

## Application on Flipped Classroom in College English Teaching

Yan Wang

Teaching and Research Institute of Foreign Languages, Bohai University, Jinzhou, 121013, China  
964187193@qq.com

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**Abstract.** Apply the model of flipped classroom to college English teaching, conforms to the developing direction of modern education, improves the efficiency and quality of college English teaching and students' learning interest and enthusiasm, for college English teaching reform, opening up a new path. Based on the theory of autonomous learning, this paper analyzes the problems in college English teaching, and research the feasibility of college English teaching in flipped classroom, puts forward the flip classroom application in college English teaching strategy. Specific strategies include: through the implementation of student's main status of behavior change, improve teachers' and students' information technology application ability, design "before - in class - after" the integration of learning activities, build" multidimensional "the process of evaluation system. This article research, to the college English teaching reform will play a positive role.

### Introduction

Flipped classroom, refers to the time to adjust the inside and outside the classroom, teachers are no longer take up classroom time to teach, to study the decision from teachers to students. Students to plan their own learning, learning, rhythm, style, and presents the way of knowledge, the teachers teaching method and the collaboration method is used to meet the needs of students and facilitate the personalized learning, goal is to make students obtain more real learning through practice [1]. Flipped classroom teaching mode is based on information technology, students complete knowledge accept before the class, teachers provide opportunities for the collaborative learning and the exchange of students, help students achieve knowledge internalization, to influence students learning environment, causes the student to be the true master of learning. Flipped classroom teaching mode to adjust the time distribution, both inside and outside the classroom will learn the decision from teachers to students, learning is the core of students, teachers of students learning designers, instructor, helper and learning partners, students and teachers to promote each other and common development. Flipped classroom teaching mode embodies the advantages of "blended learning", accord with human cognitive law, helps to build a new relationship between teachers and students, so that promote the effective use of teaching resources [2, 3]. Flipped classroom teaching mode is shown in Fig.1 [4]. Turn this upside down the traditional teaching mode of classroom revolutionary significance of education development, but also brings about many challenges.

From the perspective of the nature and learning rule of language, the language is the product of social needs and practice. Language is only alive in communication, can really learn the language in the process of language use. Therefore, the foreign language teaching should give the language as a practical tool to students, in the process of communication let the learners to understand the purpose of language learning, language practical value. In the actual English teaching, not speak English as a language tool, more is as language knowledge, students while learning English for many years, but it is difficult to communicate in English, become the main purpose of learning English exam. Although the focus of the English curriculum reform is to change the classroom overemphasis on language knowledge teaching, ignoring the cultivation of students' language ability, but in the actual English teaching, how to cultivate the students' language ability to implement in the classroom, is a question of English teachers constantly think and explore. Through to flip the classroom study and the understanding, imparting knowledge to mention before class, teachers and students in the class will have time to communicate, this can increase the students' opportunity to use the language in

the classroom, to promote the internalization of language knowledge, and master students. Flip into English classroom teaching reform, provides a new train of thought and view [5].

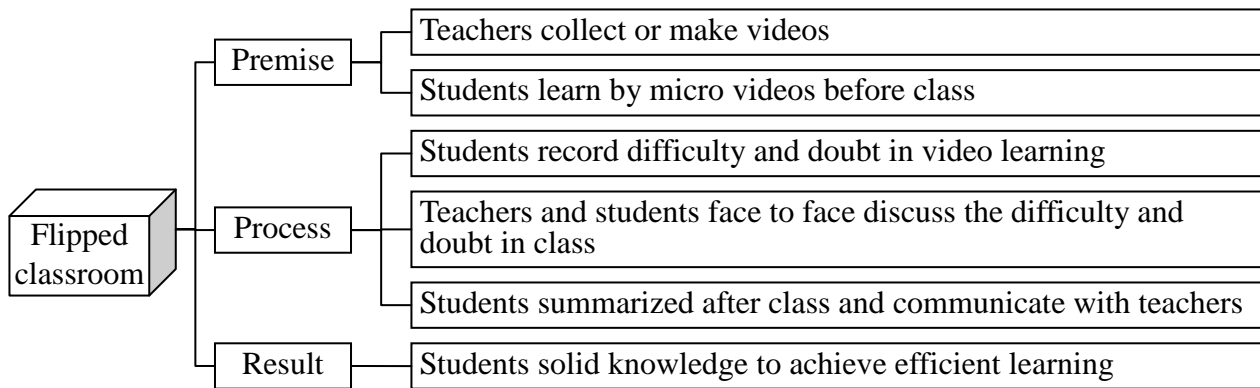


Fig. 1. Flipped classroom teaching mode

### Self-access Learning Theory

Self-access learning is corresponding with the traditional accepting study a kind of modern learning style. Take the student as the main body of learning, students themselves, not controlled by the others, undisturbed. Through reading, listening, study, observation and practice that individuals can get continuous change behavior. Learning independence, self-behavior and self-discipline is the embodiment of the three aspects of learning autonomy, are the three basic characteristics of autonomous learning. Among them, the independence is the basis of self-access learning, self-behavior is the essence of self-access learning, self-discipline is the guarantee of self-access learning. This shows three characteristics are that the same thought: study subject is the master of his own learning, learning is ultimately dominated by learning subject yourself and complete. The famous American education psychologist Barry j. Zimmerman's self-access learning model is shown in Fig. 2 [6].

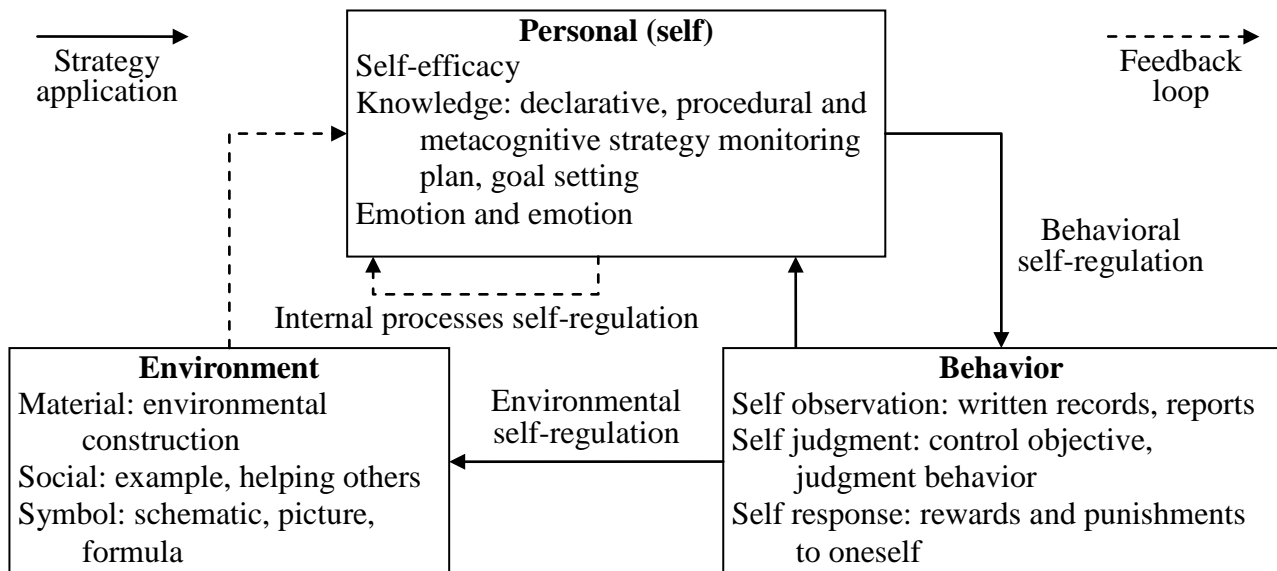


Fig. 2. Self-learning model of Barry J. Zimmerman

"Self-access learning" is the main body independent, productive and self-discipline of learning. Learning independence, self-behavior and self-discipline is the embodiment of the three aspects of learning autonomy, are the three basic characteristics of "self-access learning". Among them, the independence is the basis of autonomous learning, self-behavior is the essence of self-access learning, self-discipline is the guarantee of autonomous learning. This shows three characteristics are that the same thought: study subject is the master of his own learning, learning is ultimately

dominated by learning subject yourself and complete. Acknowledge and sure this idea, the correct once had a lot of unreasonable education reform teaching method and mode, so as to explore to create a new education teaching means and mode, has particularly important realistic meaning and function.

### **Existing Problems in College English Teaching**

Some problems that exist in college English teaching, hinder the improvement of the quality of college English teaching, is not conducive to students' English application abilities and comprehensive quality improvement. Problems mainly displays in three aspects: [7, 8]: one is that single teaching purpose. Long-term exam-oriented education one-sided emphasis on the students' problem solving ability ignored the "listening, speaking, reading, writing and translating", etc. Teachers pay attention to the text understanding, students in the classroom to improve English application ability. Teachers system interpretation of the words, grammar and sentence patterns, the classroom atmosphere is lack of energy, teachers speak English as a language knowledge, didn't realize that is a kind of applied language skills, improper teaching methods; Second, inflexible teaching mode. College English is a common course of university stage, mostly in the use of large classes. Because many students and teachers are difficult to explain with targeted according to characteristics of students, many teachers tend to cramming teaching mode, the text on the podium, rarely to organize teaching activities in class. This pattern is difficult to arouse the students' interest in learning English, unable to effectively achieve the expected teaching goal. Lead to mechanization of teaching process, teaching means a single, neglecting the students problems such as speech skills mastered, 3 it is, the teaching center of gravity, "teaching" and "learning", "use" out of line. Two times a year for college English teaching, the level 4 and level 6 national exams is acid test. Lead to many teachers put four and six levels of tests as baton, and focus on cultivating the students' ability of the test. Regular exams tactics, research test-prep tricks, ignore the training of practical ability to use English, the most of the students are lack of independent personality and spirit, cannot get good carry out and implement the teaching purpose.

### **Feasibility on Flipped Classroom in College English Teaching**

As a new teaching mode, turn the classroom for teachers and for students is a good teaching mode, to provide effective way for English teaching reform. To the classroom to let the student control, based on the ability of learning. After watch the video of the teacher explained before class, can adjust the learning progress, our tasks in a relaxed learning environment, improve the learning efficiency. Teachers from the teaching content of turned into a "mentor" of students, students in the classroom to spend more time to participate in the interaction, communicate with students, to answer the problems in the study. In group activities between students and students will have more discussion and communication. As the "instructor", the teachers need to pay close attention to how to effectively use class time to improve learning efficiency. From the point of the current application situation, flipped classroom teaching mode has gradually became a trend of contemporary teaching, the feasibility of college English teaching [9] embodied in the following aspects: first, turn over by "learning before teaching" classroom teaching new paradigm, helps to cultivate students' autonomous learning ability. Flip the essence of the implementation process is to the traditional classroom teaching mode of "knowledge transfer" and "knowledge internalization" two inversion process, from two dimensions of time and space to realize the integrity of the learning process, to improve the students' ability of autonomous learning, cultivate the students' lifelong learning idea; Second, flip class can effectively implement class function, help to promote the teachers and students to flip and upgrading the role of center of gravity. Flipped classroom use of online learning and the integration of differentiated instruction mode, the greatest degree to help students complete absorption and internalization of knowledge, give full play to the students' principal role in the learning process, realize the personalized and differentiated development of students effectively, realize the value of efficient classroom appeal; Three is, flipped classroom to

create diversified interactive mechanism, helps to cultivate the new relationship between teachers and students. Flip class has formed the multi-dimensional vertical exchange mechanism, increase the interactive communication and emotional communication between teachers and students, help teachers to help students improve the ability of knowledge internalization, effectively cultivate students' creative thinking, divergent thinking and logical thinking ability.

### **Application Strategies on Flipped Classroom in College English Teaching**

Flipped classroom has changed the traditional classroom teaching structure, the relationship between teachers and students, and study way, can meet the demand of development in the information age. "Flipped classroom" was still in the stage of attempt at home, through the investigation and study and in-depth analysis, combining previous research results [5-9], in the light of the characteristics of college English teaching, this article put forward the application of strategy is as follows:

(1) Through the implementation of student's main status of behavior change. Students are the main part of education, flip the classroom advocates students' acquisition of knowledge, emphasize the teacher guide inspired initiative exploration, from the teaching idea, teaching design and teaching methods with learners as the center, fully mobilize students' enthusiasm, initiative and creativity, and encourage students into the teaching activities of each link in [10]. The implementation of the student main body status is the premise of student behavior change. Behavior changes include three aspects: learning style transformation, learning ability transformation, learning confidence transformation.

(2) Improve teachers' and students' information technology application ability [11]. Flip the classroom is a kind of guidance on the theory of constructivism, the new teaching way on the basis of the information technology. In addition to the height of the excellent teaching ability of the teachers and students autonomy, the use of information technology is also very critical. Only teachers and students are able to independently using information technology, can effectively carry out inside the classroom. Teachers will only be familiar with the use of information technology, will transfer what they want to express knowledge through video.

(3) Design in "before - in class - after" the integration of the learning activities. Flipping the classroom learning activity design should be closely around "before, class, after class for the integration of design, outstanding class autonomous learning activities, problem solving activities in class, the design of the learning development activities after class. Teacher show the student in the class learning phase positive answer others online learning records, improve the students' self-fulfillment. In stage of learning activities, teachers access to online learning records and periodic evaluation, analysis of the learning process and learning effect, in the process of expanding task to consolidate knowledge, to realize the knowledge migration.

(4) Build "multidimensional" the process of evaluation system. Process evaluation according to the teaching process is divided into evaluation of self-access learning, evaluation of classroom teaching and evaluation of after class to consolidate, can be 30%, 40% and 30%. Summative evaluation includes two kinds, comparative economics and the way of objective questions (40%), examine students mastery of basic knowledge; Open book and the subjective topic way (60%), inspects the student to the knowledge flexible use of and the solution actual problem ability. To teacher evaluation using peer evaluation, experts inspecting, teaching plan, the resources to make and grade students in a variety of ways, such as solve the subjectivity is stronger in the past by the students and experts evaluation problem.

### **Conclusion**

Flipped classroom is a new and deeper blended learning mode, not only the traditional classroom instruction and online learning in the fusion of form, means and content is different, the idea of the teaching, learning and teaching mode. The teacher must fully consider the course of each link, let students easy to learn and receptive, eventually achieve the goal of constructing knowledge.

Students from passive learning into active inquiry and cooperative learning, the knowledge of the recipient to watch the video teaching learners can carry on the cooperation study offered to doubt the communicator. In the whole teaching mode, highlights the students' main body status, students are improved in all aspects. Apply the model of flipped classroom teaching to college English teaching, is the application of information technology in college English teaching, in line with the development direction of modern education. This article research, to the college English teaching reform will play a positive role.

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