

Summary for College Students in English and American Literature and Humanities Education

Xingyuan Long
Hechi University
Yizhou, Guangxi, 546300 China

Lin Guo
Hechi University
Yizhou, Guangxi, 546300 China

Abstract—Today's world has entered a rapid development process of integration in the global economy and trade, in this background, the social need more professional English talents put forward newer and higher requirements and standards for the existing English teaching, which needs Students master English language skills on the basis, and be able to have a more in-depth understanding in culture, civilization, history and development of the Western world and have a higher capacity for innovation and adaptability. This article as a research starting point in-depth analyzes the importance of English and American Literature course in English major teaching, and it is also an important way to enhance the Humanities Education for College Students, they both allow students to master more professional knowledge of English, and on the subsequent professional training we provide the necessary protection, which is an important medium for the culture of the humanities college students to change the traditional English teaching exam pattern, reflecting the connotation of quality of English teaching training. This also demonstrates the importance of teaching English and American literature and also highlights the need for advanced teaching philosophy from the way the quality of teaching.

Keywords- *English and American Literature; humane quality; Training Keywords: American Literature; humane quality; Training*

I. INTRODUCTION

At this stage domestic universities Education appeared imbalances covered the imbalance between the moral education and intellectual education, there are the imbalance of eager talent and pragmatic spirit, the imbalance of the pursuit of high quality of life and quality of dedication and creation, the imbalance of critical thinking and creating thinking, and the imbalance of participation patterns and performance mode and so on. The whole society are concerned about the quality of talent cultivation, but in reality teaching environment quality education developed with difficult. Under the environment of the high employment pressure, it makes exam-oriented education difficult to improve, while it is just out of the senior high school and college entrance examination competition, the

college students must make a quick profit in more intense competition in the job-oriented education development.

Currently, many college English teaching undergraduate education is contrary to the traditional goal, there is a unreasonable question in curriculum setting as the main body of classroom instruction with practical English, including the Business English, scientific English, tourism English, etc., on the attention of Anglo-American culture, the Anglo-American language, the Anglo-American literature and other aspects are not enough, although this can shorten the training of practical English professional talents, but it can not develop the integrated high-end English professionals. Relying on the English undergraduate syllabus specifications, the Majors need to complete the related English learning courses within a period of study, and the related English learning covered English language, English literature, English culture and other aspects of the curriculum. It can be learned that college English teaching is to train professionals in the humanities category and focus on training in students' humanistic quality.

II. THE MEANING OF ENGLISH AND AMERICAN LITERATURE EDUCATION TO CULTIVATE STUDENTS' HUMANITIES QUALITY

China has a long tradition of literary education, and accumulated a wealth of teaching experience. Analyzed from a certain angle, the ancient Chinese literary moral education plays an important role. To the modern era, literature education plays an important role in the Enlightenment. In modern times, the role of literary education is also very important. Students can read outstanding literary works; accumulate the most beautiful rhetoric and vocabulary in language learning. Studying literature can promote the development of the depth of language skills. Students can significantly improve the personal ability of literary appreciation when reading the works of outstanding literary, healthy individual personality, enhance personal aesthetic thinking, and strengthen personal artistic accomplishment. English and American literature contains a social, cultural, moral system, and the concept of life in the Western world. Students can learn English and American literature, to understand foreign cultures, enhance the cultural ideas of tolerance.

Currently teaching English literature are still using the traditional model, the teacher is the main body of classroom teaching and teaching methods are used mainly spoon, this

will have a serious blocking effects in college students' English literature studying, affecting the learning initiative, it is difficult effectively guide students to learn literature, can not be content to work in creative thinking, lack of vivid imagination. In the existing teaching methods, the hidden wisdom in the literature thinking, emotions portrayed, original strength, imagination thinking, aesthetic philosophy, etc., are difficult to convey to the students, objectively will be a great negative impact to the autonomy of the students in study . Correspondingly, because of the Anglo-American literature is literature Exotic exists history spans many diverse genres and styles, and other characteristics, in the small hours of teaching status, their teaching is less desirable. The students, after learning of English and American Literature their understanding are still in its early stages.

III. STUDENTS' HUMANISTIC QUALITY TRAINING

Students humanistic education aims to enable students to learn how to behave by learning, learn how to care about and learn how to think and comprehend the relationship between the natural, social and people, and as a basis for their ongoing training respect of human qualities. College students' Humanities Education transform humanities quality into the inherent quality, which is mainly reflected in three aspects: one is to let the students form a health reading habits and strong interest in reading; the other is to make the teaching of literature became an important way to train the ability of students' thinking; the third is to make literature courses became an important way to train students' Chinese humanism. In the conduct of British and American literature in university, it can teach humanistic quality according to the above specifications

A. *Develop students' reading ability, with the Anglo-American literature to enrich students' knowledge of humanities*

Teachers reading guide for college students become effective driving force to enhance the literary reading enthusiastic of college students. Teachers in the teaching process should be carried out in a planned and systematic teaching of reading, so students can read at from simple to complex, progressive state, in this process the teachers have to introduce students to the context of detailed, easy to understand Literary books or literature and history books. Teachers in the classroom can be used to diversify the teaching of multimedia technology; objectively will enhance the students' learning initiative. It is noteworthy that teachers develop students' interest in reading at the same time; we must also pay attention to student's good reading habits. Teachers should recommend outstanding national literature to students; contrast to let students be in the learning process of the Western literature, they also feel the profound Chinese literature. If you want to do the above work well, first we must continue to enhance their literary quality, familiar with the course content and depth of knowledge, after class they are willing to put effort in teaching for the students to create a strong reading atmosphere, to enhance students interest in reading. In this way you can build a second classroom in

learning English and American literature, to supplement teaching in the original sound, it is also possible to educate college student's humanistic ideas.

Humanistic Education for College Students employ a wide range of educational needs teaching methods, this task is not only ideological and political teachers need to take responsibility to take the course content, from an overall point of view, this is also reflected in the teaching in all disciplines, the need to strengthen the college students Humane Quality. American Literature as a Foreign undergraduate students' very important compulsory courses, teaching at universities in China at this stage is carried out in the form of public elective. The course includes a lot of content, including the history of English and American Literature, American Literature Readings, etc., which is able to fully reflect the content of the Anglo-American countries profound political, economic, social, cultural, ethnic customs, philosophies, and many other aspects. teachers in related course teaching need to pay attention to innovative teaching in English and American literature, including all levels of teaching, teaching methods, teaching content, teaching college students need humanistic quality element in the era of convergence. Readings of literary history and works in compliance with the appropriate way to search for information on the latest resources in the history of English and American Literature, American Literature expand the teaching level, and to a wide range of integration "American Literary History", "History of English Literature", "British Literature Reading" "Western culture Getting Started", "American Literature Reading" and so on. Let the knowledge of teaching English and American Literature and constantly improve, so that students incorporate more of the humanities content in the learning process, significantly improve the Students' Humane literacy levels in the objective.

B. *iterature teaching should train the students' critical thinking skills as an important goal*

Students should have a good capacity for critical thought, and this is also a basic way of studying, but also talent training in China. This means that the teaching of literature should reflect the humanistic values. Teachers in teaching English courses, not only from the perspective of listening, speaking, reading and writing to carry out programs, but also to let students learn to think independently, can be complex and deeply imaginative associations. In carrying out literature curriculum, its first priority is not to look for a variety of authoritative interpretation, but through the platform literature courses, so students can self-adaptive thinking. In teaching, teachers should continue to encourage students to independent thinking, health and independent reading habits and appreciation. In recent years, many scholars pay attention to nowadays Foreign Graduates critical thinking skills deteriorate phenomenon. Teachers should discuss the issue through carefully designed to guide students related thinking, through a gradual approach allows students to be good at complex thinking.

When building "American Literature" course selection system and American literature's most famous masterpiece, it covers a Shakespeare, Graham Swift, Dickens, bacon,

Wordsworth, Eliot, Lawrence, Browning special sisters, Hemingway, Mark Twain, Edgar Allan Poe, Hardy, Longfellow, Hawthorne and other famous writers, works themes including novels, essays, poetry, comedy and other aspects, through a comprehensive teaching content system that can fully reflect the English curriculum and characteristics of the times. When teachers in teaching should make literature works as the core content, by means of a variety of learning to carry out extensive teaching , so as to promote college students to enhance analysis skills, language skills, critical thinking skills and communication skills, etc.

Teachers in carrying out teaching English and American literature courses for college students need to provide more free space for learning, and fully mobilize the students' interest in learning English and American literature, enthusiasm and innovative thinking, teachers choose interchange teaching philosophy in teaching classroom to teach literature knowledge in system, to provide more creative ways of learning for college students, teachers should utilize a variety of teaching methods, which covers the situation approach, problem teaching, discuss teaching, role-playing approach, summarized in teaching, so as to this enhance students' interest in learning. Teachers can fully carry multimedia network resources through extra-curricular teaching activities, create extracurricular research study group. Designed according to American Literature teaching content for teaching methods encourage students to self-study, conscientiously study and writing course papers, in order to complete the related learning activities.

C. *The national Humane Spirit education for students in literature class*

Any national ideology bears are excellent human spirit; it will be the way culture or civilization heritage. Fusion also due to the large diverse peoples of the world human spirit, promote the development of far-reaching cultural history of the world, into a world total of human resources, which can be deeply humanistic spirit in the form of literary works to expand. so teachers should work in the teaching process of convey good Humanities thought, during the teaching of related English and American literature, to the full integration of humanistic ideas of educational content in specific teaching session. Therefore, teachers in the appreciation of the Anglo-American literature, to allow students to understand the different works in the hidden humanism, and let the students through self-awareness, learning these works humanistic ideological essence, be able to understand Western the process of culture, you can comprehend the connotation of Chinese human spirit, as well as their need to have what humanism. Contemporary life of college students generally showed only child of thinking and living conditions, which I think should be fully integrated into the existing curriculum teaching thinking humanist teaching, so that students who have a correct outlook on life, values and world view. Through artistic expression in the form of literature, significantly improve students' ability to appreciate and American literature; humanities enhance the aesthetic appreciation of taste.

IV. CONCLUSIONS

Literature is an important component of culture, civilization and culture is the spiritual core of the system, which is able to fully show the literature shows that the characteristics and meaning of civilization, people can develop a higher level of perception of life and the world to explore, understand the essence of life. Literature is not just a subject, but also a thinking learning to think. But too prominent practicality and instrumental in the existing literature teaching, under the influence of utilitarianism, egoism and other factors so that students are gradually losing respect for literature and insights, which will also generate significant growth of students blocking effect, the ability of college students understanding of the world. In view of this, the need to change the existing teaching methods of English and American Literature, American Literature Students cultivate a humanistic idea, which is to enhance the ability to appreciate works of English and American literature, humanistic ideas to shape an important way. It requires teachers to follow the United States and Britain in the United States and literature teaching, the full integration of humanism, more three-dimensional teaching from a more comprehensive perspective, promote the development of the quality of university teaching.

ACKNOWLEDGEMENTS

Fund: 2014 annual research project in GuangXi Higher Project: "Study the impact of plastic under the humanities sight spirit of contemporary college students and American Literature" (item number: YB2014329) phase of the study results.

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