

# Foreign aid in the practice of group calisthenics designed-in celebration of the 50th anniversary of Tanzania group calisthenics Case.

YU Xuelian

*Sichuan Normal University, Chengdu, Sichuan, China, 610101*

**Abstract:** The Opening Ceremony of the modern large-scale events have become an important window of a nation. The colorful, majestic atmosphere, innovation, and progressive group calisthenics performance is playing an important and irreplaceable role. December 9, 2011 is the 50th anniversary of independence of Tanzania Mainland, Tanya agreement signed by the two governments, funded by the Chinese government, sent experts to the coaching staff for their choreography, training group calisthenics, and also provide some costumes. I group calisthenics technical guidance during August to December, a collection of first-hand material group calisthenics arrangement summarize and combine the characteristics of group calisthenics arrangement on the basis of the total, and from Tanzania politics, economy, culture, education, health care, economic development, defense, multi-ethnic design inferior background "Celebrate independence", "national defense", "environmental health", "economic development" and "culture and Art" and other five themes, follow the choreography to implement the three elements of group calisthenics series analysis. Provide theoretical and practical value to support the African group calisthenics.

**Keywords:** Tanzania, group calisthenics, assistance, design

## 1. INTRODUCTION

### 1.1 Background

China-Africa friendship has a long history. The history of African people sympathized with and supported each other in the struggle for national liberation and forged a profound friendship on. After the new birth of China and African countries have been independent, China-Africa relations have entered a new period of development. In 1955, the Chinese leaders and the Bandung Conference of African leaders shake hands for the first time, it was the friendship of the Great Wall has laid a solid foundation. For a long time, China and Africa have maintained a strong tradition of friendship and good cooperation relations have withstood the test of time and international

vicissitudes, exemplary relations in developing countries, and has been further consolidated and strengthened under the new situation. Both sides continue to go hand in hand, sincere friendship, equality and mutual benefit, solidarity and cooperation, common development, the two sides closer political relations, economic and cultural exchanges have become increasingly frequent, increasingly profound brotherhood.

Speaking of Africa, the wording of poverty, backwardness, war and hunger will come to mind. Indeed, the African continent is the world's poor concentration, there are internal economic structure is irrational, capital, technology, personnel shortages, low educational level of many cultural issues. But we should see Africa vast, rich, mysterious and ancient land which exudes attractive opportunities, ancient culture exudes a unique charm.

### 1.2 Characteristics Africa

African culture, brilliant flowers. Mention of African culture, they think of the Egyptian civilization. Ancient Egypt was the birthplace of the earliest humans, but is also the birthplace of Oriental literature and world literature. Literary achievements, religious outlook, architectural wonders and Kejizhiguang. Both are hard-working people, and wisdom, human society has left a rich and valuable asset, and promote the development of human civilization.

Africa is the last continent to achieve political independence, independence and experienced civil strife and political situation in Africa is now the main form of the following characteristics: ethnic conflicts have eased, the political situation stabilized. More solidarity between countries, more and more actively control their own destiny.

It is because of the many complex tribal and cultural cross each foreign influence, African music culture vastly different, diverse, and have common characteristics of black non-ethnic music, interrelated and have a common heritage. As complex rhythms, voices singing a variety of forms of play, as well as drum love and worship.

## 2. Real research, for example

In the early group calisthenics are password to command, with the group calisthenics constantly enrich and develop, there has to be drumming singing, musical accompaniment to command performances to heighten the atmosphere, the performance of the theme, and the music is increasingly colorful. Instrumental music including orchestral, military music, strings, electric vocals, percussion, etc.; vocal themes include chorus, solo, duet and so on. Group calisthenics now become the soul of the music group calisthenics performance. Selection of different styles of music parade, which according to the characteristics of African music, music is the most prominent, the most important factor is the rhythm, the rhythm of the drum is a foundation of African music and musical language to express the most important musical instruments, drums. People living in Africa the importance of any other instruments are unmatched. Black African drums are prevalent instrument, known as the African traditional music of the soul. Plus the number of performances and more uneven level performers, performing scenes, rich performances content, so choose general characteristics of the music somewhat imposing, clear and smooth melodic, rhythmic brisk, energetic.

To understand the basis of the characteristics of African music, design first "Celebrate Independence", for about ten minutes, selections method is "finished music" clips, select orchestral cheerful enthusiasm, clear rhythm, music, musical form select 4/4 Allegro, wonderful melodious sound of music, meaning land of Tanzania vibrant vitality. The second "defense and security" for about ten minutes, selections method also "refined musical" clips, select the melody and smooth, the new structure of orchestral music musical form selection steps, vigorous and effective Symphony 3/4 song, showing Tanzania, impregnable defense. Third "health and hygiene" for about five minutes or so, selections method or "finished music" clips, choose healthy bright orchestral and piano music musical form select 4/4 speed boards and 3/4 adagio, moving fitness music and mountains of fresh body, like the audience poke beautiful picture parcels Tanzanian people a happy life. Title IV "economic development" for about seven minutes or so selections method is also a "refined musical" clips, select the contrast of strong trumpet, drums, vocals and song tide mixed with orchestral music musical form select 4/4 Allegro, in three steps, three steps slower. Sonorous music plus fast-paced modern electronic sound, showing the history of Tanzania mainland's economic development, but also highlights the achievements of Tanzania's modern economy. The fifth chapter, "Culture and Art", for about 10 minutes or so, selections method is still a "refined musical" clips, select the Tanzanian ethnic music. Roar of drums, the sound of the storm, interspersed throughout the orchestral percussion, trumpet sound, music, musical form select 4/4 Allegro, 3/4 steps, trumpet (a lot faster) in a jubilant

### 2.1 50th anniversary of Tanzania music group calisthenics optional features analysis

national instrumental rhythm among the people of Tanzania advocating freedom, peace-loving, love life, maintaining separate national spirit, spread throughout the audience, more passing the wisdom of the people and the vision for the future and reverie. With the presence of unrestrained passion dancers dance, the end of "Towards Tomorrow" choice is the national anthem of Tanzania, the actors in the grand "I Love Tanzania" songs sound, holding various props to guide their formation in several million viewers simultaneous singing, singing loudly, resounded over the stadium.

Musical Forms in the domestic group calisthenics selection generally call for an eight sections to combine action. Generally, when the optional eight-beat music chosen, sixteen or thirty-two shot to shoot a phrase track or pattern in order to facilitate group rehearsals and performances Hugh parade. In particular, in the context of Tanzania exotic folk music, the music group calisthenics optional combination of Chinese and Tanzanian music style features. In the drum accompaniment, orchestral, piano, trumpet to Adagio, Allegro, in three steps, fast three-step based.

### 2.2 Team Performance, graphic design

Formation according to scatter formation, line formation with angle formation, curved and rounded formation and integrated formation design. Group calisthenics in the formation and change (including patterns and groups of words), such as through a purpose, and there is scientific and clever variation of. The performer reasonable arrangements in the sports arena, and performing various actions combine to highlight the performances of different styles and characteristics. Formation and changes in group calisthenics is one of the basic elements of group calisthenics performance, but also the central idea of the basic means of group calisthenics performance. To celebrate the 50th anniversary of the successful organization of the Tanzanian group calisthenics performance, fully integrated design their own political, economic, management strength and national culture, sports, arts, technology, and national customs, such as the level of design.

## 3. Conclusion

Considering group calisthenics in Tanzania are generally performed with a style that most people perform in simple lineups while a few people dance freely in between, we bring many local elements in our design of theme, creation of music, design of patterns, use of costumes, selection of stage tools and so on, so that the show demonstrate unique geographical, social, and political features of Tanzania by adopting the Chinese modern concept and advanced techniques.

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