

# Study on the Important Influence of Music Art on the Shaping of the Outlook on Life

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**Keywords:** Music Art; Life; Patriotic Education; Cultural Function

**Abstract.** Music is a popular art form loved by, condensation is made by the human emotions, human emotions trigger is deeply in people's daily life, influence and shape of life has a subtle role. Through music art music associated Dynasty art and life between the universality of music analysis in life, the importance of, and the Musical temperature, purity and depth from the perspective of life, music is life brings forth change and improve. Music Art has a very important significance in the majority of the people today People ideological and political quality of education, which is conducive to cultivate all the noble moral thought, establish a correct outlook on life, helping to train people in the spirit of patriotism, enhance people's communication and team the spirit of cooperation, helping to train minors sound character, good mental qualities.

## Introduction

Music is an important branch of the arts, it also has the comprehensive development of art culture of the ultimate objective. Music functionality may explore the aesthetic and non-aesthetic point of view, at the same time, non-aesthetic function is to work through aesthetic function. Through the art of music aesthetic education can improve the aesthetic ability of educated, improve the aesthetic psychological structure, so as to achieve physical and mental development, these are mainly aesthetic point of view, there are some non-utilitarian aspects such as improving the aesthetic and moral standards, the development of intelligence enhance physical fitness and so on [1]. To this end, we examine an important influence on the art of music life shaping.

## Shaping the Relationship between Art and Music of Person's Inherent Virtue

Music is a typical manifestation of art, through a combination of sound in time to show the rich emotional content directly by means of the mind to perceive. Music can affect people's psychological structure, in the process of building the structure, it is possible to form a strong musical aesthetic sensibility and sensitive musical aesthetic judgment [2]. When you have this aesthetic psychological structure when you can consciously follow the aesthetic ideal noble to examine their own behavior and the mind, and from the perspective of the United States to determine the nature of social things. After the formation of the whole society aesthetic psychology, but also can promote the health development of change, in order to form a virtuous circle of human society and harmonious development. Perfect aesthetic psychological structure comprises a keen perception, imagination and direct understanding.

Music on people's emotions and feelings have an important impact on regulation, so the effect is that there are all forms of exercise and tone the psychological emotional music has a certain relationship, and produce a variety of emotional experience. From the point of view of physiological psychology, wonderful sounds of music have a regular vibration, it can easily lead to a harmonious resonance occurs with human cells and tissues, improve metabolism and activity of the cerebral cortex, which regulate mood, eliminate external factors tension formed in order to form the best feelings and emotions [3]. Music has been able to face such emotions and cultivate character, but also because it has a psychological aspect of emotional activity consistency: all movements, rhythmic, with the now disappearing. Music has a strong and rapidly visible directly touch the soul of the listener role.

Morality has moral awareness, moral sentiments and moral conduct three levels, the main musical influence on the moral is moral emotion into the inner aesthetic emotion, and then acting on the action, and thus make the social reality in music touch. That is, the art of music as an emotional, moral education of their role by the beautiful sounds of the music itself imperceptibly generated MUSIC gives a noble character and lofty ideals and the influence of infection, it is this progressive influence people emotional control norms by purification, thereby cultivate a transcendent realm of life and open-minded attitude towards life [4]. When this spirit and attitude of the role of moral consciousness and moral behavior groups can encourage groups to produce a harmonious and orderly liberty. In Music Appreciation, the viewer experience through the music rhythm, balance, etc. to feel happy, these perception accumulated human emotions and ideals, with a particular ethos and spirit of the times. As part of the multi-chorus, through harmonization voices singing, people will be able to be excited cohesion in such perfect harmony sound can feel the atmosphere of the whole rational beauty. Music Education will form a complete harmony with the rich and varied combination of emotional content, form diverse people into unity, and emotional ups and downs similar to excite the passions of moral sentiment. But the main attention: music and no moral tendencies, it is just a form of expression as the sound of.

In the art of music education, musical aesthetic activity can not only improve moral qualities, can also stimulate the enthusiasm and creative thinking, enlightened wisdom, expand your thinking. Numerous facts have proven that the search for truth in the process, if you have a certain aesthetic cultivation can be found in the music of their important invention of help, such as Einstein would love music, his special theory of relativity it is produced while playing the piano inspiration and then complete the proof within two weeks. Development of brain science and psychology of modern medicine gradually confirmed [5]: Some music unique rhythm and style can regulate the secretion of the brain, improve intelligence index. Beautiful music can enhance the imagination and creativity, aesthetic experience in the music association and imagination is an important aspect, we can say the process is permeated with numerous associations imaginative elements, which is the art of music can open the door to people's imagination. It is understood that music brings imagination to create inspiration and insights provide a basis. Musical development of intelligence lies in the integrity of music education, the integrity requirements for the comprehensive development of culture as a whole personality also plays an important role.

### **Music Art and the Life Shaping of Different Groups**

Music Education children can cause emotional resonance, so as to promote awareness of its moral internalization [6]. For a long time, moral education of children mainly specialized moral lesson way, the curriculum is designed to allow children to the community of right and wrong, good and evil, beauty and ugliness were understanding, judgment and evaluation, formation of moral recognition ability. However, good moral cognition does not necessarily promote ethical behavior occurs only when these children's cognitive inspire positive feelings to internalize its inherent quality. And unlike a dedicated Music Education and Moral Education as having external inculcation, music can guide people to produce feelings of beauty, appreciation, children's art education in music from start to finish is accompanied by emotional experience, to help increase awareness, forming lofty moral character. Music Education can be from children's interests, hobbies departure, improve their moral character in the entertaining. Interest is the driving force generated by individual behavior, to inspire children to produce moral behavior. Content colorful musical arts education, a variety of forms, to attract children's interest in the greatest degree of educational content. The subtle influence of the characteristics of the use of music, the spiritual children of the world can be nurtured and infection, so deep financial ethics and His mind unconsciously.

Music art education and training on children's moral character is a gradual process of infiltration, can purify the minds of children in subtle process. At this stage, affected by the examination-oriented education, teachers and parents are difficult to get rid of "scores of" the idea that the moral development of children is on a good moral lesson, but the basic approach is to train classroom instill moral manner, attempts occur in a short time to promote their ethical behavior by

raising awareness of its moral way. Art and music education can lead to children's emotional agitation unconsciously, resonate able to use emotional and moral strength to conquer the heart, deep into the soul of the child, in order to guide them to establish a healthy aesthetic taste and moral right concept, create the perfect personality, and ultimately affect the child throughout the human spirit, which is easier to pervasive than the theoretical preaching.

The purpose of education is to be under the guidance of the moral, intellectual, physical, aesthetic, labor five religions harmonious development of education policy for the community to cultivate socialist consciousness, ideals, morality, culture, discipline, creative talent people. The music education as an important part of aesthetic education, education also plays an important, can not be ignored important role. It can enrich the imagination, develop thinking, cultivate character, inspired wisdom, so that music education as an integral part of quality education, to promote the comprehensive development of students' quality plays an irreplaceable role alone hold. Music education not only enrich students' knowledge, but also can promote students' visual organ, vocal organ, auditory organ and the normal development of the brain, plays an important role on the physical and mental growth, meanwhile, feel the music, music performance process is culture guide the process of student development and application of image thinking, analysis of musical works means of expression, image and music performed music theory education process is the training process of students logical thinking ability. Through music appreciation and improve the artistic accomplishments of young people, we strive to enrich cultural life of leisure, so that young people get the all-round development in moral, intellectual, physical, aesthetic, labor and so on.

First of all, the beauty of music helping to train college students high moral character, shaping the ideal personality. Music can complete embodiment the inner spirit, including the moral spirit. Moral enlightenment with music has been an important way to implement moral education. By aesthetic judgment and choice of college students in the pursuit of beauty at the same time, achieve the moral pursuit of beauty, which is conducive to the cultivation of Students noble sentiments. Secondly, music education helps to promote and foster national spirit and patriotism. Promote patriotism and national spirit is our extensive conduct socialist core value system of the basic education content requires. Since ancient times, the Chinese nation has a blazing indomitable national spirit and patriotism. Strengthening of Contemporary University Students National Spirit Cultivation and patriotism education is not only an important task of ideological and political education of the university but also the proper meaning of music education. 5,000 years of development history created a penetration of numerous cultural essence of Chinese music. Promote the theme of the outstanding musical works using rich sound, beautiful melody and smooth, stirring enthusiasm for rhythm in the listener's mind outline vivid musical mood, people get rich emotional experience, and then elevated to the national and national blazing emotions. Finally MUSIC help cultivate the team spirit and the spirit of collectivism. With the progress and development of our time, our higher education is to cultivate the higher update requirements to higher education based on respect for every college student on personality development, and strive to cultivate college students have mutual respect, phase

Mutual communication and team spirit of cooperation. However, contemporary college students over the pursuit of individuality, with a strong sense of self and self-worth pursuing, the lack of team spirit and collective spirit, but more emphasis on cooperation in today's society, more emphasis on people's ability to communicate. One of the important task at this stage is the ideological and political education of college students gather in the realization of the great rejuvenation of the Chinese dream banner of personal ideals and goals to unify the socialist modernization drive.

## **Conclusion**

Music belongs to the emotion of art, it can go deep into the depths of the human mind, revealing a wealth of human mental activity, and the human soul, spirituality forged. Than other arts to better meet people's spiritual needs, psychological needs, but also can play a more effective role in constructing the best human psychological structure. Mankind has created music, Music

Appreciation, humans can get the full realization of their own value. Music can cultivate people rich, positive emotional structure; explore the truth, seek the objective laws of creativity; ability to grasp the thinking of the whole thing, essentially. Music can also be a person get tend good things, rejection ugly things mental set and advanced ideology, good character traits, mankind gradually achieve free, conscious application of US law to create the object, to shape the body, so true , goodness and beauty to achieve a high degree of unity in the host-guest. Music is not only associated with human needs, it is also associated with the development of human beings, the highest value related to human targets. When humans in Music Appreciation achieve comprehensive development of the ideal of freedom, the value of the function of music has been the most fully realized. Subject and object creation to create the highest value has reached a high degree of unity. Therefore, to achieve the function of music should be to improve the quality of the individual and society and comprehensively improve the material and spiritual civilization.

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