

# Simultaneous Quantitation of Organic Acids and Monosaccharides by High-Performance Liquid Chromatography

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**Abstract—Objective:** a fast, simply, reliably and accurately high-performance liquid chromatography (HPLC) method for the simultaneous quantitation of commonly used organic acid and monosaccharides in food industry such as benzoic, malic, citric and quinic acid, fructose, glucose has been developed. **Methods:** In order to obtain a satisfactory separation in a short elution time, various HPLC operational factors like composition of mobile phase, column temperature and flow rate affecting analysis had been optimized. **Results:** The optimum determination conditions are as follows: for a CAPCELL PAK NH<sub>2</sub> column, flow rate of 1 mL/min, 75% acetonitrile (pH 2.25 adjusted by phosphoric acid) as mobile phase, column temperature of 35 °C. Under these conditions, this method could achieve adequate separation within 18 min and show the excellent linearity ( $R^2 > 0.999$ ), high precision (R.S.D < 5%) and good accuracy (The recovery closed to 100%). Moreover, the procedure of this method is very sample, involves little sample preparation which just consists of dilution and filtration before injection, and the cost of this method is relative low compared with ion-exchange HPLC method. **Conclusion:** it is promising method to simultaneous quantitation of organic acids and monosaccharides in food industry.

**Keywords-**organic acid; monosaccharides; simultaneous quantitation; fruit; beverage

## I. INTRODUCTION

Organic acids and monosaccharides are natural compounds in fruits and vegetables. Moreover, some organic acid and monosaccharides added in beverages are citric, malic acid as acidulants, benzoic acid as preservative, glucose and fructose as sweetener [1]. The data of the quality and quantity of sugars and organic acids, as well as the ratios of the single saccharides to each other and the ratios of sugars to the acids proved to be of particular importance: providing several useful information on the general quality, freshness, maturity, storability, taste and/or on the optimization of selected technological processes [2]. Therefore, it is important and necessary for food producers and researchers to develop the fast, simply, reliably and accurately simultaneous determination of organic acids and monosaccharides.

At present, Gas chromatography (GC) and High-performance liquid chromatography (HPLC) are dominant methods in the simultaneous determination of organic acid and sugars in food material [2]. Compared with the GC methods, simultaneous analysis of sugars and organic acids by HPLC could realized at low column temperature without sample derivatization and complicated gradient processes and give speed, reliability and sensitivity results without expensive detector (Mass spectra). Most of HPLC methods developed to analyze sugars and acids simultaneously utilized ion-exchange columns [3-6]. The

typical Ion-exchange HPLC method for the investigation of organic acid and free sugars used an Aminex HPX-87H ion-exchange column (300×7.8 mm) fitted with a cation H<sup>+</sup> microguard cartridge as stationary phase with acidified water (mostly 0.009 mol/L H<sub>2</sub>SO<sub>4</sub>) as mobile phase [7,8]. Unfortunately, many ion-exchange methods use dilute sulphuric acid as the mobile phase, high operating temperatures at about 60 °C, expensive ion-exchange columns and have problems of co-elution of some of the organic acids and overlapping peaks [9]. Although reversed-phase high performance liquid chromatography (RP-HPLC) methods determining sugars and acids simultaneously are advantageous in some of these respects: use of cheap columns, easier manipulation of the analytical parameters to optimize the separation, and the analyses were carried out at low temperature, but they couldn't give a satisfactory results due to poor selectivity and resolution in analyzing sugars [2, 9]. Thanks to the remarkable improvements of HPLC column caused by the development of technology, it is possible to measure simultaneously a variety of organic acids and monosaccharaides by RP-HPLC.

The aim of this work was to develop a HPLC method for simultaneous determination of the main organic acids (benzoic, malic, citric and quinic acid) and the common monosaccharaides (glucose and fructose) in fruits and juice. This method should achieve these goals by optimizing the composition of mobile phase, column temperature and flow rate: having a brief separation period of less than 20 min per sample, the linear calibration curves for standards over a wide concentration range, the average relative standard deviations of below 5%.

## II. MATERIALS AND METHODS

### A. Chemicals

All the solutions used ultrapure water from a Milli-Q Integral/10 system (Millipore, Tokyo, Japan). D(-)-Quinic acid was purchased from Acros Corporation (Belgium, NJ, USA). Citric acid, Benzoic acid, L(-)-Malic acid, D(+)-Malic acid, Glucose, Fructose and Phosphoric acid were purchased from Wako Pure Chemical Industries, Ltd (Osaka, Japan). Acetonitrile (ACN) for mobile phase of HPLC was purchased from Sigma-Aldrich Japan Corporation (Tokyo, Japan).

### B. Equipment and Operating Conditions

The analysis was carried out on an HPLC system consisting of an autosampler (AS-2055 plus, JASCO, Tokyo, Japan), a 4 solvent low pressure gradient pump (PU-2089, JASCO, Tokyo, Japan), an UV detector (UV-2075 Plus, JASCO, Tokyo, JAPAN) and a refractive index detector (RI) (RI-2031 Plus, JASCO, Tokyo, Japan) equipped with a CAPCELL PAK NH<sub>2</sub> column of 250×4.6 mm and 5 µm particle size (Shiseido Co., Ltd., Tokyo, Japan). In this study, to simultaneous analysis of organic acid and sugars, UV and RI detectors were connected in series; the UV detector set at 210 nm was used for quantification of organic acid, while the RI detector set at 35 °C was used for determination of monosaccharaides. The ranges of UV and RI detector were 0.32 and 0.5 respectively. Signals of UV and RI detectors were

analyzed by Chromato-pro software (Lab Company Co. Ltd., Tokyo, Japan).

To analyze the effect of operational factor on the performance of determination of sugars and acids and select the optimal operational parameter, One-factor experimental design was employed.

According to previous study, the mobile phase was the ACN solution. The ratio of ACN and water played a key role on the retention behaves of sugar and organic acid. The ratio of ACN and water was changed from 60% to 90% ACN concentration. Other factors were fixed as follows: the pH of mobile phase of 2.20 adjusted by H<sub>3</sub>PO<sub>4</sub>, the flow rate of 1.0 mL/min, the column temperature of 30 °C, the injection volume of 10 µL. The composition of injection was shown in TABLE I.

TABLE I. THE COMPOSITION OF MODEL SOLUTION

	Concentration (mM)
Fructose	5.0
Glucose	5.0
Benzoic acid	0.1
D(+)-Malic acid	2.1
L(-)-Malic acid	2.1
Citric acid	4.8
Quinic acid	5.4

To avoid the ionization of acid, the pH of mobile phase should be lower than the pK<sub>a</sub> of the acids analyzed in this study. Too lower pH was detrimental to the column. So it is necessary for analyzing sugar and acid to select an appropriate pH. The pH was variable from 2.00 to 2.60, and other fixed factors included 75% ACN as mobile phase, 1.0 mL/min flow rate, 10 µL injection volume and 30 °C column temperature.

To be clarified the effect of column temperature and optimize this parameter, temperature varied between 30 and 40 °C, the fixed factors were listed as follows: 75% ACN (pH 2.25), 1.0 mL/min flow rate and 10 µL injection volume.

To find the balance point among experiment cost, analysis time and separation performance, various flow rates were tested at 0.5-1.5 mL/min, other fixed conditions were shown in the following list: 75% ACN (pH 2.25), 35 °C, 10 µL injection volume.

### C. Validation Parameters and Statistical Treatment

To evaluate this method, validation parameters consisting of regression equation, the coefficients of determination (R<sup>2</sup>), relative standard deviation values (R. S. D), limits of detection, linearity range and precision, accurate were analyzed [10]. Regression lines were expressed as

$$y = a + bx \quad (1)$$

Where x was concentration (mM), y represented the response area.

Six concentration points in triplicated were used to prepare the calibration curves. The concentrations of each compound were prepared from stock solutions by dissolving the proper quantity in 5 mL of 75% ACN (pH

2.25). The peaks were identified by their retention times, comparing the UV or RI detector signal and spiking with standards. The linearity range was evaluated by plotting the peak area corresponding to each analyte, as a function of the concentration introduced. Precision involved inter-day repeatability which was estimated by calculating the R.S.D. values for the responses and retention times of the model solution in five successive injections during 3 consecutive days and intra-day repeatability which was evaluated by calculating the R. S. D. values for retention times and responses of the model solution in five successive injections. Accurate was calculated from the recovery rate at three levels for each compound, each sample was measured three times.

#### D. Data Analysis

The significant difference was set at 0.05, and the data were analyzed by the software IBM SPSS Statistics 19.0 (IBM, Armonk, New York, USA).

### III. RESULTS AND DISCUSSION

#### A. Effect of Composition and pH of Mobile Phase on the Separating Performance

As the time elapsed, Benzoic acid, Malic acid, Citric acid, Quinic acid, Fructose and Glucose successively

eluted (Fig.1). The reason that the least polar compounds eluted first and the most polar compounds eluted last was that the CAPCELL PAK  $\text{NH}_2$  belonged to the normal phase and weak anion exchange column. Although this column couldn't separate the D(+)-Malic acid and L(-)-Malic acid, it had some significant advantages, including high resolutions between adjacent peaks, symmetrical peaks, stable baseline and short elution time. According to these results, this column was suitable for analyzing sugars and acids simultaneously.

The retention time ( $R_t$ ) and peak area of organic acids and monosaccharides at different ratios of ACN to water (ACN%) are shown in Table II. The ACN% had a significant influence on quantification of organic acids and sugars by HPLC. When the ACN% was 60%, a co-elution of sugar and acids was observed in the signal of RI detection because too high polar mobile phase would decrease the difference in migration rates of sugars and acids. While the ACN was 90%, Fructose and Glucose peaks disappeared in the signal of RI detection because sugars were more strongly retained in the weak polar mobile phase (Fig. 2). The 70-80% ACN was feasible to determinate the sugars and acids on the same condition.

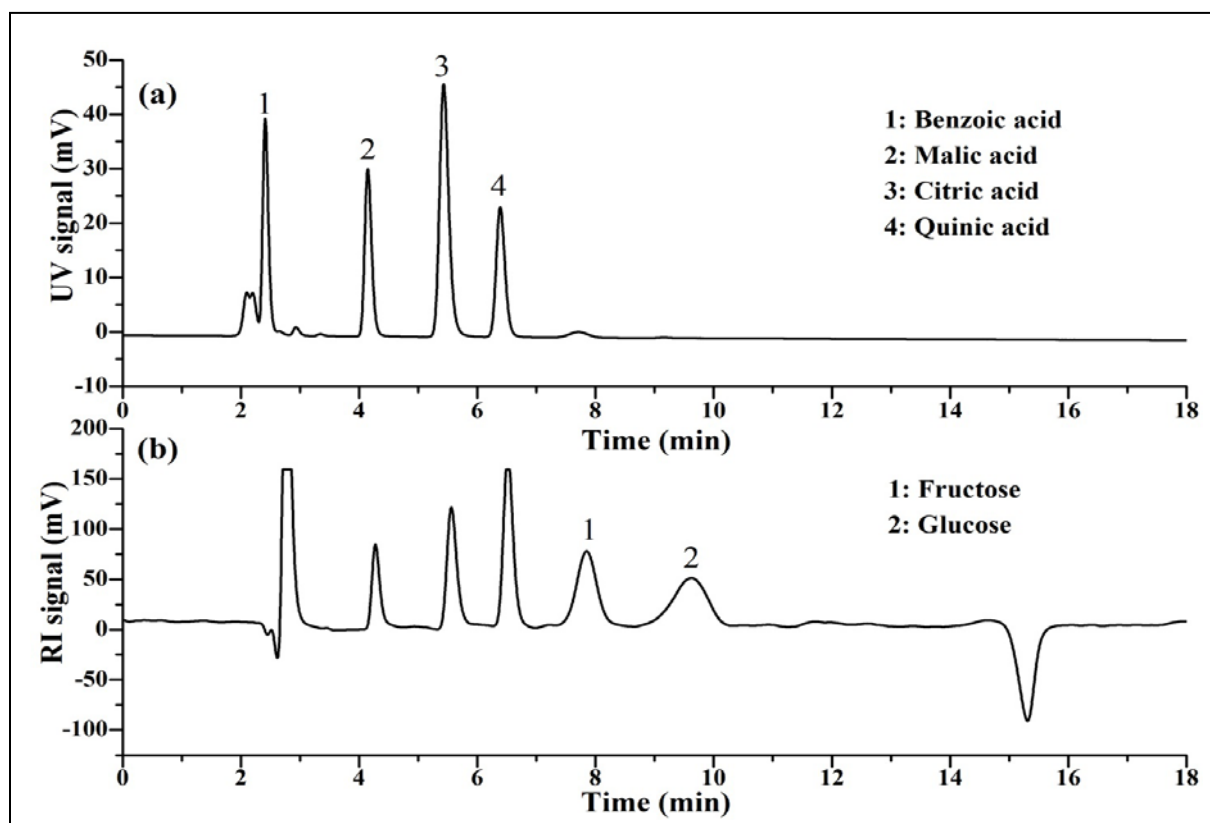
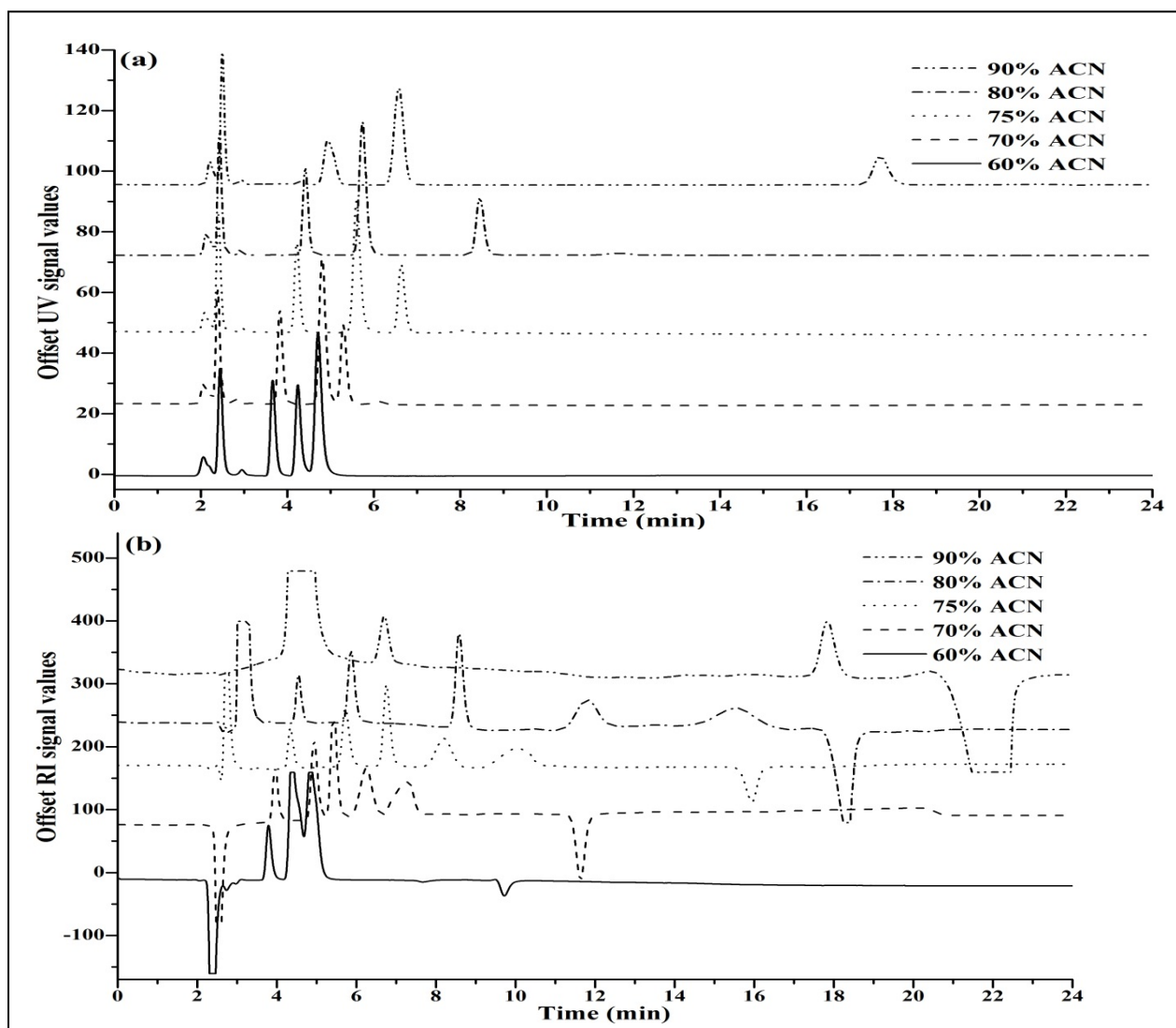


Figure 1. The elution profile of standard mixture in HPLC chromatograms  
(a) The UV signal, (b) The RI signal

TABLE II. Rt AND PEAK AREA OF ORGANIC ACIDS AND MONOSACCHARAIDES AT THE VARIOUS ACN CONCENTRATION

	ACN (%)	Benzoic acid	Malic acid	Citric acid	Quinic acid	Fructose <sup>[a]</sup>	Glucose <sup>[a]</sup>
R <sub>t</sub> <sup>[b]</sup> (min)	60%	2.44	3.66	4.24	4.71	n.d.	n.d.
	70%	2.39	3.83 <sup>c</sup>	4.80 <sup>c</sup>	5.29 <sup>c</sup>	6.24 <sup>c</sup>	7.29 <sup>c</sup>
	75%	2.40	4.22 <sup>b</sup>	5.60 <sup>b</sup>	6.63 <sup>b</sup>	8.20 <sup>b</sup>	10.05 <sup>b</sup>
	80%	2.43	4.31 <sup>a</sup>	5.73 <sup>a</sup>	8.45 ± 0.01 <sup>a</sup>	11.81 ± 0.03 <sup>a</sup>	15.20 ± 0.03 <sup>a</sup>
	90%	2.50	4.92 ± 0.01	6.55 ± 0.02	17.34 ± 0.38	n.d.	n.d.
Peak Area <sup>[b]</sup>	60%	254876.7 ± 4188.75	258063.6 ± 7950.50	270951.19 ± 4321.76	511946.38 ± 8487.00	n.d.	n.d.
	70%	271204.1 ± 8774.13	269486.15 ± 7508.17 <sup>a</sup>	527389.39 ± 25126.86 <sup>a</sup>	260619.89 ± 15153.13 <sup>a</sup>	1622352.72 ± 103578.2 <sup>b</sup>	1704632.27 ± 77315.83 <sup>b</sup>
	75%	260596.1 ± 1552. 31	248339.40 ± 1291.31 <sup>b</sup>	494932.24 ± 1493.84 <sup>b</sup>	244367.64 ± 4925.24 <sup>ab</sup>	1292155.84 ± 44021.26 <sup>c</sup>	1407157.80 ± 15365.94 <sup>b</sup>
	80%	264616.1 ± 66.73	246774.97 ± 508.47 <sup>b</sup>	494239.52 ± 862.27 <sup>b</sup>	235429.17 ± 663.40 <sup>b</sup>	1959416.32 ± 251869.2 <sup>a</sup>	2083050.89 ± 246688.22 <sup>a</sup>
	90%	280701.0 ± 634.37	239668.7 ± 967.41	484621.63 ± 406.29	198362.15 ± 657.72	n.d.	n.d.

[a] n.d.: not detected in this condition.

[b] Same lowercases within data from 70 % ACN to 80 % ACN in each column are not significantly different from each other ( $p < 0.05$ ).Figure 2. HPLC chromatograms of model solution at various ACN content  
(a) The UV signal, (b) The RI signal

To optimize the ACN%, comparisons between retention time and peak area of different ACN% groups

were tested by one-way anova and Duncan test. One conclusion that could be drawn from the data in Table II

was that 70% ACN shorten elution time and generate larger peak areas of acids, but produce higher standard deviations that had a detrimental effect on reliability of quantification of organic acids and sugars by HPLC; conversely, higher ACN% would reduce the peak areas of acids and increase the peak areas of sugar significantly, but it took a longer time to finish one analysis and increased the cost of experiment. All things considered, 75% ACN was the more suitable ratio of ACN to water for quantification of acids and sugars.

The effects of pH of mobile phase on the elution profile were shown in Fig. 3. At pH 2.6, retention times of Malic, Citric and Quinic acids were higher than samples analyzed at other pH, a co-elution of Quinic acid and

Fructose was observed in RI signal. By decreasing to pH 2.4 the resolution of Citric acid with respect to Quinic acid was incomplete. So it was not suitable for simultaneous quantification of sugars and acids at pH 2.4 and pH2.6. Elution curves of samples analyzed at pH 2.30, 2.25, 2.20 were similar. At pH 2.00, retention times of all components except Benzoic acid in this research continued to shorten. It was not feasible to analyze acids and sugars simultaneously at pH 2.00 because pH 2.00 was close to the lower limit of operational pH of this column.

From the data in the Table III, it could be reasonably inferred that the optimum pH is 2.25. At this condition, this method had high sensitivity and reliability by means of higher peak area and lower standard deviation.

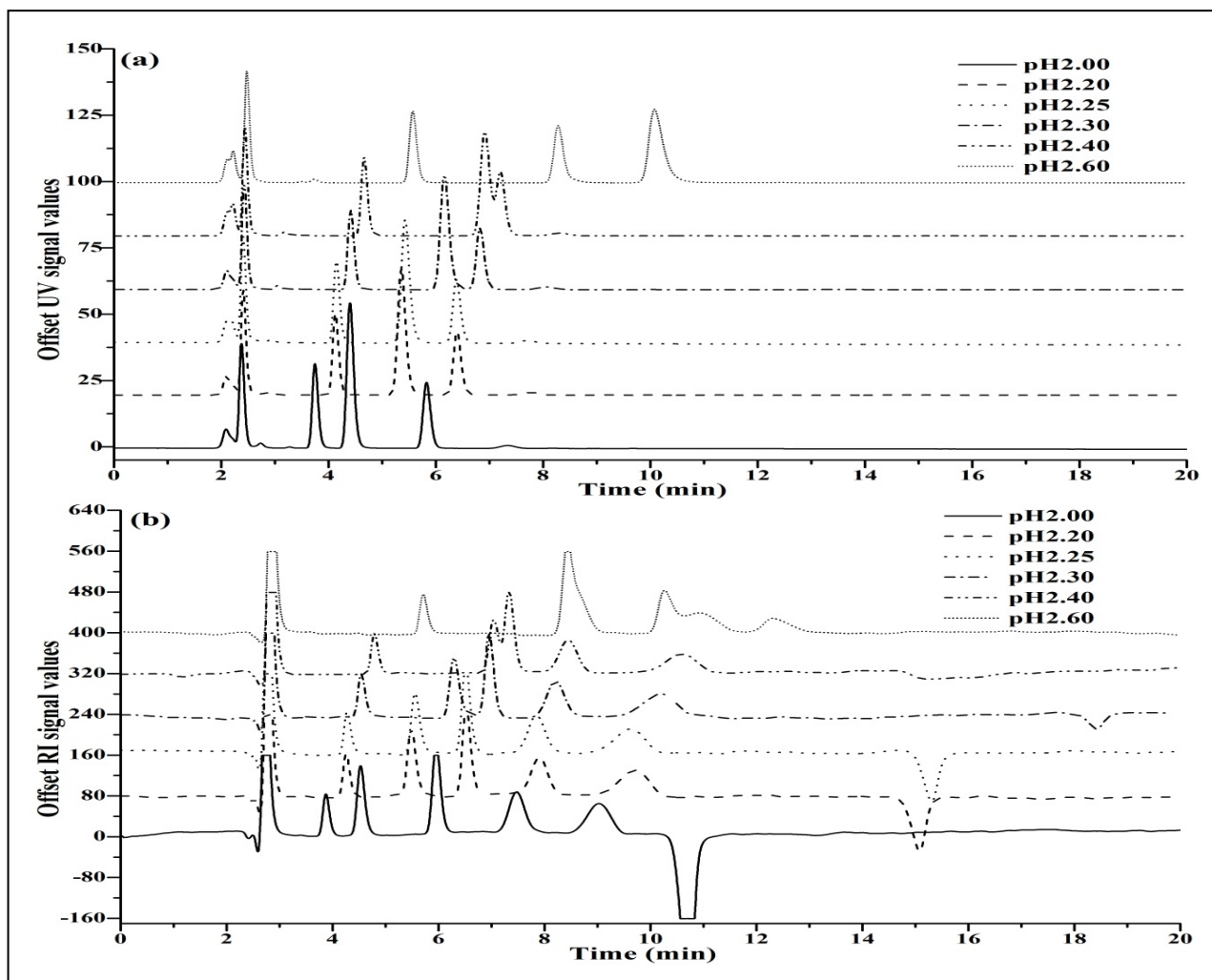


Figure 3. HPLC chromatograms of model solution at different pH of mobile phase  
(a) The UV signal, (b) The RI signal

TABLE III. PEAK AREA OF ORGANIC ACIDS AND MONOSACCHARAIDES AT THE VARIOUS pH OF MOBILE PHASE

pH of mobile phase	Benzoic acid <sup>[a]</sup>	Malic acid <sup>[a]</sup>	Citric acid <sup>[a]</sup>	Quinic acid <sup>[a]</sup>	Fructose <sup>[a]</sup>	Glucose <sup>[a]</sup>
pH 2.20	259332.18± 916.38 <sup>b</sup>	246474.78± 383.68 <sup>b</sup>	502080.45± 908.58 <sup>c</sup>	240685.57± 744.90 <sup>b</sup>	1655963.02± 33394.85 <sup>b</sup>	1990335.52± 9716.89 <sup>b</sup>
pH 2.25	263416.49± 421.53 <sup>a</sup>	250573.65± 266.76 <sup>a</sup>	503879.38± 651.24 <sup>b</sup>	243745.40± 169.69 <sup>a</sup>	1895943.83± 14688.15 <sup>a</sup>	1976558.50± 18089.82 <sup>b</sup>
pH 2.30	260077.06± 1796.44 <sup>b</sup>	248058.15± 1866.35 <sup>b</sup>	505968.67± 192.87 <sup>a</sup>	241243.81± 1357.54 <sup>b</sup>	1820208.39± 104779.15 <sup>a</sup>	2143551.99± 105662.48 <sup>a</sup>

[a] a, b, c means values with different superscripts with each column differed significantly ( $p < 0.05$ ).

### B. Effect of Column Temperature on Separating Performance

It was clear that as the temperature raised, the peak areas and peak heights of Citric acid, Malic acid, Quinic acid, Fructose and Glucose increased except Benzoic acid, the retention times of Citric acid, Malic acid, Quinic acid, Fructose and Glucose decreased except Benzoic acid, moreover the symmetry of peak of Glucose improved due to reducing the tailing (Fig. 4). The reason why variation of temperature generated these phenomena was that the polarity of mobile phase would strengthen by increasing temperature, which would lead to reduce the retention of component in the column. High migration rate reduced the band broadening effectively so that the peaks became sharper. It could be seen that the peak of Benzoic acid was near the void volume peak. It was inferred that Benzoic acid was nearly unretained by the stationary phase in this system, so the variation of polarity of mobile phase caused by changing temperature had little effect on the elution behave of Benzoic acid.

Although higher temperature is advantage to shorten retention time, intensify the signal strength, high temperature would reduce the life of HPLC column and

aggravate the variation of baseline. Therefore, 35 °C was the optimum temperature to analyze acid and sugar simultaneously by HPLC.

### C. Effect of Flow Rate on the Separating Performance

The Fig .5 shows clearly that the elution curves of samples at different flow rates are similar, the retention times decrease substantially by increasing the flow rate from 0.5 mL/min to 1.5 mL/min. Through analyzing the peak areas of samples by the one-way anova and Duncan test, it was concluded that the flow rate was the significant factor of peak area of all components in this research. High peak area could be responded at Low flow rate that meant high sensitivity at low flow rate (Table IV). However, in order to complete one analysis within 20 min, the flow rate of 1.0 mL/min was the final selection. At this condition, it could supply a considerably high sensitivity and reliability.

Therefore, the optimal conditions for rapidly analyzing organic acids and sugars simultaneously were: 75% ACN, pH of 2.25, flow rate of 1.0 mL/min, the column temperature of 35 °C. Under these conditions, this HPLC procedure had the advantages of: (a) having a brief separation period of 20 min per sample; (b) no overlapping peaks; (c) high response areas and symmetric peaks.

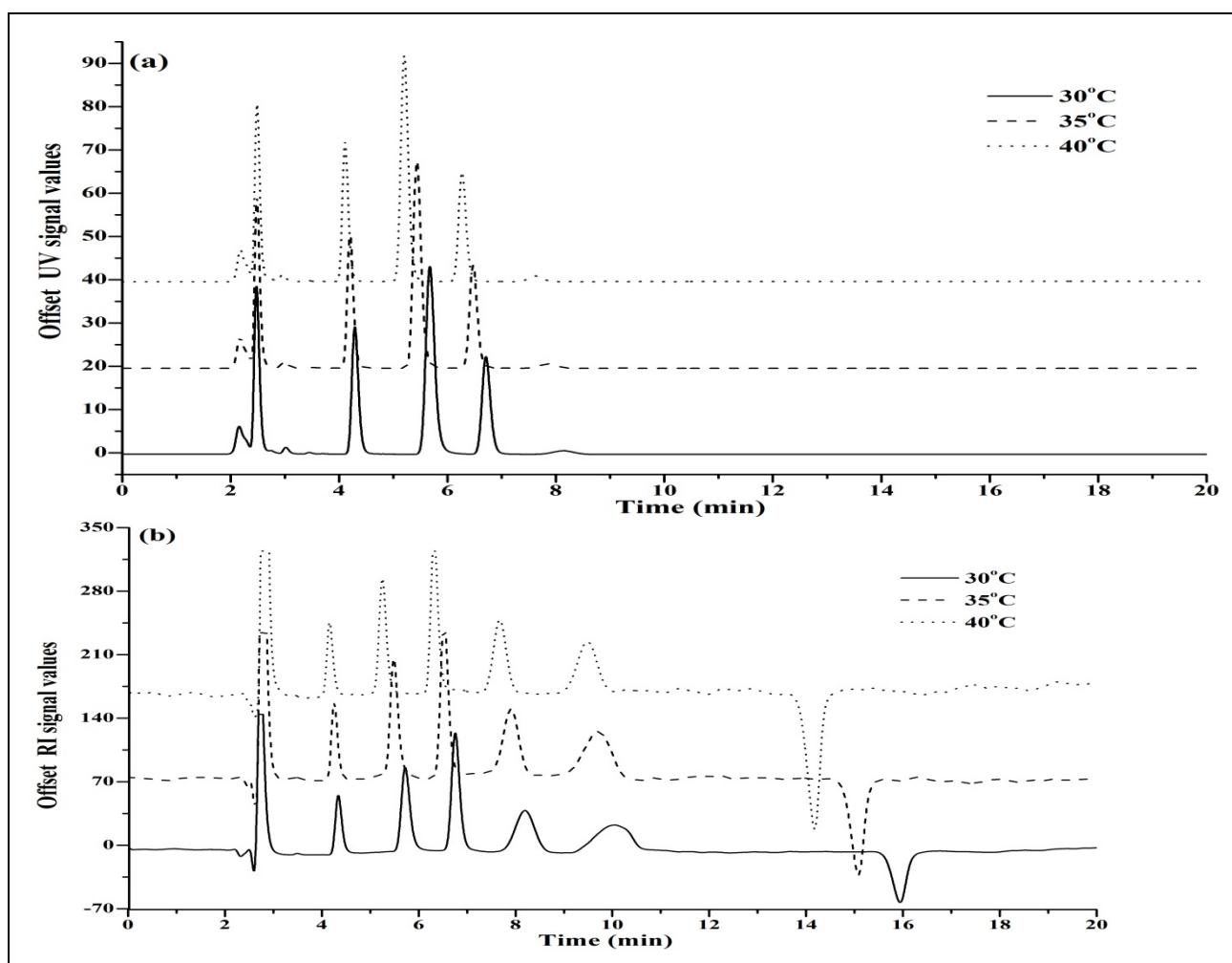


Figure 4. HPLC chromatograms of standard mixture at different temperature  
(a) The UV signal, (b) The RI signal

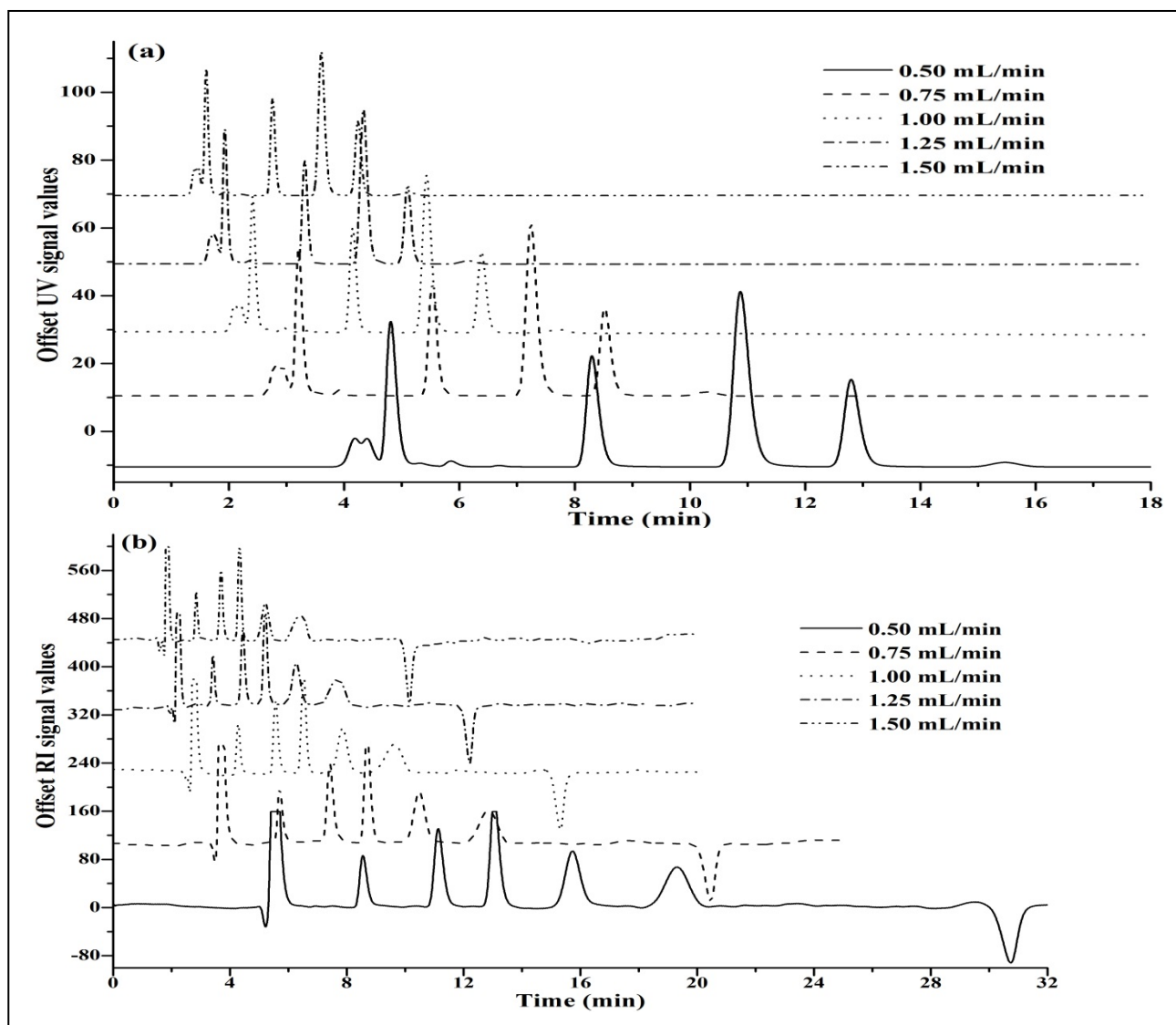


Figure 5. HPLC chromatograms of standard mixture at different flow rate  
(a) The UV signal, (b) The RI signal

TABLE IV. PEAK AREA OF ORGANIC ACIDS AND MONOSACCHARAIDES AT THE VARIOUS FLOW RATE

Flow rate (mL/min)	Benzoic acid <sup>[a]</sup>	Malic acid <sup>[a]</sup>	Citric acid <sup>[a]</sup>	Quinic acid <sup>[a]</sup>	Fructose <sup>[a]</sup>	Glucose <sup>[a]</sup>
0.50	517356.80 ±496.33 <sup>a</sup>	490027.30 ±153.30 <sup>a</sup>	992753.90 ±729.30 <sup>a</sup>	471530.63 ±9.67 <sup>a</sup>	4319345.50 ±250727.50 <sup>a</sup>	3786495.60 ±54198.00 <sup>a</sup>
0.75	350250.03 ±5076.88 <sup>b</sup>	333800.93 ±4839.16 <sup>b</sup>	678461.65 ±10959.94 <sup>b</sup>	324859.12 ±4893.79 <sup>b</sup>	2276347.86 ±171960.84 <sup>b</sup>	2347553.18 ±51292.04 <sup>b</sup>
1.00	263416.49 ±421.53 <sup>c</sup>	250573.65 ±266.76 <sup>c</sup>	503879.38 ±651.24 <sup>c</sup>	243745.40 ±169.69 <sup>c</sup>	1895943.83 ±14688.15 <sup>c</sup>	1976558.50 ±18089.82 <sup>c</sup>
1.25	215998.51 ±2475.31 <sup>d</sup>	204778.50 ±2073.40 <sup>d</sup>	409073.10 ±3899.00 <sup>d</sup>	199315.80 ±1681.90 <sup>d</sup>	1443818.39 ±67102.74 <sup>d</sup>	1482891.39 ±18819.81 <sup>d</sup>
1.50	178145.44 ±73.16 <sup>e</sup>	168712.43 ±260.22 <sup>e</sup>	340361.00 ±4250.00 <sup>e</sup>	164053.20 ±161.30 <sup>e</sup>	1184944.88 ±41026.82 <sup>e</sup>	1249932.58 ±48602.83 <sup>e</sup>

[a] a, b, c, d, e means values with different superscripts with each column differed significantly ( $p < 0.05$ ).

#### D. Determination of Validation Parameters

The calibration curves of Benzoic, Malic, Citric and Quinic acid, Fructose, Glucose were established by six concentration points in triplicated at the optimal conditions. The calibration curves were shown in Table V. The coefficients of determination ( $R^2$ ) obtained were excellent

with values better than 0.9995, except for Glucose (0.9993). To verify the linearity of this method, the response factor ( $f$ ) were calculated by dividing the peak area obtained in the chromatogram and the corresponding concentration. The R. S. D. values of  $f$  were below 5% considered adequate to verify the linearity of the regression lines for analytical methods. According to the range, this

method could provide a wide analytical range. Benzoic acid consists of a benzene group which has a strong ultraviolet absorption, so the detection range of Benzoic acid measured by UV detector was lower than other organic acids.

Table VI shows the results obtained when studying the precision of this method. The R. S. D. values obtained when analyzing the intra-day repeatability were lower than those obtained inter-day except for R. S. D. values for Rt of fructose and glucose. Compared with the R. S. D. values

for response, the R. S. D. values for retention time were lower. Due to the deviation < 5%, this method could give a stable results. In order to evaluate the accuracy of this method, the recoveries were studied by comparing the known concentration of organic acids and monosaccharides with the concentrations quantified using the calibration curves. Recoveries ranged from 93.82 to 107.42% for all the components at different levels, and most of recoveries were closed to 100%, that meant this method had a satisfactory accuracy (Table VII).

TABLE V. REGRESSION EQUATIONS AND LINEARITY OF THE CALIBRATION CURVES

Component	Range (mM)	Regression equation	R <sup>2</sup>	R. S. D. of f (%) <sup>[a]</sup>
Benzoic acid	0.017-3.6	Y= 2369948.9368x+ 11695.0094	0.9999	2.88
Malic acid	0.30-175	Y= 56320.4122x- 17417.6876	1.0000	3.41
Citric acid	0.09-200	Y= 101170.8407x- 1903.3601	0.9999	3.23
Quinic acid	0.30-300	Y= 40337.8878x+ 55900.8968	0.9997	3.99
Fructose	0.2-14	Y= 329161.1642x+ 24247.7498	0.9996	3.34
Glucose	0.3-16	Y= 340970.5622x+ 75340.0745	0.9993	3.95

[a] R. S. D. of f (%) means the percentage of the relative standard deviation of the response factor

TABLE VI. RESULTS OF THE ANALYSIS OF INTRA- DAY AND INTER- DAY REPEATABILITY

Component	Concentration (mM)	R. S. D. for R <sub>i</sub> (intra-day) (%)	R. S. D. for R <sub>i</sub> (inter-day) (%)	R. S. D. for R (intra-day) (%)	R. S. D. for R (inter-day) (%)
Benzoic acid	0.1	0	0.1907	0.1304	0.3699
Malic acid	4.2	0.1060	0.1407	0.1068	0.1727
Citric acid	4.8	0.0799	0.0817	0.0958	0.3763
Quinic acid	5.4	0.0675	0.0913	0.2072	0.9153
Fructose	5.0	0.2381	0.2300	1.213	2.271
Glucose	5.0	0.3206	0.3089	1.257	2.235

TABLE VII. RESULTS OF THE RECOVERY CALCULATED AT THREE DIFFERENT LEVELS

Component	Concentration (mM)	Recovery (%)
Benzoic acid	0.075	98.30±1.96
	0.15	107.42±1.08
	0.30	104.28±0.41
Malic acid	2.40	100.04±0.98
	3.60	100.05±1.24
	4.80	98.28±0.49
Citric acid	0.60	98.43±1.00
	1.20	98.66±1.02
	2.40	99.57±0.23
Quinic acid	0.60	96.50±0.88
	0.90	96.59±0.44
	1.80	98.33±0.95
Fructose	1.40	93.26±1.96
	2.00	95.51±3.76
	3.20	97.96±6.49
Glucose	6.00	93.82±2.75
	8.00	99.49±4.35
	10.00	103.07±3.04

#### IV. CONCLUSIONS

A proposed HPLC allows the simultaneous determination of common organic acids and monosaccharides in food industry. By means of analyzing the effects of operational factors and optimizing them, this method could achieve adequate separation within 18 min. According to the validation study, the linearity, precision and accuracy of this method are satisfactory. Moreover, the procedure of this

method is very sample, involves little sample preparation which just consists of dilution and filtration before injection, and the cost of this method is relative low compared with ion-exchange HPLC method. Therefore, this method appears to be an alternative routine analysis to other analytical HPLC methods for determination of the main organic acids and common monosaccharides in the beverage industry. Furthermore, this method may be easily extent to determinate other organic acids and monosaccharides.

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