

The Factors Affecting the Development of Xinjiang Minority High School Basketball and Countermeasure Research

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Abstract. Pick to: this article through to the factors affecting the development of xinjiang minority high school basketball, made the forecast, and the trend of the development on the present situation and the trend for the comprehensive and systematic analysis, which will be conducive to the development of xinjiang minority high school basketball, for the development of the national middle school basketball sports also have certain reference significance.

Introduction

With the increasingly popular and development of basketball, and now basketball to the basketball experience physical health also constantly improve the quality requirement. Live in northwest China's xinjiang minority nationality in China, and its physical condition is very suitable for basketball movement development present situation, because, the minority of geographical environment, climate change, eating habits, exercise, and so on has a big difference with the han Chinese, which makes its body, which is the training of the basketball is the most advantaged advantage. With the continuous development of basketball sports in xinjiang minority nationality, promote the development of xinjiang minority high school basketball, also became the most popular topic nowadays basketball sports.

The Research Object and Research Method

In order to make clear the research and analysis of xinjiang minority middle school students basketball movement development, we should be all-round, multi-angle, multi-channel way of collection and investigation. First of all, through the network database collect related data and the data analysis and utilization; Second, we can through to the xinjiang minority nationality middle school students to do a questionnaire about the basketball movement development; Moreover, using spss16.0 to mathematical statistics and analysis of the factors which influence; Finally, the collection, integration and analysis through various channels to collect the information about the development of xinjiang minority high school basketball and data, to do the investigation and analysis of a more comprehensive and clear.

In this paper, the questionnaire survey to 11362 ethnic minority students in xinjiang, the analysis of the factors affecting the development of ethnic minority high school basketball, and the development of basketball in high school put forward the corresponding countermeasure and the suggestion, at the same time the development of xinjiang minority high school basketball provides certain theoretical reference.

Through the hownet, ten thousand party database and to analyze the collected data and use of, do the theoretical preparation for this study, in order to understand this topic latest research trends and

development situation.

In order to get about influence of xinjiang minority high school basketball movement development present situation of information accurately, in view of the xinjiang ethnic minority students, teachers design the questionnaire "the factors influencing the xinjiang minority high school basketball movement development questionnaire".

Then the mathematical analysis

The influence factors by spss16.0 mathematical statistics and analysis.

Three factors affecting the development of xinjiang minority high school basketball. Through the investigation and analysis can be learned, at present, the development of xinjiang minority high school basketball, influenced by various factors. First of all, the overall level of life of residents is not high, directly restricts its funding of basketball sports, lead to the basketball movement is limited; At the same time because of the lack of funds, the basketball sports equipment disrepair also; Secondly, affected by objective factors such as climate in xinjiang, the related sports facilities of basketball is also quite serious damage; Also, lack of xinjiang minority secondary school teachers, also led to the slow development of basketball; Finally, as the local basketball not value, in order to improve the academic, and ignored the students' basketball movement development.

Basketball sports funding mainly include: sports shoes, basketball uniforms, basketball, etc. However, because of the local people life level is not high, the local residents in xinjiang's devotion to its ethnic middle school basketball is negligible, even most of the people have not a penny in basketball, only a small fraction of people support the project, but the investment is only a few hundred or a few dozen yuan. And through this a few money, we want to shore up xinjiang minority high school basketball sports, obviously is a drop in the ocean. So, affects the region a big factor in the development of ethnic minority school basketball sports, is the money problem.

For already backward economy of xinjiang, into education funding is short, so the school textbooks used in the basic education investment is very limited, such as touching part cannot expect more money into the basketball movement. So, want to meet students learning conditions, we must speed up the related equipments for the education investment and development results. Now, most schools have one or two basketball frame, the site is bad, can have a pit with a cement floor had a good conditions, and the school can have a empty flat piece of soil sites are a rarity. Affected by local climate, most of the backboard has been scarred, rusting, disrepair, lack the necessary maintenance and maintenance, plus there is no money, the more the heart is unable to maintain the basketball court. Local ethnic minority students in it is full of holes, the basketball court for basketball without security, it is easy to hurt, severe cases may hurt the physique. In winter, however, under the cold climate forcing, want to in the basketball movement, also went up in smoke.

Xinjiang local minority middle school stadium conditions is extremely scarce. And the list of standard or non-standard place refers to is not only a basketball court, also include other such

as table tennis, football, etc. Statistics in this table is only a small part of the school of the xinjiang minority nationality data, thus it can be seen, local school basketball court is extremely scarce.

Basketball, it is very competitive sports, basketball is basketball movement development degree of a concentrated reflection of basketball game is more, explain the basketball movement. Through the match, the realization of tactical communication, technology, so to improve. On the contrary, if only the odd waves team practice, then the players get the chance to exercise will not enough, also cannot very good through the accumulation of actual combat experience, basketball basketball athlete's psychological and

exercise level. Ethnic minority middle school students can't see the game, or a higher level of professional competition, causes the student to lose interest in basketball. Second, do not get in the game, showing their basketball ability level, is indelible minority middle school students' the enthusiasm of the basketball movement.

Ethnic minorities in xinjiang, high school basketball games very little, even if there are big games, each region, can only choose a basketball team as a representative, participation is not enough, universal coverage is too narrow. Due to contamination of the social atmosphere of school basketball again, a lot of school or the teacher, in order to can get prize in the match, from the society, or a professional basketball team athletes to the high school basketball game, this way, for high school students basketball game is a devastating blow, more affected the basketball sports in xinjiang minority nationality for the long-term development of the school.

For education career, teachers will surely make the most important factors of high school basketball is no exception. Middle-aged teachers generally young, high work enthusiasm, also has certain social experience, also destined to their working life has a rich experience in teaching, and basketball training skills; Just shortly into the education sector and the teacher, although on the physical condition than middle-aged teachers have obvious advantages, but the teaching experience and social experience because of middle-aged teachers, still need time polishing. Over 45 years old education workers, though they experience, social experience are much richer than middle-aged or young teachers, but after all is engaged in the sports education, age, body nature is not as good as young adults, it is hard to lead the high school basketball training.

Degree directly decides the height at the same time, have a teachers' teaching ability, if not received good knowledge education and professional training, amount to is not high a certain height, it will be difficult to better the high school basketball teaching and training. Isn't hard to see in the survey statistics, bachelor degree or above of teachers is scarce.

After investigation and research, found that xinjiang main national secondary school students suffer from heavy learning tasks, less problem set assignments such as oppression, result in extracurricular activities time reduced, it is also directly influenced the basketball. At present, most middle school didn't cause the some value for sports, physical education time is less, also often is occupied by a literacy class, even to the exam early, simply cancel the gym class. These are directly affected the xinjiang minority nationality middle school students' basketball movement.

For middle school students basketball, not quite agree with most of the parents of students, on the one hand, concerned about their children in the basketball movement when wounded, on the other hand also worry that affect middle school students academic basketball games.

Response

Society, schools should attach importance to the basketball movement, increase publicity. School basketball sports activities actively, school authorities should actively cooperate with teacher of physical education, a number of ways to collect, fully give play to the role of the school, to promote external forces for help, to seek cooperation.

Improve middle school basketball competition system, so as to promote development, arouse the enthusiasm of minority middle school students to participate in the competition, along with the increase in competition opportunity, the number of minority middle school sports teams will also increase. Xinjiang, while curled up in China's backward economy in northwest region, but it had no effect to the development of basketball. At present the xinjiang region of basketball has been walking in the national front row, the

national youth basketball league, CBA league won. Now, the popularity of basketball career in xinjiang is becoming more and more widely, more and more middle school students grow on the 4th ring road of basketball sports. Deeply influenced by the development of the west development, the school's basketball and sports time also gradually get attention, no longer subject to the influence of the old system, made the perfect basketball movement development steps.

People-oriented, abandon the traditional education idea, promote the middle school students' morality, intelligence and physique, us, fatigue all-round development. Today, basketball is one of the social mainstream culture forms, the basketball sport, such as society, education, economic benefit is increased. Schools and parents can also give attaches great importance to the basketball movement, and from all aspects to guide and encourage minority middle school students' all-round development, take an active part in the basketball sport, and reduce the pressure of middle school students' learning, do the best high school basketball fans support strength.

Related leaders should enhance cognition, attaches great importance to the basketball movement, active investment on basketball facilities, meet the demand of xinjiang minority middle school students basketball as much as possible. The present state of most schools existing facilities can't meet the needs of students' learning and exercise, so should intensify investment in sports facilities and construction speed,

As far as possible meet the demand of middle school students' basketball movement, the xinjiang minority secondary school should also according to their own practical ability, to make big money, such as basketball. Reserve funds, on the basketball court, basketball facilities on a regular basis for repair and protection, to ensure that meet the needs of xinjiang minority high school basketball.

Optimization of the curriculum, adjust the structure of teachers, reasonable introduce high-level specialized talents, enrich the teaching content, XieDiaoXue, the contradiction between teaching and training, reasonable increase basketball teaching time, enhance the enthusiasm of participation in basketball and popularity. Should be free from the traditional method in the teaching methods, teaching content should be specific, comprehensive basketball teaching hours should be increased, rich interesting, competition, cultivate the students' learning initiative.

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