# Evaluation of Risk Area by Myocardial Contrast Echocardiography with a New Computer-aided Method

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### **Abstract**

This paper presents a new computeraided method applicable for myocardial contrast echocardiography (MCE) to calibrate myocardial contrast intensity (CI) quantitately and to test the value of color-coded images in evaluating risk area. When the difference of gray level between myocardium and cavity was -70, the software can identify risk segments and yield the sensitivity of 95% and specificity 87%. The correlation between the risk area by MPD and fluorescent staining was 0.84 (P = 0.003) whereas color-coded map and staining was 0.91 (P < 0.001). MCE with a new computeraided technique can assess myocardial perfusion quantitatively and identify risk area automatically.

**Keywords**: myocardial contrast echocardiography, computer-aided, myocardial perfusion

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#### 1. Introduction

Myocardial contrast echocardiography (MCE) has been used to gain new insight into diagnosis of myocardial infarct (MI) myocardial ischemia[1-4]. and/or Because contrast agent has similar rheology as red blood cells within the microcirculation, MCE can also assess the myocardial capillary perfusion after thrombolytic therapy or percutaneous coronary intervention[5-7]. The current interpretation of perfusion images by MCE is performed by visual analysis. However, the accuracy of such analysis depends on the investigator's expertise and his/her ability to distinguish artifacts from actual perfusion defects. In addition, it is very difficult to assess the inadequate perfusion only using visual analysis. Quantification of myocardial perfusion with MCE is critical and valuable. Yano et al[8] developed a new calibration technique applicable for MCE in the recognition of infarct size and its spatial extent. They took the ratio of myocardial contrast intensity (CI) to that of 100% blood pool of the left ventricular (LV) cavity to standardize myocardial CI.

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However, these data did not have any validation with an exterenal gold standard. In order to solve these problem, this study presents a new computer-aided method applicable for MCE to average calibrated myocardial CI quantitately and automatically and to test the potential of color-coded images of calibrated CI in assessing myocardial risk area.

#### 2. Methods

### 2.1 Animal Preparation

All animal studies were performed in accordance with guidelines for the care and use of laboratory animals of the second affiliated hospital of Harbin Medical University. We anesthetized 30 male rabbits  $(2.5 \pm 0.5 \text{ kg})$  by using sodium pentobarbital (30 mg/kg body weight, i.v.). After obtaining baseline images, a left thoracotomy performed to open the chest, a pericardial cradle was created and the heart was exposed; the left ventricular branch of the left circumflex coronary artery was isolated and occluded with a silk snare, which allowed for later release and reperfusion. After coronary occlusion and reperfusion for different times based on the experimental protocol, the chest was closed in layers.

### 2.2 Experimental Protocols

Two experimental groups were studied. The rabbits underwent 15-min coronary occlusion followed by 30-min reperfusion (15O/30R, Group I, n=15) and 30-min coronary occlusion followed by 60-min reperfusion (30O/60R, Group II, n=15).

At the end of the protocol, all rabbits received heparin (200 U, i.v.) and sodium pentobarbital (50 mg/kg, i.v.). Potassium chloride was then administered intravenously to induce cardiac arrest. The hearts were excised. The ascending aorta was cannulated and perfused (120 mmHg)

retrogradely with saline then Zinccadmium sulphide fluorescent microsphere(0.5%) after ligation of the previously occluded artery. The hearts were frozen at -80°C overnight hours and then were cut into 8-15 thin slices (5mm) paralleling the coronary sinus toward the apex. Slices were fixed overnight in 10% formaldehyde and then photographed with use of a digital camera. A computerized planimetric program (Adobe Photoshop, version 7.0) was employed to allowe for quantification of the infarcted zones. The area at risk was identified as the non-fluorescent microsphere region.

### 2.3 MCE data Acquisition

Echocardiographic studies were performed (Vivid 7, GE Medical Systems, USA) by use of a 7S transducer (5-8 MHz). The contrast agent used was the commercially available sulphur hexafluoride phospholipid-encapsulated microbubble SonoVue (Bracco Medical Inc., Italy). The ultrasound system was adjusted for low mechanical index (MI =0.2) before contrast injection, and then SonoVue was injected in a bolus dose of 0.5 ml at a rate of 0.05ml/s during occlusion and reperfusion. The MCE images were digitally acquired after peak mvocardial opacification until the disappearance of contrast from the myocardium. Contrast-enhanced images were obtained in LV short axis view and digital data of 6-10 consecutive heart cycles were recorded on magneto-optical disks for offline analysis.

## 2.4 Analysis of MCE data with a new computer-aided software

The MCE images of magneto-optical disks were copied to an offline workstation for analysis using software made by ourseleves. First, based on eliminating particle swarm optimization (EPSO) clustering algorithm, the software identify endocardium and epicardium

automatically, and then locate the position in myocardium. Second, 6 segments (1=anterior, 2=lateral, 3= poterior, 4=inferior, 5=posterior septum, 6=anterior septum) were dissected by the software. Third, the software analyzed each divided segment and each adjacent LV cavity automatically to measure contrast intensity (CI) and obtained the calibrated CI of each myocardial segment by subtracting adjacent cavity CI from myocardial CI[8]. Fourth, a color-coded map of calibrated CI was generated automatically. When the calibrated CI ≤-70, myocardium was colored in red, and those with calibrated CI > -70 were divided into green, blue and yellow by incremental 20. Finally, the end-systolic frame of each segment and its risk areas were defined by MCE as the myocardial perfusional defect (MPD) and color-map during coronary artery occlusion.

### 2.5 Statistical analysis

Data are expressed as means  $\pm$  SD. Unpaired Student's *t*-test was used to compare risk segments versus non-risk segments. Comparison of values among different groups were analyzed with oneway ANOVA. Correlation of risk area was calculated between MCE and staining using Kappa scores. Statistical analysis involved SPSS 11.0 for Windows.

#### 3. Results

#### 3.1 General characteristics

Two rabbits in Group II were excluded because they died during occlusion or reperfusion, so 18 remaining rabbits for analysis. A total of 168 myocardial segments (100%) were analyzed by staining and 155 segments (92.3%) by software. 13 segments of MCE images were not analyzed by software because of

contrast attenuation, artifacts, or shadowing.

# 3.2 Calibrated CI and color-coded map in different groups

Figure 1 showes values of calibrated CI of myocardial segments in different groups after reperfusion calculated automatically by software. Changes of myocardial CI and calibrated CI in risk and non-risk segments in different groups after reperfusion are described in Table 1. Compared with non-risk segments, myocardial CI values were significantly different in risk segments (P<0.01). However, there was no difference between Groups I and II. Figure 2 displays color-coded map in different groups after reperfusion and there was no red in Groups I and II.

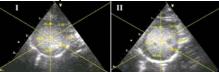


Fig. 1: Calibrated contrast intensity of each segment in different groups calculated automatically by computer-

aided technique

Fig. 2: Color-coded map of calibrated CI in different groups. All segments showed green, blue, and little yellow, implying calibrated CI > -70.

## 3.3 Correlation of the risk area between MCE and staining

During coronary occlusion, risk regions in all groups failed to show contrast enhancement were well defined and generally transmural. In contrast, after reperfusion risk regions in Group I and Group II did not exist MPD. Figure 3 shows myocardial contrast, fluorescent

Table 1. Myocardial CI and calibrated CI in risk and non-risk segments in different groups (gray scale, mean ± SD)

	Non-risk segments	Risk segments	
		Group	Group
		I	II
Myocardial	157.02±	142.52	136.49
CI	14.30	$\pm$	$\pm$
CI	14.30	$18.75^{*}$	$19.13^{*}$
Calibrated	$-42.46 \pm$	-39.73	-44.07
CI	17.03	$\pm 9.56$	$\pm 14.76$
•			

Group I, 15-min occlusion / 30-min reperfusion; Group II, 30-min occlusion / 60-min reperfusion; CI, contrast intensity. \* P<0.01 vs. non-risk segments; # P<0.01 vs. Group I and Group II.

staining images in different groups. As exhibited, no-fluorescent microsphere regions supplied by left ventricular branch coronary artery were the anatomical risk areas (39.2  $\pm$  11.4%). MCE with MPD and color-map (redcoded) consistently underestimated the risk areas (28.3  $\pm$  15.5% and 32.4  $\pm$  12.7%) , which were smaller than that determined by tissue fluorescent staining. When considering the risk area obtained by MCE, correlation with staining was higher when using color-map (r = 0.91; P <0.001) than MPD (r = 0.84; P = 0.003).

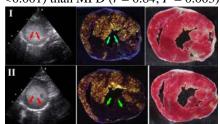


Fig. 3: Comparison of myocardial contrast (left), zinc-cadmium sulphide fluorescent microsphere (middle) and TTC (right) images in different groups. No-fluorescent microsphere regions (middle, green arrow) supplied by left ventricular branch were the anatomical risk areas, which was corresponding to

the areas (**left, red arrow**) in short axis in myocardial contrast echocardiography. Viable myocardium was stained red by TTC (**right**).

#### 4. Discussion

Myocardial contrast echocardiography (MCE) is performed with intravenous administration of encapsulated microbubble contrast agents. These microbubbles remain within the vascular compartment and behave similar to red blood cells in the microcirculation, where they are imaged[9]. Recently, many studies using MCE to assess regional perfusion or viability rely on subjective interpretation of MCE images, which have several limitations[10].

We designed a new quantitative software of MCE based on EPSO clustering algorithm, which can identify endocardium and epicardium automatically, and then locate the position in myocardium. The myocardium in LV short axis was dissected and analyzed by the software. Average calibrated CI in each segment was calculated and the color-coded map of calibrated CI was drawn, which may represent microvascular perfusion of each segment. Our study results showed that average calibrated CI in each segment was better in differentiating the abnormal perfusion than average myocardial CI and -70 was an appropriate cutoff point to identify risk myocardium. When we analyzed all the rabbits, there was no statistical difference between the risk area predicted by colorcoded map of MCE and that determined by staining. The result shows that MCE with the new computer-aided technique can measure the risk area and necrotic size accurately.

We observed that the risk area determined by MPD was smaller than the anatomical risk area. One possible explanation is that the presence of

collateral flow from adjacent vascular beds allowing some degree of myocardial perfusion in the margins of regions supplied by the occluded coronary artery [4]. Although the risk area measured by color-coded map of the computer-aided software was also smaller than the anatomical risk area, the correlation between the above measurements was better than that between MPD and staining. For carring out the planimetry of MPD only in the areas with completed absence of myocardial contrast, we did not include regions with hypoperfusion surrounded the central ischemic area in the MPD measurement. On the other hand, the hypoperfusion area was not measured only by visual analysis. In contrast, based on calibrated CI  $\leq$  -70, the color-map not only identified the perfusional defect area, but also signed some degree of hypoperfusion surrounding the defect, which indicates that MCE with color-coded technique was better than MPD in assessing the risk area. In addition, in Groups I and II, MCE with the new technique did not find the infarct size, indicating that short coronary occlusion was not enough to produce myocardial infarction. The results were confirmed by TTC and consistent with previous studies showing that short occlusions in the myocardium (<45 min) followed by reperfusion resulted in myocardial stunning [3,4].

Our study shows that MCE with the new computer-aided technique can accurately measure risk area. Using automation methods, this technique can decrease subjectivity of visual evaluation and enhance reproducibility, whereas it may provide a convenient and reliable method at bedside for identification of myocardial infarction. Monitoring the treatment of patients with acute myocardial infarction, the technique can point out the need for more intensive inhospital and follow-up care.

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