

The Influence of Family Education on the Healthy Growth of Teenagers

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Abstract: family education for the healthy growth of teenagers start stage, in the life of a child plays a very important role, plays an important role in the growth of the youth, and their children's future and family happiness, and ethnic relations with the development of the country's rise and fall. This paper expounds from the perspective of family education, and puts forward measures of strengthening teenagers' family education.

Introduction

Family as the main part of a community, the stability of a family, is related to the stability of society, a child's growth is related to the stability of the family, society of hope, the future of our motherland. Family education, school education and social education constituted a set of complete system of education, and family education is the foundation of all education, school education, social education is irreplaceable. The stand or fall of family education tends to have great correlation on the growth of the teenagers.

The Influence of Family Education on Teenagers

The Influence of Good Family Education on the Youth

Parents for their children's first teacher in life, from their birth to each process of growing up, parents are in their own words and deeds affect children. As a child, a child's growth process is a process of imitating others, in this process, a model of many moves will deeply engraved on the child's mind and to practice and try. So a good family education not only require parents to have good education background, cultural quality, behavior, quality, etc., also calls for the parents in the usual family life in a positive set an example for the healthy growth of children, let the child in the family education environment, growth in the long run, education, form their own personality and the ability to learn, develop a good study and living habits.

The Influence of Inappropriate Family Education on the Youth

Single-parent Families

Single-parent households refer to the one or both parents due to death, divorce or other causes one party or both parties is not in the family. Physical and mental development of their children, the father and the mother's role is not exactly the same. A mother's love is the special production of mother-child relationship. Is the basis of psychological development? No maternal love or the lack of a mother's love can make the child no psychological stability, emotional, personality disorder, this kind of child autism, indifference, rough, introverted, easy to go to extremes, etc. Without the existence of the father, can make a mother's love to dote on, and loss of family stability and weakening family education function [1]. Single parent families, unfortunately one of normal education lies in the lack of the natural and harmonious.

Attaches Great Importance To The Material And The Study Result, Ignoring Teenagers Inner Thoughts

With the increasing competition in society, parents shoulders the responsibility of a new family, work pressure big, not too much time with children, to make up for the lack of parents, parents

mostly satisfy the children from the material, for the things they buy a lot of delicious, fun, in many cases even directly take money redeemed himself to the child's sense of guilt, lead to the emergence of school children money worship now, than learning, than dress beer and skittles.

Every parent has a competitive, hope a less-pressured good wishes, but blindly pressure to the child, to the stand or fall of with achievement to evaluate children's best or not seems to be not so fair. As parents should know that measure a person by his achievement is not good or not and the symbol of success for the future, Tsinghai Beijing university graduates have to find work, only as a reference factor, that child in some ways. Many parents don't know my children, for the simple reason that parents are always with a serious look on to the child said, "how many points you want to take back this time", always ignore children thoughts, such a high pressure, children is easy to carry baggage will be distracting when learning.

Dotes On Family Education

Because China have fewer healthy birth family planning system, now most of the children are only children, a family of six adult with a child, the child will naturally became the key protection object in the home, the child home to what is, in the process of the children are playing with small a little injury, began looking for someone else's extended family eight old womans trouble, in such an environment doting children tend to become selfish, unreasonable, with the development of the society, children grow up, boat and go risk occurs when demands were not met, eventually led to the child to illegal crime road.

Set Up the Correct Family Education

Lead By Example Education

Parent is the child's first teacher, parents' behavior, behavior mode, character and moral pursuit, osmosis affect their children. Therefore, in order to improve the effect of family education, parents must lead by example, set a good image, to teenagers not to engage in illegal and criminal behavior, do not cursed child or husband and wife quarrel in the home, not to some bad living habits or lifestyle show in front of their children, should fully consider the feelings of teenagers. On this basis, the parents actively create a harmonious and warm family environment. To create a comfortable learning environment for children, let them cool tests, the entrance examination of the adult stage, don't give teenagers overweight study pressure, let them learn easily.

Respect the Child, and Communication

Respect children and trust in children is very crucial step in the process of children grow up, will make the child understand democracy, equality, learn to care about helping others, also can let the child gains confidence and happy. Children will encounter many problems and difficulties in the process of growth, this time the parents as a lead should do a good job in guiding and many parents don't understand the content of family education aspects, tend to ignore these problems, lead to the generation gap between children and parents is more and more far, in some extent, the parents should study progress together with the child, do not be abandoned by time, create the opportunity to communicate more and children, and become a child grow up in the process of guidance, be tell the children about the audience of annoyance, and communication and close family ties, conducive to children's physical and mental health development.

Only-child Reason and Science Education

Only children get love strong and concentrated in the home, this kind of strong love, make the child feel better, spirits, being active, personality get full development. Love intense, concentrated, if not somehow, it is likely to become spoiled, and spoil can make children develop many bad habits, and even encouraged kids to play on a detour. Parents to children education set up the correct outlook on life, world outlook and values, education of their children since the childhood to set up the legal consciousness, learn to understand and care about others, enhance legal sense,

consciously bound, do have ideal, morality, culture and discipline of good citizens. In a word, parents rational science education, to make the children grow up healthy and happy.

Summary

In a word, family education in adolescent growth plays an important role in the process, as well as the manner of adolescent morality, etc have significant influence and demonstration[2]. In family education not only let parents realize training will seriously affect the quality of its own next generation, let some parents spoil their children blindly to fully recognize the importance of family education, do a good job in the first teacher of children and future life of the enlightenment, a parents responsibility and obligation, make the child better and more healthy growth.

Reference

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