

Research and Exploration of Integrated Teaching-training Mode for Police PE Teaching in Police Schools

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Abstract. Public security specialty of police schools urgently needs to establish integrated police PE teaching and training, optimize the contents, establish long-term teaching and training mechanism and organically combine teaching contents with the training of the second classroom. This paper deeply discusses various problems existing in police PE teaching.

Introduction

The police are faced with various ferocious or foxy criminal offenders. So, how to improve their quality, fighting skills and level of law enforcement, and avoid and reduce casualties is a great problem to be solved urgently by police schools. Hence, it is necessary to construct and perfect integrated casualties, further boost teaching quality, optimize teaching content, teaching methods and means, enhance practical teaching and training and stress cultivation of students' vocational ability.

It is necessary to stipulate which courses are required and which courses are optional during constructing police PE teaching mode and carrying out new police teaching mode, tactics and skills. Meanwhile, this aims to make sure police PE can develop well and orderly under contemporary educational pattern, solve a series of problems in the development process, further improve pertinence of teaching contents, enhance construction of teaching material contents and alter teaching mode.

Features of police PE

As socialism market improves continuously, all kinds of illegal criminal activities turn to violence and intelligence. This requires the police to own good physical quality, physical agility and flexible tactics. In specific practical process, we will find some traditional military physical training resemble physical training of the police. After research and demonstration by sports specialists, military experts and PE researchers, police PE replaces military PE. Police is a special occupation, so they must own strong physical quality and flexible fighting techniques.

Misunderstanding in police PE teaching process

Police PE is composed of the science of law, police science and sports. It is a discipline with strong practice. PE discipline construction has become a major problem that public security schools and industries need to solve. Relevant business survey and researches show that public security schools and various business departments attach great importance to carrying out and training police PE teaching. In China, in police PE teaching, firearm training is only valued in teaching and training ways due to the vague concept, while other basic skills are neglected. Thus, two wrong trends appear: paying attention to firearm training and physical training. Such wrong trends also affect in-depth study and exploration of police PE teaching and training to some extent. Hence, it is very important to enhance the study on police PE teaching and training.

Status analysis of police PE training

Training equipment

In teaching and training process, the site, equipment, devices and training facilities are the foundation of police PE teaching. Meanwhile, these are directly related to teaching and training effects. According to current development conditions, public security schools in different regions may not lack these hardware facilities, but these hardware facilities can not represent all teaching demands. The survey shows that 90% of colleges express these sport devices cannot well guarantee effective implementation of police PE teaching. In recent years, the Ministry of Public Security has effectively organized assessment of comprehensive school running level of various colleges. Hubei University of Police is taken as an example. Like this university, many police schools have no regular training center. Besides, some vehicles and guns have obvious wear trace. Various schools have significant problems, such as shabby training vehicles, single gun model and equipment shortage. These are also the main problems of other schools which hinder development of police PE teaching level.

Insufficient teaching class hours

At present, class hours of police PE teaching accounts a small proportion in public security specialty teaching system (except special police specialty). The teaching contents cannot be completely mastered, or few can master them. It is very hard to reach certain practice level. Due to few class hours, the arrangement of police PE teaching contents is limited. Teachers can only carry out basic teaching and lack deep exploration. It is very difficult to boost students' practical ability.

Problems in teaching team building

In police PE development process, scientific research is a very remarkable problem. It is very necessary to carry out scientific research of teaching team building. With rapid social development, higher requirements are proposed for police PE training work. Teachers' quality also decides future development direction of police PE work. Non-scientific setting of education background, job title and age of police PE teachers in public security colleges is a major factor influencing development of police PE. During police team building in public security colleges, most are young teachers. Although they have good physical quality, their scope of knowledge is limited and scientific research level is also low, without rich practical experience. Besides, young and middle-aged teachers generally have ideal update problem. Their educational level is limited. Police PE teachers of public security colleges basically have no doctorate, and the teachers with the job title of associate professor are also very few. Thus, many aspects restrict implementation of scientific research work.

Problems in Scientific Research

The important researches on police PE science should start from two aspects. On the one hand, it is necessary to re-adjust and study concrete teaching contents according to main methods and fractures of all kinds of crimes and propose new requirements for teaching system so as to adapt rapid development demand in the era. In police PE teaching process, it is necessary not just to narrate some reverse teaching materials, but also to make students deeply understand these teaching contents. On the other hand, students' training awareness should be continuously enhanced, and some training with high practical value should be introduced. Enhancement of this aspect has very important significance for carrying out police PE teaching. However, scientific research consciousness in police education is weak, which is a common problem in scientific research of police PE. In nationwide newspapers, periodicals and magazines, there are every few research achievements on police education.

Strategy of integrated training mode

Explicit training objective

It is necessary to effectively combine enhancement of special training force and improvement of police's fighting skills. Meanwhile, police's practical skills should serve as the main objective. Police's practical skills refer the ability to effectively apply the knowledge in work. Practice can test learning results. Policies, laws and regulations as well as academic idea are finally reflected in the final practical effects. In contemporary PE teaching process, we mainly analyze whether it can drive development and progress of police PE teaching, whether it can really improve overall cultural quality of police and whether it can boost police's practical skills. In terms of enhancing police's physical quality, PE teaching practicability should be more valued. Meanwhile, police's awareness for physical training and techniques should be cultivated in order to improve police's PE cultural quality from more aspects and make police PE culture regular.

Innovation of educational concept and educational pattern

Since the fighting between the police and criminal offenders mostly happens in streets and lanes where the environment is complex, we cannot carry out physical training and skill training in the same place all the time, but different places should be chosen consciously so as to cultivate students' flexibility in different places, different climates and different embroilments and adapt all kinds of environmental teaching demands. Besides, theoretical knowledge learning, basic skill training, physical quality training, psychological quality training and physical training should be enhanced. Meanwhile, all kinds of teaching and training at different levels may be conducted. It is also necessary to replace learning with training, replace training with contests, exchange skills, enhance emotions and make every one participate in training so as to mobilize students' training enthusiasm, create police PE culture atmosphere, enrich campus cultural life, train students' good occupational habits (such as bearing hardships and standing hard work, keeping positive, working in unity and helping one another) and really integrate teaching and training.

Schools should change traditional educational pattern, achieve effective combination of traditional teaching concept and modern teaching concept on the basis of textbook knowledge. Besides, we should establish the concept of life-long education and public security education, advocate development of modern civilized society so as to make various schools adapt social development, improve the current situation of basic work of public security and continuously boost students' innovation ability and development ability. We should reform traditional score-based teaching evaluation standard, achieve transformation from educational standards in agricultural economic era and industrial era to modern educational concept so as to better comply with era development demand.

Exploration ability training structure system

It is required to carry on research and survey basic-grassroots police posts and positions, deeply discuss comprehensive ability and professional ability of basic-grassroots police and do preparations for reforming and developing courses as well as building teaching team. It is necessary to be oriented to police's ability and post demand, cultivate police's practical spirit, analyze and study teaching objective of police PE courses from various levels and stick to training students' fighting spirit.

Course content reform

Students should grasp basic courses and proficiently apply basic theoretical knowledge, ability of public security officers and skill operation so as to accord with the requirement of integrated teaching and training. We should actively change current situations, including repeated course contents, excessive attention to textbook knowledge and neglect of practice. Effective connection among course content, police affair mechanism and students' experience should be enhanced from various aspects. It is required to cultivate police's fighting ability by regarding police ability and job demands and construct main target system of police teaching training. Course contents should be characterized by wide range and comprehensiveness and advance with the era. Scientific and reasonable teaching

material selection and preparation system should be established. Teaching material planning should be done well from all kinds of aspects. Besides, advanced teaching materials should be referred to and used. It is necessary to ensure to establish teaching material series which should own characteristics of the era. In this way, teachers may discard some traditional teaching awareness. In continuous survey process, teaching materials at diverse levels may prepared respectively according to public security teaching features, post setting and course features so as to really reflect applicability of teaching materials.

Change of training mode

Therefore, public security specialty of police schools urgently needs to establish integrated police PE teaching and training, optimize the contents, establish long-term teaching and training mechanism and organically combine teaching contents with the training of the second classroom. Because police PE course is characterized by too many contents, short period and lack of in-depth study, classroom teaching should be combined with extracurricular training. The training time in the second classroom should be fully utilized to consolidate the contents learned that day, and special training force should be enhanced as the extension of classroom teaching. Long-term unremitting training mechanism may be adopted for teaching and training at diverse levels. The class hours for training should increase. Systematical and deep teaching and training should be conducted from students' admission to graduation in order to improve their adaptive capacity, accumulate practical experience and make students' practical fighting skills gain improvement and sustainable development.

Implementation of teaching and training methods should be enhanced. In course implementation process, some teachers force students to learn and impart knowledge to them. Aiming at such status, public security colleges in China should correct it in time. The leading role of teaching should be fully exerted. Besides, teaching style should be altered. The aspects broken away from practical teaching contents should be enhanced from various aspects. Teachers' teaching quality should be really ensured. With regard to scientization, rationalization and diversification demands for teaching methods, teachers should be good at alteration and guarantee their teaching quality and level, while meeting these demands. Students also should change positive position to active position, strengthen cooperation and exchange, make some dull learning contents become interesting, alter closed learning mode to open learning mode, make students actively participate in all sorts of activities and really improve their learning ability. In a bid to further give full play to the function of modern education technique in teaching process, and realize diversified and modern teaching modes, it is necessary to establish modern teaching mode and continuously explore new teaching modes.

Summary

Many problems still exist in PE teaching process of public security colleges, mainly including PE orientation problem, unreasonable course setting, single teaching contents and imperfect facilities and equipment. These problems should be solved one by one. In police PE structure construction in the new era, specific learning contents of police PE should be carefully studies. In addition, learning content richness should be enhanced to make learning contents more rational.

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