Strategy and Effects of Enhancing Students' Participation in Middle School Mathematics Education

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Abstract. The purpose of this paper is to discuss the importance of improving student participation, the current situation analysis and the corresponding strategies and dilemmas in middle school mathematics education. First, the concept of student engagement is introduced through definitions and characteristics, emphasizing its influence on mathematics learning and its importance in middle school mathematics education. Then, the common problems of the participation of students in middle school mathematics education are analyzed, and the causes of the lack of participation are discussed. At the same time, it also points out the impact of insufficient student participation on middle school mathematics education. To solve this problem, a series of strategies are proposed. Finally, it expounds the dilemma of improving the participation of students. Through the above discussion, it aims to provide theoretical basis and practical guidance for enhancing students' participation in middle school mathematics education, in order to promote the development of middle school mathematics education.

Keywords: student engagement; mathematics education; strategy.

1 Introduction

Promoting student's participation in middle school mathematics education is a hot topic in the field of education. As an important educational concept, student participation aims to stimulate students' enthusiasm and initiative, and promote their in-depth thinking and practice in mathematics learning. However, in practical teaching, there is a general shortage of student participation, which brings a series of challenges and difficulties to middle school mathematics education. Therefore, this paper will explore the definition and characteristics of students' participation, analyze the present situation of middle school mathematics education participation, and put forward the corresponding strategies and measures to improve the students' participation, but also will explore teachers' role change, professional ability training, school management and education reform, the influence of family and social environment. Through the in-depth study of these problems, it aims to provide theoretical support and practical guidance for enhancing students' participation in middle school mathematics education, and promote the development and optimization of middle school mathematics education.
1.1 Definition and characteristics of student engagement

1.1.1. Definition.

Student participation refers to the degree of students' active participation and investment in the learning process, including three levels of thinking, emotion and behavior. In class, students' high participation means that they have high interest in, curiosity and enthusiasm for learning content, can actively think about questions, ask questions, and communicate and cooperate with teachers and classmates. The improvement of students' participation can promote the in-depth understanding and application of knowledge, enhance the learning effect, and cultivate students' independent learning ability and innovative spirit.

1.1.2. Features.

Initiative: Student engagement is a manifestation of students' voluntary participation in learning activities, not the result of coercion or requirement. Student active participation means that they are interested in the learning content and are willing to actively engage in their study.

Diversified: Student participation can be reflected in many aspects, including thinking, making ideas, participating in group discussions, presenting results, etc. Students can participate in learning activities in different ways and forms to meet different students' learning styles and needs.

Persistence: Student engagement is not just a temporary participation, but an attitude and behavior that persist throughout the learning process. The continuous participation of students means that their attention and devotion to learning are constantly maintained, and they can continuously participate in different learning tasks and activities.

Interactivity: Student engagement emphasizes the communication and cooperation between students, teachers and classmates. In the case of high participation of students, students will actively interact with teachers and classmates, share their own ideas and opinions, think critically about them and accept the opinions of others, so as to promote the common construction and exchange of knowledge.

Quality and depth: Student participation is not only about quantitative participation, but also about quality and depth. High-quality student engagement means that students are able to think deeply, present valuable ideas, and demonstrate their ability to understand and apply the learning content.

1.2 The influence of student participation on mathematics learning

1.2.1. Deepen the understanding.

Students' active participation in mathematics learning can greatly promote their in-depth understanding of mathematical knowledge and concepts. By thinking, asking questions, asking, discussing and exploring, students can actively build their own mathematical knowledge system and apply it to solve practical problems. By actively participating in mathematics learning, students will no longer just passively accept
knowledge, but will truly understand and apply the essence of mathematics, so as to
develop the ability of critical thinking and problem solving.

1.2.2. Improve your memory.
Mathematics learning requires students to actively use memory, which not only helps to deepen the memory of mathematics knowledge, but also can improve the effect and durability of memory. By actively participating in math learning activities, such as problem solving, practice and discussion, students can transform abstract mathematical concepts into concrete images and deepen their memory through visual and practical experience. This process of active participation not only improves students' mastery of mathematical knowledge, but also cultivates their attention, concentration and memory.

1.2.3. Cultivate problem-solving ability.
Students actively participate in mathematics learning, face various mathematical problems and challenges, need to solve through thinking, reasoning and practice. This process of active participation cultivates students' problem-solving ability and innovative thinking. Students not only learn the correct way to solve the problems, but also can flexibly apply the mathematical knowledge to solve the problems in real life. By solving mathematical problems, students develop their logical thinking and analytical skills, improve their problem-solving ability, and prepare themselves for various challenges in the future.

1.2.4. Improve your learning motivation and interest.
High student engagement means high interest in and curiosity about what they learn. By actively participating in mathematics learning, students can experience the sense of achievement and pleasure brought by mathematics, thus enhancing their learning motivation and continuously committing themselves to mathematics learning. Students who actively participate in math learning are usually more confident and believe that they can master math knowledge and get good grades, which further stimulates their learning motivation and makes them more active in math learning.

1.2.5. Develop cooperation and communication skills.
In an actively engaged mathematics learning environment, students need to communicate, cooperate and discuss with their classmates. This process of cooperation and communication not only promotes mutual assistance in learning, but also cultivates students' teamwork ability and effective communication ability. By cooperating with students to solve problems and discuss problems, students can inspire each other, explore solutions together, and cultivate the awareness and ability of team cooperation. At the same time, through the communication and discussion with classmates, students can better understand and express their own views, and improve their communication skills. These abilities are very important for both your future study and work.
1.3 The importance of student's participation in middle school mathematics education

1.3.1. Improve the learning effect.
High participation of students means that they actively engage in learning activities and can better understand and apply mathematical knowledge. Through positive thinking, questioning, discussion, and practice, students are able to deepen their understanding of mathematical concepts and principles and apply them to problem solving. Such participation can improve the learning effect and enable students to achieve better results in math learning.

1.3.2. Cultivate independent learning ability.
The improvement of student participation can cultivate students' independent learning ability. When students can actively participate in math learning activities, they need to think about them and solve their problems independently, without relying on the direct guidance and answers from teachers. This learning process can cultivate students' independent learning ability, so that they can better adapt to the challenges in the future study and work.

1.3.3. Promote critical thinking and creative thinking.
With high levels of participation, students need to think and analyze problems, put forward their own opinions and communicate and discuss with others. This process of thinking and communication can cultivate students' critical thinking and creative thinking ability. By actively participating in mathematics learning, students can develop independent thinking, problem solving and innovative thinking.

1.3.4. Cultivate cooperation and communication skills.
Students need to communicate, cooperate and discuss with their classmates in a highly engaged math learning environment. This process of cooperation and communication can cultivate students' teamwork ability and effective communication skills. In real life, many problems need to be solved through cooperation and collaboration, and cultivating students' cooperation and communication skills is crucial for their future development.

1.3.5. Improve your learning motivation and interest.
High student engagement means high interest in and curiosity about what they learn. By actively participating in mathematics learning, students can experience the sense of achievement and pleasure brought by mathematics, thus enhancing their learning motivation and continuously committing themselves to mathematics learning. Such a learning attitude helps to improve the learning effect and learning achievement.
2 Analysis of the current situation of middle students' participation in middle school mathematics education

2.1 The common problem of students' participation in middle school mathematics education

2.1.1. Traditional teaching methods.
In the traditional middle school mathematics education, teachers usually adopt the teaching method based on teaching and demonstration, and students passively accept knowledge and lack the opportunity of active participation. This one-way teaching method limits students' active thinking and participation, which leads to students' loss of interest and motivation in mathematics learning.

2.1.2. Difficulties in large class size and classroom management.
Due to the large size of middle school mathematics classes, teachers are faced with difficulties in classroom management, which often fail to effectively stimulate students' participation. Some students may be reluctant to actively participate in learning activities due to shyness, low self-esteem or other reasons, resulting in an overall low participation.

2.1.3. Lack of interaction and cooperation opportunities.
In the middle school mathematics education, the class time is limited, and the teachers mainly pay attention to the teaching and explanation of the content, and there is little time and opportunity to interact and cooperate among the students. The lack of interaction and cooperation opportunities makes students' communication and cooperation ability underdeveloped, and it also limits students' participation.

2.1.4. Exam-oriented education.
In the exam-oriented educational environment, students pay more attention to exam-oriented scores rather than the real understanding and application of mathematical knowledge. This exam-taking pressure makes students only focus on the completion of the problem, but lack of in-depth thinking and participation in the nature of the problem.

2.1.5. Lack of practice and application links.
Middle school mathematics education focuses on the teaching of theoretical knowledge and lacks the link of practical application. Students often have difficulty linking abstract mathematical knowledge with practical problems, resulting in their reduced interest in and engagement in mathematics.
2.2 Discuss the reasons for insufficient student participation

2.2.1. Teaching methods and teacher roles.
The traditional middle school mathematics teaching takes teachers as the center, adopts one-way teaching and indoctrination teaching methods, and students passively accept knowledge. Teachers play a leading role in the classroom, and students often lack the opportunity to speak and express themselves, leading to their lack of enthusiasm and initiative in mathematics learning.

2.2.2. Classroom atmosphere and class size.
Some middle school mathematics classes have a tense and depressed atmosphere, and it is difficult for students to actively participate in such an environment. In addition, large classes will also bring teachers difficulties in classroom management, unable to pay full attention to the participation of each student.

2.2.3. Learning motivation and interest.
Some students lack motivation and interest in mathematics learning, think it is difficult to understand and apply mathematics, and feel confused about the meaning of learning mathematics. This lack of motivation and interest causes students to hold a negative attitude towards math learning, leading to a lack of participation.

2.3 Impact of students' insufficient participation in middle school mathematics education

2.3.1. Decreased learning effect.
Insufficient participation of students can lead to a lack of opportunities to actively think and explore, and a deep understanding of mathematical concepts and principles. Under such circumstances, students only passively accept the knowledge, but can not really internalize it into their own knowledge system, resulting in a decline in the learning effect.

2.3.2. Reduced interest and motivation.
Insufficient student participation often leads to their loss of interest and motivation in math learning. If students feel that math learning is just monotonous memory and test-oriented training, but lack of practical application and interesting content, they may gradually become tired and resistant to math, thus affecting their learning enthusiasm and academic performance.

2.3.3. Lack of independent learning ability.
Insufficient student engagement means that they do not have sufficient opportunities to think independently, solve problems, and express opinions. This makes them lack of the ability of independent learning when facing complex mathematical problems,
relying on teachers' guidance and answers, unable to develop the ability of independent learning and problem solving.

3 Strategies to increase student engagement

3.1 Construction of the classroom environment

3.1.1. Create a positive and interactive atmosphere.
To enhance student participation, teachers can create a positive and interactive classroom atmosphere. For example, encourage students to ask and answer questions, promote discussion and communication among students, as well as conduct group activities and cooperative learning. In these ways, students' interest and initiative can be stimulated to enhance their participation.

3.1.2. Provide appropriate learning resources and tools.
In order to stimulate students' participation, teachers should provide appropriate learning resources and tools, including textbooks, exercises, experimental equipment, etc. These resources and tools can help students to better understand and apply mathematical knowledge, but also can stimulate students' interest and enthusiasm in learning[4].

3.2 Guide students to take the initiative to participate

3.2.1. Stimulate students' interest and curiosity.
Teachers can use some strategies to stimulate students' interest and curiosity in mathematics. For example, by introducing interesting mathematical problems, application cases or practical scenarios, students can see the importance and application value of mathematics in real life. At the same time, teachers can share some interesting math knowledge, interesting math games or interesting math questions, to attract students' attention and mobilize their thinking.

3.2.2. Design open questions and exploratory tasks.
Teachers can design some open questions and inquiry tasks to encourage students to actively participate in and explore[5]. Such problems and tasks can stimulate students' ability to think and solve problems, and cultivate their spirit of independent learning and inquiry. At the same time, teachers can provide certain guidance and support, guide students to think and discuss, and encourage them to put forward their own views and solutions.
3.3 Diversified teaching methods and means

3.3.1. Use of multimedia technology and Internet resources.
Teachers can use multimedia technology and Internet resources to enrich the classroom teaching content and stimulate students' participation. By using multimedia elements such as images, animations, and videos, abstract mathematical concepts can be made more intuitive and vivid. At the same time, teachers can guide students to use Internet resources for independent learning and research, such as online education platforms, math learning websites or math applications to broaden their math knowledge and horizons[^6].

3.3.2. Organize group cooperative learning and role-playing activities.
Teachers can organize group cooperative learning and role-playing activities, allowing students to solve problems and complete tasks together in the team[^7]. Through such activities, students can communicate and cooperate with each other and share the process of thinking and solving problems, thus enhancing their participation and motivation for learning. At the same time, role-playing activities can help students to better understand and apply mathematical knowledge, and cultivate their creative thinking and problem-solving ability.

3.4 Give full play to the incentive role of evaluation

3.4.1. Design of challenging evaluation tasks.
Teachers can design some challenging evaluation tasks that require students to demonstrate their mathematical thinking and abilities when solving problems or completing the task. Such evaluation tasks can stimulate students' interest and motivation in learning, and make them feel that their efforts and achievements are recognized[^8]. At the same time, through such evaluation tasks, students can also better understand and apply mathematical knowledge, and improve their learning level and ability.

3.4.2. Provide timely and effective feedback and reward mechanism.
Teachers can give timely feedback to students, pointing out their advantages and the direction of improvement. Such feedback can help students to adjust their learning strategies and methods in time to improve their learning effectiveness. At the same time, teachers can also set up a reward mechanism to encourage students' participation and efforts[^9]. For example, students can be given praise, encouragement or small gifts, so that students can feel that their efforts and efforts are recognized and valued.

4 Conclusion

The importance and influence of student participation in middle school mathematics education has been widely recognized. In order to enhance student participation, we need to work together, including the role change of teachers, professional ability training, improving educational resources and the environment[^10]. By creating a good
classroom atmosphere, guiding students to participate actively, and adopting diversified teaching methods and evaluation methods, we can gradually solve the problem of insufficient participation of students, and promote the development of mathematics education in middle schools.

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