sally* and *somersault*." From its original meaning, the word resilience develops in its use. The use of the word resilience was first used by Blok as ego-resiliency or abbreviated as ER which means flexible or high adaptability when dealing with a pressure. This concept was first applied to the level of children and was introduced as "stress resistance". Resilience or ego resiliency is equally considered a protective factor in the face of adversity or pressure [14]. Resilience is taken from the word "*resilio*" in Latin meaning "bounce back" which describes an individual's ability or skill in maintaining relative mental function without turmoil or stability in a situation [15].

Reivich and Shatte express resilience as a skill or ability to adjust and exist firmly in difficult situations. Resilience is formed or built from seven different skills and can be developed or improved through changes in the individual's perception of the situation or problem at hand [16]. The seven skills are: first, emotional regulation, which is the skill of controlling emotions to be calm under problems or pressure. Individuals with good resilience can control their emotions when facing problems and are able to stay focused on the main goal. Second, excitatory control, an ability to control impulses, pressures or desires in oneself. Third, causal analysis, individual's ability to analyze the root of the problem appropriately. Fourth, self-efficacy, the ability to solve problems effectively. Fifth, optimistic, which is the ability to find optimism about the future or something designed. Sixth, empathy is the ability to read the expressions, body language and behavior of others. Seventh, achieving the positive thing, namely the ability to develop a positive attitude in every new opportunity or challenge [16].

In the Christian perspective, faith resilience is related with the ability of believers based on the truth of God's words in the face of difficult circumstances or pressures over various life's problems. Faith is a conviction based on the prompting of the Spirit of God to believe in His existence and hope for the fulfillment of His promises and plans. Faith is an absolute belief without any doubt at all taught by the Lord Jesus as a condition of being able to see the kingdom of heaven [17]. Faith is the belief or certainty of a hope even though it is not yet visible. Faith means believing earnestly in what is hoped surely be happened (Hebrews 11:1). Faith is the strength of God in living life by continuing to depend and rely on Him in all things (Heb. 10:38). The resilience of faith is needed as the ability to adapt to a world situation that is getting tougher situation with all its problems and adverse influences. Faith resilience allows one to adapt flexibly, creatively-innovatively without abandoning the values of the Christian faith.

Therefore, it can be stated that the resilience of faith is the strength or ability that God gives to be able to remain firm in the face of all the problems of life. This can happen if a believer trusts in God with all his heart and mind and has full hope in Him. In the context of the current era of disruption, having faith resilience is very necessary considering the conditions in this time which are full of fundamental changes, uncertainty and the increasing complexity of the problem. The changes that occur tend to

follow the values of the world that are contrary to the truth of God's words and this situation exerts a very strong influence on everyone, especially on children.

3.2 Christian Education in Family and Children's Faith Resilience

In accordance with its essence, Christian education in the family is needed to guide, guide, and direct children to the transformation of themselves into strong character in God. Tarigan states that one of the factors influencing resilience in Christianity is the family environment. Each individual gains great influence from the family through shared experiences in life. This influence occurs in the way of thinking, behavior, feelings and includes in responding to various problems and challenges in life [18, p. 113]. Faith resilience does not occur instantly or through the process of learning in schools or the results of mere indoctrination or theory, but through the process of life experiences in the form of suffering, pressure or crisis conditions. Such conditions can develop the abilities to be firm and strong in the face of life now and in the future [19, p. 77]. In this regard, the role of the family becomes very vital.

Thus, the resilience of the child's faith needs to be developed through the experience of life in the family. Because faith resilience cannot be formed instantly, families need to provide a lifelong and holistic form of education so that children's faith can be truly solid and tested. In the end, children will be able to face every problem of life and live their lives in accordance with the values of the Christian faith in the midst of the increasingly strong influence of worldly values. This is important to be a priority because childhood or adolescence becomes a decisive period for the quality of life in the future [20, p. 19]. Moreover, with the rampant phenomenon of depression in children there is at a high level lately [21, pp. 92–101]. In this digital age, unlimited information that is acceptable to children has the potential to have bad consequences, namely loneliness and depression as a result of preferring to communicate through the virtual world rather than real interactions in person [18]. Currently, there are many cases of bullying among student children which results in serious stress and depression in victims who experience it [22].

Childhood to adolescence is a period of formation. Various studies have found that stress, difficulty or stress during this time -with various causes- can affect the physiological condition of the brain that is in development. This can be at risk of cognitive development lag, physical health problems such as heart disease and blood sugar, as well as behavioral problems and mental health disorders such as depression, for example. [23, p. 40]. In an effort to fulfill God's mandate to give birth to divine children who are responsible for life on earth, the family is obliged to seriously seek the kingdom of God in this world, especially for the children He entrusts through education. Christian families have the essence to fulfill their calling. God has given the gift of potential, goodness and love in the family so that the essence is to develop all that grace into a power of faith and devotion in God. [24]. Especially today, the education of children in the family is a necessity and even an indisputable necessity (Proverbs 22:6) so that the child's faith is not disrupted. Every parent is obliged to give rise to an independent generation, competitive qualities, strong faith so that they can face the negative effects

in this era of disruption. [12] Christian education in the family becomes the foundation for children to be able to experience the development of faith.

In fact, Christian education in the family is beneficial both ways and is mutual in the development of faith. The first direction, forming the resilience of the children's faith. The second direction will shape the resilience of the family faith as well. Reciprocally the formation of resilience of faith in the child and family will be experienced systematically. In an effort to develop the resilience of the child's faith, the family or parents are required to supervise their own situation and teaching because the Christian family is also vulnerable to the influence of an increasingly massive world in this era of disruption (1 Timothy 4:16). In this era of disruption, all aspects of the Christian family's faith life are actually threatened so that Christian values really need to be implemented in daily life. In this case, the role of parents is not only limited to teaching, educating and training but being a real example. Exemplary can be realized through the spiritual discipline that is exercised with children together. This will mature the child's faith because children will find it easier to learn from what is heard, felt, seen and experienced.[2] Christian education in the family is the main and best factor in building the resilience of the child's faith. The education is strongly supported because it is supported by warm, loving, caring and caring relationships in the family.

3.3 Concrete Efforts to Build Resilience of Children's Faith Based on the Bible

Today's technological civilization has driven modern families into fundamental life changes and tends to lead to a lifestyle that is comfortable, easy and enjoyable. In turn, these circumstances have an effect on a worldly patterned life [25] and further away from the paths of truth. Today's generation inherits the condition. Therefore, efforts to apply Christian education in the family in order to build the resilience of children's faith are complicated. Every Christian family needs to fight to actualize it. There are three main pillars that a Christian family can apply in the endeavor, namely knowledge, experience and practice.

First, knowledge. This pillar refers to 2 Timothy 3:12. The Apostle Paul counseled about the difficulties of living as a follower of the Lord. To be able to endure it properly and lead to eternal salvation is to keep learning and holding on to Scripture. The text contains the essence of the matter, namely the act of learning in the form of filling the mind or mind with the truth of God's words. This is in line with the apostle Paul's counsel in Romans 12:2-3 which confirms the form of the true offering requirement. To be able to understand God's will one must experience a change of mind and become not the same as the world. God's people are required to master themselves by thinking according to their respective measures of faith (verse 3). Reason refers to the mind, meaning that believers are obliged to have a pattern of thought that is in accordance with the truth of God's words, not according to the standard of the world, especially in this time of disruption. Romans 10:17 speaks of faith arising from the truthfulness of God's words. This means that the pillars of knowledge are closely related to the pattern or style of thinking that corresponds to God's words that can be achieved through perseverance in learning God's words as the only truth (Deuteronomy 6:1-9).

The concrete act of carrying out Christian education in the family as an effort to foster the resilience of the child's faith with regard to this first pillar (knowledge) is to apply the spiritual discipline of learning the Bible together. The spiritual discipline of Bible study is inseparable from the spiritual discipline of praying because in true and intense prayer will bring forth God's wisdom that is useful for the understanding of scripture (Proverbs 2:6; Yak 3:13) [26]. Christian education in the family is based on and begins with the spiritual discipline of praying correctly and intensely both personally and together. Another spiritual discipline tied to it is the serious and sustainable study of the Bible in the family. Christian education in the family needs to bring to life the pattern of bible teaching in developing family faith.[27, pp. 103–114]

Second, experience. This pillar becomes the second principle for building the resilience of the child's faith -after knowledge- which must be applied in Christian education in the family. Experience contains all instructions, directions, guidance and education of parents towards children through joint activities.[28] This means parents and children interact and engage together in a problem or event. This togetherness becomes important especially when the children are experiencing difficult situations, pressures or problems in their life.

Concrete actions for the application of Christian education related to the pillars of experience are the existence of mentoring, support and providing motivation and direction for solutions from parents. Thus, children will learn to solve problems directly and set strategies to face a problem. This refers to Colossians 1:23 the counsel to remain diligent, steadfast and immovable in the faith and gospel when problems strike. In this regard the Lord Jesus gave counsel to believers to always be willing to hear and practice His words. Thus, children can learn to live out the words in their lives (Matthew 7:24-27).

Third, practice. This pillar is a chance for the children to apply or practice the experiences that have been passed in dealing with life's problems. Through this pillar children will learn to live with others, build social communities to learn to put the interests of others above their own. Parent guide and direct that children can practice living in society and be able to represent God in it. Children will learn to perform acts of love for others (1 Peter 1:7-12). Concrete actions of the pillar of practice are parents to invite children to visit orphan homes, visit relatives or friends who are suffering from illness, train sharing and contribute to others in need (street children, out-of-school children) and other forms of social care activities. In today's digital era, parents can train children's sensitivity through online media such as impressions of people who are in need of help and contribute directly to it. Through these activities children will be stimulated to be sensitive to the sufferings and difficulties of others and cultivate empathy from an early age. Thus, when the child experiences difficult circumstances or ill-treatment will not feel depressed because he sees and can feel that others are suffering.

3.4 Impact

The application of Christian education in the family, according to the explanation above, if carried out from an early age and continuously will have an impact on the resilience of the child's faith. Some of the impacts that can occur include: one, the pillar

of knowledge will produce a mindset that is in accordance with the truth of God's words, children discover the ultimate truth and understand the vision and mission of Christian life [29] so that faith in the Lord Jesus will not be easily shaken (Romans 12:2). Two, the pillars of experience will foster independence, constancy, self-mastery and initiative creative when facing problems (James 1:12). Three, the pillar of practice will lead to righteousness, confidence and a loving person (Philippians 2:3-5, 1 Corinthians 10:24;33, Romans 15:1-2; Gal 5:13, Gal 6:1-2). From all of them, the resilience of the child's faith will be firm when life's problems or difficulties hit.

4 Conclusion

The era of disruption brings life to a situation that is increasingly full of uncertainty, continuous changes and increasingly complex life problems. Faced with this situation, every individual Christian needs to have the endurance or resilience of faith in order to survive and live a life properly and correctly according to the teachings of the Bible. Faith resilience cannot grow instantly but through a process and can be developed through Christian education from childhood. Christian families, in this case parents, have an important role to play in fostering the resilience of the child's faith in the midst of this era of disruption. As an effort to grow it, Christian education in the family can be applied through three main pillars, namely: knowledge, experience and practice. All three are applied based on the teachings of the Bible.

Some of the impacts that can occur include: one, the pillar of knowledge will produce a mindset that is in accordance with the truth of God's words, so children find the ultimate truth and understand the vision and mission of life so that faith in the Lord Jesus will not be easily shaken. Two, the pillar of experience will foster independence, constancy, self-mastery and initiative creative when facing problems. Three, the pillars of practice will encourage righteousness, confidence and a loving person. From all these conditions, the resilience of the child's faith will be strong when life's problems or difficulties hit.

Research Contribution: This research contributes to Christian education in the family, which is about building faith resilience in an era of disruption. Where this era of disruption affects the lifestyle of Christian families. So every Christian needs to have the resilience of faith in order to be able to survive and live a good and appropriate life according to the teachings of the Bible. Thus, it becomes a life experience that fosters independence, constancy, and self-mastery and raises creative initiative when facing problems after problems faced.

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