

Research on the Relationship of Objective Environmental Resistance and Chinese Medical Students' Professional Identity in Universities

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Abstract— In this paper, we conduct research on the relationship of objective environmental resistance and the Chinese medical students' professional identity in the universities. Vocational value is home to people the value of for a professional cognition and value judgment, it directly dominate people's professional attitude and the professional evaluation, affects people's career choices and professional conduct. Overall, the contemporary medical students' professional value is positive and healthy. But, under the influence of all kinds of bad factors as parts of the medical students have appeared in the occupational values of identity crisis. To deal with the challenges, we start from analyzing the student career design and planning to form the positive career path that will enhance the students' professional identity in the universities and promote the education efficiency.

Keywords- *Relationship, Environmental Resistance, Objective, Medical Student, Identity.*

Introduction

Career planning and career design refers to according to the individual's own subjective factors and objective environment for analysis determine core career goals. Choose the occupation to achieve this goal, and make

corresponding job training and education plan and according to certain time. Take the necessary action to implement the process of the career goals which has the characteristics such as particularity, permanent, developmental and comprehensive. Personnel science researchers in China suggests with a pithy formula summed up the three major elements of the career planning, namely, a confidant, know and optimal choice. Everyone wants to make his life have a meaningful, should have their own career planning, especially for the contemporary college students as is in the exploration of individual career stage, this stage of career choice of college students is of great significance to the development of the future career [1-2].

Referring to the literature survey and review, we summarize the challenges and drawbacks of the modern career design for university medical students as follows. (1) College students' career planning consciousness weak. For a long time, our country is generally ignored the career planning education college students' cognition to the society. Many poor college students' professional consciousness and professional dedication, choosing employment ability is relatively lacking. In the future work needs awareness is not enough that needed to produce

motivation between desire and internal and external concrete object of the psychological contact not well established plus college education resources are relatively nervous. From the family, the school to the society should care less about how to effectively guide students correct understanding of primary career, choose a career with the planning career. (2) Self-assessment objective enough not the accurate look at themselves. Self-assessment is an initial part of the process of career planning. Objective and comprehensive evaluation as is the precondition of basic career planning science. But the current college students' self-assessment is easy to produce misunderstanding. (3) Planning the feasibility of weak, lack of consciousness of practice. Although college student career planning also had initially set the consciousness of career planning, many have also developed their own career planning, but not

their own action and planning seriously according to the planning and execution, however, will develop career planning as a reference.

Overall, the contemporary medical student professional values are positive and healthy. But, under influence of all kinds of bad factors as part of the medical students has appeared in the occupational values of basic identity crisis, mainly displays in: fragmentation, to high standards of the ethical value; Professional value choice of utilitarian with vanity. How to resolve the identity crisis of contemporary medical students' vocational values to foster correct occupational values and to promote the healthy growth of medical students creating healthy China has important theoretical significance and practical significance. The figure one shows the components of students' professional identity in universities.

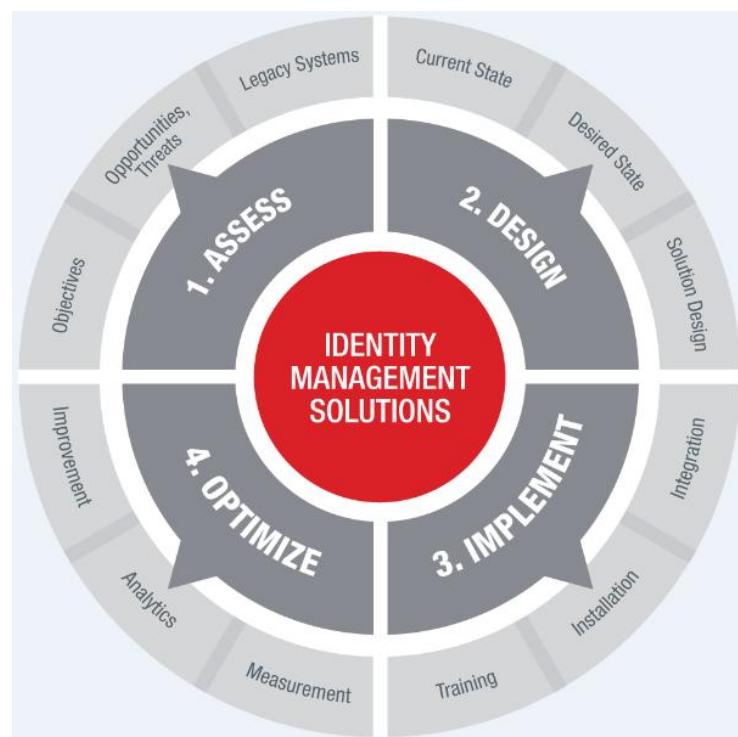


Figure 1. The Components of the Students' Professional Identity in Universities

In this paper, we conduct research on the relationship of objective environmental resistance and the Chinese medical students' professional identity in universities. The career

planning of current college students is a long-term, comprehensive engineering, not only involved in the school education system reform, but also students own efforts. Only both sides

cooperate well, we can achieve a good effect. In the following sections, we will discuss these challenges in detail.

Our Proposed Methodology and Perspective

The Characteristics of Medical Students in Universities. Medical students are the future of the medical workers who will undertake the historical responsibility for the sustainable development of the medical and health undertakings in our country. Their career is related to people's physical and the mental health and the development of the society, therefore, the society and the people asked them must have the spirit of devotion to bore the burden of heal the wounded and rescue the dying to make a contribution to the development of medical and health cause of the motherland [3].

College students, in the general period of exploration of individual career development to establish specific goals of career planning, forming the stable and positive professional attitude is an important development of their tasks, at the same time, the university stage is the individual stages of transition from dependence to independence, and formation procedure of independent personality and healthy development is bound to affect the development of the individual career maturity. Clinical medical education itself is a kind of vocational education, to understand the characteristics of the development of clinical medicine undergraduate professional maturity, analyzed development status of medical cow's independent personality, and to explore the relationship problems between them, we summarize the characteristics of them and the related countermeasures are as follows.

- Medical students in colleges and universities low acceptance of the psychological consultation mechanism. Although national colleges and universities have opened to eliminate students' psychological consultancy knot, but this kind of channel lag and passive, little advice to help students to ease the

students' psychological problems to little effect.

- In this case, the students generally to divided into learning purpose, ignoring the real meaning of the curriculum. Teacher is scripted, few contact actual life, education for students' inner, so the moral quality, professional education and extracurricular life learning cross alignment is poorer, the teaching effect and with the estimated low efficiency.
- Excellent medical educators are powerful guarantees for most high-quality medical students. Personnel training process, the educator to the students is small, the influence of profound and lasting. Educators in the wrong words and deeds in shaping the golden age of the students' personality left a deep failure. In medical students' moral quality education in colleges and the universities, educators should first improve personal accomplishment as the second should be added in the professional education humanistic feelings [4-5].
- University medical students psychological distortion make the originally pure campus culture become chaos, so it is imperative that optimistic campus cultural atmosphere, propaganda by the self and fear of the life, the life of the respect and gratitude to life. Culture is the spiritual sustenance to upbeat campus culture for the formation of students' mental health has a positive guiding role that is beneficial to cultivate the students' good morality and value orientation.

The Students' Professional Identity.

Although concrete connotation for the doctor's professional quality is still in the development and perfection, but in the field of medical education at home and the abroad to strengthen the professional quality education of medical students has already form a broad consensus. But due to a lack of clear goals and definitions, long

single medical students' professional quality education form, contents and times, become a metaphysical "discuss without doing", will not be able to get the student's identification with heart and because the professional quality assessment were not included in the core education evaluation system or not dominate, marginalized status in the medical education. The figure two demonstrates the keywords of the personal career development.

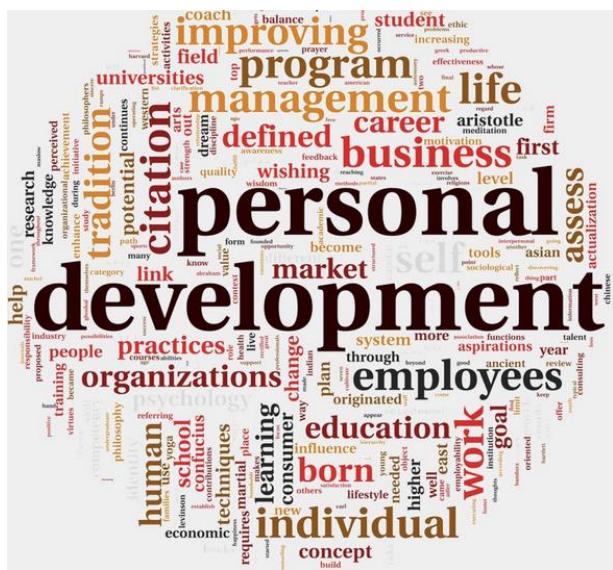


Figure 2. The Keywords of the Personal Career Development

The cultivation path of contemporary medical students' professional values could be theoretically listed as the following parts, respectively. (1) Perfect the model demonstration and medical students' professional values of social practice of combining the practice mechanism. Model demonstration is the abstract of vocational values embodiment, personification with the power of example is endless, medical students are imitative plasticity, strong group, in their state of mind, feelings of belonging, the respect such as cognitive style is not yet mature, easy to follow than a science. (2) Optimization of family, school, community collaborative training mechanism of medical student professional values. Medical colleges

and universities is not only teach academic halls of medical knowledge, but also the professional values education of medical students main position, explore and establish a teacher as the leadership, take the student as the main body, the cognitive style of vocational values education path, based on the hospital, with the center of the campus, off-campus practice experience type path in the cultivation of vocational values, by means of students' skill training, for the purpose of mental training of medical skill and medical ethics develop path of the perfect combination of professional values. (3) Strengthening the government, hospitals community health organizations leading mechanism of the medical students' professional values. As a kind of social organizations and the other social health organizations, their good image and development degree and the government image and its closely related management concept, management ability, therefore, the government, hospitals, community health organizations of professional subject of professional values influence each other, and jointly shape the professional image of the establishment of the medical students' professional values plays a leading and exemplary role with special significance. Under this guidance, we suggest to analyze the overall professional identity condition following the listed guidelines [6-7].

- Career cognitive. Medical students' understanding of the nature of the professional, meaning and understanding. Understand what the nature of the professional, professional environment, professional value and the status in society.
 - Professional emotion. Refers to the medical students' emotional engagement on professional and vocational brings to the individual emotional experience and the experience is positive or negative experience for the students.
 - Career aspirations. Refers to the expected reached the level of career development

and career success, whether expectations that is individual treatment professional attitudes and beliefs, people thirst for a career or yearning, it is not only the personal professional values of internal external performance, is decided to individual inner power of career choice. Means including the opinion of doctor industry environment and the individual in the environment can achieve successes in the future period.

The Career Planning and Development

Suggestions. Modern education is the most important feature is the young man's subjectivity. Subjectivity education emphasizes the initiative of educatees, require more attention in the process of education pedagogue's participation, focus on the educatee and the demands of the development of society in the long run, to face with all the students, improve students' basic quality for the purpose, attach importance to the cultivation of the practical ability, innovation ability of educates to promote their physique aspects such as the vivid, lively and active development of the basic characteristics of education [8].

Based on the prior discussions, we propose the novel suggestions on the career development for the contemporary medical college students as the follows. (1) Career planning is not only a kind of learning content as it is also a kind of attitude to life designed to make students understand their career planning professional intention, professional potential and external environment, as early as possible to establish their own career path and career goals. (2) As a kind of attitude to life career planning, it pays attention to is the spirit of quality of college students' career planning, career planning. It means that the university students through the content of study can make goals as their own career planning effort, means that students can face up to oneself and the external environment, with the planning can overcome the difficulties and not to go with the flow. (3) Classroom teaching is a college

student to get career knowledge, improve career planning the main position of the emotion. Classroom teaching should establish perfect career planning curriculum system, and it runs through the whole process of the college education, implementation of whole course and whole-staff-participation in teaching. In classroom teaching, according to the characteristics of university in every grade, we should complete the teaching plan to carry out the corresponding teaching task.

Conclusion

In this paper, we conduct research on the relationship of objective environmental resistance and the Chinese medical students' professional identity in the universities. On the college students' career planning education, it is the college students from the students into the social human resources is an important process, and students will have the ability of the career planning which is to determine the transformation is the key to success. Therefore, career planning education for college students to help college students' career planning and life planning, it is necessary to realize the smooth employment in the process of implementation of the career planning education in colleges and universities should strengthen the construction of career planning education system as also want to seriously build career planning education platform with hierarchical organization gradually implemented. In summary, our research proposes the novel paradigm for the issues that is meaningful.

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