

# Exploring Holistic Preservation and Virtual Reality Technology Application in Traditional Architecture Conservation

Xinjie Li<sup>1</sup>, Guangye Liu<sup>2</sup> and Changjie Jin<sup>1\*</sup>

<sup>1</sup> School of Engineering, Yanbian University, Jilin, China <sup>2</sup> Founder, SINSI Design Studio, Shanghai, China

\*Corresponding author's e-mail: cccccjie@ybu.edu.cn

**Abstract.** This study delves into the synergistic application of holistic preservation and virtual reality technology in the conservation of traditional architecture. The integration of the comprehensive conservation approach inherent in holistic preservation with immersive virtual reality experiences serves to augment the efficacy of preservation endeavors. Virtual reality technology contributes significantly by facilitating a deeper understanding of architectural heritage, assisting in informed decision-making for restoration efforts, and revitalizing the practice of traditional architecture conservation. Finally, the engineering implications of this study are discussed in detail.

**Keywords:** holistic preservation, virtual reality technology, traditional architecture, conservation and inheritance, historical and cultural value.

### 1 Introduction

### 1.1 Research background and motivation

The historical and cultural significance inherent to traditional architecture confronts imminent challenges arising from rapid urbanization processes. The integration of virtual reality (VR) technology emerges as a pioneering approach, offering innovative methods for the preservation of these architectural legacies <sup>[1]</sup>. This scholarly inquiry is fundamentally motivated by the imperative to safeguard and conserve our cultural heritage in the face of contemporary challenges, as well as to invigorate preservation practices through the transformative capacity of VR technology <sup>[2-3]</sup>. The overarching objective of this research is to secure the enduring presence of traditional architecture within the evolving narrative of our culture.

### 1.2 Research objectives and significance

This scholarly investigation is directed towards a thorough examination of preservation methodologiesabout traditional architecture, coupled with an in-depth explora tion of the integration of VR technology. The primary goals encompass the establishment of fundamental principles governing the preservation of traditional architectural structures, the formulation of holistic and comprehensive preservation strategies, an extensive inquiry into the potential contributions of VR technology in this context, and the cultivation of heightened cultural heritage consciousness among diverse stakeholders. The paramount significance of this study is grounded in its capacity to facilitate the preservation of cultural heritage, advance sustainable development initiatives, and augment public appreciation for the intrinsic worth of traditional architectural legacies.

#### 1.3 Research content and structure

This study offers a comprehensive exploration of the preservation of traditional architecture, encompassing its foundational principles, all-encompassing preservation strategies, and the revolutionary impact of VR technology as manifested in Table 1. It delves deeply into the historical import of traditional architecture, highlights the significance of interdisciplinary collaboration, and showcases the engagement of communities through compelling case studies. The study underscores the shared duty of safeguarding our cultural heritage, acting as a bridge connecting the past, present, and future. Ultimately, its objective is to cultivate appreciation, ignite the spirit of stewardship, and envision a future where tradition and technology cohesively protect our architectural treasures, ensuring their preservation for generations to come.

Attribute	Description
Conservation	Preservation focuses on conserving the original state of the building, honoring its history.
Sustainability	It seeks to maintain a balance with nature, promoting eco- friendly approaches to preservation.
Authenticity	The aim is to keep the original form intact, retaining the cultur- al identity of the structure.
Community	Preservation involves the engagement of the community, fos- tering a sense of belonging.

Table 1. Core Concepts in Traditional Building Conservation.

# 2 Overview of Traditional Architecture Preservation

Traditional architecture serves as a tangible embodiment of a civilization's historical evolution, evident across both urban and rural landscapes <sup>[4]</sup>. Characterized by distinctive styles, construction techniques, materials, and cultural amalgamation, it bears testament to the progression of human society. The preservation of traditional architecture carries profound importance in the protection and transmission of cultural heritage, enriching the tapestry of contemporary architectural practices. Nevertheless, formidable challenges persist. The relentless advance of urbanization poses a persistent threat through demolition and alterations, while the pursuit of economic interests

often competes with conservation efforts, and a pervasive lack of public awareness further complicates matters. Vital preservation methods encompass a multifaceted approach, including the enactment of legislative measures, rigorous historical research, judicious urban planning, cultural education initiatives, and the assimilation of global experiences and best practices. Collaborative endeavors that engage governmental authorities, subject matter experts, civil society, and public participation stand as indispensable elements in the preservation equation <sup>[5-6]</sup>. To secure the enduring historical and cultural legacy embodied by traditional architecture, the implementation of strategic planning, reinforced legal frameworks, deep cultural exploration, and heightened societal awareness all assume pivotal roles, thereby ensuring the continued and well-deserved significance of traditional architectural heritage.

### **3** Application of Integrated Conservation in Traditional Architecture Preservation

Integrated conservation provides a comprehensive approach to safeguarding both the tangible and intangible values inherent in traditional architecture. This approach recognizes architecture as a fusion of historical, cultural, and environmental elements, placing a strong emphasis on thorough and all-encompassing preservation practices. By evaluating the historical, cultural, and functional dimensions of architectural heritage, integrated conservation ensures the restoration of physical materials as well as the preservation of non-material aspects such as the purpose and transmission of these structures (Figure 1).

The efficacy of integrated conservation is vividly demonstrated through notable case studies: Fujian Tulou Conservation: This case underscores the importance of assessing the value of architectural heritage, leading to a balanced approach that encompasses both material and non-material preservation. It actively engages local communities, thereby fostering a sense of ownership and contributing to the enduring preservation of cultural heritage.

Kyoto Traditional Architecture Preservation: By integrating traditional architectural values with the demands of modern society, this case exemplifies the significance of authentic restoration and the transmission of traditional skills. It seeks to harmonize tradition with contemporary needs, ensuring the relevance of traditional architecture in today's world.

Venice Historic City Conservation: This case study highlights the delicate balance between physical preservation, environmental considerations, and community involvement, all of which are critical for the sustainable conservation of heritage. It emphasizes the importance of a holistic approach that transcends physical restoration.

These case studies offer valuable insights into the principles of holistic preservation, the necessity of interdisciplinary collaboration, the significance of non-material conservation, and the imperative of sustainable development. By applying these insights, we can ensure the continued legacy of traditional architecture within our modern society, preserving its historical, cultural, and environmental significance for generations to come. In conclusion, integrated conservation presents a practical and comprehensive approach to safeguarding the multifaceted significance of traditional architecture <sup>[7]</sup>. Through well-balanced preservation initiatives, interdisciplinary collaboration, the preservation of non-material aspects, and sustainable development, traditional architecture can continue to stand as a living testament to our cultural heritage. The ongoing application of integrated conservation principles ensures the lasting legacy of traditional architecture for generations to come <sup>[8]</sup>.



Fig. 1. Screenshot of the 3D display effect of the Affleck House

# 4 Application of Virtual Reality Technology in Traditional Architecture Preservation

Virtual reality (VR) technology, an interactive simulation system, can recreate realworld experiences by engaging users within a virtual environment. Its applications can be categorized based on aspects such as realism, interaction methods, hardware devices, and fields of use (Table 2). In the context of traditional architecture preservation, VR serves the following key roles: Realism and Immersion: High-fidelity VR technology immerses users in meticulously recreated historical settings, creating a profound sense of presence and connection to the past.

Interaction Methods: VR leverages various interaction techniques, including head tracking, gesture recognition, and handheld controllers. These mechanisms empower users to explore virtual heritage sites and actively engage with virtual objects and environments.

Hardware Devices: The core components facilitating the VR experience include head-mounted displays and handheld controllers, which together provide users with immersive visual and auditory sensations, enhancing their engagement with the virtual architectural heritage.

Illustrative case studies underscore the tangible impact of virtual reality (VR) technology in the realm of traditional architecture preservation:

Preservation of Ancient Villages: VR facilitates the meticulous reconstruction of ancient villages, effectively transporting users across temporal boundaries to immerse them in the rich cultural ambiance of bygone eras.

Virtual Tours: Offering the opportunity for remote exploration of traditional architectural wonders, VR seamlessly merges preservation efforts with the realm of cultural tourism, thereby broadening access to these invaluable cultural treasures.

Virtual Restoration: In the context of damaged historical buildings, VR enables the virtual restoration of these structures. This, in turn, provides invaluable guidance for the implementation of physical restoration endeavors.

Cultural Education: VR serves as an effective educational tool, vividly presenting the history, culture, and artistic nuances associated with traditional architecture. In doing so, it captivates learners in engaging and immersive ways.

The potential advantages of VR technology within the realm of traditional architecture preservation are manifold. These encompass the attainment of precision in preservation efforts, cost-efficiency in restoration initiatives, the facilitation of global communication, enhanced educational experiences, and the visualization of decisionmaking processes <sup>[8-9]</sup>. Collectively, VR holds substantial promise in the endeavor to safeguard traditional architecture, deepen understanding, and propel cultural heritage into the digital age. This integration signifies a dynamic stride forward in the realm of cultural preservation and education.

Application Fields	Realism and Immersion	Interaction Methods	Hardware Devic- es
Traditional Architecture Preservation	High-fidelity and highly immersive VR can recre- ate historical environ- ments with a sense of presence.	Head tracking, gesture recognition, and control- lers can enable users to explore virtual historical sites and interact with objects.	Head-mounted displays, control- lers, and other VR peripherals deliver the visual and auditory experience to users.

Table 2. The application of virtual reality technology in the protection of traditional buildings.

#### 5 Evaluation and Prospects

The integration of holistic preservation and virtual reality technology has yielded promising outcomes in the realm of traditional architecture conservation. It offers a range of benefits, including heightened awareness of conservation efforts, improved accuracy in restoration projects, cost-efficiency, opportunities for global collaboration, and engaging educational experiences. However, several challenges must be addressed, such as technical limitations, issues related to data quality, accessibility concerns, and cultural considerations. To enhance the effectiveness of this integration, several recommendations can be made. These include the need for advancements in technology, the standardization of data, improvements in accessibility, and fostering interdisciplinary collaboration <sup>[10]</sup>. Looking ahead, future trends in this field are anticipated to encompass real-time virtual restoration, the application of augmented reality, cloud-based collaboration platforms, the integration of artificial intelligence, and the development of gamified educational tools. In conclusion, the harmonious fusion of holistic preservation and virtual reality holds substantial potential for the preservation and transmission of our architectural heritage. It represents a unification of tradition and technology that stands to benefit future generations, ensuring that our architectural legacy endures.

### 6 Engineering Implications

Combining holistic preservation and VR technology into the conservation of traditional architecture has significant engineering ramifications, which is in line with the idea of combining science and engineering into a liberal arts approach <sup>[11]</sup>. We explore the technical factors that support this revolutionary approach below (Table 3):

In-depth structural analysis may be carried out by structural engineers thanks to the ease with which precise 3D models can be created using VR. Historical buildings' stress distribution can be evaluated using formulas like stress analysis ( $\sigma = F/A$ ). Design reinforcing and preservation measures help identify important stress spots, deformation patterns, and potential structural vulnerabilities. Moreover, engineers can utilize virtual reality to research how traditional building materials work with contemporary restoration techniques. Factors like moisture diffusion ( $\Delta C/\Delta x$ ) can be evaluated using formulas like material deterioration rate ( $dM/dt = kA\Delta C/\Delta x$ ). The use of conventional materials and the creation of new preservation processes and materials are both guided by this scientific approach. Real-time data from environmental sensors, such as temperature (T) and humidity (H) sensors, can be incorporated into VR experiences. In addition, engineers can use formulas for environmental control systems to provide the best preservation conditions needed for historically significant buildings. A steady microclimate should be maintained to entail determining control settings based on sensor data. Meanwhile, metrics like the Public Engagement Index  $(PEI = (N_{views} + I_{nteractions}) / N_{users})$  can be used to evaluate the success of VR apps for public engagement and education. This assesses the public's interaction and engagement levels in VR settings, assisting in the assessment and development of instructional content. Further, using collaboration efficiency metrics (CE =  $(N_{tasks\_completed} / N_{tasks\_assigned})*100\%$ ), engineers can assess how effective remote cooperation in VR environments is. This reveals the efficiency with which professional teams work together in virtual settings, opening up possibilities for improved project execution and communication <sup>[12]</sup>.

Overall, a variety of technical considerations and scientific principles support the incorporation of holistic preservation and VR technology in traditional building restoration. These comprise stress analysis for the evaluation of structural integrity, material degradation rate calculations for the compatibility of materials, monitoring data from environmental sensor systems, engagement metrics for the evaluation of public education, and efficiency metrics for remote cooperation. This new era of cultural preservation and appreciation that effortlessly fuses with the liberal arts perspective ushers in advances in engineering approaches and multidisciplinary collaboration, in addition to improving the preservation of architectural history.

Aspect/Metric	Description	Data Measure- ment/Units	Experiment Re- sults
Structural Integrity Assessment	Evaluate the structural integrity of a model	Stress analysis ( $\sigma=F/A$ )	Stress distribution in the VR model
Material Compati- bility Study	Assess the compatibility of materials	Material deterioration rate (dM/dt = $kA\Delta C/\Delta x$ )	Moisture diffusion in the VR model
Environmental Monitoring	Real-time environmental data	Temperature (T) and Humidity (H) sensors	Sensor data for VR microclimate control
Public Engagement Metrics	Measure public engage- ment in VR settings	Public Engagement Index (PEI)	PEI values for VR educational apps
Remote Collabora- tion Efficiency	Evaluate the effectiveness of remote teamwork	Collaboration Effi- ciency (CE)	CE percentages for virtual collabora- tion

Table 3. Engineering implications.

### 7 Conclusion

The exploration of the integration of holistic preservation and virtual reality technology in the conservation of traditional architecture has illuminated an innovative and effective approach to safeguarding our cultural heritage. By merging the principles of holistic preservation with the immersive and interactive capabilities of virtual reality, we forge a new paradigm for cultural preservation that actively engages the public, transcends geographical boundaries, and embraces the opportunities of the future.

The key findings from this study underscore the transformative potential of virtual reality in enhancing conservation efforts and fostering public engagement. It is imperative for conservation practitioners, policymakers, and stakeholders to not only embrace but also further explore this approach. Collaborative efforts, interdisciplinary research, and technological advancements will serve as the driving forces behind fully realizing the potential of holistic preservation and virtual reality technology in safeguarding our architectural legacy.

Ultimately, the integration of holistic preservation and virtual reality technology extends beyond the preservation of the past. It is a means of shaping a more culturally aware and interconnected future. Through this approach, we can empower future generations with the knowledge and tools needed to appreciate, protect, and carry forward the legacy of our traditional architecture, ensuring the enduring preservation of our shared cultural heritage for centuries to come.

### References

- 1. Xia Wanting, Chen Yongyi, Liu Xiangyu, Chen Furong, Yan Mengyao, Xu Xianghua. Effectiveness of virtual reality technology in symptom management of end-of-life patients: protocol of a systematic review and meta-analysis. BMJ open [J]. 2023, 13(2).
- Jawarneh Malik, Alshar'e Marwan, Dewi Deshinta Arrova, Al Nasar Mohammad, Almajed Rasha, Ibrahim Amer. The Impact of Virtual Reality Technology on Jordan's Learning Environment and Medical Informatics among Physicians [J]. International Journal of Computer Games Technology, 2023.
- Communication Networks Security and. Retracted: Application of Virtual Reality Technology in Visual Optimization of Product Appearance Design [J]. Security and Communication Networks, 2023.
- 4. Wang Ying, Sun Yehong, Gu Xingguo, Wu Wenjie, Yao Cancan. Study on the adaptability of traditional architecture in agricultural heritage sites after tourism intervention—a case study of Huzhou Digang Food Street in China [J]. Built Heritage, 2022, 6(1).
- Dawson Maurice, Wright B. Jorja, Shufutinsky Anton, Burrell Norman Darrell, Nobles Calvin, Sabie Aridi S. Amalisha. Exploring Holistic Managerial Thinking to Better Manage Healthcare Cybersecurity [J]. International Journal of Health Systems and Translational Medicine (IJHSTM), 2022, 2(1).
- April A. Bice, Joanne Hall, Matthew J. Devereaux. Exploring Holistic Comfort in Children Who Experience a Clinical Venipuncture Procedure [J]. Journal of Holistic Nursing, 2018, 36(2).
- Balanced Mind Pittsburgh presents The LIFE CAFE, a place for the community to explore holistic and artistic activities. We hope to utilize our space to support local visual, music, and performance artists. The CAFE will serve the community by offering a vegan menu and other healthy food items. [J]. M2 Presswire, 2016.
- Murphy Betsy S. Exploring holistic foundations for alleviating and understanding compassion fatigue. [J]. Beginnings (American Holistic Nurses' Association), 2014, 34(4).
- Peter R. Magnusson, Johan Netz, Erik Wästlund. Exploring holistic intuitive idea screening in the light of formal criteria [J]. Technovation, 2014, 34(5-6).
- Sylvia Kind, Rita L. Irwin, Kit Grauer, Alex de Cosson. Medicine Wheel Imaging: Exploring Holistic Curriculum Perspectives[J]. Art Education, 2005, 58(5).
- Rehman, Z. Trends and Challenges of Technology-Enhanced Learning in Geotechnical Engineering Education. Sustainability [J]. (2023). 15(10): 7972.
- Nasir, O., Kamal, M. A., Agrawal, R. Exploring the Tangible Conservation of Architectural Heritage and History: Bringing Past into the Future. American Journal of Civil Engineering and Architecture [J]. 2022, 10(3), 147-156.

288 X. Li et al.

**Open Access** This chapter is licensed under the terms of the Creative Commons Attribution-NonCommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/), which permits any noncommercial use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license and indicate if changes were made.

The images or other third party material in this chapter are included in the chapter's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the chapter's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder.

$\bigcirc$	•	\$
	BY	NC