



Short Film Media for learning Sexual Education in Elementary School Children

Endro Prajoko Susanto¹, Ngatman Ngatman², and Erwin Setyo Kriswanto³

^{1,2,3} Universitas Negeri Yogyakarta, Jl. Colombo No.1, Karangmalang, Yogyakarta, Indonesia
Endroprajoko.2022@student.uny.ac.id

Abstract. The rise of sexual violence that occurs in children is a problem that must be resolved immediately. The number of children who are victims of sexual violence and abuse is very sad. So it is necessary to take preventive steps through sexual education in children by child development by delivering it through short films. This research uses the *Systemic Review* method, namely by analyzing the research that has been done. This study uses 15 articles that are included to be reviewed. The results of the research obtained from this study refer to articles that have been researched that sexual education in children is very important and learning delivered through short film media is very effective for children in understanding and applying information related to sexual education.

Keywords: Animation, Sexual Education, Short Films, Sexual Violence.

1 Introduction

Sexual violence is a crucial problem in many parts of the world. WHO stated in *Global Status Report Violence Prevention* that one in five women in the world is a victim of sexual violence where as many as one-third are committed by those closest to them [1], such as one's biological father, stepfather, brother, grandfather, teacher or uncle himself. Sexual violence that occurs in women regardless of age, girls are now rife victims of sexual violence. Child sexual abuse is deviant behaviour involving physical and psychological acts, which is only to satisfy sexual and emotional desires.

Child sexual violence in Indonesia is a major issue that is now in the spotlight by the whole world. In recent years there have been many reports of sexual violence against children that occur in the community, home and educational environment. In 2011 there were 887 cases of sexual violence against children, while in 2012 there were 1,028 cases. In addition, in 2013 there were 1,266 cases of sexual violence against children [2]. During the pandemic in June-August 2020, cases of sexual violence against children increased from 8,259 cases to 11,979 cases in July and as many as 12,855 cases in August [3].

According to data from the Indonesian Pediatric Association, 6.1% of sexual violence against children occurred in public places, 4.7% occurred at home and 4.6% occurred at school [4]. The percentage of sexual violence in children at home is high, it becomes a contradiction where the house was originally the safest place for children but

became a place for sexual violence. In addition, the percentage of sexual violence in the school environment is also quite high.

There are several factors for perpetrators who commit sexual violence against children such as environmental or residential factors, low economic and educational factors, technological factors, emotional factors in perpetrators and parental negligence [5]. In addition, the factor of association that is too free and lack of community control is also one of the causes of sexual violence in children [6]. The emotional factor of this perpetrator can be caused by the presence of sexual needs that are not channelled properly or are not met so that they vent to children. The low economic factor is directly proportional to low education so someone has a low level of knowledge as well. This causes perpetrators of sexual violence in children not to think rationally. Environmental factors also affect sexual violence, and a closed environment causes a benefit for perpetrators to carry out their actions without the knowledge of others.

The impact caused by sexual violence on children is very serious because it will be psychologically and physically disturbed by the victim. The victim will experience *Post-traumatic disorder* [7], This has an impact on the victim's psychology. The victim will always be haunted by anxiety and paranoia. The victim's behaviour will also become more aggressive, experience depression, disassociative disorders, suicide attempts, drug abuse, sleep disorders and decreased school achievement. Physically, children who are victims of sexual violence will experience health problems, including sexually transmitted diseases (STDs) and bodily injuries such as bleeding and damage to internal organs [8]. Another perceived impact is avoided or ostracized by society. Even worse, children who are victims of sexual violence do not rule out the possibility that in the future they will experience deviant sexual behavior or experience abnormal sexual activity or hypersex.

Cases of sexual violence against children are increasing every year, so preventive steps need to be taken so that cases of sexual violence do not increase. Preventive steps that can be taken are providing education related to sexual education to children. Sexual education will have a positive impact on children's emotional attitudes towards sexual problems so that it can guide children to take responsibility for their sexual lives [8]. Sexual education is taught to children to form the perception that sex is not disgusting or dirty but a gift given by God. Sex education is given to children in the form of recognition of body parts, body characteristics and identity of self and family.

Sexual education in children can be delivered through several approaches such as through the media of short films, picture storybooks, singing and games. Along with the development of technology today, it is easier to make interesting children's sequential educational media such as short films. Short films combine audio and visuals to attract children's interest in learning related to sexual education and make it easier to understand the content of the learning delivered [9].

Based on the increasing problem of sexual violence in children every year, it is necessary to learn as early as possible about sexual violence as a preventive measure. So this study uses short film media to deliver sexual violence learning to elementary school children.

2 Literature Review

2.1 Child Sexual Violence

Violence against children is a deliberate treatment that causes harm to the victims, namely children psychologically and physically [10]. Where children who are victims of sexual violence are still aged in the range of 6-12 years and are still in elementary school. Children who are victims of sexual violence will be stunted in future growth both physically, cognitively and emotionally.

Various kinds of violence occur in children, one of which is sexual violence. Child sexual abuse can include rape, molestation, oral stimulation of the clitoris, touching the child's sexual organs or exposing the genitals to the child. In addition, forcing children to watch media or something sexual is also included in sexual violence because it includes the exploitation of children for sexual gratification [11]. There are two types of sexual violence:

a. **Extrafamilial Abuse**

Perpetrators of sexual violence are not family members. Perpetrators of sexual violence are usually adults who have built relationships with children so that they are quite familiar and close.

b. **Familial Abuse (incest)**

Perpetrators of sexual violence are part of family members who are still related by blood or surrogate families such as stepfathers or lovers. The usual violent treatment is persecution to stimulate the perpetrator sexually. In addition, rape is in the form of intercourse with genitals and oral. Even worse, rape is carried out forcibly by involving sexual contact.

2.2 Child Sexual Education

The rise of sexual violence in children today needs preventive steps so that not many children become victims. Preventive steps that can be taken through sexual education in children. Sexual education is exposure to problems related to sexuality, instincts, and marriage so that when children are adults they can control shahwat, not follow hedonistic methods and apply Islamic behaviour as morals [12]. Providing sexual education to children from an early age is the responsibility of parents because the family environment is the closest environment to children. Sexual education given to children must be by the child's level of development such as understanding how to care for the body and knowing the parts of the body that can be touched and cannot be touched by others [13]. So that children understand the development of their sexuality well and know the limits of what can be done or not [14].

2.3 Short Film as a Learning Media

A short film is one of the work of art made to convey information, educational media, mass media, communication media, entertainment media and marketing media of a product to the public through a short-duration story [15]. Short films include media that combines audio and visual elements. Media that combines audio and visual elements has a good ability to display vivid images accompanied by sound and can be displayed in large sizes.

Short films are used as a learning medium because they can affect the ability of children to construct themselves. In addition, short films can provide various kinds of information to increase children's knowledge, especially in the context of sexual violence. Delivering information to children related to sexual violence through short films will give a pleasant impression so that children understand the information conveyed.

3 Research Approach

This research uses a qualitative approach, which uses the method of *systemic review*. *Systemic Review* is a method that combines several original scientific studies by classifying them according to criteria to deepen reviewing and making summaries [16]. Method *systemic review* Useful for assessing searching and compiling the overall appropriate empirical evidence so that it can be interpreted completely from the results of research. The data used in this study are secondary. The data is taken from scientific articles that will be reviewed by the problems raised, namely learning sexual violence education in elementary school children.

There are several lines in this study which will be displayed in the form of figure 1 below.

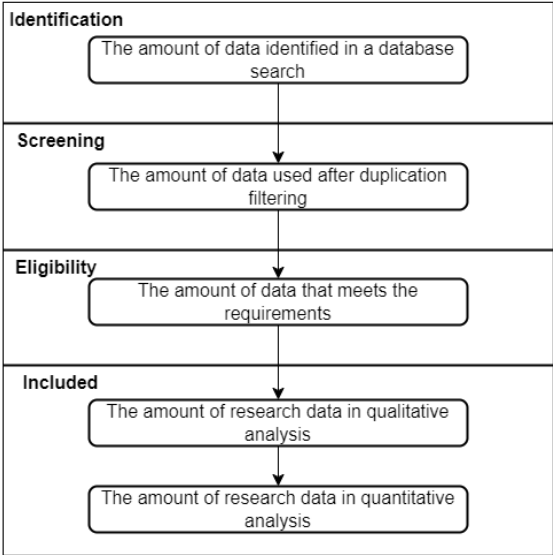


Fig. 1. Research Flow

The search for research in the form of articles is given a deadline of 2018-2023. Articles used maximum in the last 5 years, if more than the last 5 years the article is less credible for review. The stages that must be passed in the search for articles to be reviewed start from identification, screening, feasibility and inclusion. At the identification stage, searching for articles through Google Scholar and Science Direct is by the keyword, namely "short films as a medium for sexual education in children".

The second stage is filtering articles that match the keywords used in the search both in writing using Indonesian and English. After filtering the article, the next stage that must be met is the feasibility of the article. Article notability is determined by reading the whole or part of the article. Selection of appropriate articles based on the suitability of the title and content of the discussion about sexual learning in children with short film media. The final stage is inclusion, where articles are grouped based on the research approach used such as qualitative and quantitative.

4 Results

Article searches on Google Scholar and Science Direct based on the keyword "short film media as child sexual education learning" with a range of 2018-2023 obtained 350 articles. A total of 335 articles were excluded because they did not meet the inclusion requirements that had been set. There were 15 studies taken with qualitative and quantitative approaches. Articles that correspond to inclusion are presented in the following table.

TABLE 1. Inclusion-Appropriate Research

Author/Year	Heading	Result
(Setiawan and Suwarjo, 2023) [17]	A short film for the prevention of sexual harassment: The Final Product Evaluation	A short film entitled "Gerak Bersama" is considered effective and appropriate in preventing sexual abuse in children. This is shown in the results of the N-Gain test obtained a percentage of 65% which is grouped in the category of quite effective.
(Kurnia et.all, 2020) [18]	Increasing prevention knowledge of sexual violence and emotional maturity in children through the mini-movie media	Short films or mini-films significantly affect the level of knowledge of children in sexual violence prevention and the level of emotional maturity. In modern times, short films have become a mass approach to delivering sexual education to children.
(Vidayanti et.all, 2020) [19]	The influence of early sex education through animated videos on increasing the knowledge of school-age children about sexuality at SDN Mustokorejo Yogyakarta	This study using the Wilcoxon test obtained a p-value of 0.000 (<0.05). The results represent a short film media packaged in animation that is effective in increasing the sex knowledge of elementary school children at SDN Mustokorejo Yogyakarta.
(Naido et.all, 2023) [20]	Non-offending caregiver's reflections on the use of a film encompassing child sexual abuse perpetrator's testimonies for potential child protection initiatives in South Africa	Watching and discussing short films can identify risks, disclose child sexual abuse and facilitate children who are victims. In addition, short film media has potential in child protection initiatives in the prevention of sexual abuse that have been targeted by non-offending caregivers.
(Tiedekunta, 2021) [21]	Now you see it: using short films as a sexuality education medium to address gendered and sexualized violence	The short film titled "Girl Thing" is suitable for sexual education in children because the film describes the characteristics of sexual violence. So that children can recognize and understand the characteristics of sexual violence.
(Simaibang et.all, 2021) [22]	The influence of media turning sheets, and animated videos on knowledge and attitudes regarding sexuality reproduction in elementary school students in East Jakarta	Based on the results of the analysis of the paired T-test, a p-value of <0.05 was obtained, so there was a significant influence of animated videos and return sheets on reproductive knowledge and sexuality in elementary school children.

(Tedju Hinga, 2019) [23]	Prevention of sexual violence in children through media-based reproductive health education for early childhood education school students	The delivery of reproductive health education through the medium of short drama videos or short films increases children's knowledge and skills by 92%. Educational delivery using short film media is very effective because children can show body parts that should not be touched by others.
(Goddess, 2023) [24]	Child sexual violence prevention programs in the digital age: literature review	The delivery of sexual education is packaged in the mobile application "Stewards of Children" provides various educational formats such as short films, photos, games, assignments and picture stories. So that the delivery of sexual education packaged in mobile applications can increase knowledge related to sexual violence in children and prevent cases of sexual violence in children.
(Mariyona et.al, 2023) [25]	The effect of the use of animated video media on increasing knowledge of sexual abuse prevention in early childhood in Tk Aisyiyah Kota Bukittinggi	The delivery of child sexual knowledge education through short films conceptualized with animated videos is considered very effective and interesting. The use of animated videos for the delivery of sexual education is very helpful for children to understand the importance of taking care of their limbs.
(Satriawan et.al, 2022)	Development of interactive media sexual education for children based on android as a provision of self-protection from sexual abuse	Mobile-based media or interactive applications developed provide animated videos about sexual education, how to protect yourself from sexual violence and quizzes as a matter of learning evaluation. Interactive media such as animated videos have a very good effect on children's understanding of learning to protect themselves from sexual violence.
(Astri et.al, 2023) [26]	"I'm Your Best Friend" is a short film-based adolescent reproductive health approach to increasing knowledge and adolescent attitude to the dangers of free sex	The provision of intervention through the screening of the short film "Aku Sahabatmu" affects children's knowledge and attitudes as evidenced by a significance value of < 0.05 . Short film media is suitable for delivering information about sexual health education in children.
(Sukadari et.al, 2022) [27]	The effectiveness of the "Ramayana" animated film in supporting sexual education	The delivery of sexual education to children with special needs through the short film "Ramayana" is very effective. This is obtained from the results of the t-test of

	to improve personal safety skills	research samples that represent a significant influence.
(Selaras Ndari et.all, 2021) [28]	Use of digital media for sex education in early childhood with low-income parents	The development of technology makes it easier to deliver sexual education through digital media, where sexual education is through animated videos sent to parents' smartphones. This is very influential on children and parents because both are the same easily learning together.
(Husna et.all, 2020) [29]	Design and implementation of user interface design and user experience on sex apps for children aged 6-12 years	Design a mobile application that provides sex education learning, where in the application the short film media is used in the delivery of sexual learning in children. There is a mobile application that is very well developed and is suitable for children to access and use.
(Maulia et.all, 2020) [30]	Sexuality education in early childhood through animation	The delivery of sexual education to children through animated videos obtained good results. This shows that children can capture the information or intent of the message conveyed in videos about early childhood sexual education.

Based on the entire journal reviewed, it states that sexual education must be given early, because sexual development in children must be considered. By paying attention to sexual development in children it is equally important to pay attention to development in other aspects such as social, emotional, physical and motor as well as cognitive [31]. Providing sexual education from an early age has a positive value for children's safety when they are adults. The role of sex education in early childhood is also the same as other aspects because sex education contributes to sexual prevention in children.

Sexuality education is an effort to understand and teach related to sexual problems in children in the form of reproductive organ knowledge by instilling religious, ethical and moral aspects. There is the cultivation of other aspects in sexual education so that there is no abuse of reproductive organs that leads to sexual deviation. Sexuality education focuses on reproductive health, sexuality development, body image, intimate relationships and gender roles. However, sexual education materials given to children are different from adolescents and adults. Sexuality education materials given to children include knowing the names of body parts and how to maintain and care for limbs.

Introducing limbs and sex organs to children does not need to be detailed because the child's attention span is still short. So it is conveyed briefly and clearly. According to psychologists, some important points of sexual education are taught and applied to children such as teaching shyness. Children are given the understanding that they should not be naked in front of others, especially girls must be given and understanding so that they always cover their bodies. In addition, instil the spirit of femininity in girls and the spirit of masculinity in boys. It aims to provide an understanding that psychologically and physically men and women are very different. Children are also taught to always

maintain the cleanliness of their genitals and are taught and accustomed to urinating in the toilet. By providing this understanding, children will be more careful and love cleanliness, independence, discipline and moral attitudes by paying attention to ethics in doing *hajat*.

Sexual education must be carried out by paying attention to the appropriate method so that the objectives of the activity can be achieved. As parents, *haris* learned the method of child sexual education by looking at the child's communication pattern according to the stage of development experienced. There are 4 stages of cognitive development of children including sensorimotor, concrete operational, formal operational and preoperational stages. In the preoperational stage in the age range of 2 to 7 years, children's thinking is more symbolic than in the sensorimotor stage, which at this stage is more intuitive and egocentric [13]. When parents understand their children's sexual development, sexuality education has the potential to be transformative and emancipatory [21].

Methods that can be used in conveying information related to sexual education with interesting and interactive programs for children. The program can also be accessed by parents and children at once so that they can understand together. The program that can be launched is sexual education through the medium of short films. Short films can convey messages in scenes that come true symbolically thus strengthening the story of the film. Short films not only communicate the content of the film but invite the audience to reflect on every meaning of the scenes in the film [32]. Sexual education through short films presents audio and visuals simultaneously that have an impact on the audience's emotions.

Short films are very flexible as a medium of sexual education for all circles, especially children. Some of the research above states that the medium of short films are very influential on children's understanding of sexual education. Short films made with the theme of preventing sexual abuse in children both in terms of message and aesthetics will be well received by children so that sexual prevention can be carried out. Thus, cases of sexual abuse and violence in children do not fluctuate.

Along with the development of the age, technology is also growing more rapidly. There is a mobile application development in which there is a collection of short films and games related to sexual education in children. The application developed is very interactive and can be accessed by parents and children. In addition, technological developments are also experienced by the film world. Where many short films are packaged in the form of animation.

Animation is a discipline that integrates aspects of technology and aspects of art. Animation has an interesting figure because it shows the mobility of an object. There are several types of animation, namely two-dimensional animation, three-dimensional animation and stop-motion animation. The type of animation that is often used in short films is two-dimensional animation.

Many animated short films are used in child sexual learning, according to some of the studies above. This is because animated short films can improve the quality of children's sexual learning processes and outcomes. By research by Panjaitan et. all [32] Using animated short films for the delivery of sexual education can increase children's self-confidence. In addition, the animation can give a positive impression so that it can attract children's attention. Short films packaged in animation can present more complex material to facilitate children in understanding and mastering information related to sexual education.

5 Conclusions

Short films as a medium for learning sexual education in children are very effective. The results were obtained from 15 articles that have been researched that the delivery of sexual education in children from an early age is very important. It aims to introduce children to the scope of sexuality to prevent sexual violence. The delivery of sexual education to children using short films packaged in animation is considered very effective because the visualization presented is more interesting so that it can convey information to children more easily.

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