



Research on the Inheritance and Development of Taoist Dance from the Perspective of Intangible Cultural Heritage

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Abstract. Taoist dance, as a treasure of China's intangible cultural heritage, contains profound historical deposits and cultural connotations. It has become an important carrier for the study of Taoist culture by integrating Taoist philosophy, fairy belief, culture and art. Nowadays, with the acceleration of modernization, Taoist dance faces the challenge of inheritance and development. How to conduct in-depth research on it from the perspective of intangible cultural heritage is a problem worthy of in-depth discussion. This paper mainly discusses the historical origin, cultural connotation, inheritance and development of Taoist dance. Through the analysis from the perspective of intangible cultural heritage, the paper presents the rich cultural values accumulated in the historical development of Taoist dance and the difficulties of inheritance and development in modern society, and puts forward corresponding research and protection measures for Taoist dance, in order to promote its inheritance and development in contemporary times.

Keywords: Intangible cultural heritage perspective; Taoist dance; Inheritance; Develop

1 Introduction

Intangible cultural heritage (referred to as "intangible cultural heritage") is the spiritual and material wealth created by human beings in the long history and cultural process, which is closely related to people's social life style. As a part of China's intangible cultural heritage, Taoist dance has a long history and rich cultural connotation, showing the characteristics and charm of traditional Chinese dance. With the development of The Times, the study of Taoist dance has gradually attracted attention. Taoist dance has had a great impact on the historical process of Chinese cultural development, and its rich cultural connotation and artistic value have been recognized and protected by the intangible cultural heritage. The study of Taoist dance from the perspective of intangible cultural heritage is helpful to better understand and inherit this unique dance form, and can contribute to the protection and development of Taoist dance by deeply exploring its historical origin, expression, cultural connotation, inheritance and devel-

opment. This paper makes an in-depth study of Taoist dance from the perspective of intangible cultural heritage, in order to better inherit and develop this unique dance form.

2 Taoist Dance Intangible Heritage Research

As a part of the intangible cultural heritage, Taoist dance has rich cultural value. It is an important part of Taoist culture, reflecting Taoist beliefs and philosophical thoughts. Taoist dance has unique artistic value, and its movement, rhythm and form all reflect the characteristics of traditional Chinese art. At present, Taoist dance as an intangible heritage project is facing many challenges in its inheritance and development. The study of Taoist dance from the perspective of intangible cultural heritage is of great significance to the inheritance and promotion of traditional Chinese culture. We should fully understand the value of Taoist dance, actively cope with the challenges in inheritance and development, and promote Taoist dance to glow with new vitality in modern society.

2.1 Characteristics of Taoist Dance Art

Taoist dance is a form of dance with religious color formed in Taoist belief and ritual activities, which carries the spiritual connotation of Taoist culture and reflects the pursuit of harmonious coexistence of the universe, nature and human beings. Taoist dance is characterized by religion, symbolism and mystery^[1]. 1. Religiosity: Taoist dance has a strong religious color and is an important part of Taoist belief and ritual activities. 2. Symbolism: Taoist dance expresses Taoist ideas and beliefs through a series of movements and symbols. 3. Mystery: Taoist dances often have a mysterious atmosphere, reflecting Taoism's exploration of the supernatural world. 4. Fitness: Taoist dance emphasizes the soft and smooth movement, which has the role of strengthening the body. Taoist dance, with its unique art form and profound cultural connotation, shows the mysterious charm of Taoist culture.

Taoist dance takes Taoist music as the carrier, and expresses the admiration for gods and love for life through the dancers' body language. Its expression forms are varied, such as sword dance, dust dance, Tai Chi and so on. These dance forms not only reflect the connotation of Taoist culture, but also show the skill and accomplishment of the dancers^[2]. Taoist dance has formed its unique artistic characteristics in the long development process. Its movement is smooth and natural, like flowing clouds and flowing water, showing the Taoist thought of "no action but governance". In music, it mostly uses simple Tao songs, such as "Buxu" and "Yuhuang Zan", which give people an ethereal and mysterious feeling. In addition, the costumes of Taoist dance also have strong religious colors, such as bagua clothes and crane cloths, which reflect the symbols of Taoism. Taoist dance contains rich cultural connotations, such as Taoist philosophy, the theory of Yin-yang and the five elements, and the unity of heaven and man. These cultural connotations not only affect the creation and performance of Taoist dance, but also make it have unique aesthetic value and educational significance. In

addition, Taoist dance also carries folk beliefs and customs and is an important part of the traditional culture of the Chinese nation.

2.2 Taoist Dance Intangible Heritage Value

The history of Taoist dance can be traced back to the Han Dynasty, through the development of the Wei, Jin, Southern and Northern Dynasties, to the Tang and Song dynasties reached its peak. In the early days, Taoist dances were mostly used in the ritual of Taoist rites, aiming to communicate with the gods and pray for disaster^[3]. With the passage of time, Taoist dance has gradually integrated into the folk art, and its form and content have been greatly enriched. The existing Taoist dances are mainly "Buxu", "circling altar" and "Gang step", which have unique artistic style and performance forms. The protection of non-genetic inheritance of Taoist dance has important historical, cultural and scientific educational values. (1) Cultural value: Taoist dance is an important part of Chinese culture, showing the unique charm of traditional Chinese dance. (2) Historical value: Taoist dance reflects the religious beliefs, philosophical thoughts and lifestyles of ancient Chinese people. (3) Scientific value: The movement design of Taoist dance conforms to the physiological structure and movement laws of the human body, and has a certain scientific nature. (4) Educational value: Taoist dance can cultivate people's aesthetic consciousness, physical quality and spiritual cultivation.

3 Analysis on the Development of Taoist Dance from the Perspective of Intangible Cultural Heritage

Taoist dance originated from sacrificial ceremonies in ancient China and appeared as early as Yangshao culture in the late Neolithic Age. At that time, the dance was mainly performed in the form of dancing, rotating and jumping, aiming at praying for God's blessing and grain harvest. With the formation and development of Taoist culture, Taoist dance has gradually evolved into a ritualistic dance with mysterious color^[4]. Facing the impact of modernization and social changes, the inheritance and development of Taoist dance are faced with many difficulties. The traditional way of inheritance is challenged by modern entertainment, and the young generation's interest in traditional culture is gradually weakening. Many precious dance skills and materials are facing the danger of being lost, and the Taoist dance inheritance from the perspective of intangible cultural heritage is particularly important.

3.1 Taoist Dance is not Inherited Status

In recent years, with the efforts of the government and all walks of life, the inheritance and development of Taoist dance have achieved certain results. For example, the government has issued a series of policies and measures to protect intangible cultural heritage, providing policy and financial support for the inheritance of Taoist dance^[5]. Some Taoist dance groups and civil organizations are also actively carrying out inher-

itance work to train the younger generation of inheritors; At the same time, the media and network platforms also provide a broader space for the spread of Taoist dance. However, the inheritance and development of Taoist dance is still not optimistic, and many traditional dance skills and materials have been lost or are on the verge of being lost. At the same time, the younger generation's interest in traditional culture is gradually waning, and the number of people participating in the Taoist dance heritage is also decreasing.

Taoist dance, an art form with a thousand years of history, has gradually lost its former glory with the acceleration of modernization^[6]. Facing the impact of foreign culture and the change of public aesthetics, the inheritance and development of Taoist dance is particularly important. However, the current situation is that many traditional dance techniques and materials have been lost or are on the verge of being lost, and the younger generation is gradually losing interest in them, and the number of people participating in the inheritance is decreasing. At present, Taoist dance is faced with many deficiencies: firstly, the protection is insufficient, and many precious dance skills and materials are in danger of being lost; Secondly, it is difficult to attract young audiences because of the single inheritance mode and lack of innovation and breakthrough. Finally, the society's awareness and attention to Taoist dance still need to be improved. There are multiple reasons behind these deficiencies: first, the lack of policy support, the lack of long-term and stable policy and financial support; The second is the fault of inheritors, the older generation of inheritors are getting older, while the younger generation's interest in traditional culture is weakening; Third, the impact of modern entertainment makes Taoist dance at a disadvantage in the market competition. Fourth, policy support is insufficient, and there is a lack of long-term and stable policy and financial support.

3.2 The Protection of Taoist Dance Intangible Cultural Heritage is Facing Difficulties

At present, there are many problems in the inheritance and development of Taoist dance. Firstly, the inheritance of Taoist dance is facing serious challenges. With the acceleration of the modernization process, many young people's interest in Taoist dance gradually waned, resulting in a decrease in the number of inheritors and difficulties in inheritance^[7]. The way of Taoist dance inheritance is mainly oral, and the lack of systematic written records makes it difficult to inherit. Secondly, the performance space of Taoist dance is limited. Taoist dance is usually performed in Taoist temples and folk festivals, but with the acceleration of urbanization, many Taoist temples have been demolished or renovated, and the venues for Taoist dance performances have been limited. Thirdly, the protection and inheritance of Taoist dance lacks financial support. As a non-profit folk art, Taoist dance rarely receives financial support from the government and enterprises, which leads to difficulties in the life of inheritors and difficult to carry out inheritance and protection work.

The challenges and dilemmas Taoist dance faces are various: 1) The impact of cultural diversification: In the context of globalization, the influx of Western culture has impacted traditional Taoist dance. The younger generation is more inclined to

pursue Western pop culture, leading to a decline in interest in local traditional culture^[8]. How to maintain the uniqueness and appeal of Taoist dance in the context of globalization is a major challenge. 2) Limitation of inheritance mode: Traditional Taoist dance is mainly passed on through oral instruction, which is relatively backward in today's society and easy to cause the loss of skills. 3) Competition of modern entertainment: With the development of science and technology, modern entertainment has emerged in an endless stream, and Taoist dance may be at a disadvantage in the market competition. 4) The decline of social attention: Under the influence of modern values and lifestyles, the society generally pays less attention to traditional culture, which also affects the inheritance and development of Taoist dance. To raise the attention of the society to Taoist dance and revitalize it is an urgent problem to be solved. 5) Lack of related resources and talents: the inheritance of Taoist dance requires specific venues, props, costumes and other resources, as well as skilled dancers and researchers. These resources are often difficult to satisfy in the current society. How to solve the problem of related resources and talents is the key factor for the inheritance and development of Taoist dance.

4 Strategies of Taoist Dance Inheritance Based on Intangible Cultural Heritage

Taoist dance is an important part of traditional Chinese culture. With the acceleration of modernization and the impact of foreign cultures, the inheritance and development of Taoist dance face many challenges. In order to protect and pass on this cultural heritage, the principles of respect for tradition, innovative development and sustainable development should be followed^[9]. The historical, cultural and artistic value of Taoist dance should be deeply studied, precious materials should be salvaged and precious materials should be innovated and inherited, international exchanges should be strengthened and a sustainable development mechanism should be established. Effective protection and inheritance of Taoist dance, so that it in the new era of the background of a new luster.

4.1 Taoist Dance is Not Inherited Measures

4.1.1 Clarify the Protection Ideas of Taoist Dance Intangible Cultural Heritage.

Taoist dance non-genetic inheritance should adhere to the principle of respecting traditions, innovating sustainable development, pay attention to innovative inheritance methods to strengthen international exchanges and cooperation, establish a sustainable development mechanism, and conduct in-depth research to protect precious materials. First, the protection and inheritance of Taoist dance should respect its tradition as the core, and maintain its unique artistic style and cultural connotation^[10]. On the basis of respecting tradition, the innovation and development of Taoist dance is encouraged to adapt to the changes of The Times and meet the aesthetic needs of modern audiences. The inheritance of Taoist dance should pay attention to sustainable development, establish a perfect inheritance system and talent training mechanism to ensure its

long-term spread. Second, the focus is to carry out protection from the aspects of skill inheritance, data collation and social concern and participation. Protect and inherit the core skills of Taoist dance, train skilled inheritors, and ensure the continuation of dance skills. The precious materials of Taoist dance are sorted out and preserved digitally, and databases and digital museums are established. Third, it encourages the innovation and development of Taoist dance on the basis of maintaining tradition, and creates works that are more in line with modern aesthetic needs.

4.1.2 Grasp the Non-genetic Inheritance of Taoist Dance.

Taoist dance intangible cultural heritage protection needs to pay attention to training professional talents, strengthen policy support and improve social attention. First, the government should introduce more policies for the protection and inheritance of Taoist dance, provide stable financial support, and create a good environment for its development. Second. In addition to the traditional way of oral transmission, we can use modern scientific and technological means such as digital technology to record and preserve, and carry out diversified inheritance activities, such as campus inheritance and community inheritance. Third, through media publicity, exhibitions, performances and other ways to raise public awareness and interest in Taoist dance, and guide the public to pay attention to and participate in its inheritance and development. Fourth, the academic community is encouraged to conduct in-depth research on Taoist dance, excavate its historical, cultural and artistic value, and provide theoretical support for its inheritance and development.

① Policy support: The government should introduce relevant policies and financial support to provide a stable guarantee for the inheritance of Taoist dance. For example, special funds can be set up for the protection, inheritance and promotion of Taoist dance; At the same time, the registration and management of Taoist dance groups should be strengthened to provide a better platform for their development. Strengthen the protection of Taoist dance, improve relevant laws, regulations, policies and measures, and provide a more stable and long-term guarantee for the inheritance work.

② Academic research: Strengthen the theoretical research and academic exchange of Taoist dance, and deeply explore its historical value, artistic characteristics and cultural connotation. Academic circles are encouraged to conduct in-depth research on Taoist dance and tap its historical, cultural and artistic value. Through the promotion and application of academic research results, the awareness and attention of the society to Taoist dance are raised. For example, experts and scholars can be organized to conduct special research on Taoist dance and publish related academic works. At the same time, we should strengthen exchanges and cooperation with international academic circles to enhance the international influence of Taoist dance research.

③ Innovation in inheritance methods: On the basis of traditional oral inheritance methods, innovative inheritance methods to expand transmission channels. For example, modern dance elements are integrated into traditional Taoist dances to create works that are more in line with modern aesthetic needs; The use of new media means such as network platforms and social media to expand the influence of Taoist dance and the scope of audience; Activities such as Taoist dance into schools have been carried out to raise the interest and awareness of traditional culture among the younger generation.

Through a variety of ways to innovate the inheritance of Taoist dance, such as campus inheritance, community inheritance, etc., to attract more young people to participate.

④Resource integration: Integrate resources from all walks of life to form a diversified inheritance system. For example, supporting the construction and development of Taoist dance groups and civil organizations, and strengthening cooperation with educational institutions; At the same time, enterprises and social organizations are encouraged to participate in the inheritance of Taoist dance, and more funds and resources are provided for it. Cooperate with the government, enterprises and social organizations to provide stable financial and resource support for the inheritance of Taoist dance, and establish a sound inheritance system and talent training mechanism.

⑤Talent training: Strengthen the training of Taoist dance talents, and improve the technical level and cultural literacy of inheritors. For example, the establishment of Taoist dance inheritors training program to provide systematic training and education; At the same time, strengthen the training of grassroots inheritors to improve their inheritance ability. Through the establishment of training programs and cooperation with colleges and universities, professional Taoist dance talents are cultivated to inject new vitality into the inheritance work.

⑥International exchange and cooperation: Through international art exchange activities, more people can understand and appreciate Taoist dance, and enhance its international influence. Learn from the successful experience of other countries in safeguarding intangible cultural heritage. For example, Taoist dance groups can be organized to participate in international art festivals and cultural exchange activities. At the same time, we cooperate with the international academic circle to carry out the research of Taoist dance.

⑦Data collation and digital preservation: The precious Taoist dance skills and materials are collated and digital preservation work. For example, Taoist dance databases and digital museums can be established; At the same time, the skills of the older generation of inheritors are recorded and preserved. The precious materials of Taoist dance, including dance skills, music, costumes, etc. should be saved and archived digitally.

4.2 Suggestions on the Development of Taoist Dance Intangible Cultural Heritage

On the basis of protection and inheritance, the innovative development of Taoist dance should also be encouraged. This will not only help attract the interest of young audiences, but also breathe new life into this ancient art form. For example, modern dance elements are integrated into traditional Taoist dances to create works that are more in line with modern aesthetic needs; Use modern technology such as virtual reality, augmented reality and other technologies to bring immersive viewing experience to the audience; Expand the spread of Taoist dance, such as through network broadcast, short video and other ways to expand its influence. The innovative development of Taoist dance needs many efforts and exploration. On the basis of maintaining the traditional essence, it keeps pace with The Times and integrates new elements and forms to make Taoist dance glow with new brilliance in today's society.

1. Integration of modern elements: On the basis of maintaining the essence of traditional Taoist dance, we can try to integrate modern dance elements, such as street dance, modern dance, etc., to attract the attention of young audiences. At the same time, innovations such as music, costumes and props can also be tried to present a more stylish and modern visual effect. We can try to integrate modern dance elements into traditional Taoist dances to create works that are more in line with modern aesthetic needs. For example, innovation can be made in dance movements, music, clothing, etc., to make it more modern and fashionable.

2. Explore new performance forms: The performance forms of Taoist dance can be diversified. In addition to traditional stage performances, you can also explore performances in outdoor venues, modern art festivals, music festivals and other occasions. In addition, the combination of modern technological means, such as lighting, sound and projection, can bring a more shocking audio-visual experience to the audience. New performance forms can be explored, such as combining Taoist dance with modern dance dramas, musicals, etc., to create an established performance form.

3. Expand the subject matter content: The subject matter content of Taoist dance can be further expanded, not only limited to traditional Taoist myths and legends, but also combined with modern social issues, humanistic care and other elements, so as to make the dance more realistic significance and social value. Learn from other cultures and art forms, such as Eastern philosophy, Western literature, etc., to enrich the connotation and expression of dance. Inspired by modern issues such as environmental protection, social justice, and human nature exploration, he creates works of practical significance.

4. Strengthen the development of cultural and creative industries: combine Taoist dance with cultural and creative industries, develop related cultural and creative products, hold exhibitions, performances and other activities. Promote the sustainable development of Taoist dance through industrialization and create economic benefits for the society. Through the development of cultural and creative industries, exhibitions and performances on Taoist dance can be held to enhance its visibility and influence. Cross-boundary cooperation with other industries, such as film and television, games, catering, etc., to jointly promote Taoist dance culture.

5 Conclusion

As an intangible cultural heritage, Taoist dance has rich cultural value and historical value. The study of Taoist dance from the perspective of intangible cultural heritage is helpful for us to better inherit and develop this unique cultural form. At the same time, we should recognize the responsibility of protecting and inheriting Taoist dance, and take active measures to make it glow with new vitality in modern society. The study of Taoist dance from the perspective of intangible cultural heritage is a complex and important subject. It is not only related to the inheritance and development of traditional culture, but also related to the self-confidence and self-improvement of national culture. By digging deeply into the historical value, artistic characteristics and cultural connotation of Taoist dance, and taking effective protection and inheritance measures, we believe that this precious intangible cultural heritage will be better inherited and

developed. At the same time, through innovation and development, Taoist dance will surely glow with new brilliance in modern society.

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